

TUHSD Athletic Council

NOTES

Tuesday, November 15, 2016
Carlisle Creekside

Present: Christina Amoroso, Chris McCune, Jessica Peisch, Larry Pratt, David Rice, Nate Severin, Jen Tippett (Redwood), Jen Valle (Drake), LaSandra White, Sue Chelini

Guest: John Chelini

1. Introductions

2. **Athletic Trainers Update:** None

3. **ImPact Bulk Purchase:** The parent groups have decided not to invest in a bulk purchase of ImPact at the present time. There may be Marin Athletic Foundation grants available to help schools to fund ImPact testing.

4. New Teams:

- A. **Guidelines for Adding a New Team:** Guidelines for Adding a New Team were developed in Spring, 2016 and are attached to these notes. The AC discussed how CIF/NCS/MCAL and District policies were combined in this document.
- B. **Proposal for Field Hockey at Tam and Drake:** Sue shared a draft of the Staffing Plan proposal for Field Hockey at Tam and Drake that will be submitted in the spring. The financial numbers will be updated in January to get the most accurate estimate of costs. Ongoing Field Hockey costs are minimal compared to other teams because of the short season. This proposal will be considered by the District along with all other District budget needs. Although the support and arguments are strong, there is no guarantee Tam and Drake will have these teams in 2017.
- C. **Freshman soccer:** Since the soccer season moved to the winter, the numbers of playing trying out has increased greatly. Most District schools cut at at least 20 boys and 40 girls each in the current season. Those numbers don't include those who don't choose to go out since soccer is so competitive. Teams are keeping more players than they should. Currently, there are no freshman soccer teams within the MCAL.

Get community teams to raise funds. MOUs with District.

Supporting freshman soccer:

- As our schools grow, there is more competition to get the few spaces on soccer teams. With only varsity and JV, there are only 40-45 spaces for each gender each season. Another 20-25 could be accommodated with a freshman soccer teams at each school.
- Soccer is a very popular sport in Marin. Soccer will touch more active players than any other sport.
- Soccer is a lot easier start-up than field hockey since we already have fields and the only equipment are the balls.

Concerns for freshman soccer:

- Finding coaches. It is a unique person who can get out of work early and work Saturdays. We can't compete with what club coaches get paid.
- Facilities (lights/turf): Redwood and Drake have two synthetic turf soccer fields, but Tam only has one.
- None of our fields have lights necessitating more missed class time for early release.

- More athletes are choosing to play on club rather than school teams because better coaches and more collegiate visibility.
- No other schools in the MCAL currently offer freshman soccer. We have not yet investigated how many NCS schools offer freshman soccer for potential competition. Freshman soccer teams would be independent and would have to find their own games.
- Budget: A typical lower level soccer team could cost about \$6,000/year for coaching stipend, uniforms, officials, more balls, etc. This would be a potential \$36,000-\$40,000 cost to the District for all six teams.
- More arrangements for travel would have to be made by the parents.
- Could be fund-raised. How many schools offer frosh soccer in NCS.
- The AD work load would be increased by two more teams involving verifying participation, eligibility, arranging games, officials, uniforms, etc.
- How will we meet the needs of the varsity teams for practice time with so little daylight?

Christina is not in favor of freshman soccer now for several reasons. Tam does not have the facilities or lights to accommodate that many teams. Also, there is difficulty finding coaches. If we take on freshman soccer, how will we meet the needs of the varsity to have enough practice/play time. All of our varsity teams are very competitive. Community fields are mostly closed in the winter. Tam has restrictions that Redwood and Drake do not.

Chris was originally against moving to winter for many reasons. Now he thinks it is far more valuable that kids aren't left with nowhere to play. Perhaps the freshman teams could use black top or play Saturday mornings (one game/week) or shorter season since not an official league at this time.

Nate observed that there is a big correlation between enrollment growth and number of teams that are needed in each sport. If enrollment numbers decline, we can't eliminate teams. If enrollment plateaus as is expected, new teams make sense. Some parents send kids to private schools so they can play their sport and might get cut at our schools.

Jen Valle asked if we could play freshman soccer during the fall since no other soccer teams to play at that time. However, conversely, who would they play.

Christina asked about the Facilities master plan. The District is in the exploratory phase of assessing short and long terms needs in the District based on projected enrollment. There will be meetings at each school open to the community to identify those needs. A plan is expected to go to the Board some time in the Spring.

