



**MOORE**  
PUBLIC SCHOOLS

PARENT AND STUDENT  
**ATHLETIC**  
**HANDBOOK**  
**2024 -2025**

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## **PARENT/GUARDIAN/FAMILY MEMBER OF STUDENT-ATHLETE PLEDGE AND CONTACT PROTOCOL**

### **Mission Statement:**

**“The predominant mission of MPS athletics is to develop productive citizens willing to demonstrate integrity, discipline, and leadership while competing at the highest level in all aspects of life.”**

**At Moore Public Schools we recognize and appreciate the partnership we have with parents/guardians and family members as we combine to produce quality student-athletes, but more importantly productive citizens.**

### **PARENT/GUARDIAN/FAMILY MEMBER PLEDGE:**

**I understand that participating in Moore Public Schools athletic activities is a privilege, not a right for both students and adults. I understand that the expectation of my behavior at meetings, practices, and before/during/after games is set at the highest level.**

**I agree that at all Moore Public Schools and OSSAA sanctioned facilities/events/contests, I will adhere to the following expectations:**

**I will be a positive influence on my student athlete, their teammates, coaches, officials, and fellow parents/guardians/fans. I understand that if I am not adhering to this expectation, I may be removed & potentially barred from future attendance.**

**I understand and agree that the Moore Public Schools’ administration or their designee (opponent administration) in their sole judgment and discretion, may revoke or suspend my privilege to attend sporting events/contests; if they deem appropriate and in the best interests of Moore Public Schools and our opponents.**

**I understand that the Moore Public Schools has a high standard regarding hazing or bullying; this applies to parents/guardians/family members of athletes. Parents/guardians/family members that are found to have engaged in hazing or bullying of an athlete, game official, student, coach or administrator, whether on or off campus, in-person, or via social media/electronic means, may forfeit their privilege to participate in athletics or the activities thereof.**

**\*Any parent/guardian/family member removed from a contest will need to contact the site facilitator and building principal of their athletes’ school on the next business day to schedule a meeting to determine facts and any future restrictions that may be placed.**

### **PARENT/GUARDIAN MEETING REQUEST PROTOCOL:**

**As a parent/guardian of a Moore Public Schools' athlete, I understand that differences of opinion & philosophies of athletics vary greatly. I pledge to maintain a positive, professional demeanor when discussing those differences with fellow parents/guardians/family members, coaches, and administrators. If I have an issue with a coach/coaching staff, I agree to follow the following protocol:**

**1. I will not approach a coach directly and will wait 24 hours after a competition to contact them via email or phone to schedule a meeting at a mutually convenient time.**

**2. If the previous meeting is not successful, I will contact the site athletic facilitator to schedule a meeting with the head coach/staff and site athletic facilitator.**

**3. If the previous meeting is not successful, I will contact the site athletic facilitator to schedule a meeting with the head coach/staff, site athletic facilitator, and building principal or designee.**

**4. If the previous meeting is not successful, I will contact the district athletic director to schedule a meeting with the head coach/staff, site athletic facilitator, and district athletic director. I recognize that the decision/resolution of the district athletic director is final.**

**\*In all meetings, the student-athlete will need to be present unless the site facilitator deems otherwise.**

**\*In the event of an extreme circumstance, please contact the site facilitator and they will determine the best course of action.**

**I/WE THE PARENT/GUARDIAN/FAMILY MEMBER OF THE STUDENT ATHLETE, UNDERSTAND AND AGREE THAT THE TERMS OF THIS PLEDGE ARE BINDING**

**Moore Public Schools Athletic Department Mission**

**The predominant mission of MPS Athletics is to develop productive citizens willing to demonstrate integrity, discipline, and leadership while competing at the highest level in all aspects of life.**

### **FOREWORD**

This document is to serve as a guide for parents and student athletes in understanding and the athletic program of the Moore Public School District. Its primary purpose is to familiarize and clarify the policies and procedures commonly used to make decisions regarding athletics. We encourage parents and student athletes to become familiar with its contents as it pertains to their role within the athletic department. While this publication is designed to assist in answering questions regarding policies and procedures, it may not answer all questions or cover all situations. This Athletic Manual will work in conjunction with and in addition to the Moore Public Schools Handbook. This athletic manual will be updated and revised as needed.

