

SHSD GOOD NEWS EDITION

Learn, Connect, Commit

IN THIS EDITION:

- Ape Cave
- Rotary Student of the Month
- Elks Teen of the Month
- National Principals Month
- National School Lunch Week
- Great Oregon ShakeOut
- Help Stop the Spread
- We Are Hiring!
- Stay Connected

Ape Cave

Students at McBride Elementary ventured out for a field trip to the Ape Cave.

Located in the Gifford Pinchot National Forest, the Ape Cave is the third longest lave tube in North America.

Measuring 2.5 miles in length and 42 degrees inside the cave, guests are asked to bring two sources of light, sturdy shoes, and warm clothing.

Stay Connected



SHSD GOOD NEWS EDITION

Learn, Connect, Commit



SHSD GOOD NEWS EDITION

Learn, Connect, Commit



Lucie Polvogt

October Rotary Student of the Month

Lucie Polvogt is an outstanding individual who possesses a unique combination of leadership, dedication, and academic excellence. Her contributions to St. Helens High School and her community are substantial.

Lucie's leadership experience speaks volumes about her ability to make a meaningful impact. Her involvement as a student member of the School Board is particularly impressive, in addition to her participation in the St. Helens School District Strategic Planning Committee, which demonstrates her collaborative spirit, working with diverse community members to craft a comprehensive district strategic plan.

As the ASB President, Lucie has overseen student council meetings and played a pivotal role in organizing key school events. Her role as the liaison between students and administration showcases her excellent communication and leadership skills.

Furthermore, Lucie's dedication to creating a positive school environment is evident through her role as the ASB PBIS coordinator. She has overseen numerous positive reinforcement events, such as the Think Pink committee, which supports community members battling cancer, and the Giving Tree Week, which raises funds

SHSD GOOD NEWS EDITION

Learn, Connect, Commit

for local families in need. Her commitment to promoting kindness among students during Love and Kindness Week and showing appreciation for school staff during Staff Appreciation Week is truly commendable.

For these reasons and more, The Columbia County Rotary Club and St. Helens High School are pleased to honor Lucie Polvogt as the October Rotary Student of the Month.

Congratulations, Lucie!



SHSD GOOD NEWS EDITION

Learn, Connect, Commit



Katie Duke

**September Elks
Teen of the Month**

St. Helens High School is pleased to announce that Katie Duke has been selected as the Elks Teen of the Month for September. Katie is described by many as positive, awesome, a hard worker, and kind.

Katy is very involved in school not only academically but through Cheer and Choir as well. In school, she is a hard worker, participates well in discussions and often has great questions and ideas to share. In Cheer, she is the head cheerleader and does a terrific job of leading and inspiring our student body in assemblies and games. And finally, she also sings in the Choir, she is part of Chor Leonis, the top choir at our school.

Katy is going to be volunteering at the Columbia County Fire and Rescue Department which is the career she plans on pursuing once she is out of high school. Katy says her best quality is that she does not give up easily and "I always finish what I start, no matter the obstacles". Lastly, Katy wanted to share, "I like to give back to those around me, the best reward for me is making sure people are safe".

Congratulations, Katie!

SHSD GOOD NEWS EDITION

Learn, Connect, Commit

National Principals Month

In honor of National Principals Month, we are highlighting our school district principals who play a pivotal role in shaping our students' futures. Today's feature is **Cheri Martin**, Principal at Lewis & Clark Elementary.



Cheri joined the St. Helens School District Administrative Team in 2023 with over 18 years of experience in education.

She began her career teaching 3rd grade in Bakersfield, California, prior to moving back to Oregon to be closer to family and teach at North Bay Elementary in Oregon. Cheri went on to teach in the Beaverton School District as an elementary teacher as well as a Personnel Specialist. In 2015, Cheri moved into school administration, where she served as the Assistant Principal at Sunset High School in Beaverton.

