

Abita Springs Elementary School

OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Student Choice of, Hot Breakfast Pizza , Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	3 Student Choice of, Breakfast Eggs w/Grits & Toast OR Cereal w/Toast, Raisins, Chilled Fruit Juice, Cold Milk	4 Student Choice of, Flaky Biscuit w/Sausage Patty OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	5 Student Choice of, Breakfast Burrito , Cereal Toaster Pastry w/Toast, Chilled Fruit, Chilled Fruit Juices, Cold Milk	6	7
8	9 Student Choice of, Donut , Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	10 Student Choice of, Breakfast Eggs w/Grits /Toast OR Toaster Pastry w/Toast, Fruity Raisins, Chilled Fruit Juice, Cold Milk	11 Student Choie of, Flaky Biscuit w/Sausage Link OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	12 Student Choice of, School Made Muffin OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	13	14
15	16 Student Choice of, Hot Breakfast Pizza OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	17 Student Choice of, Eggs w/Grits & Toast , Toaster Pastry w/Toast, Raisins, Chilled Fruit Juice, Cold Milk	18 Student Choice of, Flaky Biscuit w/Sausage Patty OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	19 Student Choice of, Breakfast Burrito OR Cereal w/Toast OR, Toaster Pastry w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	20 Student Choice of, School Made Beignets OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	21
22	23 Student Choice of, Fluffy Pancakes, Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	24 Student Choice of, Breakfast Eggs w/Grits & Toast OR Cereal w/Toast OR Toaster Pastry w/Toast, Fruity Raisins, Chilled Fruit Juice, Cold Milk	25 Student Choiek of, Flaky Biscuit w/Sausage Link OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	26 Student Choice of, School Made Muffin OR Cereal w/Toast OR Toaster Pastry w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	27 Student Choice of, School Made Cinnamon Roll OR Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	28
29	30 Student Choice of, Hot Breakfast Pizza , Cereal w/Toast, Chilled Fruit, Chilled Fruit Juice, Cold Milk	31 Student Choice of, Breakfast Eggs w/Grits & Toast OR Cereal w/Toast, Raisins, Chilled Fruit Juice, Cold Milk	1	2	3	4