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**Warrior Weekly 10-13-23**

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Cathy Kakavas <cathy.kakavas@bvsd.org>  
To: Centaurus HS Staff <ceh-staff@bvsd.org>

Fri, Oct 13, 2023 at 3:25 PM



# CENTAURUS HIGH SCHOOL

## Warrior Weekly News

**10/13/2023**

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### Quicklinks

- [CHS Website](#)
- [School Calendar](#)
- [BVSD Calendar](#)
- [Lunch Menu](#)
- [Student Council](#)
- [Warriors Booster Club](#)
- [Band Boosters](#)

### Principal's Message

No message this week. Have a fantastic weekend!

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### Important Dates



October 16-Early release day @ 2:30 (Colorado Bandmasters Competition at CHS)  
October 19- Picture retake all grades  
October 19- Parent teacher conferences - in person- 4:30-8:00 pm

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# What you need to know

## Parent Teacher Conferences



Centaurus parent teacher conferences will be held in person on Thursday, October 19, 4:30pm-8:00pm. In person conferences on October 19 at Centaurus will be held in teachers classrooms. There will not be sign ups for specific time slots for the in person conferences.

If you are satisfied with your students' progress in class, feel well informed and don't have any questions, please know that you are not required to have a conference. These conferences really are for parents and teachers to discuss students who need additional support in the class, or if you have specific issues or questions that you want to address. Also, if you just have a quick question for a teacher, please feel free to send them an email directly.

## Staff Appreciation Committee



### Parent/Teacher Conferences

CHS families, we need your help! We would like to serve dinner to our teachers and staff for Parent/Teacher conferences on Thursday, October 19th. We are coordinating a baked potato bar, desserts, and drinks. If you can help with food or your time, please sign up here:

<https://www.signupgenius.com/go/10C0D4FA4A922A0F94-44867008-ptconference>

If you would like to donate so we can purchase your items for you, please use this link: <https://bvsd.revtrak.net/high-schools/ceh/Optional-Fees-2023-2024/#/v/ceh-teacher-and-staff-appreciation-fund>

Questions? Email Val Sameshima at [valsameshima@yahoo.com](mailto:valsameshima@yahoo.com).

### We Need Volunteers

*The Staff Appreciation committee is looking for volunteers to help with planning events that show CHS Warrior Family appreciation for our teachers and staff throughout the year, including meals during conferences and staff appreciation week in May. We're open to new ideas and new members who can commit to some virtual planning meetings and/or occasional attendance at appreciation events! Please contact Val Sameshima on the committee at [valsameshima@yahoo.com](mailto:valsameshima@yahoo.com) if you are interested.*

## Centaurus Band



CBA Regionals Monday 10/16/23 at Centaurus

Centaurus will be hosting the Colorado Bandmasters Association Northern Regional Competition on Monday, October 16th, 2023.

Congratulations to the Centaurus Marching Warriors on their Second Place Finish at the Douglas County Marching Festival!

This weekend there are two opportunities to see the Centaurus Marching Band perform right here at CHS! First, The band will be marching at the Monarch Marching Festival Saturday, October 14th at 7:15 PM.

Also, Monday October 16th, we invite you to join us as Centaurus hosts the Colorado Bandmasters Association North Regionals Qualifying Event. Performances begin at 3:30 PM and the Centaurus performance will be Monday, October 16th at 7:45PM. Please visit our [website](#) for details!

**IMPORTANT INFORMATION:**

All classes will be dismissed at 2:30pm on 10/16/23. Buses will still run on normal schedule. If you do not ride a bus it is highly encouraged that you plan to leave campus at 2:30pm. All cars must be out of the parking lot by 3:00pm for this event.

Bell Schedule:

Early Release Band Competition		
Period	Time	Minutes
1	8:35-9:15	40
2	9:20-10:00	40
3	10:05-10:45	40
4	10:50-11:30	40
5	11:35-12:15	40
6	12:20-1:00	40
7	1:05-1:45	40
8	1:50-2:30	40

## From the school nurse



COVID-19 will likely be with us as an ongoing endemic disease with emerging variants and seasonal fluctuations in cases. The Colorado Department of Public Health and Environment has shared [COVID-19 Reminders for Parents](#) to provide everyday steps to ensure everyone has access to healthy and safe learning spaces.

