

Week of October 16-20, 2023

**Monday,
October 16, 2023 (A3)**

Professional Development
12:05 PM - 2:50 PM

HMS Equity Team Meeting
3:00 PM - 4:00 PM

**Tuesday,
October 17, 2023 (B3)**

Field Trip: Team DeLucia Walks the Farmington Canal
11:45 AM - 1:30 PM

Fall Theater Workshop
2:50 PM Auditorium

Boys Soccer Practice
Girls Soccer Practice
Girls Volleyball AWAY vs. Shelton

Wednesday,
October 18, 2023 (A4)

Boys Soccer AWAY vs. Amity

Gr. 7 A-Team
Jazz Band
Mock Trial
Student Council
YES Club

5:30 PM - 7:30 PM

Thursday,
October 19, 2023 (B4)

Professional Development
12:00 PM - 3:50 PM

Friday,
October 20, 2023 (A5)

Healthy Heroes
2:50 PM - 5:00 PM

Upcoming Events

October 31: Team Ugolik's The Dragon's Price is Right Assembly



Team Leaders and teachers have planned a special assembly for their students and families. Based on the popular daytime game show, we are bringing The Price is Right to HMS... Dragon Style! Both students and parents will play an active role in the game, and it promises to be a memorable experience for all.

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Grade 7, House 2, Team Ugolik

October 31, 2023

8:15-10:30 AM

Grade 7, House 3, Team Coggins

November 2, 2023

8:15-10:30 AM

Grade 7, House 4, Team Stanton

November 6, 2023

8:15-10:30 AM

Grade 7, House 5, Team Holt

November 8, 2023

8:15-10:30 AM

Grade 8, House 1, Team Domurad

November 9, 2023

8:15-10:30 AM

Grade 8, House 2, Team Morello

November 13, 2023

8:15-10:30 AM

Grade 8, House 3, Team DeLucia

November 14, 2023

8:15-10:30 AM

Grade 8, House 4, Team Rocco

November 15, 2023

8:15-10:30 AM

FAMILY YOGA NIGHT

Monday, October 23, 2023

6:00-7:00 PM

The HMS PTA is hosting a Family Yoga Night a week from today. Sherri Sosensky, from Kidding Around Yoga, will visit HMS and teach interested students and parents the basics of Yoga. There is no charge for this

family evening. We would like to collect names of interested students and parents so we can purchase healthy snacks. Please RSVP by emailing Michelle Coogan at mcoogan@hamden.org.



HMS CONFERENCES

Wednesday, October 18th

Conference registration will close on Tuesday, October 17th. Parents are asked to register for their conference today.

Grade 7 Core Teams
House 2, Team Ugolik House 3, Team Coggins House 4, Team Stanton House 5, Team Holt

Grade 8 Core Teams
House 1, Team Domurad House 2, Team Morello House 3, Team DeLucia House 4, Team Rocco

ALsC Classrooms
ALsC Classrooms

Encore, World Language, PPS, SRBI Coordinators & Specialists
Encore Classrooms World Language PPS Team SRBI Coordinators & Specialists

SCHOOL GOVERNANCE COUNCIL

Our HMS School Governance Council (SGC) is an advisory group committed to supporting school improvement initiatives. The SGC is composed of parents and teacher representatives. The SGC meets monthly, and Council members can attend in person or virtually. Meeting Dates: 11/14/23, 12/12/23, 1/9/24, 2/13/24, 3/12/24, 4/9/24, 5/14/24

At this time, there is ONE open parent seat. If you are interested in serving on the SGC, please email Michelle Coogan at mcoogan@hamden.org.

2023-2024 WINTER SPORTS REGISTRATION IS OPEN

If your child would like to tryout for the boys and girls basketball teams, please complete the following tasks:

- Visit this website to [SIGN UP FOR SPORTS](#)
- Be sure to turn in a completed [Physical Form](#). It must be submitted to the school nurse prior to trying-out for any sport. Physicals are good for 13 months.
- [2023-2024 Medication Authorization Form](#) must be submitted yearly to the school nurse if your child carries medication in school prior to try-outs.

Questions about Winter Sports at HMS? Contact Ms. Bobbi Bergstrom at bbergstrom@hamden.org.

AFTER-SCHOOL CLUBS

There are two additional clubs starting next week on Wednesday, October 25th. Mr. Santos, Spanish teacher, is hosting "Let's Learn Merengue" on the last Wednesday of every month. Interested students can visit Mr. Santos in House 5, Room # 156. In addition, Mr. Molloy is starting

the Technology Club. The first session will begin next week on October 25th. This club is limited to 16 students, and interested students should connect with Mr. Molloy in Room 270. The Technology Club Google Classroom code [7o67znm](#).

Stay tuned for additional information on WHMS School News.

REMINDER: HMS SKI AND SNOWBOARD CLUB

The HMS Ski and Snowboard Club welcomes all student-athletes (regardless of previous experience) to consider joining the club for the 2024 season. This club will travel to Mt. Southington Ski Area where student-athletes will be able to hit the slopes and enjoy five evenings of carving new trails in the snow.

