

## Churchville Chili Central School District Comprehensive School Counseling Program Plan

*Indicate the grade level you plan to address any standard in the cells below. It isn't necessary to address each standard each year.*

Mindsets		Grade Level		
		Academic	Career	Social/ Emotional
1	Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being	5-12	5-12	3, 5-12
2	Self-confidence in ability to succeed	K-9, 12	7, 8, 12	K-9
3	Sense of belonging in the school environment	2, 5-9, 11, 12	8, 11, 12	2, 5-9
4	Understanding that postsecondary education and life-long learning are necessary for long-term career success	7-12	7-12	8
5	Belief in using abilities to their fullest to achieve high-quality results and outcomes	K-3, 5-12	5-8, 12	K-9
6	Positive attitude toward work and learning	2, 3, 5-9, 11	7, 11	K-9

Behavior: Learning Strategies		Academic	Career	Social/ Emotional
1	Demonstrate critical-thinking skills to make informed decisions	3, 5-12	7-12	K-12
2	Demonstrate creativity	2, 3, 5, 7	4,7	5, 7
3	Use time-management, organizational and study skills	5, 7-9, 11	3, 7, 8, 11	3, 6-9
4	Apply self-motivation and self-direction to learning	K-4, 6-9, 11	7, 8, 10-12	K-5, 7-9, 12
5	Apply media and technology skills	7, 9-12	5, 6, 8-12	7, 9-12
6	Set high standards of quality	11	9-11	9-11
7	Identify long- and short-term academic, career and social/emotional goals	3, 7-11	4-6, 8-12	2-12
8	Actively engage in challenging coursework	9-11	9-11	7, 9-11
9	Gather evidence and consider multiple perspectives to make informed decisions	4, 9-12	7, 10-12	K-12
10	Participate in enrichment and extracurricular activities	9, 11	5, 6, 8	9

<b>Behavior: Self-Management Skills</b>		<b>Academic</b>	<b>Career</b>	<b>Social/ Emotional</b>
1	Demonstrate ability to assume responsibility	2, 7-11	7-8	K-12
2	Demonstrate self-discipline and self-control	5, 7-12	7-12	K-12
3	Demonstrate ability to work independently	K-4, 9-12	12	K-5, 7
4	Demonstrate ability to delay immediate gratification for long-term rewards	7, 8	9-11	7-8
5	Demonstrate perseverance to achieve long- and short-term goals	2, 7, 8, 11	2, 8, 11	K-5, 7-8
6	Demonstrate ability to overcome barriers to learning	K-3, 5-12	10	K-12
7	Demonstrate effective coping skills when faced with a problem	3, 5-12	3, 9-12	K-12
8	Demonstrate the ability to balance school, home and community activities	8, 9	8, 10	3, 7-12
9	Demonstrate personal safety skills	5, 6, 9-12	9-12	K-12
10	Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities	3-5, 9-12	5-7, 9-12	3, 4, 7-12

<b>Behavior: Social Skills</b>		<b>Academic</b>	<b>Career</b>	<b>Social/ Emotional</b>
1	Use effective oral and written communication skills and listening skills	K-4, 7, 9	7, 9	K-5, 7
2	Create positive and supportive relationships with other students	4-9	6	K-8
3	Create relationships with adults that support success	K-4, 9, 12	8, 12	K-5, 8
4	Demonstrate empathy	4	2	K-8
5	Demonstrate ethical decision-making and social responsibility	4-6, 9	7, 9	K-9
6	Use effective collaboration and cooperation skills	7-9	5-7	K-5, 7, 8
7	Use leadership and teamwork skills to work effectively in diverse teams	5-8	5, 6, 9	5, 7, 8
8	Demonstrate advocacy skills and ability to assert self, when necessary	K-4, 9-12	12	K-12
9	Demonstrate social maturity and behaviors appropriate to the situation and environment	K-4, 7-12	5-8	K-12

