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Captain Samuel Douglass Academy 24 Townsend Hill Rd. Brookline, NH 03033 Phone 603-821-0439 Fax 603-810-6651 csda-office@sau41.org



## Dates to remember

Oct. 23-27 RMMS Book Fair

Oct. 25 School Board meeting, 6:00 pm at RMMS

Oct. 30 Picture Re-take day

Oct. 31 RMMS Halloween Celebration, see page 3

Nov.1 NO SCHOOL Professional Development

Nov. 10 NO SCHOOL Veteran's Day

Nov. 21 EARLY RELEASE RMMS at 12:45 pm

CSDA at 12:55 pm

Nov. 22-24 NO SCHOOL Thanksgiving Break

## Lost and Found

Our lost and found is full! Please ask your child to check for lost

items. Unclaimed items will be donated during Thanksgiving Break.

## **CSDA Happenings**

Grade 4: Fourth graders are writing first drafts of their realistic fiction stories. We are also finishing up our math unit on multi-digit addition and subtraction.

Grade 5: This week fifth graders are working on finishing up topic two for math: addition and subtraction of decimals. Next, we will start moving onto multi-digit multiplication.

Grade 6: Sixth grade is starting our next science unit this week, meteorology! We'll be learning about the makeup of Earth's atmospheres, air masses, and our favorite: weather forecasting.

CSDA Unified Arts: In physical education, students are working on combining skills through game play. We are combining throwing, catching, and dodging skills in modified team handball games.

Have a wonderful weekend! Mrs. Bouley

## **RMMS Happenings**

**Pre-K:** Preschoolers enjoyed their fall scavenger hunt and exploring pumpkins at their science center. They will continue to learn about Fall next week.

**Grade K:** Next week kindergarteners will begin working with the numbers 6-10. They will learn their formations and practice counting sets.

**Grade 1:** First graders will have fun with leaves and pumpkins as they continue to celebrate fall through poetry, art, science and writing.

**Grade 2:** Second graders are beginning to learn about nonfiction in reading. They will be writing small moment stories in writing and learning about seed dispersal in science.

**Grade 3:** Third graders are beginning to practice multiplication facts and build fluency. They are reading mysteries in book club groups and writing narratives in their paleontologist journal.

**RMMS Unified Arts:** On the tails of an exciting and informative visit from The Book Dr., students will be learning about internet safety and cyber security in the Library Learning Commons. Keep your eyes peeled for the *RMMS Booktacular Character Pumpkin Patch*, blooming soon!!!

Have a wonderful weekend!

Mr. Molinari

## CSDA & RMMS HEALTH OFFICE UPDATES OCTOBER 13, 2023

## **FLU SEASON**

CDC updated its vaccine recommendations for the Fall 2023 including recommendations for FLU, COVID and for some people RSV Vaccines.



https://www.cdc.gov/respiratory-viruses/whats-new/immunization-overview-2023-2024.html

Where to find Flu Vaccines?
Enter your zip code for locations: <a href="https://www.vaccines.gov/find-vaccines/">https://www.vaccines.gov/find-vaccines/</a>

## **OCTOBER IS FIRE PREVENTION MONTH!**



Test your fire and carbon monoxide detectors to make sure the batteries are fresh and that your equipment isn't more than 10 years old.

#### **COVID Test Kits**

Get 4 free At Home Test Kits - Each household can obtain 4 free rapid COVID test kits. Helpful to have on hand as we enter the cold and flu season. It is easy to request the kits at this link. <a href="https://www.covid.gov/tests">https://www.covid.gov/tests</a>

## **SORE THROAT?**

**Rule out Strep Throat -** A rapid strep test involves swabbing the throat and running a test on the swab. The test quickly shows if group A strep bacteria are causing the illness. Call your doctor or visit a walk-in urgent care location.

- If the test is positive, doctors can prescribe antibiotics.
- If the test is negative, but a doctor still suspects strep throat, then the doctor can take a throat culture swab.

## **Mental Health Resources**

Emergency Resources are available in NH Rapid Response via Call/Text 833-710-6477 or Chat www.nh988.com

## **COVID GUIDELINES & RESOURCES:**

Q: What symptoms should I look for with the latest covid variant?

**A:** People with the latest COVID-19 variant are primarily reporting: sore throat, cough, congestion and runny nose. Other symptoms may include fatigue, headache, nausea, vomiting, diarrhea, loss of taste and/or smell, fever, chills, body aches, shortness of breath or difficulty breathing.

