

SHAC Meeting Minutes October 3, 2023

Meeting Start 4:02 pm

Welcome and around the room introductions

Attendees: Diana Williams, Diana Herrington, Tara Cutlip, Cheryl Chambers, Rebecca Garlington, Amy Daily, Erika Myers, Ami Patterson, Susan Handorf, Candreas Jones

What is SHAC: Student Health Advisory Council

- Board of Trustees appoint at least 5 members to the local SHAC each school year
- SHAC ensures local community values are reflected in health education
- SHAC Meets at least 4 times per year
- Meetings are recorded and posted to website within 10 days
- Agenda for meetings are posted 72 hours prior to meetings

Summary of 2022-2023 meetings. Officers Listed

- Diana Williams (SHAC Facilitator/Co-Chair)
- Emily Epperson (Co-Chair)
- *Vice Co-Chair- OPEN
- Diana Herrington (Secretary)

School Board Members will review 2022-2023 summary

*Nominations/Volunteer for Open Vice Co-Chair:

Tara Cutlip Volunteer for officer seat
Elected as 2023-2024 Vice-Co Chair by quorum

Wellness policy and upcoming Legislative Changes for 2023-2024

1. Wellness Policy/Update: (nutrition and hours of PE/athletics)

- *physical activity goals: meet minimal requirements for each grade/campus.
- *NutriSlice: concerns regarding NutriSlice system and meals served. Parent mention concern with allergies not followed this year, and not serving the meals that are listed. Will research and talk with department leader regarding concerns.
- *Backpack program

2. Legislative change: Unassigned Asthma Inhalers:

- Similar to Epinephrine Pens. Spacers will be used so that inhalers can be used as multi-dose inhalers.
- Policy in the works regarding maintenance, administration, and disposal of medication for respiratory distress at each campus.
- Examples of situation: Student or teacher is in respiratory distress Nurse and staff will be trained to administer the rescue inhaler.

3. Legislative change: Fentanyl

October is Fentanyl Poisoning Education Month and Schools must Provide Education

- 6th-12th grades must include instruction on Fentanyl poisoning prevention, drug poisoning awareness, and suicide prevention. Instruction is included in our "Choosing the Best" Program already in place.
- October 30th- Vaping and drug Education set for Mandy Watson DSHS for her presentation with Students for BJH that will also include fentanyl awareness

- Some Kids Opt out of the Human Sexuality Education Program and Counselors discuss how to still reach these students with the Fentanyl/Vaping/ Drug Poisoning information. Will follow up with HELP center and revisit at next meeting

Next Meeting November 7, 2023

Meeting Adjourned 4:25pm

Recording of meeting: