

TUHSD Athletic Council

NOTES

Tuesday, September 12, 2017

Present: Americ Alvarado, Christina Amoroso, Chris McCune, Sean Norton (Tam), Jessica Peisch, David Rice, Nate Severin, Chad Stuart, Jenn Tippett (Redwood), Jen Valle (Drake), LaSandra White, Sue Chelini

Guests: None

1. Introductions

2. Athletic Trainers Update (Americ): The ATCs current big project is qualifying for the National Safety Award through NATA. All three schools are applying for it with emergency action plans, AEDs and other safety initiatives. Attaining this award for all three schools would be awesome.

3. UCSF Contract (Sue/Americ): TUHSD and UCSF are in the third year of a 3-year contract. Initially, ATCs were fully funded by the athletic booster clubs. The contract phased in District responsibility for funding the athletic trainers. This year, the District has assumed 100% of the cost. We need to start now to prepare for submitting the proposal for the next three years. Why do we need ATCs? Anecdotal evidence.

4. MCAL Update: Realignment for 2018-19: The Marin Mendocino Sonoma Conference principals met in August regarding realignment for 2018-19. Napa, Vintage and American Canyon High Schools will be joining the conference. The unanimous vote recommended Justin Siena, Napa, Vintage, American Canyon, Sonoma Valley, Casa Grande and Petaluma in a new league. The MCAL will be the same minus JS. All the other North Bay and Sonoma League schools will form a super league. The recommendation was adopted by the NCS Alignment and Classification Committee and will be forwarded to the next NCS Board of Managers for final approval.

5. 2018-19 NCS Calendar: The CIF/NCS calendar for 2018-19 is unclear at this time. The proposal is to move all seasons one week earlier. Also, football and girls' volleyball could begin July 30. This will be adopted at the next CIF Federated Council meeting in September. Adopting this calendar would mean:

- ADs would have to work before July 30 in order to have coaches' meetings and clear athletes for eligibility.
- The District should negotiate AD compensation to cover that time as part of the TFT contract negotiations. Their actual paid start date isn't until August 20
- ADs will need to work with administration and the District Maintenance Department for facilities summer work to be done earlier, especially for football and volleyball. Usually gym floor maintenance takes place the week before school starts after summer camps.
- There will be a home football game before school even starts.

6. Field Hockey: Just after school ended in June, 2017, the Board of Trustees agreed to fund field hockey at Tam and Drake for Fall, 2017 IF there were enough interested players AND the schools could put it together at such late notice. The ADs, Principals and Athletic Assistant Principals agreed that the 2017 season would be a building year. IF the sites had enough players and could find a coach, they would just have scrimmages to teach the sport. This would allow time to order equipment/uniforms and establish a schedule with other schools for the 2018 season.

- Currently, Tam does not yet have a coach. Christina emailed known interested families to register in RMA so that athletes would be cleared and ready to play. The equipment order is in. Once they get a coach, they are looking at twice a week practices and once a week scrimmage. They do have enough interested players.

- At Drake, a parent with field hockey experience has stepped up to coach and there are 22 registered players. Nine showed up at practice yesterday on the outfield of baseball since field had already been rented. All equipment is ordered. Jen, Redwood's coach, was exceptionally helpful. Drake still need field hockey goals. A parent had purchased sticks and donated them. It is not an official season, but is a developmental opportunity to learn the sport and be ready for next year.
- As more schools add girls' field hockey, there have been enough schools to create a league. Beginning in 2018, since MCAL will have 4 schools, MCAL will assume responsibility for a supplemental league in field hockey.

7. Football: This item is to discuss the long-term outlook for the football program. Last year, MCAL dropped from three (varsity, JV & frosh) to two (varsity and frosh-soph) teams. This year, Novato salvaged its varsity team at the last minute. San Rafael had to forfeit a pre-season game due to a lack of players. Issues:

