ATHLETICS

October 16, 2023

GIRLS CROSS COUNTRY – The Girls (7-0, 1st Place) swept Central Valley and Ridgeline last Wednesday at Ridgeline. **Charlotte Cullen, Raegan Borg and Elle Vanning** went 1-2-3 and the Panthers defeated the Bears, 18-43 and the Falcons, 18-41. The final race of the regular season is Tuesday at Liberty Lake Park against University and Mt. Spokane.

BOYS CROSS COUNTRY – The Boys (4-3, tied 5th) also swept the Bears, 24-33 and Falcons, 17-44 and **Jaeod Phillips** finished 1st for the Panthers. Kyle Larsen was 3rd and Jonah Wiser 5th for Mead. Mead High School hosts the JV/9th Championships Saturday and the Varsity teams shift their focus to the District 8 XC Championships next Saturday (10/28) at Wandermere Golf Course.

GIRLS SOCCER – Mead (4-3, 8-6, RPI – 22nd), remained in 5th place (4th-3A) in the GSL standings with Wednesday’s come from behind win over Lewis & Clark. The Panthers trailed 3-1 at halftime but stormed back with four second-half goals to defeat the Tigers, 5-3. **Rylee Vanos** gave Mead an early 1-0 lead. In the second half, **Liz Brooks** scored five minutes in and **Vanos** scored the tying goal five minutes later. **Grace Howard** netted the game winner and **Teryn Gardner** added an insurance goal to complete the comeback. Mead finishes the regular season this week with games against North Central at Union and at Cheney. The District 8 Soccer Tournament begins October 24th and a link to the Bracket is included in this week’s schedule.

SLOW PITCH SOFTBALL – The Girls (10-2, 14-2, RPI-6th) finished 3rd in the Final GSL Standings. Last week the Panthers finished the season with wins over Shadle Park, 5-2 and Lewis & Clark, 25-1. **Destiny Startin** had 2 hits and 2 RBIs in the win over the Highlanders and **Charlie Stern** homered. In Tuesday’s win over the Tigers, **Hope Murdock** and **Stern** homered, and they both had 4 RBIs. The Team travels today (Monday) to Grandview to take on the Greyhounds in a 1st round **District 8 Softball Tournament** game. A Tournament Bracket Link is in the schedule.

Volleyball – On Tuesday at Mead (5-0, 10-2, RPI-5th) the Panthers defeated the #1 ranked Gonzaga Prep Bullpups in a 5-set thriller; 21-25, 25-22, 19-25, 25-22, 17-15. **Romy Tyler** led the Panthers with 18 kills, **Ava Durgan** added 15 kills and **Brielle Wilson** had 51 assists. Thursday, **Tyler** had 18 kills, **Wilson** 52 assists and **Olivia Paul** added 3 aces and 15 digs. Mead is at Ridgeline Tuesday in an important GSL matchup with the Falcons. READ MORE – **Ava Durgan Paces Mead Over Gonzaga Prep**

FOOTBALL – Friday, against Lewis & Clark, the Boys (3-3, 3-4) battled through injuries and lost a tough one against the Tigers, 24-21. J. J. Leman had to leave the game in the 1st quarter after injuring his hand and **Jimmy Frahm** took over quarterback duties until the second half. Frahm kept the Panthers in the game engineering a 2nd quarter scoring drive and Mead trailed 21-14 at the half. **Keegan Mallon** rushed for all three of the Panthers’ touchdowns including a 51-yard run in the 1st quarter.

GOLF – Bradley Mulder, playing in just his 4th collegiate tournament since enrolling at **Colorado Christian University**, won the Centennial Cup by draining a 12-foot Birdie putt on the first playoff hole. Mulder, a 2023 graduate of Mead High School was on Mead’s 2023 - State Championship Team last spring. Congratulations Bradley! READ MORE

WINTER SPORTS REGISTRATION – Winter Sports begin November 13th and everything you need to know can be found on our Mead High School Athletics Website. If you plan to turn out for Boys or Girls Basketball, Gymnastics or Wrestling – it’s not too early to get your ‘stuff’ done! Let’s GO!

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The Week in Mead High School