Cheri is an elementary teacher at heart and is passionate about providing opportunities for students and staff to grow and learn.

Outside of school, Cheri and her husband enjoy spending time with their three grown children and extended family, creating memories, and enjoying all the adventures that life brings.

SHSD GOOD NEWS EDITION

Learn, Connect, Commit

Every year, Cheri makes the following promise to parents, “Every day, I will treat your child as if they were my own. I will show respect. I will encourage them. I will set high expectations while providing them with the time and resources to help them be successful. I will allow them to take responsibility for their actions. I will never let their mistakes define who they are but rather view those mistakes as opportunities for learning and growth. They will always know where they stand.”

Please join us in celebrating National Principals Month!



**Please join us in celebrating
National Principals Month!**

SHSD GOOD NEWS EDITION

Learn, Connect, Commit

National Principals Month

In honor of National Principals Month, we are highlighting our school district principals who play a pivotal role in shaping our students' futures. Today's feature is **Martine Barnett**, Principal at Columbia City Elementary.



Martine Barnett has been part of the St. Helens School District since the fall of 2007.

She started first as a Career Technical Education teacher in the area of Early Childhood Education at the high school. As the early childhood program at the district grew, her role shifted to the Director of Early Learning, which she did for several years.

During this time, she completed her administrative license at Portland State University and was then selected as principal of Lewis & Clark Elementary for two years. She started in the position of principal of Columbia City Elementary in fall 2023.

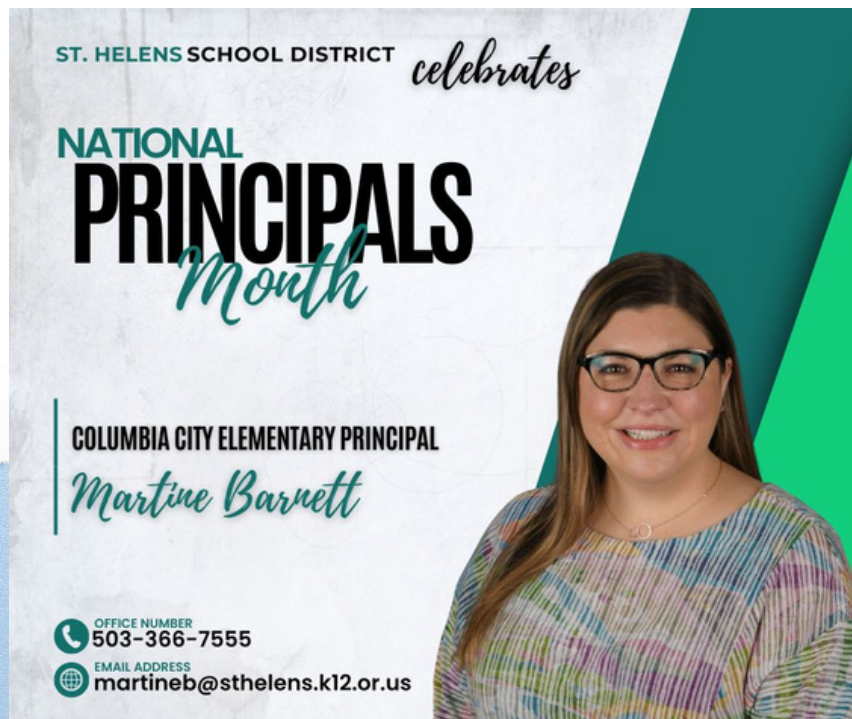
Mrs. Barnett has a strong background in developmentally appropriate practices with the belief that families are a child's first and most important teacher. The relationships between school, families, and the

SHSD GOOD NEWS EDITION

Learn, Connect, Commit

community are vital to the academic and social development of all children. Creating a safe and caring environment for students with high expectations and a deep level of respect for each member of the school community is the foundation of Mrs. Barnett's leadership values.

Please join us in celebrating National Principal Month!