- What should be the minimum numbers to safely field a football team at any level, considering the possibility of losing players during the season to injury or eligibility?
- What proportion of the athletic budget goes to football?
- Do we have a moral responsibility as a District not to field a team that is known to be dangerous?
- Discussion:
 - a)Chris: How much does it cost to support a team? Jessica: probably about \$20,000.
 - b) Chad: TUHSD schools barely have minimum numbers to field a team. Redwood has more.
 - c)Sean: Numbers are diminishing in spite of growing student body enrollment.
 - d) Chad: We should go on a field trip to 8-man football to see what the game is. Nate: 8-man still has equipment, safety issues and costs
 - e)David R: Sees future of football going toward flag football. In football, the job is to hit the other person. That is not the case in flag football and soccer. Little kids are all playing flag football
 - f) Chris: We don't play good football and the league is not challenging. Kids don't want to play and lose. Games are lopsided. Everyone isn't at the same level.
 - g)Jessica: Teams are lopsided size. Players keep coming out at Redwood, but not Drake and Tam.
 - h) Chad: We need a criterion regarding what we need to have a team. TUHSD has always fielded teams if there is an interest.
 - i) David R: Concussions in football are a little like smoking in the 70s. Research out there is coming out about how unsafe a sport football is.
 - j) Chris: Pop Warner is dying. There are only two teams left in Marin. Flag football has 300-400 kids playing at Tam. Flag football is fast and fun to watch.

8. Fall Season Sports Updates:

- **Redwood:** Redwood will be hosting NCSCADA workshop next Monday. Jessica is NCAADA President and Christina is treasurer. About 70 are expected. Every team did have to cut this year. Teams are starting league play and have a few tournaments and are generally off to a good start. Cross country was denied permit from GG National Park due general complaints in the past, none of which were brought to our attention at the time. Due to the denial, the first XC meet was held on campus with David Sondheim being the starter. Tam helped Redwood get their XC course for this week.
- **Drake:** Football has new coaching staff with great energy and positivity even though they are off to a poor start. Water polo is off to a good start. Boys' WP has a very tough schedule. G Tennis made cuts this year due to facility and coaching constraints. G Golf has a small team. XC both B & G won Stinson Beach Relay. Boys' team is very good. B&G teams both went to the finish line to cheer on one runner way behind the back. G volleyball stole Redwood's coach. The Athletic Night was well attended with school-wide meeting and separate Positive Coaching Alliance workshops for parents and athletes. Leadership training for team captains. Free yoga is being offered for all athletes and teachers in the morning. Michael Clune is new weight room manager to implement the Bridge Athletics platform for the rest of the semester pilot program. Drake Fund helping with weight room stipend. Dance troupe has a coach and is building a program. She is taking on a JV team.

- **Tam:** Boosters have approved opening weight room for the Fall every day after school and 10-1 on Saturdays and in the summer. It is open to any students and staff. Every team made cuts other than XC. Cheer got a spirit award at Cheer Camp. Football has new teacher-coach, Michael LemMon. Football plays MC this Sat. Field Hockey update has been given already. G Golf is 5-0 right now and the team is growing. G Tennis just came back from Fresno tournament. G Volleyball hosted annual tournament. B & G water polo both made cuts this year. B WP went to a tournament in Santa Barbara last weekend. The all Fall Sports meeting hosted last week.

9. Additional items that may come up:

- Tam's Social Suspension Policy: David R explained the social suspension policy at Tam. It was cleared with Wes Cedros for major offenses including chronic absenteeism. He will share their policy with Redwood and Drake.
- Competitive Cheer: There is interest at Redwood.

Confirm future meeting dates:

Athletic Council: Tuesdays, 2:30-4:00, Carlisle Creekside

September 12, 2017

November 14, 2017

January 23, 2018

April 17, 2018

Athletic Directors Only, Wednesdays, 1:30,

October: TBA

January 17, 2018

March 12, 2018 (Staff Development Day)

May - TBA

Marin Athletic Foundation

Hall of Fame, Saturday, November 4, 2017

Holiday Breakfast, Wednesday, December 6, 2017

Golf Tournament: Monday, April 23, 2018, Indian Valley Golf Club

Outstanding Student Athlete Dinner: Monday, May 7, 2018, Embassy Suites

NCS Athletic Directors' Association (NCSADA)

Monday, September 25, 2017, Redwood

National Interscholastic Athletic Administrators Association (NIAAA)

Phoenix AZ, December 8-12, 2017

California State Athletic Directors' Association (CSADA)

Burlingame, April 18-22, 2018, Hyatt Regency