

2013-14 ATHLETIC REPORT

Board of Trustees
Discussion Item
May 28, 2014

Introduction

The TUHSD **2013-14** athletic program consists of up to 45 teams at each of our comprehensive schools for a total of **2,642 athletes** (duplicated) participating on **125 teams**. This represents **45 more** athletes participating on district teams than last year and **442 more than in 2005-06** when we began keeping records. Sometimes, one site offers a level of a particular sport that the others do not depending interest in that sport.

Tamalpais Union High School District teams are members of the Marin County Athletic League (MCAL) in the North Coast Section (NCS) of the California Interscholastic Federation (CIF). The CIF governs all high school interscholastic athletics in California.

Athletic administration and coaches continue to uphold the purpose of our Athletic Code of Conduct (AR6145.21) which is to promote the idea of healthy competition and to set standards of good sportsmanship for everyone involved. The District and all of our schools, along with all other MCAL schools, subscribe to the tenets of Pursuing Victory with Honor.

Athletics is a learning situation where growth and maturity are expected to flourish and it is an experience that is intended to help our students develop poise and self-confidence, healthy and fair competition and many hours of hard work and enjoyment.

For the seventh year, District athletics operated under the TUHSD Athletic Manual, most of which is available at the www.tamdistrict.org/athletics website. The Parent-Student Guide to Athletics and the Coaches' Handbook are updated annually and reviewed by the Board whenever significant changes are made.

The attached information is an overview of this year's athletic program.

Sue Chelini, TUHSD Athletic Coordinator

TUHSD ATHLETIC COUNCIL

The TUHSD Athletic Council meets four times annually. It shares information and makes recommendations about district athletic programs and policies. The broad representation and expertise contributes to the high standards for athletics established by the Board of Trustees. The Athletic Council's support has never wavered from trying to do what is best for the kids. We are very lucky to have such a well-rounded support group for the athletic program.

2012-13 TUHSD Athletic Council Members:

Board Representatives:	Bob Walter (Fall), Monica Bonny (Fall), Laura Anderson (Spring), Sheri Mowbray (Spring)
Superintendent:	Laurie Kimbrel
Athletic Directors:	Christina Amoroso, Pete Donoff and Jessica Peisch
Athletic Administrators:	Elizabeth Chacón, Kim Stiffler and Chad Stuart
Booster Club Representatives:	Nicole Ferguson (Tam), Gary Newman/Denise Helstrom (Drake) and Barbara Kelly/Jeanette Thorson (Redwood)
District Athletic Coordinator:	Sue Chelini
Facilities Representatives (ex officio):	Tony Catrino and Chris McCune

In 2013-14, the Athletic Council:

- Five-Year Athletic Plan: The AC brainstormed needs of the athletic program over the next five years based on projected enrollment growth. A plan will be presented to the BOT for consideration at a future meeting.
- A Day in the Life of an Athletic Director: AC members were astonished at the presentation in March by Jessica Peisch describing what it takes to put one single contest on the field, court, track or pool. The Board of Trustees will have a chance to view this presentation at their May 28 meeting. The ADs appreciate that BOT recognized the exhaustive work of the ADs by increasing the position by one period to be .8.
- Athletic Eligibility for Continuation School Students: Currently, continuation school students are not eligible to participate on a comprehensive high school's interscholastic athletic teams. All other alternative school students are eligible if they otherwise meet athletic eligibility rules AND the enrollment numbers from their school (by zip code) are counted in each comprehensive school's athletic enrollment. Thus, Tamiscal students may play for their school of residence, but San Andreas students may not. This is a CIF rule, not a local policy. Spurred by a San Andreas student in November, the Athletic Council recommended a policy change to the MCAL what would allow continuation school athletes to play for their comprehensive school of residence if they meet all other eligibility requirements. The MCAL Athletic Directors consensus was against this proposal while the MCAL Board of Managers voted in March to recommend this change to the North Coast Section. They agreed that it was in the best interests of students. Since it was too late to be considered by NCS this year, it will be considered first by the NCS Eligibility Committee in Fall, 2014. In the meanwhile, San Andreas is moving the Pathways program to Tamiscal to allow those district students to be eligible for interscholastic athletics.
- Athletic Trainers: The AC continued the on-going discussion of equity in funding of athletic trainers at our schools. Athletic trainers have been funded by local parents' groups. Redwood and Drake's foundations have funded the trainers "full-time" (25 hours/week plus occasional weekend/evening overtime). The Tam Boosters are not part of their school's Foundation and have only been able to fund 15 hours/week to date. There is a strong possibility they may not be able to support the athletic trainer at all in the future. When parent clubs divert funding to the trainers, there is less money available to support other needs of teams.

