

# School Wellness Plan 2023-2024

*School Way Café*

**School Name:** Read-Pattillo Elementary

**Principal’s Name or Person Responsible for Plan:** Kelly R. Lewis ext.: 34508

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** Same as above

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a “Team Nutrition” school, we encourage your school to become one. For information, visit [www.fns.usda.gov/tn/](http://www.fns.usda.gov/tn/).

The district’s wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

**Part I: Goals** - List your school’s wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café [schoolwaycafe@groups.volusia.k12.fl.us](mailto:schoolwaycafe@groups.volusia.k12.fl.us) and a copy to your Area Superintendent by **September 22<sup>nd</sup>, 2023**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

**Part II: Evaluation** – At the end of the school year, evaluate the results of your school’s wellness goals and complete Part II of this form. E-mail a copy to School Way Café [schoolwaycafe@groups.volusia.k12.fl.us](mailto:schoolwaycafe@groups.volusia.k12.fl.us) and a copy to your Area Superintendent by **June 3<sup>rd</sup>, 2024**.

**Note: Documentation is required to validate completion of your goals.**

<b>Part I – Complete by September 22<sup>nd</sup>, 2023</b>	<b>Part II - Complete by June 3<sup>rd</sup>, 2024</b>
<b>Goals for 2023-2024</b>	<b>Implementation Evaluation</b>
<ul style="list-style-type: none"> <li>Use the cafeteria to provide learning opportunities by decorating the area with wellness educational posters and nutrition materials.</li> </ul>	<input type="checkbox"/> <b>Goal was successfully implemented.</b> <input type="checkbox"/> <b>Goal was partially implemented.</b> <i>Comments:</i>  <input type="checkbox"/> <b>Goal was not implemented this school year.</b> <i>Comments:</i>  <input type="checkbox"/> Documentation is available at school site and easily accessible for audit.

Part I – Complete by <b>September 22<sup>nd</sup>, 2023</b>	Part II - Complete by <b>June 3<sup>rd</sup>, 2024</b>
Goals for 2023-2024	Implementation Evaluation
<p>Assure students have at least 10 minutes to eat after sitting down for breakfast and 20 minutes after sitting down for lunch.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<ul style="list-style-type: none"> <li>Students will participate in the "Jump Rope for Heart" event co-sponsored by the American Heart Association and provide educational activities to enhance their knowledge of health, fitness and nutrition as it relates to the human body.</li> </ul>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<ul style="list-style-type: none"> <li>Schools will provide access to hand washing or hand sanitizing and encourage students to maintain clean hands especially before they eat meals or snacks and after using restroom facilities.</li> </ul>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p>

<p><b>HAND WASHING:</b> The nurse and administration will provide training on hygiene and proper hand washing techniques in order to reduce the spread of germs.</p> <p>Teachers will reinforce good hygiene and proper hand washing techniques with their students. "Cough &amp; Clean Your Hands" posters are displayed in the classrooms as well as proper hand washing posters in each restroom area.</p>	<p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
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