### **ATHLETIC DEPARTMENT PERSONNEL**

<b>Mr. Brian Fitzgerald</b>	<b>District Athletic Director</b>
<b>Ms. Sherri Knight</b>	<b>Secretary to the District Athletic Director</b>
<b>Ms. Christine Benavides</b>	<b>Secretary to the District Athletic Director</b>
<b>Ms. Courtney Walker</b>	<b>Moore High School Athletic Director</b>
<b>Ms. Shari Douglass</b>	<b>Moore High School Athletic Secretary</b>
<b>Mr. Chad Mashburn</b>	<b>Westmoore High School Athletic Director</b>
<b>Ms. Heather Evans</b>	<b>Westmoore High School Athletic Secretary</b>
<b>Mr. Greg George</b>	<b>Southmoore High School Athletic Director</b>
<b>Ms. Chantelle Porter</b>	<b>Southmoore High School Athletic Secretary</b>
<b>Mr. James Robb</b>	<b>Brink Junior High Athletic Director</b>
<b>Mr. Christopher Wise</b>	<b>Central Junior High Athletic Director</b>
<b>Mr. Bart Richardson</b>	<b>Highland East Junior High Athletic Director</b>
<b>Ms. Hannah Seals</b>	<b>Highland West Junior High Athletic Director</b>
<b>Ms. Krystal Pickron</b>	<b>Moore West Junior High Athletic Director</b>
<b>Mr. Joshua Myers</b>	<b>Southridge Junior High Athletic Director</b>

### **PARTICIPATION IN ATHLETICS**

1. A student shall be considered as having participated when he/she actively participates with a school in an inter-school game, contest or meet as a member of the varsity, junior varsity, B team, etc. A student in uniform with his/her team shall be considered as having participated. An inter-school scrimmage is considered a meet or contest.

### **DISMISSAL OF STUDENT ATHLETES**

Any Student Athlete who is in violation of any rules in the Moore Public Schools Student Handbook could face possible disciplinary action up to and including dismissal from the team.

### **BEGINNING AND ENDING OF SPORTS SEASONS**

1. All regulations as outlined by OSSAA pertaining to the beginning and ending of sports seasons are to be observed.
2. All seasons will end with the last scheduled game or when the team is eliminated from state tournament competition.

### **PARTICIPATION ON TEAMS OTHER THAN SCHOOL TEAMS**

1. Moore Public Schools will follow all state association rules.
2. Coaches must know the current rules and keep their players informed.
3. Coaches cannot require students to participate in summer programs of any type to play on the school team.

### **ATHLETIC TRAINERS**

1) Athletic Trainer(s) are highly qualified, nationally certified and state licensed, sports medicine professionals who are trained in the prevention, recognition, evaluation, management and rehabilitation of sports related injuries and illnesses.

2) The Athletic Trainer(s) at Moore Public Schools are responsible for the athletic health and well-being of all junior high and high school level athletes, who are participating in sports that are sanctioned by the district. As such, the Athletic Trainer(s) on staff will follow all state laws, district policies, and best-practices set forth by the National Athletic Trainer's Association, when evaluating and treating injured athletes.

3) All injuries, no matter how minor they may be perceived by the coaching staff, must be reported to the Athletic Trainer(s) immediately.

4) The Athletic Trainer(s) are responsible for beginning and ending the sports med process when an athlete is injured; if the Athletic Trainer(s) do not have clearance from another qualified medical professional to permit an injured/ill athlete to return to sports, it is at the Athletic Trainer(s) discretion to permit them.

5) Moore Public Schools recognizes Certified and Licensed Athletic Trainers, MDs, DOs, Nurse Practitioners, and Physicians Assistants as qualified medical professionals who are able to medically release and permit athletes to participate in athletics; and to assess, evaluate, diagnose and release an athlete from an injury or illness.

#### **EXTREME HEAT POLICY**

Please refer to [OSSAA.COM](http://OSSAA.COM)

#### **CONCUSSION POLICY**

Please refer to Board Policy 2285 and the concussion forms linked in the back of this handbook.

## **POST-CONCUSSION RETURN TO ACADEMICS GUIDELINES**

### **Purpose**

A student's best chance of full recovery from a concussion involves two critical components: ***cognitive and physical rest***. Continued research has focused on cognitive rest being essential to the quick resolution of concussion symptoms. Cognitive stimulation includes driving, video games, computers, text messaging, cell phone use, loud and/or bright environments, television, reading and studying; these must be limited, and in most cases, completely avoided. Physical activity such as physical education, sports activities, and strength or cardiovascular conditioning must be regulated or avoided while recovering from a concussion.

### **Points of Emphasis:**

It is important to note that recovery from a concussion is an individualized process. Caution must be taken not to compare students with concussions as they progress through the recovery process. The information below is provided to teachers, parents, and students as a guide to assist with concussion recovery:

For the academic protocol to be initiated the student must be evaluated by a health care professional (MD, DO, or ATC) and documentation must be provided to the school.

For every day the student is within Stages 1-3, they should be granted the same number of days to complete missed academic work.

The student should be granted adequate time to complete missed academic work based on the amount of time needed for complete recovery.

The teacher has the right to assign the student a grade of incomplete (I) for the nine weeks, semester, or final grade

It is important that once the student has returned to school that they report to the athletic trainer daily to monitor symptoms as well as to determine progression to the next stage within the return to academics' guidelines (per the MPS concussion management protocol).