## Curriculum Maps

Mindsets		Curriculum		
		Academic	Career	Social/ Emotional
1	Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being	<ul style="list-style-type: none"> <li>● Circles: Creating a Sense of Community (5)</li> <li>● Health Curriculum (5, 6)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● FACS Class (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Health Curriculum (5, 6)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> </ul>	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> <li>● Health Curriculum (5, 6)</li> <li>● Health 7 (7)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● FACS Class (7)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● SS: Managing Relationships &amp; Social Conflicts (6-8)</li> <li>● Freshmen Orientation: LINK (9)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> <li>● SPORT Prevention Plus (7-12)</li> </ul>
2	Self-confidence in ability to succeed	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K, 1, 3)</li> <li>● Connecting the Dots (2)</li> <li>● Test Anxiety (3)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● Circles: Creating a Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● FACS Class (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Senior Meetings (12)</li> <li>● Post Secondary Planning/Senior Seminar (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K, 1, 3)</li> <li>● Connecting the Dots (2)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● Road Map to My Future (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● Circles: Creating a Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● FACS Class (7)</li> <li>● Health 7 (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> </ul>

		<ul style="list-style-type: none"> <li>● Senior Meetings (12)</li> <li>● Post Secondary Planning/Senior Seminar (12)</li> </ul>		<ul style="list-style-type: none"> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>
3	Sense of belonging in the school environment	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (2)</li> <li>● Circles: Creating Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Freshmen Orientation: LINK (9)</li> <li>● Junior Naviance Seminar (11)</li> <li>● Post Secondary Planning/Senior Seminar (12)</li> </ul>	<ul style="list-style-type: none"> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● College Night (11)</li> <li>● Junior Naviance Seminar (11)</li> <li>● Post Secondary Planning/Senior Seminar (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (2)</li> <li>● Circles: Creating Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>
4	Understanding that postsecondary education and life-long learning are necessary for long-term career success	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Scheduling Presentations (8)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Freshmen Naviance Seminar (9)</li> <li>● Sophomore Naviance Seminar (10)</li> <li>● Junior Naviance Seminar (11)</li> <li>● PSAT Preparation (11)</li> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Scheduling Presentation (8)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Freshmen Naviance Seminar (9)</li> <li>● Career Day (9)</li> <li>● Sophomore Naviance Seminar (10)</li> <li>● Junior Naviance Seminar (10)</li> <li>● College Night (11)</li> <li>● Post-Secondary Planning/ Senior Seminar (12)</li> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> </ul>
5	Belief in using abilities to their fullest to achieve high-quality results and outcomes	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Emotion Management (4)</li> <li>● SS: Emotion Management Unit (5)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> </ul>
6	Positive attitude toward work and learning	<ul style="list-style-type: none"> <li>● Connecting the Dots (2)</li> <li>● SS: Skills for Learning Unit (3)</li> <li>● Circles: Creating a Sense of Community (5)</li> <li>● 5<sup>th</sup> Grade Orientation (5)</li> <li>● Circles: Conflict Resolution (6)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● Junior Naviance Seminar (11)</li> <li>● College Night (11)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Empathy Unit (K-3)</li> <li>● SS: Problem Solving Unit (K, 1, 4)</li> <li>● Connecting the Dots (2)</li> <li>● SS: Skills for Learning Unit (3)</li> <li>● Roadmap to My Future (4)</li> <li>● SS: Problem Solving unit (5)</li> </ul>

