

Wednesday Electives 2023-2024

Session 2

Parkour - Class Fee \$95.

Join instructors at MoveFree Academy in Woodinville for this fun and active, 1 hour, 15 min, Parkour class. Parkour is the functional art of movement, characterized by efficient use of power, speed, agility, spatial awareness, balance, reflexes, and thinking in the moment in order to overcome obstacles within one's environment. Parkour incorporates running, climbing, jumping and swinging. The instructors work with students at their level and comfort and assist them in developing appropriate, achievable goals. Foremost at MoveFree is the emphasis on safety while still having fun. Class size limited and dependent on sufficient carpool drivers. **Parent Drivers Required each week.**

Team Sports at Arena Sports - Class Fee \$80.

Join coach Bryan for Team Sports - Indoors! We are taking coach Bryan's popular sports electives to Arena Sports this session where students will enjoy a variety of field games - soccer, kickball, ultimate frisbee, capture the flag, dodge ball, and more. All skill levels welcome. Coach Bryan is a local fitness enthusiast and athletic trainer and is a favorite among EAS students. Class size limited and dependent on sufficient carpool drivers. **Parent Drivers Required each week.**

Board Games & Magic the Gathering - Class Fee \$30.

Come play a variety of strategy board games or join other in the Magic the Gathering card game craze. Each week there will be a large selection of fun board games available to learn and play as well Magic cards to borrow if new to the game and want to learn. This class is suited for all levels of Magic players as well as those who are new to board games or consider themselves board game enthusiasts. Class taught by Eric Battisti of Tolarian Scholars Northwest. Eric has been a part of our enrichment classes at EAS for several years. Eric is a Magic the Gathering expert as well as provides a variety of new and fun board games for students. **Class taught at EAS - Parent chaperones needed.**

Introduction to Python Programming at Skill Samurai Redmond - Class Fee \$150.

Explore the fundamental concepts of Python programming, including variables, loops, conditionals, and more. Throughout the course, students will gain hands-on experience coding in Visual Studio Code (VS Code), a professional environment, to create applications and games. This course aims to unleash the potential of Python and empower students to utilize the capabilities of VS Code. Through VS Code, students will work on coding projects, save their work as text files, and have the chance to showcase their progress to their parents. Class size limited and dependent on sufficient carpool drivers. **Parent Drivers Required each week.**

Guitar - Class Fee \$55.

Want to learn to play the basics on guitar? Already know how to play but want to learn and practice more? This class could be for you. Join Mr. Kurt on Wednesdays and begin, or continue, the life-long enjoyment of playing the guitar. If there is student interest, students will also learn some beginning music composition. Mr. Kurt has taught guitar lessons for over 25 years. He has taught both beginning students and intermediate to advanced. Students will need to bring a guitar each week to class. This can be a purchased or rented guitar. Several music stores in the area rent instruments. Class will run approximately 1 to 1.5 hours (longer if music composition is of interest), students will be expected to do quiet study (homework or reading) the remaining time. Class taught at EAS - **parent chaperones needed.**

Cupcake and Cookie Decorating - Class Fee \$10.

In this elective, students will have an opportunity to learn how to decorate cupcakes and cookies. We will begin by exploring a variety of tools and techniques used to create beautiful buttercream frosting designs. After learning how to make a tasty buttercream recipe, students will practice their piping skills. In addition to common piping tips, students will have a chance to play with color as they use Russian piping tips to create a variety of unique flower designs. The second half of our time together will be focused on learning how to make and use royal icing. Students will practice the skills of piping and flooding to create beautifully decorated cookies. Please note that this is not a baking class. Students

will be making frosting and icing, but cupcakes and cookies will be provided. In the comment section below, please note any dietary restrictions/allergies. Class taught by EAS parent at EAS - **Parent Chaperones/helpers needed.**

Knitting - No Class Fee.

Enjoy knitting and want to have a relaxed, fun time knitting with fellow students? This elective will be a casual knitting group for those with at least basic knitting experience. Students can start a new knitting project, continue working on a current project, or work with others on a group project. There will be no formal knitting instruction. Students need to bring their own knitting supplies. Some yarn will be available each week, but extra needles will be limited. **Parent Chaperones needed.**

Pottery - Class Fee \$10.

This is a self-directed course in the creation and appreciation of the ceramic vessel. Students will explore basic hand-building, including pinch pots, slab building, and coil building. Students may also get the opportunity to work with slip casting and wheel throwing. Class taught by Finn Hill librarian, Mr. Strong. **Parent Chaperone needed each week.**

Graphic Design Series 2: 2024 Calendar Poster - Class Fee \$20.

In this series, students will design and illustrate a poster-size 2024 wall calendar, which will be professionally printed on your choice of fabric or paper. Basic instruction in both Adobe Illustrator and Photoshop will be provided, but not required. The Graphic Design series will be offered all year, where students will explore some of the ways graphic design is used every day to visually communicate and solve problems. Sessions will include design of publications, packaging, book/album covers, and more! A great opportunity for those who have an interest in graphic design, or think they might want to pursue a design career in the future. Even if you just want some ideas for how to make your class assignments and presentations (and end-of-year boards and portfolios!) look more organized and compelling, these electives are for you! Class taught by EAS parent at EAS. **Parent Chaperone needed each week.**

Martial Arts - Class Fee \$75.

For this active elective students will travel to Oom Yung Doe Martial Arts in Kirkland to learn the basics of martial arts. Students will develop physical strength, flexibility, coordination, mental discipline and focus. The class incorporates jujitsu, tae kwon do (karate), kung fu and more as they learn traditional martial arts training. For more details visit: <https://www.martialartskirkland.org/juniors-ages-8-to-16>. Class size limited and dependent on sufficient carpool drivers. **Parent Drivers Required each week.**

Introduction to Photography - No Class Fee.

Explore the basics of photography including camera settings to capture a great photo, lighting, composition skills, photo editing with school software, and much more. Using primarily basic school provided digital cameras, students will photograph many subjects in a variety of conditions including other EAS Wednesday elective students in action. Students may also have the opportunity to explore some DSLR cameras for additional hands-on experience. Many of the photos taken will be used for the EAS yearbook. This class is a must for anyone interested in photography! Class taught by EAS parent at EAS. **Parent Chaperone needed each week.**