## MERCY ACADEM TELD, NJ 0834 by Ms. Malench

This culinary class will be geared toward students who want to learn how to cook inexpensive and easy meals on a budget, or in small spaces like a dorm or apartment. Students will learn meal prepping strategies and participate in guided cooking lessons. Students will also have the opportunity to explore their own ideas. Students will ultimately create a budget with three complete meals designed to be tasty, filling, and nutritious.



Lon EDGE







