

OCTOBER | 2023

EES, HCMS, HCHS Breakfast Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	No School	3	No School	4	No School	5	No School	6	No School
9	No School	10	No School	11	No School	12	No School	13	No School
16	Long John OR Cereal Choice Fruit Juice Choice Milk	17	Crispy Steak, Egg Patty & Biscuit OR Pop-Tart Fruit Juice Choice Milk	18	Tornado OR Cereal Choice Fruit Juice Choice Milk	19	Mini Chicken & Biscuit OR Yogurt Cheese Stick Fruit Juice Choice Milk	26	<u>Chicken & Waffles Day!!</u> Chicken & Waffles Syrup OR Cereal Choice Fruit Juice Choice, Milk
23	Donut OR Cereal Choice Fruit Juice Choice Milk	24	Crispy Steak, Egg Patty & Biscuit OR Pop-Tart Fruit Juice Choice Milk	25	Tornado OR Cereal Choice Fruit Juice Choice Milk	26	Mini Chicken & Biscuit OR Yogurt Cheese Stick Fruit Juice Choice Milk	27	Breakfast Pizza OR Cereal Choice Fruit Juice Choice Milk
30	Honey Bun OR Cereal Choice Fruit Juice Choice Milk	31	Crispy Steak, Egg Patty & Biscuit OR Pop-Tart Fruit Juice Choice Milk	1	Tornado OR Cereal Choice Fruit Juice Choice Milk	2	Mini Chicken & Biscuit OR Yogurt Cheese Stick Fruit Juice Choice Milk	3	Pancake Pup Syrup OR Cereal Choice Fruit Juice Choice Milk

News



**Breakfast is free
for ALL students**



Houston County Child Nutrition
Eat Right - Future Bright