

# behavioral health for children and teens.

caring, expert help and support  
when your child is struggling.



If your child seems to be struggling, talk to them about it. If you decide on professional support, MDLIVE licensed therapists and board-certified psychiatrists are here to help for children ages 10 and up — all from the convenience and privacy of home.

## SIGNS THAT YOUR CHILD OR TEEN MAY NEED SUPPORT:

-  Withdrawing from or avoiding people and activities they used to enjoy
-  Noticeable changes in their sleeping or eating patterns
-  Prolonged periods of sadness or hopelessness
-  Excessive worrying about their future
-  Out of control, self-destructive, or risky behaviors
-  Significant changes in their mood or personality
-  Difficulty concentrating
-  Use of drugs or alcohol
-  Speaking about or attempting to harm themselves
-  Talking about suicide

## HELP YOUR CHILD THRIVE WITH MDLIVE BEHAVIORAL HEALTH VIRTUAL VISITS:

- Give your child the support they need from the safety and privacy of home
- Skip the waiting room with completely confidential virtual visits
- MDLIVE has an extensive national network of board-certified psychiatrists and licensed therapists so selecting one who is a good match is simple and convenient
- Pick the same provider for every appointment or choose a different one at any time
- MDLIVE providers are specially trained in virtual behavioral health visits to provide the highest quality of compassionate healthcare
- Schedule a session seven days a week — evenings and weekend appointments available

Our licensed therapists can help with talk therapy and coping strategies, and our board-certified psychiatrists can provide assessments and medication management. Make an appointment today and give your child the help and support they need.

Call 866-567-7082

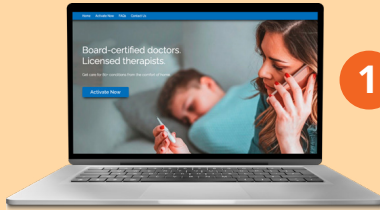
Visit [MDLIVE.com/UTGEARUP](https://www.MDLIVE.com/UTGEARUP)

 Get the app

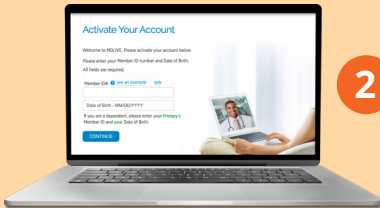
GET STARTED TODAY!

# Create an account for your child to get started with an MDLIVE therapist. Anytime. Anywhere.

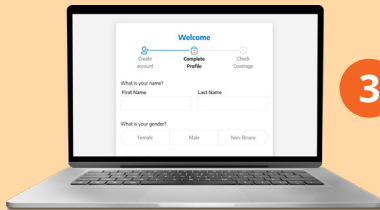
## HOW TO CREATE AN ACCOUNT THROUGH THE MDLIVE WEBSITE



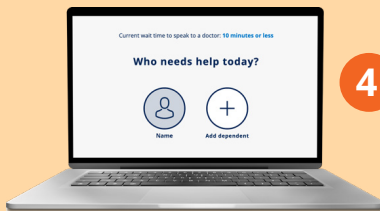
**1** Visit [mdlive.com/utgearup](https://www.mdlive.com/utgearup) and click "Activate Now."



**2** Enter your child's information and click "Continue."



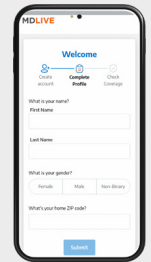
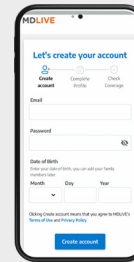
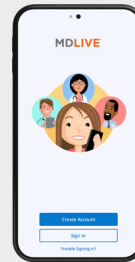
**3** Create your username and password and then complete your profile. Click "Submit."



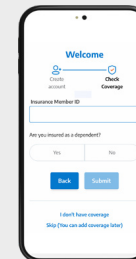
**4** Your secure MDLIVE account is now created. We'll send you an email; just click "Sign In To Your Account" to load your MDLIVE dashboard.

## HOW TO CREATE AN ACCOUNT THROUGH THE MDLIVE APP

**1** Get the MDLIVE app in the App Store or Google Play Store.

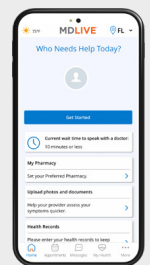


**2** Click "Create Account." Enter your email address and create a password. Then complete your profile information on the next page. Click "Submit."



**3** Enter your child's information and click "Continue."

**4** Your secure MDLIVE account is now created. We'll send you an email; just click "Sign In To Your Account" to load your MDLIVE dashboard.



Meet Sophie, your MDLIVE personal assistant. Sophie can guide you in creating your account. Text gearup to 635483 to get started.

**Create your account today.**  
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