Here are some important reminders:

Stay home when sick, and reach out to your health care provider to discuss testing and treatment options if you think you might have COVID-19 (e.g., you know you have been exposed to COVID-19, or know that COVID-19 is circulating in your community, school, or family and you have symptoms). If you think you may have COVID-19, avoid interacting with anyone who is more likely to develop severe disease. Though older adults have the highest risk for severe illness, some children may have medical conditions that increase their risk.

Public health recommends isolation as an important strategy to control the spread of COVID-19 in the community, schools, and child care settings. People with COVID-19 symptoms should stay home.

If you test positive or think you have COVID-19 (for example, if you feel sick and you've recently been exposed to someone with COVID-19), isolate at home for five full days after your positive test or the start of your symptoms. Wear a mask around others for five full days after that. If you test negative, you can end isolation.

If unable to stay home for five days, wear a mask, especially around those who may be at risk of severe disease (grandparents, residents living in long-term care, etc.).

Stay home any time you're sick, even if you know it's not COVID-19, for at least 24 hours after your fever resolves without fever-reducing medications and your other symptoms are improving.

You can find more information on COVID-related illness and other common illnesses and guidelines for school attendance in CDPHE's [How Sick is Too Sick](#) and through your school's health team.

## Japanese Exchange Program



Six-eight BVSD High School students (10th-12th) will have the opportunity to participate in the Japanese Exchange Program during the summer of 2024. These students and the adult sponsor will spend six weeks living with host families from the Tokyo Jitsugyo HS, our sister school. While in Japan, students will travel to special locations like: Kyoto, Mt. Fuji, Nara and Mt. Nikko. They will also spend time in classrooms at Jitsugyo High and be ambassadors of goodwill in general. Use the following URL to apply online or scan the QR code: <https://forms.gle/5rUsbmzcuXyQWgbc6>

Application deadline: Wednesday, November 15th

## Collective's Day of the Dead Exhibit

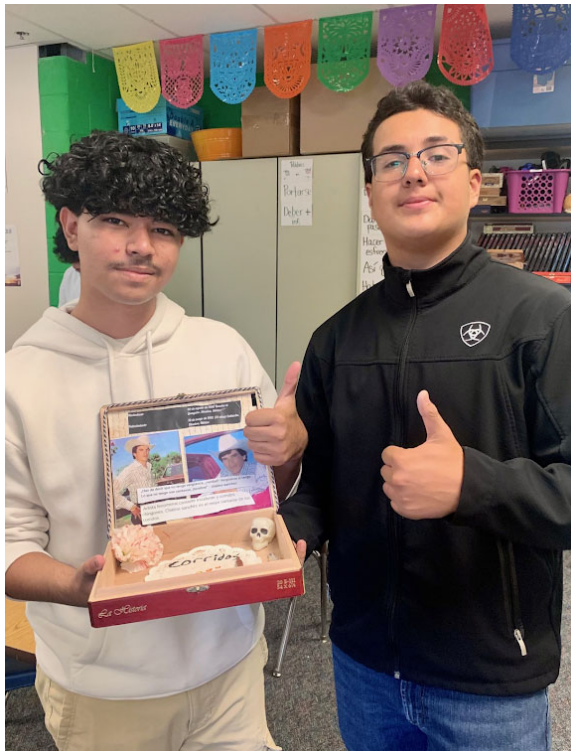


Please visit the Collective's Day of the Dead exhibit in downtown Lafayette and see Centaurus AP Spanish students' cigar box altars on display. The show is free and will run through November 5. Special thanks to Casbar Cigar for their generous donation again this year.

Below (in the the email from Madi Vargas) you can see the fliers from the city (which could be included) and I am adding 2 photos of CHS students :) Please let me know what else you might need to have this go out to our community the next few weeks.

[Link](#)

[Link to information- 2](#)



## Sports/Clubs



## **Centaurus Winter Sports Registration**

The first official day of practice/tryouts for Winter Sports is Monday, November 13th. We will open registration for all Winter Sports on Monday, October 16th. A copy of a current physical is part of the registration form and needs to be uploaded into the registration system. Physicals are considered valid for 365 days.

