

BREAKFAST MENU

Clinton Jr/Sr.
High School

Breakfast is Free | Menu is subject to change | For more information, email hmielnicki@oneida-boces.org

NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01 Nature Valley Oatmeal Round	02 Whole Grain Bagel with Cream Cheese	03 Snackin' Waffles
06 Assorted Whole Grain Muffins	07 Fruit Frudel	08 Whole Grain Chocolate Chip Muffin Top	09 Mini Cinni	10 Veterans Day – No School!
13 Zee Zee Bars	14 Assorted Whole Grain Muffins	15 Nature Valley Oatmeal Round	16 Fruit Frudel	17 Whole Grain Bagel with Cream Cheese
20 Snackin' Waffles	21 Assorted Whole Grain Muffins	22	23	24
	HAPPY THANKSGIVING!			
27 Fruit Frudel	28 Whole Grain Chocolate Chip Muffin Top	29 Zee Zee Bars	30 Nature Valley Oatmeal Round	



Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Local Items this Month:

Milk, Yogurt, Meatballs, Hot Dogs, Corn, Rainbow Carrots, Carrots, Green Beans, Black Beans, Cauliflower, Pears, Miss Milla's Cookies.

Local items are indicated in **bold** on the menu*.