- MCAL:
 - CIF Practice Time Limits: CIF has had few limits on the amount of time a coach may require of the team's athletes. New rules are being proposed for time limits on total athletic practices including chalk talks, HUDL, practices, calisthenics, weight training, films, etc. The proposal passed by the NCS Board of Managers in April, 2014 and the CIF Federated Council in May sets the time limit at 18 hours/week and no more than 4 hours/day. Each competition would count as 3 hours. Information will be forthcoming regarding details such as final CIF approval, start date, definitions of practice time and consequences of violation. When it does take effect, our ADs will be communicating the new policy with all our coaches.
 - Football Drill Limits: The California Assembly has recently passed a bill, supported by CIF, that would limit football drills involving "game-speed" tackling to no more than 90 minutes twice/week. The bill is now being considered by the Senate.
 - Water Polo: The NCS has placed 3 new schools into the MCAL water polo league (total 13) including Ukiah, Sonoma Valley and Cardinal Newman. This will result in more travel and academic time lost by league schools, but particularly those in the TUHSD, the southernmost district. The MCAL ADs spent considerable time discussing how to minimize the impact and devised an initial schedule for Fall, 2014 that will be reviewed after the season next year. It will take a minimum of four schools offering water polo to create their own league in the northern area.
 - The AC disagreed with a potential MCAL policy allowing athletes to play more than one sport per season. This proposal was withdrawn by the initiating school and never went to a vote by the Board of Managers.
 - The AC heard updates about the progress of moving the MCAL boys' and girls' soccer seasons to the winter during the 2015-16 school year.
- Social Media Policy: An athletic Social Media policy was approved in line with other district guidelines. The following language was inserted into the Parent/Student Guide to Athletics and the Coaches' Handbook.
 - *Athletes and parents are expected to use social networking sites in an appropriate, sportsmanlike manner that reflects the values of the Tamalpais UHSD. Inappropriate posts relating to athletics are subject to school discipline. Only appropriate pictures should be posted, always with the permission of the subjects of the photographs.*
- Field Hockey: Redwood was encouraged to pursue the interest of many girls by establishing a field hockey program beginning in Fall, 2015. The timing is good since there will be field availability due to soccer moving to the winter that year. At the moment, Tam and Drake girls' have not expressed interest.
- Turf Fields: Members heard, with excitement, the progress of the synthetic turf soccer field at Redwood and baseball infield at Tam. Both fields have been utilized fully during the spring season.
- Athletic Participation Form: Followed the progress of the new on-line Athletic Participation Form.
- Transgender Accommodation: Considered how the new transgender accommodation rules might affect the athletic program.
- Teacher Coaches: The vast majority of our coaches are "walk-on coaches" who are not staff members. It is to the advantage of the athletes to encourage more teachers to become involved in coaching. The District is now encouraging the hiring of new staff who have the ability to participate in extra-curricular activities, particularly coaching.

- Baseball Safety: Continuing concern for the safety of baseball players, the AC agreed that the ADs and coaches should explore the new Halo Kevlar insert for baseball caps for pitchers and others. It is estimated that 5-6 would be needed per team at about \$60 each.

Items for the Athletic Council to address in the future:

- Develop and implement a 5-year plan for the TUHSD athletic program.
- Continue to seek ways to support the Athletic Directors.
- Continue to review athletic policies and make recommendations to the Board as needed.