		<ul style="list-style-type: none"> <li>● Circles: Leadership (6)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● FACS: Study Skills Lesson (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Freshmen Orientation: LINK (9)</li> <li>● Junior Naviance Seminar (11)</li> </ul>		<ul style="list-style-type: none"> <li>● Circles: Creating a Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● FACS: Class (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>
<b>Behavior: Learning Strategies</b>		<b>Academic</b>	<b>Career</b>	<b>Social/ Emotional</b>
1	Demonstrate critical-thinking skills to make informed decisions	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (3)</li> <li>● Health Curriculum (5, 6)</li> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Junior Naviance Seminar (11)</li> <li>● College Night (11)</li> <li>● Post Secondary Planning/Senior Seminar (12)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Freshman Naviance Seminar (9)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Sophomore Naviance Seminar (10)</li> <li>● Junior Naviance Seminar (11)</li> <li>● College Night (11)</li> <li>● Post Secondary Planning/Senior Seminar (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Empathy Unit (K-3)</li> <li>● SS: Problem Solving Unit (K, 1, 3, 4)</li> <li>● SS: Skills for Learning Unit (3)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● Health Curriculum (5,6)</li> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Managing Relationships &amp; Social Conflict Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>
2	Demonstrate creativity	<ul style="list-style-type: none"> <li>● Connecting the Dots (2)</li> <li>● Test Anxiety (3)</li> <li>● 5<sup>th</sup> Grade Orientation (5)</li> <li>● FACS: Career Exploration Project (7)</li> </ul>	<ul style="list-style-type: none"> <li>● Road Map to My Future (4)</li> <li>● FACS: Career Exploration Project (7)</li> </ul>	<ul style="list-style-type: none"> <li>● 5<sup>th</sup> Grade Orientation (5)</li> <li>● FACS: Career Exploration Project (7)</li> <li>●</li> </ul>
3	Use time-management, organizational and study skills	<ul style="list-style-type: none"> <li>● 5<sup>th</sup> Grade Classroom Visits (5)</li> <li>● FACS: Study Skills (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● College Night (11)</li> </ul>	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> <li>● FACS: Study Skills (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● College Night (11)</li> </ul>	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● 8<sup>th</sup> Grade Scheduling Presentation (8)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lesson (9)</li> </ul>

4	Apply self-motivation and self-direction to learning	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● Health 7 (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Junior Naviance Seminar (11)</li> <li>● College Night (11)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Sophomore Naviance Seminar (10)</li> <li>● Junior Naviance Seminar (11)</li> <li>● College Night (11)</li> <li>● Senior Meetings (12)</li> <li>● Post-Secondary Planning/Senior Seminar (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health 7 (7)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Post-Secondary Planning/ Senior Seminar (12)</li> </ul>
5	Apply media and technology skills	<ul style="list-style-type: none"> <li>● Health 7 (7)</li> <li>● Freshmen Naviance Seminar (9)</li> <li>● Sophomore Naviance Seminar (10)</li> <li>● Junior Naviance Seminar (11)</li> <li>● Financial Aid Night (12)</li> </ul>	<ul style="list-style-type: none"> <li>● Career Connections (5, 6)</li> <li>● WeMoCo Visit (8)</li> <li>● Freshmen Naviance Seminars (9)</li> <li>● Sophomore Naviance Seminars (10)</li> <li>● Junior Naviance Seminars (11)</li> <li>● Post-Secondary Planning/ Senior Seminar (12)</li> <li>● Financial Aid Night (12)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● Health 7 (7)</li> </ul>
6	Set high standards of quality	<ul style="list-style-type: none"> <li>● College Night (11)</li> </ul>	<ul style="list-style-type: none"> <li>● Freshmen Naviance Seminars (9)</li> <li>● Sophomore Naviance Seminars (10)</li> <li>● Junior Naviance Seminars (11)</li> <li>● College Night (11)</li> </ul>	<ul style="list-style-type: none"> <li>● Freshmen Naviance Seminars (9)</li> <li>● Sophomore Naviance Seminars (10)</li> <li>● Junior Naviance Seminars (11)</li> </ul>
7	Identify long- and short-term academic, career and social/emotional goals	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (3)</li> <li>● Road Map to My Future (4)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Scheduling Presentations (9-11)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Health Curriculum Lessons (9)</li> <li>● PSAT Presentation (11)</li> <li>● College Night (11)</li> </ul>	<ul style="list-style-type: none"> <li>● Road Map to My Future (4)</li> <li>● Career Connections (5, 6)</li> <li>● WeMoCo Visit (8)</li> <li>● Career Day (9)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Scheduling Presentation (9-11)</li> <li>● Health Curriculum Lessons (9)</li> <li>● College Night (11)</li> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Emotion Management Unit (2, 3)</li> <li>● SS: Skills for Learning Unit (3)</li> <li>● SS: Problem Solving Unit (3, 4)</li> <li>● Road Map to My Future (4)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● SPORT Prevention Plus (7-12)</li> </ul>
8	Actively engage in challenging coursework	<ul style="list-style-type: none"> <li>● Scheduling Meetings (9-11)</li> </ul>	<ul style="list-style-type: none"> <li>● Scheduling Meetings (9-11)</li> </ul>	<ul style="list-style-type: none"> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Health 7 (7)</li> <li>● Scheduling Meetings (9-11)</li> </ul>