Here is the registration link: [2023-2024 Winter Sports Registration Link](#)

Payment for Winter Sports is made through the RevTrak System under Team Sports Items. [Winter Sports Participation Fee](#)

Winter Sports include: Boys and Girls Basketball, Girls Swimming, and Boys Wrestling. [CHS Winter Sports Team Information](#)

There are district teams for Skiing (hosted by [Nederland](#)), Girls Wrestling (hosted by [Broomfield](#)) and Ice Hockey (hosted by [Monarch](#)). Registration for these sports can be found at the host school's athletic websites.

If you have any questions, please call the Athletic Office at (720) 561-5369 or email [randy.herbstreit@bvsd.org](mailto:randy.herbstreit@bvsd.org)

## **Hey Warriors!**

Did you know that Boys Volleyball is now a CHSAA-sanctioned sport? Our first official season will be this spring and we will be joining forces with athletes from Broomfield and Monarch High Schools.

Interested in playing? Come to an informational meeting on October 19th at 4pm in the Fish Bowl. Any questions, check in with Mrs. Thorne and she will put you in touch with Coach Edbrooke.- [MORE INFO](#)

## **Attention All Students & Families Interested in Alpine Ski**

**Racing** - our annual required meeting will be Monday, October 16 @ 6:00 pm via Zoom.

*The link to participate is:*

<https://zoom.us/j/99632526345?pwd=eVZuWHpWbnVybWM2TUZzbVRJYmdlQT09>

*If the meeting runs over 40 minutes, we will move to the following link due to Zoom time limits:*

<https://zoom.us/j/91245461109?pwd=TFM1WGIJycjQvbGZsT2tFamYvRCtaUT09>

*Registration opens Monday, October 23, and will close on Sunday, November 12. Late registrations will not be accepted. The link to the meeting agenda will be posted to the Nederland High School website following the meeting.*

*If you are unable to attend the meeting, please contact Coach Krista Crabtree no later than Tuesday, October 17.*

## **Centaurus Poms Dance Team Fundraiser**

The Centaurus Poms Dance Team invites you to participate in our [Chipotle Fundraiser](#), Tuesday, October 17, 2023 5-9PM. The Lafayette (548 W S Boulder Rd) Chipotle is donating 33% of sales to the Poms Team when supporters:

Dine in and mention the Centaurus Poms Dance Team's Fundraiser, Use Code MLDW293 in the Chipotle App for easy pickup.



Thank you for supporting your Centaurus Poms Dance Team!

### **Boys soccer fundraiser**

Hip Hip Hooray for Pizza and Soccer!

Remember the days of peewee sports? October 18th @ 6 pm is Senior Night!

### **Help us support the CHS Men's soccer by enjoying MOD Pizza -**

Lafayette all day October 18th

1137 Diamond Circle, Suite 400 Lafayette, CO 80026

Notify the cashier that you're supporting CHSSoccer.

Use code **MODGIVES20** for online orders.



**CENTAURUS ATHLETICS & ACTIVITIES**  
**O C T O B E R 1 6 - 2 1**

<b>16</b> MONDAY	<b>17</b> TUESDAY	<b>18</b> WEDNESDAY	<b>19</b> THURSDAY	<b>20</b> FRIDAY	<b>21</b> SATURDAY
3:00 PM: Marching Band Regional Competition (Spangenberg Stadium)	4:00 PM: Boys Soccer @ Windsor (Level C)  4:30/5:30/6:30 PM: Girls Volleyball vs. Windsor  6:00 PM: Boys Soccer vs. Silver Creek (JV)	4:00 & 6:00 PM: Boys Soccer vs. Windsor (JV & V)  4:30 PM: Boys Soccer @ Berthoud (Level C)	2:00 PM: Cross Country @ Regionals (North Lake Park - Loveland)  4:00 PM: Boys Soccer @ Peak to Peak (Level C)  4:30/5:30/6:30 PM: Girls Volleyball @ Greeley Central (Red/JV/C/V)	4:30 PM: Boys Soccer @ Silver Creek (V) @ Longmont HS  7:00 PM: Football vs. Widefield (V)	9:00 AM: Football vs. Widefield (C/JV)  9:00 AM: Mountain Biking @ State Championships (Glenwood Springs - Saturday & Sunday)

## **Impact on Education's Career Readiness Academy at Centaurus!**



We are excited to share that Impact On Education's Career Readiness Academy will be hosted at Centaurus High School again this year. The Career Readiness Academy is a series of 10 workshops that introduces future opportunities and helps students develop professional skills and tools. It includes workshops on professional communication, purpose and interests, career pathways, mock interviews, and more. The academy is open to tenth grade students and we hope to have a cohort of around 30 students. [Applications are open now](#) and are due by October 22nd at 5pm.