## Q. What should I do if my child has symptoms or a positive COVID test?

A. If your child has symptoms, obtain a COVID test. If your child tests positive for COVID stay home and begin to isolate. **Contact your child's school nurse to determine a return to school plan.** The link below CDC guidelines, includes a calculator to determine isolation and masking calculator embedded in them.

www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html

People who are exposed to someone else with COVID-19 should wear a mask, watch for symptoms and follow CDC guidelines:

www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html

## **School Nurse Contact Information**

CSDA:

Maureen Lorden,

RN maureen.lorden@sau41.org

Phone: 603-821-0439

RMMS:

Tena Ferenczhalmy,

RN tena.ferenczhalmy@sau41.org

Phone: 603-373-4640

District Float Nurse:

Diana Zoltko, RN

diana.zoltko@sau41.org



#### **RMMS Halloween Celebration**

Dear Families,

Our Halloween Celebration will take place on Tuesday, October 31st! In the event that the weather does not cooperate with outdoor viewing, we will have a school parade inside with students and teachers only.

Below is the agenda for our Halloween festivities:

#### 1:20 - 1:40

Students will use this time to get into their costumes before the parade. Staff members will be on hand to help students. \* *Please note, students are not allowed to wear costumes on the bus. Along with this, costumes with scary makeup, violent masks or weaponry will not be allowed in the parade.* 

#### 1:40 - 1:45

Classes will line up in the gym. Grade 3, 2, 1, K, PreK

## 1:45 - 2:10

We would like to welcome all families to come attend our annual school-wide parade! Families can view the parade from the back parking lot, playground area, or from the Milford Street parking lot. You will not need to check into the office to view the parade. **The parade route will circulate twice** and will begin at the gym exit doors and go around the school by the playground. Students will re-enter the school at the Milford Street entrance.

A.M. Preschool students are welcome to come and join in the parade. If you plan to participate, please bring your child to the gym/kitchen back door to meet with Mrs. Rogers. Preschoolers will be last out the door for the parade. At the end of the parade, please meet your child at the Milford Street door after the second loop.

Classroom Parties - Please note that classrooms are only accepting volunteers who have already been approved as district volunteers. School-wide celebrations will also be celebrated in ways that do not include food items. Teachers will be sharing more information in upcoming classroom newsletters. Thank you!

11:15 - Grade 2 Party

12:00 - Grade 1 Party

12:15 - Grade 3 Party

12:30 - Grade K Party

Thank you!

# EXTRA! EXTRA!

## READ ALL ABOUT IT



Student(s)Name/Last Name









## RMMS Booktacular Character Pumpkin Patch blooming soon!!!

Decorate any sized faux pumpkin as your favorite character from a book! Be creative! Carve them,

paint them, decorate them, the sky's the limit (Feel free to create its own background setting as well!)

Bring your pumpkins to Mrs. Murray, any morning between Monday, October 23rd - Tuesday,

October 31st. They will be on display in the school for students and staff to enjoy daily and will be available for friends and family to view on the playground side of the parade route during our annual Halloween Parade!

This is a fabulous way to promote our love of great books and their fantastic characters! So... plant those seeds now! Choose a book, read it, think about your character, and make it a fun and exciting individual or family activity!! Please note, **NO REAL** pumpkins will be accepted. Pumpkins can be picked up / brought home after the Halloween Parade.

haracter:			
Pook Title:			

## RED RIBBON WEEK AT CSDA OCTOBER 23-27, 2023

Red Ribbon Week is a national drug use prevention campaign. This year's Red Ribbon Week Theme is "Be Kind To Your Mind, Live Drug Free". This theme is about making positive choices to be happy and healthy - that is being kind to our mind.

## **RED RIBBON SPIRIT WEEK**

- Monday Kickoff Day: Wear red today and students will be given ribbons and encouraged to wear them all week
- Tuesday From head to toe I'm drug free! Crazy hair and socks day
- Wednesday Don't let drugs blind your future! Wear your favorite sunglasses
- Thursday Friends don't let friends do drugs! Dress up with friends as twins, triplets or more
- Friday Our school chooses to be drug free! Wear school spirit gear or school colors

# RETAKE PICTURE DAY IS ALMOST HERE!

Día de retoma de fotos ya casi está aquí!



Picture day Día de fotos 10-30-23



## Absent students

Día de fotos

If you are having your picture taken for the first time because you were absent on Picture Day, have your photo taken on Retake Day and you will receive your photo proof after the event! This proof sheet will also have information on how to order!

### Retake students

Día de fotos

If you received your picture package and are unsatisfied, just return your package & proof sheet to the photographers on Retake Day and have your photo retaken. We will replenish your package at no cost!

## Remember to bring in your original picture proof

Acuérdate de traer la prueba fotográfica original



## ESTUDIANTES AUSENTES

El día de retoma de fotos es la oportunidad para aquellos estudiantes que estuvieron ausentes el día de fotos original. Recibira su prueba de foto después del evento. Su prueba también tendrá información sobre cómo completar su pedido.