As the student's recovery progresses through Stages 1-3, teachers should be prepared to apply "mastery learning" criteria within their subject matter. By identifying essential academic work, the student's recovery will be aided by reducing anxiety levels related to the perceived volume of work that will be required once they are medically cleared to resume a full academic load.

*When the student is evaluated by a physician, it is suggested that this information is shared with the physician during the initial visit.*

### **Suggested Four Stage Progression to Full Return to Activity**

#### **Stage 1: No school attendance, emphasize cognitive and physical rest**

##### **- Characteristics**

- o Severe symptoms at rest (rated at 3+ on the MPS Concussion Symptom Sheet)
- o Abnormal ImPACT results (The ImPACT Test is a computerized neurocognitive test which, along with a variety of other tests, is used to help determine neurocognitive function)
  - o Symptoms may include but are not limited to:
    - Headache, dizziness, nausea, confusion, irritability, etc.
    - Students may be sensitive to light and noise
    - Students may complain of intense and continuous/frequent headaches
    - Students may not be able to read for more than 10 minutes without an increase in symptoms
    - Provide student with copies of class notes (teacher or student generated)
    - No tests, quizzes or homework

***\*Progress to stage 2 when:***

- o Decreased sensitivity to light or noise
- o Decreased intensity and frequency of headaches
- o Ability to do light reading for 10 minutes without increased symptoms

*\*If the student remains in Stage 1 longer than 2 weeks it may be necessary to schedule a conference with all teachers, the counselor, and the student's parents to discuss the impact on school performance.*

*\*It is important that once the student has returned to school that they report to the athletic trainer daily in order to monitor symptoms (MPS Concussion Symptom sheet) to determine progression to the next stage within the return to academics' guideline*

## **Stage 2: Option for modified daily class schedule**

### **-Characteristics**

- o Mild symptoms at rest (3- on the MPS Concussion Symptom sheet), increasing with physical and mental activity
- o Abnormal ImPACT scores

**Example:** First day may be afternoon classes and the next day morning classes, repeat as symptoms warrant

- o Option: Reduce weight of backpack or provide second set of textbooks: arranged by counselor
- o Option: Obtain a "five-minute pass" from the Athletic Trainer, to avoid noisy, crowded hallways between class periods: arranged by Athletic Trainer
  - Wear sunglasses when viewing Smart Boards, as needed
  - No tests, quizzes, daily work, or homework
  - Provide student with copies of class notes (teacher or student generated)
  - Excused from physical education classes and/or sports activities
  - Report daily to athletic trainer

### ***\*Progress to stage 3 when:***

- o Each of the student's classes have been attended at least once
- o School activity does not increase symptoms
- o Overall symptoms continue to decrease

## **Stage 3: Full day of school**

### **- Characteristics**

- o Symptom free at rest
- o Mild to moderate symptoms with mental and physical activity (3- on the MPS Concussion Symptom sheet)
- o No tests, homework, or quizzes

o Student may be given in class assignments/daily work, but they should not be graded

o Provide student with copies of class notes (teacher or student generated)

Option: Reduce weight of pack back or provide second set of textbooks: arranged by counselor

Option: Obtain a “five-minute pass” from the Athletic Trainer to avoid noisy, crowded hallways between class periods

o Excused from physical education classes and/or sports activities

o Report daily to athletic trainer

***\*Progress to stage 4 when:***

o Symptom free with mental and physical activity

o Student should report any return of symptoms with mental or physical activity

o ImPACT scores have normalized and/or symptoms have resolved completely

The ImPACT Test is a computerized neurocognitive test which, along with a variety of other tests, is used to help determine neurocognitive function

o ImPACT testing will be used to help monitor the recovery process for student-athletes when appropriate

***\*If the student is not able to progress past stage 3 after an extended period of time, where it is unlikely the student will be able to make up required work, the counselor and teachers may discuss with the student and their parents, possible class withdrawal, home bound, class load modification, and/or Section 504 plan***

#### **Stage 4: Full Academic Load and Return to play protocol**

o Resumption of current academic responsibilities once ImPACT scores have normalized and/or symptoms have resolved completely as determined by the appropriate health care professional

o In cooperation with guidance counselor and teachers, create plan for possible modification and the gradual completion of missed tests, quizzes, and homework

o Teacher has the discretion to apply “mastery learning” criteria for their subject matter

- o Students are not required to makeup missed Physical Education classes due to a concussion**
- o Gradual resumption of physical activity**
- o Students will return to Physical Education classes and will spend a minimum of 2 days with modified activity directed by the athletic trainer**
- o MPS athletes will follow the Return to Play protocol found on the MPS website under the direction of the athletic trainer**