2013-14 ATHLETIC HIGHLIGHTS:

DRAKE Varsity Boys' Basketball: The Drake basketball team stunned opponents in the NCS and NorCal playoffs to advance to the CIF State Finals on Friday, March 28 at the Sleep Train Arena in Sacramento. The entire Drake student body, staff and community were galvanized during the weeks of bracket-busting playoffs, culminating in an unexpected minimum day and five full rooters' busses making the caravan to Sacramento. This was Drake's first state final berth in 20 years. Coach Doug Donnellan called it "our March Madness". They were one stunner away from Drake's first state title since 1982 when they lost to Chaminade, the SoCal champion, 71-51. Only 3 out of 13 members of the 2013-14 team are seniors, boding well for an exciting season next year. Congratulations to the Drake varsity boys' basketball team.

In 1982, under the leadership of coaches Pete Hayward and Anne Scott, both Drake boys' and girls' teams won their respective CIF championship games against Banning and Mission Viejo. The Drake boys also made it to the finals in 1994, losing to Lincoln Prep. In 2000, the Tam boys topped St. Bernard's of Eureka 61-61 to become the CIF Division III Champions.

CIF 2013-14 Model Coach of the Year: Bob Kustel, Tam Water Polo/Swimming coach, was one of 11 coaches state-wide recognized for this honor. He was a TUHSD Coach of the Year in 2007-08. The CIF news release described him, "He has grown the Aquatics program tremendously in his 13 years as coach. He brings spirit, generosity, encouragement, helpful criticism, fairness, and an inclusive and welcoming attitude to the pool every single day. Not only does he coach water polo, but also how to be a good person. Kustel clearly meets and exceeds demonstrating and instilling the six core ethical values of the California Interscholastic Federation."

CIF 2013-14 Spirit of Sport Award: Mitch Young, Drake senior swimming and water polo standout, was one of six statewide recipients of the CIF Spirit of Sport Award. The award recognizes student-athletes who have demonstrated the 16 principles of Pursuing Victory with Honor, are active in school and community service and exhibit leadership qualities. Mitchell, a top-five MCAL finisher last year in the 100- and 50-yard freestyle and a member of the Pirates' title-winning 200 free relay, is heavily involved outside the pool. He mentors freshmen as a Link Crew leader, is President of the Fighting for the Cure Club, has served as the Youth Commissioner for the San Anselmo Park and Recreation and is a volunteer life guard for the National Park Service. Young was recognized at the CIF Federated Council dinner on May 2 in Los Angeles and will receive a \$2,000 scholarship.

Positive Coaching Alliance's Double-Goal Coach Award: Rene Ayala, Drake PE teacher and coach of both boys' and girls' soccer was one of 25 national winners of this prestigious award. "Double-goal coach is a term we use in describing what our ideal coach is," said Dean Munro, the executive director for PCA Bay Area. "They not only want to win but also focus on the important challenge of teaching life lessons in sports. I think how positive the endorsements and the testimonials were that made Ayala stand out. He seemed to embody every aspect of PCA and our philosophy. I think they were approximately 20 people who sent letters in. Rene's breadth of support was pretty staggering." Here is an [IJ article](#) describing Ayala's impact on the athletic culture at Drake.

Athletic Directors: We have been fortunate that all three athletic directors, **Christina Amoroso (6 years), Pete Donoff (5) and Jessica Peisch, CAA (Certified Athletic Administrator) (5)**, continued their positions giving strength and stability to the athletic program at all three schools after many years of a revolving door of athletic directors.

- Jessica continues as a member the new CIF Athletic Administrators Advisory Committee, comprised of 20 athletic directors and assistant principals statewide who meet twice/year. She also represents the MCAL on the NCS Sports Advisory Committee.
- Jessica is one of the founding organizers and membership chair of the NCS Athletic Directors' Association, now in its second year.
- Christina, Jessica and Sue attended the National Interscholastic Athletic Administrators Association conference in Anaheim in December. It was incredible to see how well our athletic program compares to those nation-wide.

- Christina and Jessica attended the California State Athletic Directors' Association conference in San Diego in April. We always bring back something new to add to our athletic program.

