

A man with a beard, wearing a blue and white striped polo shirt and a dark vest with a 'UC' logo, stands in a classroom. He is gesturing with his right hand. In the foreground, the backs of two students' heads are visible, one holding a smartphone. The background shows a whiteboard and classroom equipment.

***Union Catholic***

HIGH SCHOOL

**FRESHMAN FOUNDATIONS PROGRAM**

**GREAT MINDS  
DON'T ALL  
THINK ALIKE**

# AN ADAPTED, COLLEGE PREPARATORY CURRICULUM TAILORED TO YOUR CHILD'S NEEDS.

**At Union Catholic, a private school education is possible for all styles of learners.**

A history of struggles in school, an IEP/ISP classification, or a learning disability does not have to prevent a motivated child from getting an excellent Catholic education in an inspiring school environment.

## **Our Freshman Foundations Program provides:**

- Individualized classroom support based on student's needs
- Study skills
- Executive functioning skills
- Homework support
- Staff and teachers who understand diverse learners and work with students and their families to adapt to the expectations of high school and beyond



**Hundreds of Freshman Foundation Program graduates have been accepted to and succeeded at the colleges of their choice, and your child can, too.**

- Limited to thirty freshmen with an average of 15 students in each core class for individualized support.
- Weekly meetings between counselor and teachers to ensure student's success.
- Emphasis on strengthening "the basics," as well as organizational, writing and study skills.
- Comfortable learning pace, adapted curriculum materials, regular skills assessments.
- One dedicated school counselor assigned to Freshman Foundations students from freshman through senior year.
- Not a "forever" program—after freshman year, students can advance to higher level classes based on performance and teacher recommendation.





# ADVANCEMENT TO HIGHER-LEVEL CLASSES WITH GOOD PERFORMANCE.

The Freshman Foundations Program is not a “forever” program. After freshman year, a student can advance to higher-level classes based on his or her performance and teacher recommendations. Or, he or she can also continue to learn in adapted level classes.

Freshman Foundations students benefit from our Success Program, where scheduled support classes offer assistance for any level of classes students are enrolled in. It is not uncommon for Freshman Foundations students to elevate to more advanced classes once the foundations for effective learning are established in their freshman year, while still benefiting from a supported environment through the Center For Success.

In addition, all athletic teams, academic clubs, extracurricular activities and leadership programs are available to Freshman Foundations students.

The Freshman Foundations Program is one of the six learning levels at Union Catholic, and participants have the same teachers, classrooms and schedules as students in other levels.



## **Freshman for a Day Program**

**We are also pleased to invite interested 8th graders to experience our Freshman for a Day Program. To schedule a visit, check with your current school to find acceptable dates and then call Union Catholic at (908) 889-1600 ext. 328 to pick a regular academic day to come in. The Freshman for a Day Program runs from 8am through 12:30pm.**



# BEYOND THE CLASSROOM

**An adapted college preparatory curriculum tailored to your child's needs.**

The Freshman Foundations Program at Union Catholic High School was created to help academically struggling students and those who would benefit from a smaller class size to build their skills and confidence so they can succeed in high school and continue on to college.

In fact, Union Catholic graduates enjoy a 100% college acceptance rate, and that includes those students who began their high school education in our Freshman Foundations Program. This acclaimed program really works.

A large group of graduates in blue gowns and caps are celebrating, with many caps thrown into the air. The scene is outdoors on a wet surface, possibly a parking lot, with trees and a building in the background. The graduates are diverse in age and ethnicity, and many are smiling and cheering. The caps are blue with gold tassels, and some have personalized messages or designs. The overall atmosphere is one of joy and accomplishment.

**Give your child a strong start in high school, preparation for college, and the tools for lifelong success.**

# WHAT PARENTS & STUDENTS ARE SAYING ABOUT THE FRESHMAN FOUNDATIONS PROGRAM

"The Foundations Program gave me the confidence I needed to succeed academically. The faculty taught how to be a student, and by the time I was through the program I was prepared to handle the academic rigors of college. Of course, part of reaching my academic goals was the individualized attention I received from my guidance counselors and teachers that were involved in the Foundations Program."

- Luke Novack '15

"The academic and social aspects of high school are challenging for any student, but for my child - despite his special needs - those challenges were made easier because of the compassion, dedication and skill of the educators he was fortunate to encounter through the Union Catholic Foundations Program."

- UC Parent '12

"Our daughter, Madison started her UC journey in the Foundations program. She is a graduate, class of 2022. The Union Catholic experience was amazing, the entire staff works tirelessly towards each student's success. Madison applied to 6 colleges, was accepted & received scholarships to all 6! This is all thanks to her Union Catholic experience."

- Jennifer & Frank Duca

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HIGH SCHOOL

Union Catholic High School  
1600 Martine Avenue  
Scotch Plains, NJ 07076

[www.unioncatholic.org](http://www.unioncatholic.org)



Call us at 908-889-1600,  
ext. 302 to discuss how  
our **Freshman Foundations  
Program** can give your  
child the right start in high  
school and prepare him/  
her for college.

