

## Abita Springs Elementary School

OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
1	<p>MAIN LINE, Chicken Tenders, Vegetarian Option, Macaroni &amp; Cheese, Steamed Carrots, Texas Toast, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Hot Dog w/Fixings, Chili, Fries , Chilled Fruit, Cold Milk</p>	2	<p>MAIN LINE, Beef Burrito, Vegetarian Option, Ranchero Beans or Fiesta Black Beans, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Nacho Supreme, Ranchero Beans , Chilled Fruit, Cold Milk</p>	3	<p>MAIN LINE, Hamburger Steak w/ Mashed Potatoes &amp; Gravy, Vegetarian Option, Fresh Baked Roll, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Turkey &amp; Cheese Sandwich , Fries , Chilled Fruit, Cold Milk</p>	4	<p>MAIN LINE, Jambalaya, Vegetarian Option, Oven Roasted Squash &amp; Zucchini, Texas Toast, Rice Crisp Treat, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Chicken Sandwich, Fries , Crisp Rice Treat, Chilled Fruit, Cold Milk</p>	5	6	7
8	<p>MAIN LINE, Chicken Tenders, Vegetarian Option, Creamy Red Beans, Biscuit, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Chicken Sandwich, Fries ,Red Beans, Chilled Fruit, Cold Milk</p>	9	<p>MAIN LINE, Chicken Taco, Vegetarian Option, Corn, Fresh Baked Cinnamon Breadstick, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, BBQ Pulled Pork on Bun, Fries , Chilled Fruit , Cold Milk</p>	10	<p>MAIN LINE, Spaghetti &amp; Meatsauce , Vegetarian Option, Yogurt w/Granola &amp; Cheese Stick, Green Beans, Fresh Baked Roll, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Hamburger, Fries , Chilled Fruit, Cold Milk</p>	11	<p>MAIN LINE, Breaded Pork Patty, Vegetarian Option, Steamed Spinach, Black-Eyed Peas, Cornbread, Cookie, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Sloppy Joe on Bun, Fries ,Cookie, Chilled Fruit, Cold Milk</p>	12	13	14
15	<p>MAIN LINE, Chicken Tenders, Vegetarian Option, Mashed Potatoes, Fresh Baked Breadstick, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Hamburger , Fries , Chilled Fruit, Cold Milk</p>	16	<p>MAIN LINE, Beef Tacos with Fixings, Vegetarian Option, Fiesta Black Beans, Fresh Baked Cinnamon Breadstick, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Nachos Supreme, Fiesta Black Beans, Chilled Fruit, Cold Milk</p>	17	<p>MAIN LINE, Chicken Alfredo, Vegetarian Option, Steamed Broccoli, Fresh Baked Roll, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Turkey &amp; Cheese Sandwich , Fries , Chilled Fruit, Cold Milk</p>	18	<p>MAIN LINE, Pulled Pork, Vegetarian Option, Baked Potato, Creamy Cole Slaw, Fresh Baked Roll, Brownie, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Chicken Sandwich, Fries , Brownie, Chilled Fruit, Cold Milk</p>	19	20	21
22	<p>MAIN LINE, Chicken Sandwich, Vegetarian Option, Fries, Red Beans, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Chicken Tenders, Red Beans, Cornbread, Chilled Fruit, Cold Milk</p>	23	<p>MAIN LINE, Pork Nachos with Fixings, Vegetarian Option, Steamed Corn, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Hamburger or Cheeseburger, Fries , Chilled Fruit, Cold Milk</p>	24	<p>MAIN LINE, Spaghetti &amp; Meatsauce, Vegetarian Option, Green Beans, Fresh Baked French Bread, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Meatball Sub, Fries or Tots, Chilled Fruit, Cold Milk</p>	25	<p>MAIN LINE, Gumbo , Steamed Rice, Vegetarian Option, Potato Salad, Texas Toast, Fruit Crisp, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Chicken Philly Sandwich, Fries , Fruit Crisp, Chilled Fruit, Cold Milk</p>	26	27	28
29	<p>MAIN LINE, Chicken Tenders, Vegetarian Option, Macaroni &amp; Cheese, Steamed Carrots, Texas Toast, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Hot Dog w/Fixings, Chili, Fries , Chilled Fruit, Cold Milk</p>	30	<p>MAIN LINE, Beef Burrito, Vegetarian Option, Fiesta Black Beans, Chilled Fruit, Cold Milk</p> <p>SECOND MENU, Nacho Supreme, Fiesta Black Beans, Chilled Fruit, Cold Milk</p>	31	1	2	3	4		