9	Gather evidence and consider multiple perspectives to make informed decisions	<ul style="list-style-type: none"> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● Scheduling Presentation (8-11)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Junior Naviance Seminar (11)</li> <li>● Financial Aid Night (12)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● Sophomore Naviance Seminar (10)</li> <li>● Junior Naviance Seminar (11)</li> <li>● Senior Meetings (12)</li> <li>● Financial Aid Night (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Problem Solving Unit (K, 1, 3, 4)</li> <li>● SS: Empathy Unit (1-3)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● Health 7 (7)</li> <li>● SS: Thoughts, Emotions &amp; Decisions Unit (6-8)</li> <li>● SS: Managing Relationships &amp; Social Conflict Unit (6-8)</li> <li>● Scheduling Presentations (9-11)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>
10	Participate in enrichment and extracurricular activities	<ul style="list-style-type: none"> <li>● Career Day (9)</li> <li>● Freshmen Orientation: LINK (9)</li> <li>● PSAT Presentation (11)</li> </ul>	<ul style="list-style-type: none"> <li>● Career Connections (5,6)</li> <li>● WeMoCo Visit (8)</li> </ul>	<ul style="list-style-type: none"> <li>● Health Curriculum Lessons (9)</li> </ul>

Behavior: Self-Management Skills		Academic	Career	Social/ Emotional
1	Demonstrate ability to assume responsibility	<ul style="list-style-type: none"> <li>● Connecting the Dots (2)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Health Curriculum Lessons (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Empathy Unit (K-2)</li> <li>● SS: Emotion Management Unit (K-4)</li> <li>● SS: Problem Solving Unit (3, 4)</li> <li>● SS Lesson 14: Calming down strong feelings (K)</li> <li>● SS Lesson 13: Strong feelings (1)</li> <li>● Connecting the Dots (2)</li> <li>● SS Lesson 11: Managing strong feelings (4)</li> <li>● SS: Emotion Management Unit (5)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> </ul>

				<ul style="list-style-type: none"> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● SS: Managing Relationships &amp; Social Conflict Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> <li>● SPORT Prevention Plus (7-12)</li> </ul>
2	Demonstrate self-discipline and self-control	<ul style="list-style-type: none"> <li>● 5<sup>th</sup> Grade Classroom Visits (5)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● Health Curriculum Lessons (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Emotion Management Unit (K-4)</li> <li>● SS Lesson 14: Calming down strong feelings (K)</li> <li>● SS Lesson 13: Strong feelings (1)</li> <li>● SS Lesson 11: Managing strong feelings (4)</li> <li>● SS: Emotion Management Unit (5)</li> <li>● Circles: Creating Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● Health 7 (7)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● SS: Managing Relationships &amp; Social Conflict Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>
3	Demonstrate ability to work independently	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● Connecting the Dots (2)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● Freshmen Naviance Seminar (9)</li> <li>● Health Curriculum Lessons (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Emotion Management Unit (2)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> </ul>

