

URGENT DISASTER ASSISTANCE AVAILABLE



Confidential Assistance is Available During Times of Crisis or Disaster

Especially in times of crisis or disaster your Employee Assistance Program (EAP) includes counseling services that are free, confidential and available to all active employees and their household members.

Call to speak with someone telephonically or to arrange video sessions at 800-327-2251

In addition to assisting you through this crisis, counseling services are also available to assist with:

- Emotional and psychological issues, such as grief/loss, depression, anger management, etc.
- Substance abuse issues
- Major life events, including births, accidents and deaths
- Concerns about health issues, including coping with a serious illness
- Work relationship issues and more
- Emotional support after a natural disaster



Confidentiality

BHS follows all federal and state privacy laws. When you speak with us, you can trust that your conversations and information will be kept completely confidential.



Available 24/7

Accessing EAP services is easy. Services are available 24 hours a day, 365 days a year.

Give us a call so that you can get connected to the support you need: 800-327-2251.

www.BHSONline.com