5. **Weight Rooms/Bridge Athletics Update:** Nate told the Council that Drake has hired Tim Parnow to be the weight room coach/administrator. His family has been a pillar of the Drake community. He had s training with Bridge Athletics (BA) two weeks ago. BA showed their app which is more detailed and complex than Nate originally thought. The Drake Fund is currently paying \$4,000 for app and plan which can be specific as Drake needs. There is another \$1,000 for the training. There will be a High Performance Training Day open to athletes and coaches where BA will share their program and do a bsseline assessment as to where each athlete currently is. This day is an additional \$1,000. Individual athletes can pay extra to have an individualized program. Nate or Tim will help design the program. BA is in close communication with Nate and Tim. January 30 is the opening day for the weight room 3 days/week in the morning opposite of Rene Ayala so it will be open 5 days/week 6:30-7:30. Rene is not part of BA. Tim will be able to coach coaches as well. Right now, Name and Tim are working on accomplishing access to the weight room and making sure that coaches who want to use the weight room are trained. If they want to use the weight room from now on, coaches will have to come to the High Performance Day. Nate is excited as this is a great place to start. He will continue to share what is working and what isn't. After school the room will be opened and supervised by coaches for their teams.

Christina mentioned that Dan Sapp is working with two personal trainers to figure out the version of their app on paper. Tam is currently trying to figure out how to staff the weight room and pay for those services. Dan has more info.

Jen Tippet said Redwood is waiting to see how it works out at Drake with BA.

Nate said one of Drake's goals is to eliminate the number of random personal training coaches who are working with our kids.

6. Unified Teams/PAASS:

1. **Basketball:** Christina developed a calendar for a unified basketball league. The goal is Tam, Drake, Redwood, Terra Linda and maybe San Rafael to have a 4-game tournament per school. Three games would be after school before the freshman games and one between the two varsity games. January 20 has been picked as the Unified Night since all schools that have teams are matched against each other. Christina developed a potential home/away schedule with some flexibility. Transportation is an issue for unified athletes. They are working on getting some practice during school hours since there is no time in the gyms after school. Nate said that Bret, the Drake varsity coach, will coach the unified team as well. There will be a clinic with PAASS to kick-off with drills and get interest going. PAASS is also doing a clinic at Dominican.
2. Spring Activities: Track/Swimming: NCS competition will count for points this year. MCAL is working

7. **Strategic Plan for 2016-17 (continued):** Postponed due to time. We will still work toward a Board presentation.

8. Fall/Winter Season Sports Updates:

1. TAM:

- a) **Cheer** is looking for a practice space to support the larger team and extended stunts. Currently using outdoor grass space, mead theatre, and Caldwell Theatre lobby. Fall season is complete but will quickly transition into basketball season. Cheer is the only TUHSD sport that crosses over two seasons (Fall and Winter).
- b) **Cross Country:** All MCAL meet occurred last week and both boys and girls placed 2nd overall. Both team advance to the NCS meet this Saturday Nov 12th at Hayward HS. The top 7 runners on both boys and girls team will make up our NCS competition teams. In addition, Sylvia Goodman will be officially presented her CIF model coach award in between the races.
- c) **Football:** Jordan Smith was selected as Marin IJ's prep of the week last month. Regular season concluded and Hawks earned the #16 seed in NCS Division 3. They drew #1 Analy and lost in the first round of NCS. The guys battled all four quarters and forced multiple turn overs against a powerful and speedy Tiger Team.
- d) **Golf:** Closed out the season by competing in the NCS D1 Tournament at Chardonnay Golf Course on Oct 31st! This team showed great progress and stability over the course of the season.
- e) **Girls' Tennis:** Lost in the MCAL team tournament quarterfinals. Recently competed in the MCAL Individuals and Doubles tournament with Natalie Durham & Hannah Berg winning #1 doubles and advancing to NCS doubles tournament. The NCS team tournament began Nov 8th with Tam taking the #8 seed and lost 4-3 to #9 Mission San Jose. Durham and Berg will close out the season as the #1 Doubles Team representatives for the MCAL beginning Nov 15th and 16th .
- f) **Girls' Water Polo:** Qualified for the league tournament and upset Novato to advance to quarterfinals where Tam eventually lost to a solid Drake teams. Earned the #12 NCS seed and lost in first round play to #5 Livermore.
- g) **Boys' Water Polo:** Beat Redwood in the last week of regular season to earn the #2 MCAL seed. Lost to Redwood that same week in the MCAL quarterfinals. Applied and was well represented in the NCS Division 2 tournament earning the #1 overall seed. Looked strong and determined throughout the NCS tourney. Faced a solid #3 Livermore team on Saturday Nov 5th . Tam's depth and an explosive 4 th quarter gave Tam the official title as NCS Division 2 Water polo Champions. Winter Sports Basketball, Soccer, Wrestling, and Cheer all started their official opening
- h) **Winter Sports:** Basketball, Soccer, Wrestling, and Cheer all started their official opening day on Monday, Nov 7th. Incredible turnout for all levels of sports. Rosters look to be finalized by Monday, November 14th