#### RETOMAS

Si recibe su paquete de fotos y no esta satisfecho, sólo tienes que devolver su paquete y la hoja de pruebas a los fotógrafos el día de retoma y le tomamos su foto de nuevo. Repondremos su paquete sin coste alguno.



#### **Geskus Studios & Yearbook Publishing**

Questions? We're here to help: ¿Preguntas? Estamos aquí para ayudarle. www.wearegeskus.com/support (800) 948-1120 ext. 1 Captain Samuel Douglass Academy

# HAVE YOU HEARD ABOUT OUR BROOKLINE FOOD PANTRY?

Currently accepting donations and supporting families in Brookline and Hollis!

# HOW OUR SCHOOLS CAN HELP

Most needed items for October:

- · Canned potatoes
- · Canned yams
- · Chicken & turkey broth
- French Onion strips
- · Canned beets
- Canned carrots
- Quick bread mixes
- Cake mixes & frosting
- Pudding (instant and cooking)
- Jello
- Ready Pie Crust (Graham Cracker)
- Crackers (Saltines, Ritz, etc)
- Oat milk
- Evaporated/Condensed milk
- Paper towels

All families
welcome- please
spread the word
to community
friends
and neighbors.



Thanks to our PTO, you may purchase the most needed items through Amazon:

https://www.amazon.com/ registries/gl/guest-view/ 11J6079RAHQIX

AND BE ON THE LOOKOUT FOR SCHOOL DONATION EVENTS HAPPENING SOON! THANK YOU FOR YOUR CONTINUED SUPPORT!

## THANKSGIVING DONATION DRIVE

## FOR THE BROOKLINE FOOD PANTRY

LET'S HELP STOCK THE FOOD PANTRY FOR THE HOLIDAYS.



We're featuring one item per day for donation during the week of October 16 - October 20. THE
CLASSROOM
WITH THE MOST
DONATIONS
WILL EARN A
BONUS RECESS
WITH MR.
MOLINARI

Monday,	Tuesday,	Wednesday,	Thursday,	Friday,
October 16	October 17	October 18	October 19	October 20
Cranberry Sauce	Canned Green Beans	Stuffing	Boxed Potatoes	Gravy

MAKING SURE OUR BROOKLINE AND HOLLIS FAMILIES HAVE WHAT THEY NEED THIS HOLIDAY SEASON. THANK YOU FOR YOUR CONTINUED SUPPORT!





## Hollis Recreation and HBHS Wrestling

Hollis Recreation is excited to partner with Hollis Brookline HS 7 time State Champion wrestling team to offer a recreation program for boys and girls in grades 4-6. Our HBHS award winning coaching staff along with current State Champion high school wrestlers will teach basic foundational wrestling moves and rules to help introduce and prepare local kids for middle and high school wrestling.

Wrestling kicks off December 4<sup>th</sup> and will run through February 19<sup>th</sup> from 6:30-8:00pm on Tuesday and Thursdays in the high school gym. Cost is \$50.

Why should you consider wrestling for your kids? There is no more inclusive sport than wrestling, every MS and HS student that wants to wrestle makes the team. Girls wrestling is the fastest growing HS and collegiate sport in the country and NH has a girls only state tournament. Wrestling empowers young people to feel confident owning their physical space and it takes real courage to step onto a mat in front of your peers. Wrestling does not require your child wear a singlet, in fact many MS and HS wrestlers prefer wearing the shorts and t shirt uniform. If your child is serious about sports, wrestling teaches body control and leverage in ways that translate across all sports.

Understanding the basics of wrestling prior to HBMS provides an enormous advantage for your athlete. This program will be taught in such a way that focuses on keeping it fun while introducing the foundational basics and rules of the sport.

For information on HBHS Wrestling https://sites.google.com/sau41.org/hollis-brooklinewrestling/

Register at Recreation Programs | Hollis NH

This is not a school sponsored activity





**NOVEMBER 4, 2023** 

6:00PM - 9:00PM HOLLIS BROOKLINE MIDDLE SCHOOL 25 MAIN STREET, HOLLIS, NH 03049

Admission: \$5/ person \$25 max/ family



pizza, fruit, water combo pre-sale \$5 until 10/28 regular price \$8 other items available for purchase raffles available during event

## SPONSORS:

Dicks Sporting Goods, Lull Farm, Haywards of Milford, Hollis Veterinary Hospital, BioRestore, Hollis Family Chiropractic, Certa Pro Painters, Cahill Roofing, Neil Stone's Karate

THIS IS NOT A SCHOOL SPONSORED EVENT