

NOVEMBER 2023

PRESTON PUBLIC SCHOOLS

LUNCH



ADDITIONAL CHOICES AVAILABLE DAILY. CHOICES ARE PB&J, TURKEY SANDWICH, CHEF SALAD OR CHEF'S SPECIAL. BREAD OFFERINGS ARE WHOLE GRAIN. MILK OFFERINGS ARE 1% WHITE OR FAT FREE FLAVORED. MILK IS OFFERED AT EVERY MEAL.



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



PASTA W/ MEATSAUCE 1
GARLIC KNOT
GREENBEANS
MIXED FRUIT
MILK

FRENCH TOAST STICKS 2
SAUSAGE
HASHBROWNS
CARROTS
PEACHES & MILK

PIZZA 3
TOSSED SALAD
STRAWBERRIES
MILK

CHICKEN NUGGETS 6
FRENCH FRIES
CORN
APPLESAUCE
MILK

NO SCHOOL 7

CHEESEBURGERS 8
FRENCH FRIES
BROCCOLI
ORANGES
MILK

MOZZERELLA STICKS 9
CARROTS
BREADS
APPLE
MILK

VETERANS DAY 10

CHICKEN PATTY 13
FRENCH FRIES
CORN
APPLESAUCE
MILK

CHICKEN NACHOS 14
BEANS & CORN
PEARS
MILK

PASTA W/ MEATSAUCE 15
GARLIC KNOT
GREENBEANS
MIXED FRUIT
MILK

FRENCH TOAST STICKS 16
SAUSAGE
HASHBROWNS
CARROTS
PEACHES & MILK

PIZZA 17
TOSSED SALAD
STRAWBERRIES
MILK

CHICKEN NUGGETS 20
FRENCH FRIES
CORN
APPLESAUCE
MILK

TURKEY DINNER 21
MASHED POTATO &
GRAVY STUFFING
CORN & APPLES
MILK

NO SCHOOL 22

THANKSGIVING DAY 23

NO SCHOOL 24

CHICKEN PATTY 27
FRENCH FRIES
CORN
APPLESAUCE
MILK

BEEF NACHOS 28
BEANS & CORN
PEARS
MILK

PASTA W/ MEATSAUCE 29
GARLIC KNOT
GREENBEANS
MIXED FRUIT
MILK

MOZZERELLA STICKS 30
CARROTS
BREADS
APPLE
MILK

BREAKFAST IS FREE FOR EVERYONE!!!
LUNCHES:
CHLID- \$3.75
ADULT- \$4.00