**Please join us in celebrating
National Principals Month!**

SHSD GOOD NEWS EDITION

Learn, Connect, Commit



National School Lunch Week

National School Lunch Week is observed October 9 – October 13, 2023, emphasizing the vital role of a nourishing school lunch in a child's life and its far-reaching impact, both within and beyond the classroom.

President John F. Kennedy officially designated National School Lunch Week in 1962, and today, this program serves nearly 30 million students each school day. To find out more, you can explore additional information at [SchoolNutrition.org](https://www.schoolnutrition.org).

SHSD GOOD NEWS EDITION

Learn, Connect, Commit



ANNUAL STATEWIDE EARTHQUAKE DRILL

In a few short weeks, the St. Helens School District will join other schools and districts across Oregon as we take part in the **Great Oregon ShakeOut**.

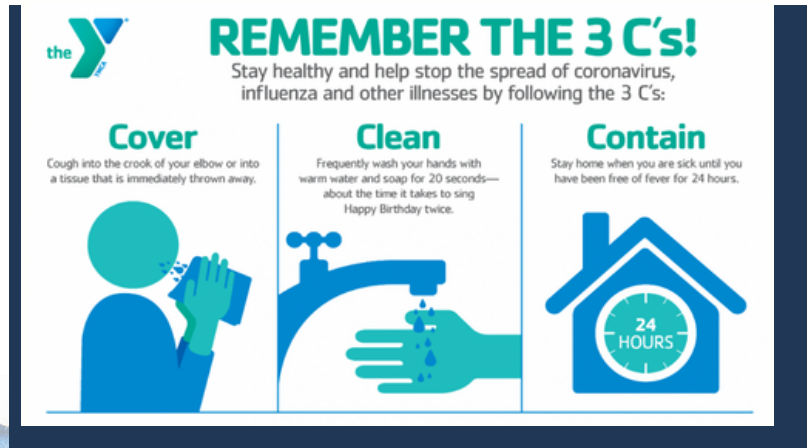
All St. Helens School District schools are signed up to participate in this event on Thursday, October 19, 2023, at 10:19 a.m.



SHSD GOOD NEWS EDITION

Learn, Connect, Commit

Help stop
the spread.



1. Cover: When coughing or sneezing, please remember to cover your mouth and nose. Encourage your child to cough into the crook of their elbow or use a tissue that should be immediately disposed of. This simple act can help prevent the spread of germs to others and reduce the risk of infection.

2. Clean: Regular and thorough handwashing is one of the most effective ways to prevent the spread of germs. Encourage your child to wash their hands frequently with warm water and soap for at least 20 seconds. This not only protects them but also helps keep our entire community healthier.

3. Contain: If your child is feeling unwell, it's essential to keep them home. Please follow the guideline of keeping them home until they have been fever-free for at least 24 hours. This helps your child recover faster and prevents the potential transmission of illnesses to others at school.



We appreciate your cooperation in following these simple yet impactful practices.

SHSD GOOD NEWS EDITION

Learn, Connect, Commit



Exciting Employment Opportunities Await!

Join the St. Helens School District and explore our current job openings. If you're eager to be part of an exceptional team, discover what we have in store for you!

For a complete list of requirements or to apply, please check out our job postings at <https://sthelens.tedk12.com//hire/Index.aspx>.

Questions may be directed to Director of Human Resources, Pete Moshinsky, at petem@sthelens.k12.or.us

Substitues



The St. Helens District #502 utilizes services from ESS for the hiring and placement of substitutes in our district. If you want more information, please call 1-866-208-7454 or visit <https://www.ess.com>. This site contains information on the requirements to be a substitute as well as what positions are currently open.

SHSD GOOD NEWS EDITION

Learn, Connect, Commit

Stay CONNECTED!

St. Helens School District Media Platforms:

[St. Helens School District Website](#)

[Facebook Page](#)

[Instagram Page](#)

[Twitter Page](#)

[YouTube Channel](#)

[LinkedIn Page](#)