Dates of the Thursday Trips:

January 4, 2024
January 11, 2024
January 18, 2024
February 1, 2024
February 8, 2024

Time:

Bus will leave HMS at 2:45-3:00 PM
Bus will return to HMS at 8:00 PM

Student-Athletes interested in signing up for this year's Ski & Snowboard Club must complete the following tasks:

1. Join the Ski & Snowboard Club Sign-up Google Classroom: [jjvbtcd](#)
2. Attend the Informational Meeting

Grade 7 Informational Meeting:
Friday, October 20th
Block 2, period 6, 9:05 AM (Cafe)
Note: check in with teacher first

Grade 8 Informational Meeting:
Monday October 23rd
Block 2, period 6, 9:05 AM (Cafe)
Note: check in with teacher first

Starting October 25, 2023 at 7:00 PM the sign-up form will go live on Google Classroom. The club will accept the first 50 participants who submit their completed Google form which consists of the student's first name, last name, and grade. No payment is due at this time. The remaining student-athletes will be added to the waitlist and will be contacted should a spot become available.

The 50 participants who are invited to participate will be directly notified by Mr. Cebula through the Google Classroom. A more detailed club meeting will be held during the first week of November.

Cost to Participate:

1. Transportation Deposit (covers 5 round trips) \$125
2. Appropriate Ticket Package (Prices below)

Afternoon (Mon-Fri 3:00p-8:00p)
Lift Ticket Only \$40 x 5 trips = \$200
Lift and Lesson \$53* x 5 trips = \$265
Lift and Rental Equipment \$58 x 5 = \$290

Lift, Lesson and Rental Equipment
\$68* x 5 trips = \$340

* Afternoon lessons are 1 hour

Lessons are required for student-athletes who have no prior experience

HELMETS ARE MANDATORY AT ALL TIMES FOR ALL PARTICIPANTS

Any questions not answered above... please email Mr. Cebula @ icebula@hamden.org.

HEALTHY HEROES AFTER SCHOOL PROGRAM **Mondays & Fridays** **2:50-4:50 PM**

Starts this Friday! (10/20/23)

It is time to sign up for the Healthy Heroes after-school program! This amazing after-school opportunity is FREE to HMS families, and is limited to 120 students.

Students will:

- Participate in a lesson designed to promote healthy lifestyles.
- Participate in a fitness activity.
- Get help with homework.
- Enjoy a healthy snack & dinner on Fridays!

Click here to [REGISTER](#) your child.

Questions? Please contact Michelle Mule at mmule@hamden.org.

HISPANIC HERITAGE MONTH



Special thanks to all members of the HMS community who embraced opportunities to celebrate Hispanic Heritage Month. There were classroom lessons, and each day we recognized outstanding individuals who made a difference in our world.

HAMDEN PUBLIC SCHOOLS VIRTUAL BULLETIN BOARDS

Parents are invited to check out the district website. It is the virtual space for community fliers. It is a great way to see what is going on in our beautiful town.

<https://www.hamden.org/families/vbb>

DAILY HEALTH ASSESSMENT

Please review this updated Daily Health Assessment, available in [English](#) or [Spanish](#), with your child every day. This is an important first line of defense in both ensuring the health and wellness of your children and also protecting our entire school community from the risk of infection.

SPIRIT WEAR SALE!

SPIRITWEAR WEEKLY AD
VALID OCTOBER 13 - 19, 2023

Tri Blend Short Sleeves
#3066, 3065, 3067

10% OFF

Sponge Hoodies
#3719, 3719Y

15% OFF

Give the Gift of School Spirit!
With an extra 10% off

20% OFF

Gildan Long Sleeves
#2400 & 5400B

20% OFF

TOTE BAGS!

Wicking Short Sleeves
#2790, 2791, 2792, 2793

15% OFF

Ladies' Beach Crewneck
#47381

10% OFF

PLEASE JOIN US FOR HALLOWEEN AT PETALS

100 ASHMUN STREET, NEW HAVEN

COSTUME COMPETITION - ACTIVITIES - MUSIC -
PIZZA & MORE

**4- 7PM TUESDAY,
OCTOBER 31, 2023**

MORE INFO
CALL 203-777-6014 EXT 101

Candy donations accepted at The Lab at ConnORP, Orchid Cafe, and Petals Market. You can also use this QR code to make a donation.

Thank you to all sponsors and donors.

KIDS CODING FOR A CAUSE

LEARN TO CODE

"and change the world"

CALLING ALL MIDDLE SCHOOL GIRLS

December 7, 2023

**Eli Whitney Technical High School
Hamden, CT**

Joint program with
Random Hacks of Kindness Jr
and Eli Whitney HS

For more info email
Mary Rucker @
mary.rucker@cttech.org

To learn more about RHoK Jr

COURAGE TO SPEAK
COURAGEOUS PARENTING 101®

"PARENTING THROUGH THE DRUG CRISIS AND BEYOND"™

A WORKSHOP FOR PARENTS

COVERING TOPICS SUCH AS:

- Understanding Signs of Drug Use
- Effective Communication Strategies with Youth on Drugs
- Prevention and Mental Health Information
- Teaching Youth Drug Refusal Skills
- Helping Youth Cope Effectively with Stress and Emotions
- Marijuana's influence on Opioid Abuse and much more

A DOUBLE DOSE OF PREVENTION™

- **Part 1** Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of Sunny's Story, A Drug Prevention Book
- **Part 2** Facilitated by Carlos Rencoso Jr MSW, BHCC, trained in substance use disorder and addiction presenting Courage to Speak Courageous Parenting 101® "Parenting Through the Drug Crisis and Beyond"™

WWW.COURAGETOSPEAK.ORG

HAMDEN HIGH SCHOOL
2040 DIAWELL AVE, HAMDEN, CT

ALL PARENTS ARE WELCOME

DATE: NOVEMBER 02, 2023
TIME: 6:30 PM TO 8:30 PM