2. REDWOOD: All teams qualified for NCS Playoffs!

- a) **Girls' Golf:** MCAL 1st Place
- b) **Boys' & Girls' Cross Country:** MCAL 1st Place
- c) **Volleyball:** NCS Runner-up in Division 1, playing in Nor-Cal CIF tournament for D1
- d) **Football** won their 1st NCS Playoff game in school history.
- e) **Tennis:** MCAL League 1st place
- f) **Boys' Water Polo:** Played in Di and lost in NCS quarter finals.
- g) **Girls' Water Polo:** Came in 5th or 6th in the MCAL. Girls are still DII
- h) **Winter Sports:** We are finalizing rosters this week for all teams.

3. DRAKE: (Nate had to leave before this topic)

- a) **Girls' and Boys' Water Polo** both won MCAL pennants. BWP was in NCS DI and lost in semifinals at Campolindo. GWP DII made to championship round and lost to Acalanes. First time ever they made it to the finals. They had successful season for WP program
- b) **Girls' Volleyball** were 7-8 in league. They lost in first NCS round to St. Patrick's of Vallejo.
- c) **Girls' Cross Country** were 4th. Individual runner won MCAL. GXC 4th in league and will be going to NCS Saturday.
- d) **Football** didn't do well as far as wins/losses, but building a new football culture with a great coaching team.

9. Additional items that may come up:

1. **Tam Basketball Letter:** David called Chad about his pre-season letter to parents about basketball sportsmanship. The idea behind it is to inform parents of expectations at games and ask them to talk to their students. Cheers should be **FOR** our team, not against another. David will share the letter with other schools. The Positive Coaching Alliance has a similar letter about how to be a good parent/fan and how they should manage themselves in the stands. Also, highlighted was a potential Tam/Redwood issue going on from football. There was "wind" there there was supposed to be a fight between football players after the Tam/Redwood basketball game at Redwood. Communicating up front us the best way to avoid a situation.
2. **Captain's Crew:** Drake started a club called Captain's Crew to specifically work on sportsmanship. They meet every other week. Right now, they are designing shirts to wear to games. Students sign up for the club knowing they will be leaders in the stands and go to all sports. They are in charge of leading the chants and cheers in coordination with the cheer team. They will teach cheers to the rest of the students in gym at lunch. Marin Catholic has a similar Roar Corps. There are strong leadership students in the group. So far, so good. A lot of negativity comes out of a lack of leadership in the stands.
3. **Redwood Walk Out:** LaSandra mentioned that there was a walk-out at Redwood in protest of the election yesterday. She is a bit worried about this political climate that things might go bad at games. Redwood has 'theme' nights at basketball. If we ban 'USA' chants or night themes, then would have problems with freedom of speech.
4. **Facility Master Plan:** Chris McCune hoped that the ADs have been asked to be involved. Meetings are scheduled at all the sites to assess if we need a bond moving forward. In Chris' view, our District athletic needs include:
 - a) A second turfed field at Tam.
 - b) Additional lights for pool deck at Redwood. If have night games, they should be safe or no lights. Jen Tippet said that adding a third light to each pool would solve the issue. Redwood was the first pool to be built. Chris said LED lights can be aimed and that the District is gathering information on lighting. May be very academic-centric group.
 - c) Better weight rooms, team rooms, wrestling rooms, dance rooms
 - d) Student center at Redwood. Areas that can be used for multiple purposes and have good acoustics.
 - e) Roof at Tam pool.
 - f) Bathrooms by fields that aren't closed after school hours