		<ul style="list-style-type: none"> <li>● Sophomore Naviance Seminar (10)</li> <li>● Junior Naviance Seminar (11)</li> <li>● Senior Meetings (12)</li> </ul>		<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> </ul>
4	Demonstrate ability to delay immediate gratification for long-term rewards	<ul style="list-style-type: none"> <li>● FACS: Study Skills (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> </ul>	<ul style="list-style-type: none"> <li>● Scheduling Meetings (9-11)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Study Skills (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> </ul>
5	Demonstrate perseverance to achieve long- and short-term goals	<ul style="list-style-type: none"> <li>● Connecting the Dots (2)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● SS: Mindsets &amp; Goals Unit (7, 8)</li> <li>● Junior Naviance Seminar (11)</li> </ul>	<ul style="list-style-type: none"> <li>● Connecting the Dots (2)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Junior Naviance Seminar (11)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Emotion Management Unit (K, 3)</li> <li>● Connecting the Dots (2)</li> <li>● SS: Problem Solving Unit (4)</li> <li>● Roadmap to My Future (4)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● SS: Mindsets &amp; Goals Unit (7, 8)</li> </ul>
6	Demonstrate ability to overcome barriers to learning	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● Anxiety (3)</li> <li>● Circles: Creating Sense of Community Lesson (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● SS: Mindsets &amp; Goals Unit (7, 8)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>	<ul style="list-style-type: none"> <li>● Sophomore Naviance Seminars (10)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● Test Anxiety (3)</li> <li>● SS: Emotion Management Unit (3, 4)</li> <li>● SS: Emotion Management Unit (5)</li> <li>● Circles: Creating Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● Healthy Coping Skills Mini Lesson(7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● SS: Mindsets &amp; Goals Unit (7, 8)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>
7	Demonstrate effective coping skills when faced with a problem	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> <li>● Health Curriculum (5, 6)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Problem Solving Unit (K, 1, 3 4)</li> <li>● SS: Emotion Management Unit (2-4)</li> <li>● Test Anxiety (3)</li> <li>● SS: Lesson 11: Managing Strong Feelings (4)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● SS: Emotion Management Unit (5)</li> <li>● Health Curriculum (5,6)</li> </ul>

				<ul style="list-style-type: none"> <li>● SS: Mindsets &amp; Goals Unit (6)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● Health 7 (7)</li> <li>● SS: Managing Relationships &amp; Social Conflict Unit (6-8)</li> <li>● SS: Thoughts, Emotions, &amp; Decisions Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>
8	Demonstrate the ability to balance school, home and community activities	<ul style="list-style-type: none"> <li>● Managing School Stress Mini Lesson (8)</li> <li>● Health Curriculum Lessons (9)</li> </ul>	<ul style="list-style-type: none"> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Sophomore Naviance Seminars (10)</li> </ul>	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> <li>● Health 7 (7)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Scheduling Meetings (9-11)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Postsecondary Planning/ Senior Seminar (12)</li> </ul>
9	Demonstrate personal safety skills	<ul style="list-style-type: none"> <li>● Health Curriculum (5, 6)</li> <li>● Health Curriculum Lessons (9)</li> </ul>		<ul style="list-style-type: none"> <li>● Health Curriculum (5, 6)</li> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Health Drug Prevention Lesson (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> <li>● SPORT Prevention Plus (7-12)</li> </ul>
10	Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> <li>● Road Map to My Future (4)</li> <li>● 5th Grade Orientation (5)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Career Connections (5, 6)</li> <li>● FACS: Career Exploration Project (7)</li> </ul>	<ul style="list-style-type: none"> <li>● Test Anxiety (3)</li> <li>● Roadmap to My Future (4)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● Health Curriculum Lessons (9)</li> </ul>
<b>Behavior: Social Skills</b>		<b>Academic</b>	<b>Career</b>	<b>Social/ Emotional</b>

1	Use effective oral and written communication skills and listening skills	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● Career Day (9)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● FACS: Career Exploration Project (7)</li> </ul>
2	Create positive and supportive relationships with other students	<ul style="list-style-type: none"> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● Circles: Creating Sense of Community Lesson (5)</li> <li>● 5<sup>th</sup> Grade Orientation (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Circles: Leadership (6)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Empathy Unit (K-3)</li> <li>● SS: Problem Solving Unit (K, 1, 3, 4)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● Circles: Creating a Sense of Community (5)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● SS: Mindsets &amp; Goals Unit (6-8)</li> <li>● SS; Managing Relationships &amp; Social Conflict Unit (6-8)</li> </ul>
3	Create relationships with adults that support success	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Senior Meetings (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> </ul>
4	Demonstrate empathy	<ul style="list-style-type: none"> <li>● SS: Empathy and Skills for Learning Unit (4)</li> </ul>	<ul style="list-style-type: none"> <li>● Connecting the Dots (2)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Empathy Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● SS: Managing Relationships &amp; Social Conflict Unit (6-8)</li> </ul>
5	Demonstrate ethical decision-making and social responsibility	<ul style="list-style-type: none"> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● Health Curriculum (5,6)</li> <li>● Health Curriculum Lessons (9)</li> </ul>	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● Health Curriculum Lessons (9)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Empathy Unit (K-3)</li> <li>● SS: Problem Solving Unit (K, 1, 3)</li> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> </ul>

