

Physical Education Curriculum: Year-at-a-glance

	Quarter 1 August-October	Quarter 2 October-December	Quarter 3 January-March	Quarter 4 March-May
Kindergarten	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Teambuilding ● Locomotor Skills 	<ul style="list-style-type: none"> ● Throwing and Catching ● Dribbling, Passing, Kicking ● SEL Choice ● Volleying and Striking ● Holiday Games 	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Non-Locomotor Skills ● Jump Rope/Rhythms ● Fitness Testing ● Throwing and Catching 	<ul style="list-style-type: none"> ● Throwing and Catching ● Volleying and Striking ● Dribbling, Kicking, Passing ● Outdoor Games ● SEL, Teambuilding
First Grade	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Teambuilding ● Locomotor Skills 	<ul style="list-style-type: none"> ● Throwing and Catching ● Dribbling, Passing, Kicking ● SEL Choice ● Volleying and Striking ● Holiday Games 	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Non-Locomotor Skills ● Jump Rope/Rhythms ● Fitness Testing ● Throwing and Catching 	<ul style="list-style-type: none"> ● Throwing and Catching ● Volleying and Striking ● Dribbling, Kicking, Passing ● Outdoor Games ● SEL, Teambuilding
Second Grade	<ul style="list-style-type: none"> ● Intro to PE 	<ul style="list-style-type: none"> ● Throwing and Catching 	<ul style="list-style-type: none"> ● Intro to PE 	<ul style="list-style-type: none"> ● Throwing and

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	<ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Teambuilding ● Locomotor Skills 	<ul style="list-style-type: none"> ● Dribbling, Passing, Kicking ● SEL Choice ● Volleying and Striking ● Holiday Games 	<ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Non-Locomotor Skills ● Jump Rope/Rhythms ● Fitness Testing ● Throwing and Catching 	<ul style="list-style-type: none"> ● Catching ● Volleying and Striking ● Dribbling, Kicking, Passing ● Outdoor Games ● SEL, Teambuilding
Third Grade	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Teambuilding ● Locomotor Skills 	<ul style="list-style-type: none"> ● Throwing and Catching ● Dribbling, Passing, Kicking ● SEL Choice ● Volleying and Striking ● Holiday Games 	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Non-Locomotor Skills ● Jump Rope/Rhythms ● Fitness Testing ● Throwing and Catching 	<ul style="list-style-type: none"> ● Throwing and Catching ● Volleying and Striking ● Dribbling, Kicking, Passing ● Outdoor Games ● SEL, Teambuilding
Fourth Grade	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Teambuilding ● Locomotor Skills 	<ul style="list-style-type: none"> ● Throwing and Catching ● Dribbling, Passing, Kicking ● SEL Choice ● Volleying and Striking 	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Non-Locomotor 	<ul style="list-style-type: none"> ● Throwing and Catching ● Volleying and Striking ● Dribbling, Kicking, Passing ● Outdoor Games

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		<ul style="list-style-type: none"> ● Holiday Games 	<p>Skills</p> <ul style="list-style-type: none"> ● Jump Rope/Rhythms ● Fitness Testing ● Throwing and Catching 	<ul style="list-style-type: none"> ● SEL, Teambuilding
Fifth Grade	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Teambuilding ● Locomotor Skills 	<ul style="list-style-type: none"> ● Throwing and Catching ● Dribbling, Passing, Kicking ● SEL Choice ● Volleying and Striking ● Holiday Games 	<ul style="list-style-type: none"> ● Intro to PE <ul style="list-style-type: none"> ○ Recess Games ○ SEL-Choice ○ Conflict Resolution ● Non-Locomotor Skills ● Jump Rope/Rhythms ● Fitness Testing ● Throwing and Catching 	<ul style="list-style-type: none"> ● Throwing and Catching ● Volleying and Striking ● Dribbling, Kicking, Passing ● Outdoor Games ● SEL, Teambuilding