On-Line Athletic Participation Form: Tam and Redwood encouraged use of the on-line APF resulting in about 70% participation the first year. Drake got a bit slower start. The hard copy APF is 7 pages long with multiple places for parents and students to sign. After going through the form (you cannot progress from one page to another unless fully filled out), families turn in a single page with signatures plus the medical clearance form. This allows the ADs to create team lists and give coaches emergency forms electronically. It streamlines the paperwork processing for the ADs and their assistants. Also, the new form incorporates the opportunity to gather data about interest in existing and potential sports and serves as the Title IX interest survey.

New Turf Fields: Redwood lacrosse teams are enjoying the newly-turfed Ghilotti Field which opened for the first time in February. Tam's baseball infield was also turfed this year resulting in an exciting improvement for the team and their opponents. Both schools appreciate working closely with Tony Catrino and Lori Parrish to make this happen. The community also appreciates greater access to field rental now that there will be fewer field closures due to maintenance.

Incredible Parents: None of the TUHSD programs could exist without the supportive parents who serve as team parents, statistic keepers, snack bar staffing, team chauffeurs, fund-raisers and dedicated fans to mention a few. The Tam Boosters and the Drake Fund Athletic Committee and Redwood Benchwarmers have taken on the significant commitment of providing certified athletic trainers in addition to the other athletic activities/equipment they support. Some team's parents have formed sport-specific clubs such as the Hoops Club, Pigskin Club or Grapppler's Club. No words can fully express appreciation for all the dedicated and caring parents involved in our athletic program.

TUHSD Athletic Website: The website is accessed at www.tamdistrict.org/athletics. Last summer, we added the on-line Athletic Participation Form. There are links to several National Federation of High School on-line free courses including *Sportsmanship*, *The Role of Parents in Sports*, *Concussions in Sports: What You Need to Know*, *A Guide to Heat Acclimatization and Heat Illness Prevention*, *Creating a Safe and Respectful Environment* and *NCAA Eligibility Center*. Since it is one of the most comprehensive high school athletic websites, Sue has been invited to share it with the NCS Athletic Directors' Association at their meeting in September. Here are the statistics for the athletic web site.

TUHSD Athletic Website Page Hits as of June 30, 2014

As of 6/30/2014, the web site had 13,516 total visits, 27,621 page views, and 13, 247 targeted views.

From	Overview	Contacts	Sports	Guides Forms	Parent Links	Health	Transfer	College	Coaches Corner
Inception	7,642	2,712	3,380	NA	937	470	913	295	3,418
2012-13	3,074	1,105	1,506	1,415	399	343	334	240	1,515
2013-14	1,705	661	766	1,493	86	60	154	29	861

Coach Guides	Coach Links	Coach Proced.	Athletic Council
594	1,297	417	604
234	607	173	200
96	105	37	207

Budget: The athletic budgets continue to be extremely tight. The ADs want to acknowledge the support of the parent clubs at each school. In addition to subsidizing the athletic trainers, they sustain the athletic programs in many ways.

Parents assist coaches, support individual sports, provide a fan base and raise funds for the athletic department.
Parent clubs supplement the district athletic budget, especially for bussing, tournament fees and special team requests.

2013-14 TUHSD Athletic Successes: Traditionally, TUHSD teams have been very successful in MCAL and NCS competition. This year is no exception. Pennants listed are MCAL unless otherwise indicated. RR is the MCAL Round Robin league season. By the time of the Board meeting, we will have additional results for spring playoffs.

Marin Athletic Foundation Outstanding Student Athletes

The student athletes are selected by their schools in accordance with the following criteria, developed with the involvement of athletic directors and adopted by the Board of Directors of the Marin Athletic Foundation

*Athletic Involvement *Leadership *Scholarship *School-Community Involvement *Department

Tam:	Liz Archer August Kiles	Basketball and Soccer Track and Field
Drake:	Ali Birnbaum Sam Dines	Basketball and Soccer Soccer, Basketball, Volleyball
Redwood:	Ariella Rosenthal Nathan Morris	Basketball and Lacrosse Wrestling