Workshops are 2 hours long after school on Tuesdays (see attached flier for dates)

Open to 10th grade students

Students receive a \$300 stipend with good attendance

Dinner and snacks provided, RTD buses free this year

Interpretation services available

Guest speakers, volunteer mentors, topics relevant to future exploration

[More information here](#)

## 2024 After Prom



**VOLUNTEERS NEEDED!** The Date is set for Prom and we need YOU for an incredible AFTER PROM EVENT!

Parents of Freshman, Sophomores, Juniors and Seniors: We are looking for volunteers who want to be part of the planning for this important event which takes place after the prom to keep kids safe. Our kickoff planning meeting is Tuesday, October 24 @ 7 pm. The meeting place is at the YMCA Lafayette which is where the After Prom happens. We need help with planning the entertainment, fund-raising, prizes, food, decorations and senior posters! A record 500+ students attended last year and we had the highest number of parent volunteers. We will have one meeting a month through December and more frequently starting in January. If you have been looking for ways to get involved in a high school community, this is an ALL ARE WELCOME parent group. Information about helping the night of the event will be available in the new year. Join the fun, we'd love to have your help. Email Debby Berger at [debbycmb@yahoo.com](mailto:debbycmb@yahoo.com) for meeting details or questions.

For more information and updates about the Centaurus Afterprom visit our [website](#) or [Facebook Page](#)!

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## Advisory Update



October 19th, 2023

9th- Smart Goals Draft

10th- Warrior Challenge Day

11th Career Interest Profiler

12th- College Application/Senior work

## Counseling Corner



[Check here for the latest news from the Counseling department.](#)

## Drop In Tutoring Schedule



Free Drop In Math Tutoring Is Back!

Tuesdays, after school from 4 - 5 in the Library. Come and do your homework, get help, retake assessments. A CHS Math teacher will be there ready to help. If you would like to come on Tuesday morning before school (7:40 - 8:25), please scan the QR code on the poster in your math room to let us know you are coming. BE A MATH WARRIOR!

Spanish Drop In Tutoring

Starting next Wednesday, October 18, please come to the library after school for drop-in Spanish tutoring. Get help with writing, speaking, verb conjugations...you name it! Please see a Spanish teacher for more info.

[More Info](#)

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# Athletic News

## Boys golf



**Senior Matt Vaver teed off at the 5A State Golf Championships at The Bridges Golf & Country Club in Montrose in some tough conditions. Matt battled over the course of two days, shooting 78-78, good for a T-22nd finish!**

## Cross Country





Our Cross Country team had an incredible day at the NCAC League Championship meet at Broomfield Commons. The boys team came in 1st place overall, with Senior Jacob Schwarting taking home ANOTHER 1st place finish. The girls team ran a great race as well, taking home spots 10-14, which was good for a 2nd place overall team finish. The team looks good and healthy for Regionals in two weeks!

## Football





Football had a dominant Homecoming win, defeating Liberty 36-6. The team has won four in a row and sits tied for 1st in the 4A I-25 League. Up next - at Thornton on Thursday night (7:30 pm - Five Star Stadium).



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## Celebrating Centaurus Seniors



Messages for Class of 2024

## Getting to know your Centaurus Team

### Jason Crispin- Science



I have been fortunate enough to have been teaching at CHS for my entire 25 year career. During that time I have taught Chemistry, Advanced Chemistry, Geology, Biology, Physical Science, Geometry and Earth/Space Science. I have also had the chance to coach baseball, girls basketball and softball over the years. I truly found a home here at Centaurus. The sense of community and the amazing diversity of students has me looking forward to each new school year.

In my 25 years here I have seen a lot of changes both personally and professionally. I was lucky enough to get married in my first year of teaching and since then we have added two amazing children to our family that are currently a senior and a sophomore in high school. At school I have had 6 principals, countless assistant principles and too many colleagues to count come and go, many of them I am happy to call my friends today. The building has changed through additions and renovations as well. One thing that has never changed is the amazing students and community support.



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SchoolMessenger is a notification service used by the nation's leading school systems to connect with parents, students and staff through voice, SMS text, email, and social media.

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Cathy Kakavas



**noname**  
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