Confirm future meeting dates:

Athletic Council: Tuesdays, 2:30-4:00, Carlisle Creekside

November 15, 2016

January 24, 2017 (moved from February 14)

April 18, 2017

Athletic Directors Only, Mondays, 12:30, Creekside

January 23, 2017

March 13, 2017 (all day, MCAL & Staff Development Day)

May 8, 2017

Marin Athletic Foundation

Golf Tournament: Monday, April 24, 2017, Indian Valley Golf Club

Outstanding Student Athlete Dinner: Monday, May 8, 2017, Embassy Suites

NCS Athletic Directors' Association (NCSADA)

Monday, September 25, 2017

National Interscholastic Athletic Administrators Association (NIAAA)

Orlando, Florida, December 9-14, 2016, Nashville TN

California State Athletic Directors' Association (CSADA)

San Diego, April 19-23, 2017, Reno NV

TAMALPAIS UNION HIGH SCHOOL DISTRICT ATHLETICS

ADDING A NEW SPORT OR LEVEL OF EXISTING SPORT

Often players or parents are interested in adding a new sport or level of an existing sport to the TUHSD athletic menu.

MARIN COUNTY ATHLETIC LEAGUE (MCAL) / NORTH COAST SECTION (NCS) / DISTRICT POLICIES:

- No interscholastic team may be established in a sport that is not recognized by the California Interscholastic Federation (CIF). Just because a sport is recognized by CIF does not mean the District will field such a team. Teams in other sports are considered 'club' teams and not part of the school's athletic program.
- All new teams must comply with Title IX policies.
- Addition of any new team(s) is subject to the overall budget climate of the District.
- Intramurals is a school activity that consist of teams selected through an established school process, allowed with no violation of CIF rules. Intermurals involves two or more schools and is not allowed based on CIF 500.B.
- No inter-mural (between two schools) or 'club' team can exist in a sport for which a school already has an interscholastic team.
- MCAL General Rulings: "Any proposal for establishment of a new sport or level of team be submitted to and approved by the governing entity of at least six MCAL member schools prior to the establishment of that new MCAL sport or team. The level becomes official after the third year." An official league varsity team will have scheduled league contests, pennants, potential play offs and Player of the Year/First and Second Team recognition.
- Any new teams will add to the work load of the Athletic Director (AD) without additional compensation.
- All new interscholastic teams must be approved by the TUHSD Board of Trustees.
- Parents or coaches cannot privately fund-raise to add a level of a sport that does not exist in the current offerings without prior approval by the District.
- Just because there are a large number of 'cuts' on a team does not mean that a new level can be automatically added.
- When a team is added at one school, it is likely that it will be added at all three. If (such as soccer) it has both boys' and girls' teams, it is likely that we will need to budget for six new teams equally among schools.
- It typically takes a full year or more to establish a new team

PROCESS:

- An interest for the new team(s) must be expressed to the AD by potential athletes at the originating school(s). This interest must be documented by initial exploratory meetings.
- Appropriate playing venues should be identified.
- A budget should be established of the start-up and on-going costs.
 - Start-up costs for a new team include equipment (goals, nets, uniforms, balls, etc.) and vary widely depending on the specifics of a particular sport.
 - A typical on-going, minimal maintenance team costs about \$6,000-\$7,000 for coach, officials, consumable equipment, replacement uniforms, etc.
 - The new coaching positions must be requested to be added to the TUHSD Staffing Plan for the initial year.
- A request for the new sport or level of an existing sport must be made to the Board of Trustees by January of the year prior to the team being added. This request will be considered in light of the entire District budget at the time.
- Approval for the sport needs to be a minimum of a full season before the projected new team would start.
- If outside funding sources are being considered,
 - An official fund-raising entity must be identified.
 - A fund-raising target will be set and a deadline set prior to the start of the season.
 - Funds raised must be distributed equally among the three District schools.
 - If adopted by the Board, an official Memo of Understanding (MOU) with the fund-raising group will be approved by the Board specifying total value of funds to be contributed and dates of payments.
- After being approved by the Board, the AD(s) may advertise the coaching position(s).
- After being approved, the AD(s) will need to place orders for the start-up equipment, book contests, engage officials and otherwise administer the team.