2013-14 MCAL Athletes of the Year

Fall, 2013	Cross Country	Fred Huxham	Redwood
Fall, 2013	G Tennis	Julienne Worrying	Tamalpais
Fall, 2013	B Water Polo	Mitch Young	Drake
Fall, 2013	G Water Polo	Kendall Christie	Drake
Fall, 2013	B Soccer	Lucas Janetos	Tamalpais
Winter, 2014	G Basketball	Ariella Rosenthal	Redwood
Winter, 2014	B Wrestling	Nathan Morris	Redwood
Winter, 2014	B Wrestling	Izaak Heath	Drake
Spring, 2014	B Volleyball	Matt Pelfini	Redwood
Spring, 2014	B Lacrosse	Liam Bourke	Redwood
Spring, 2014	Baseball Pitcher	Joe Ryan	Drake
Spring, 2014	G Soccer	Chace Schorenstein	Redwood
Spring, 2014	B Track	Fred Huxham	Redwood
Spring, 2014	B Field	August Kiles	Tamalpais
Spring, 2014	Softball Player	Aria Pogni	Tamalpais
Spring, 2014	Softball Pitcher	Lani Kaleikini	Redwood

Tamalpais Pennants:

Fall (6): MCAL: B JV Soccer, B V Soccer, G V Tennis, G V Cross Country; NCS: B V Soccer - 1st, G Tennis – 2nd

Winter (1): MCAL: G F Basketball,

Spring (3): MCAL: G JV Soccer, G V Soccer, B V Tennis NCS Champions: V Baseball, V Softball

NCS Scholastic Pennants (3): Cheerleading, G Golf, B V Basketball

Teams still competing as of 5/19/14: G V Soccer, V Swimming, B V Tennis, Track & Field, B V Volleyball

Tamalpais Hosted MCAL/NCS Events:

Fall: MCAL: Host site for Water polo MCAL tourney and championship...but MC organized it. NCS: Soccer and Tennis
Winter: MCAL: Wrestling Championship NCS: Girls Basketball
Spring: MCAL: Soccer, Baseball, Softball, Tennis- Team and Individuals; NCS: Tennis, Soccer; TBD: for Baseball and Softball

Drake Pennants:

Fall (3): MCAL: B V Water Polo, G V Water Polo, G JV Water Polo
Winter (4): MCAL: B V Basketball regular season, MCAL & NorCal Champs, 2nd place in CIF Championships
Spring (2): MCAL: B Volleyball, V Baseball Co Champs
Teams still competing as of 5/19/14: B Volleyball, G V Lacrosse, G V Soccer, V Baseball

Drake Hosted Events:

Fall: MCAL & NCS: MCAL Soccer Championship
Winter: NCS & NorCal: Boys Varsity Basketball
Spring: MCAL: Girls Soccer playoff, girls NCS Lacrosse, MCAL Girls Lacrosse Final

Redwood Pennants:

Fall (8): MCAL: G F Volleyball, G JV Volleyball, G V Volleyball, B JV Water Polo, B V Cross Country, NCS: B V Water Polo (runner up), G V Volleyball, G V Tennis-Doubles
Winter (1): MCAL: F B Basketball
Spring (6): MCAL: B V Golf, Softball, B Lacrosse, B Swimming, B V Tennis-Doubles, G V Track
NCS Scholastic Pennants (4): V B Basketball, B Golf with a 3.78, 1st place), B V Lacrosse (3.12, tied for 3rd place), G Track (3.50, 3rd place)

Individual Recognition: G Tennis-Doubles: Keiko Kamei & Lise Swain, B Tennis-Doubles: Paul Barretto & Dominic Barretto, Diver: Raichel Perper; CIF State Track: Fred Huxham, 3,200.

Teams still competing as of 5/19/14: Boys Tennis, Swimming, Boys Volleyball, Softball, Track & Field, Softball, Baseball, Girls Soccer, Boys Lacrosse

Redwood Hosted Events:

Fall: MCAL: G Volleyball, B Soccer, G Tennis- Team; NCS: B Soccer, G Volleyball, G Tennis; Nor-Cal: G Volleyball
Winter: MCAL: Basketball; NCS: G Basketball
Spring: MCAL: Swimming & Diving, B Lacrosse, G Soccer, B Tennis – Individual, B Volleyball, B Lacrosse, G Lacrosse; NCS: B Lacrosse, G Soccer, B Volleyball, Softball, Redwood Empire Track & Field

ATHLETIC PARTICIPANTS BY SPORT AND TEAM FOR 2013-14:

The District statistics for participation in MCAL teams give you an idea of the duplicated student participation in athletics at the three comprehensive high schools. The growth in athletic participation mirrors the growth of the school population growth. As you can see, the three Athletic Directors are supervising a total after-school program almost twice as large as one of our comprehensive schools.