				<ul style="list-style-type: none"> <li>● SS: Emotion Management Unit (5)</li> <li>● Health Curriculum (5,6)</li> <li>● SS: Managing Relationships &amp; Social Conflict Unit (6)</li> <li>● SS: Recognizing Bullying &amp; Harassment Unit (6-8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Health Drug Prevention Lesson (9)</li> </ul>
6	Use effective collaboration and cooperation skills	<ul style="list-style-type: none"> <li>● FACS: Career Exploration Project (7)</li> <li>● FACS: Study Skills Lesson (7)</li> <li>● PE Health and Wellness (7, 8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Career Connections (5, 6)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● FACS: Study Skills (7)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Problem Solving Unit (K, 1, 3, 4)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● FACS: Career Exploration Project (7)</li> <li>● FACS: Study Skills (7)</li> <li>● PE Health and Wellness (7, 8)</li> </ul>
7	Use leadership and teamwork skills to work effectively in diverse teams	<ul style="list-style-type: none"> <li>● Circles: Creating Sense of Community (5)</li> <li>● Circles: Conflict Resolution (6)</li> <li>● Circles: Leadership (6)</li> <li>● PE Health and Wellness (7, 8)</li> </ul>	<ul style="list-style-type: none"> <li>● Career Connections (5, 6)</li> <li>● Career Day (9)</li> </ul>	<ul style="list-style-type: none"> <li>● Circles: Creating a Sense of Community (5)</li> <li>● PE Health and Wellness (7, 8)</li> </ul>
8	Demonstrate advocacy skills and ability to assert self, when necessary	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Scheduling Meetings (9-12)</li> <li>● Senior Meetings (12)</li> <li>● Post-Secondary Planning/Senior Seminar (12)</li> <li>● Financial Aid Night (12)</li> </ul>	<ul style="list-style-type: none"> <li>● Financial Aid Night (12)</li> <li>● Senior Meetings (12)</li> <li>● Post-Secondary Planning/Senior Seminar (12)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Problem Solving Unit (3, 4)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● SS: Emotion Management Unit (5)</li> <li>● SS: Recognizing Bullying &amp; Harassment Unit (6)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● 8<sup>th</sup> Grade Individual Meetings (8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>
9	Demonstrate social maturity and behaviors appropriate to the situation and environment	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy and Skills for Learning (4)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> </ul>	<ul style="list-style-type: none"> <li>● Career Connections (5, 6)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● FACS: Career Exploration Project (7)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Skills for Learning Unit (K-3)</li> <li>● SS: Empathy Unit (K-3)</li> <li>● SS: Emotion Management Unit (K-4)</li> <li>● SS: Problem Solving unit (K, 1, 3, 4)</li> </ul>

		<ul style="list-style-type: none"> <li>● Managing School Stress Mini Lesson (8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Freshmen Orientation: LINK (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>	<ul style="list-style-type: none"> <li>● Managing School Stress Mini Lesson (8)</li> </ul>	<ul style="list-style-type: none"> <li>● SS: Empathy and Skills for Learning Unit (4)</li> <li>● SS: Problem Solving Unit (5)</li> <li>● SS: Empathy and Skills for Learning Unit (5)</li> <li>● SS: Emotion Management Unit (5)</li> <li>● Health Curriculum (5, 6)</li> <li>● FACS: Decision Making and Vaping Prevention (7)</li> <li>● Healthy Coping Skills Mini Lesson (7)</li> <li>● Managing School Stress Mini Lesson (8)</li> <li>● Health Curriculum Lessons (9)</li> <li>● Stress Management and Coping Skills (9-12)</li> </ul>
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