

PRO-LIFE MEDITATIONS: The Luminous Mysteries of the Rosary

By Fr. Frank Pavone

The Apostle's Creed

I believe in God, the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son, Our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into Hell. The third day He arose again from the dead;
He ascended into Heaven,
and sits at the right hand of God, the Father Almighty;
from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

Our Father

Our Father,
Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

First Luminous Mystery: Christ is Baptized in the Jordan

When Jesus is baptized, the Father's voice is heard: "This is my beloved Son." All are called to become adopted sons and daughters of God through baptism. We pray that children in the womb may be protected, so that they may be born and welcomed into the Christian community by baptism.

Second Luminous Mystery: Christ is made known at the Wedding of Cana

Jesus revealed His glory by the miracle at Cana. The new couple was blessed not only with wine, but with faith in Christ. Let us pray for strong marriages, rooted in the Lord, and open to the gift of new life.

Third Luminous Mystery: Christ proclaims the Kingdom and Calls All to Conversion

"Repent and believe the Good News." Let us pray that these first words of Jesus' public ministry may be heard by all who have committed abortion. May they know that the Lord calls them to conversion, and may they experience life-giving repentance.

Fourth Luminous Mystery: The Transfiguration

Christ is transformed on the mountain, and the disciples see His glory. May the eyes of all people be transformed, that they may see each and every human life as a reflection of the glory of God Himself.

Fifth Luminous Mystery: Jesus gives us the Eucharist

"This is My Body, given up for you." The Eucharist teaches us how to live and how to love. Let us pray that parents who sacrifice the babies for the sake of themselves may learn instead to put themselves aside for the sake of their babies.

Hail Holy Queen

Hail, Holy Queen, Mother of mercy,
our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve:
to thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary! Amen.

<http://www.priestsforlife.org/prayers/luminous.htm>