



QSI INTERNATIONAL
SCHOOL OF DILI



Physical Education

2023-2024

Coach Jhune

Agenda

Introduction

Curriculum

MAP Testing

Schedule

Empower

Success Orientations

Communication

Casiano Pasia Jr.

- Sports Enthusiast
- Very Simple and Jolly Person



Course statement: Wellness and Sports is a course in which students learn about the benefits of a healthy, physically active lifestyle and how to incorporate this into their everyday lives. The students will learn the relationship between health, fitness and Sports as well as participate in physical activity, demonstrate appropriate sportsmanship behaviors, self-assess, evaluate, and set goals, design and implement a fitness program, and learn about health-related fitness and fitness concepts. These units have both fitness and health related components and present a wellness and Sports portfolio. The portfolio will contain artifacts that show their development and growth during the school year.

Curriculum Overview

The NWEA logo consists of the lowercase letters 'nwea' in a white, bold, sans-serif font, centered on a solid yellow square background. This square is enclosed within a white border, which is itself inside a larger grey border.

nwea

MAP Testing

- Math and Reading competency
 - For teaching purposes
- Computer based test
- Students are tested in:
 - **Fall:** Sep 18th – Oct 27th 2023
 - **Spring:** Apr 8th – May 17th 2024
- Link to more information: [Family Toolkit - NWEA](#)

Physical Education						
Period	Time	Monday	Tuesday	Wednesday	Thursday	Friday
1	8:15- 9:00	Sec 2 PE	Sec 2 Wellness	Sec 2 PE	Sec 2 Wellness	Sec 2 PE
2	9:02- 9:47					
Break	9:47- 10:07					
3	10:9- 10:54	4YO PE 10:30-11:00				4YO PE 10:30-11:00
4	10:56- 11:41	12/13 PE	3YO Library 11:00-11:30	12/13 PE	3YO Library 11:00-11:30	12/13 PE
5	11:43- 12:28	5YO PE	6YO PE	11YO PE	7YO PE	6YO PE
Lunch/Recess	12:28- 1:03	Lunch/Recess	Lunch/Recess	Lunch/Recess	Lunch/Recess	Lunch/Recess
6	1:05- 1:50		9YO PE	5YO PE	5YO PE	
7	1:52- 2:37	7YO PE	8YO PE	6YO PE	8YO PE	7YO PE
8	2:39- 3:24	10YO PE	10YO PE	9YO PE	11YO PE	Athletic Director Responsibilities



Empower

Success Orientations

The seven success orientations are an important part of the QSI experience that the school consider to be the keys of success.

Group Interaction

Responsibility

Independent Endeavor

Concern for Others

Kindness and Politeness

Aesthetic Appreciation

Trustworthiness

Communication

Email: casiano-pasia@dili.qsi.org

The Crocodile Chronicle – School Weekly Newsletter