**If you have additional questions please contact the student's counselor, the school nurse or the athletic trainers.**

#### **GUIDELINES REGARDING NAME, IMAGE AND LIKENESS (NIL)**

**The OSSAA does not specifically prohibit students from engaging in certain commercial activities as an individual. These activities, commonly referred to as name, image and likeness (NIL) will not put a student's amateur status at risk provided the student meets all the requirements for maintaining amateur status in compliance with Rule 5, and there is no violation of rules prohibiting influencing a student to attend or remain at a member school. (Rule 9)**

A student may earn compensation from the use of their name, image and likeness (NIL) in compliance with Rule 5, and Rule 9 provided:

- The compensation is not contingent on specific athletic performance or achievement.
- The compensation is not provided as an incentive to enroll or remain enrolled at a specific school.
- The compensation is not provided by the school or any person acting as an agent for the school.

In seeking compensation for name, image and likeness:

- No “marks” may be used, including but not limited to school logos, school name, school mascot, or any trademarked OSSAA logo or acronyms.
- No school apparel or equipment shall be worn which includes school name, school logo, school mascot, or any apparel displaying trademarked OSSAA logos or acronyms.
- No member school facility may be used for the purpose of name, image and likeness compensation.
- No activities in conflict with a member school’s local school district policy may be endorsed. Examples include but are not limited to tobacco or alcohol products.
- Collegiate level associations should be contacted for any rules regarding name, image and likeness for students participating beyond the high school level.

### **Student Athlete Guidelines**

1. Athletes who quit or who are dismissed from a sport will not be allowed to practice with another sport until the current sport is over. It is the coach’s responsibility to make this rule known to his/her players. The only exception to this rule is by mutual consent of both coaches involved. This rule applies to the current school year and the current sports season.
2. All athletes will be encouraged to participate in all sports in which they show any interest. They will not be restricted in any way to any one sport by a coach.

3. The use of profanity by players and coaches is inconsistent with the philosophy of athletics and will not be tolerated.
4. All discipline problems will be firmly and consistently dealt with.
5. If a student loses his/her equipment, he/she must pay for it.
6. Moore Public Schools promotes and encourages athletes to pursue multiple sports. Should an athlete face disciplinary action that results in removal from a team, that discipline is for the current school year shall not affect the succeeding school year.
7. Coaches do have the liberty in conjunction with the Site Facilitator and Building Principal to put stipulations on the athlete returning to a particular sport or program. These conditions will be presented to the parent/guardian and athlete in writing.
8. The number of days allowed to miss school for extra-curricular activities is ten (10). This does not include qualified OSSAA play-off events.
9. Under-class athletes at the junior high level will not participate on an upper-class team until all upper-class players at that level have had an opportunity to participate.
10. Junior varsity teams will be separate teams if the number of players and funding warrant two teams.
11. All student-athletes are expected to follow District and OSSAA rules and regulations.
12. Eligibility
  - All eligibility questions need to be referred to the District Athletic Director.
  - High school students must pass five (5) classes that count toward graduation to be eligible from semester to semester.
  - Jr. High students must pass five (5) classes each semester. Students who do not meet this requirement must sit out the first six (6) weeks of the following semester.
  - Transfer students must sit out per OSSAA and local regulations before participating unless they are approved otherwise.
  - Full-time virtual students shall not be permitted to participate in interscholastic activities and contests on behalf of member schools. A full-time virtual student is a student who is enrolled at a member school but receiving all instruction electronically at a location away from the member school's facilities. Full-time virtual students will not be counted in the school's ADM for classification purposes.
13. There is no tolerance for hazing and/or initiations. Please Refer to Board Policies 7225 and 7265 and student handbook for additional information.
14. There is no tolerance for any type of harassment. Please refer to Board Policies 7225 and 7265 and student handbook for additional information.
15. All participants must have a current physical which are good for one (1) school year. Physical must be dated no earlier than May 1st of the preceding year in which the student is to participate and before the first day of practice in the participating sport. The High school trainers will arrange physical dates for each season.
16. Social media is a very popular form of communication. Students engaged in extracurricular activities represent Moore Public Schools. Inappropriate photos or statements depicting hazing, sexual harassment, vandalism, stalking, underage drinking, illegal drug use or other inappropriate behavior will be subject to disciplinary action up to and including the possibility of dismissal from the team by the Head Coach or Director of Athletics.
17. A student must be in school all day (on-site or virtual) on the day of the activity to be eligible for participation. If the activity falls on a non-school day, a student must have been in school all day (on-site or virtual) on the last school day prior to the activity. The only exceptions to this rule are as follows: (1) Attendance at any event that is approved as a school activity; (2) Any medical treatment that is substantiated by a physician's

**written statement; (3) Any day a student serves as a page for the State or National Legislature; (4) A court subpoena; (5) Religious holiday or activity; or (6) Bereavement. The Principal and Athletic Director will make the final decision concerning any unusual circumstances.**