	2013-14			TOTALS								
	Fall	Winter	Spring	05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13	13-14
Tam	337	122	453	762	780	682	780	812	862	898	900	912
Drake	282	89	314	640	673	706	748	750	715	740	706	685
Redwood	412	155	478	780	748	829	889	962	962	985	991	1045
District	1031	366	1245	2182	2201	2217	2417	2524	2539	2623	2597	2642

Attached is a list of the individual sports by season and number of participants this year at each site. Note that some students participate in more than one sport, so the actual number of student athletes is \pm 80% of the number of total team members.

2013-14 Sports Participation

FALL SPORTS	Tamalpais	Drake	Redwood	District Totals	Cuts
Cheerleading: Coed Varsity	11	8	27		R = Redwood
Cheerleading: Coed JV	0	0	17		D = Drake
Cross Country: Boys'	29	25	24		Tam did not submit numbers
Cross Country: Girls'	33	24	47		
Football: Varsity	23	26	44		
Football: JV	23	24	24		
Football: Freshman	27	32	46		
Golf: Girls' Varsity	6	6	15		
Soccer: Boys' Varsity	24	21	24		R=5,
Soccer: Boys' JV	20	22	22		R=15,
Tennis: Girls' Varsity	23	15	22		R=6,
Volleyball: Girls' Varsity	13	12	17		R=4
Volleyball: Girls' JV	11	11	10		R=2
Volleyball: Girls' Freshman	10	10	12		R=9,
Waterpolo: Boys' Varsity	16	21	19		
Waterpolo: Boys' JV	29	0	20		
Waterpolo: Girls' Varsity	11	15	11		
Waterpolo: Girls' JV	28	10	11		

FALL TOTALS	337	282	412	1031	
WINTER SPORTS	Tamalpais	Drake	Redwood	District Totals	Cuts
Basketball: Boys' Varsity	12	13	15		R=0,
Basketball: Boys' JV	13	13	14		R=4
Basketball: Boys' Freshman	15	14	17		R=15,
Basketball: Girls' Varsity	14	9	15		R=0
Basketball: Girls' JV	12	9	12		R=1
Basketball: Girls' Freshman	20	11	15		R=5;
Cheerleading: Varsity	11	6	23		
Cheerleading: JV	0	0	15		
Wrestling: Coed Varsity	25	14	11		
Wrestling: Coed JV	0	0	18		
WINTER TOTALS	122	89	155	366	
SPRING SPORTS					
Baseball, Varsity	18	15	24		R=1, D=2
Baseball, JV	16	14	16		D=2
Baseball, Freshman	18	16	20		R=13, D=2
Diving: Coed	5	2	7		
Golf, Boys' Varsity	12	13	9		R=1
Lacrosse: Boys' Varsity	27	18	24		
Lacrosse, Boys' JV	11	16	27		R=6
Lacrosse: Girls' Varsity	29	24	19		
Lacrosse: Girls' JV	0	0	26		
Soccer: Girls' Varsity	16	25	20		
Soccer: Girls' JV	26	24	19		
Softball: Varsity	15	13	19		R=2
Softball: JV	0	0	0		
Swimming: Boys'	33	15	42		
Swimming: Girls'	61	25	65		
Tennis: Boys' Varsity	19	15	23		R=13
Track: Boys' Varsity	75	43	54		
Track: Girls' Varsity	60	26	49		
Volleyball: Boys' Varsity	12	10	15		
SPRING TOTALS	453	314	478	1245	
GRAND TOTAL	912	685	1045	2642	
	34.50%	26%	39.50%		
TOTAL TEAMS	42	41	45	128	