

ROB ALCOTT

Class of 1998



Robert John Alcott was born on May 12, 1980, in Rochester, New York as the youngest of three children. He is one of three generations of wrestlers, as his dad and three uncles as well as his grandfather had all participated in the sport. His dad Alan, mother Karslee, and older sisters Heidi and Jennifer attended every one of Robs' hundreds of matches and were the driving force behind his motivation to "do better every time".

The family moved from Brockport to Seneca Falls in 1988 where Rob was enrolled in the third grade.

Over the next three years, he would attend practice sessions in both Seneca Falls and Waterloo. It was this work ethic and dedication that would help him to become one of the most dominant wrestlers in Mynderse Academy history.

In seventh grade, Rob began to wrestle freestyle in the spring and summer seasons where he excelled at the faster pace of Olympic-style wrestling. (There are several styles of wrestling—folkstyle [collegiate and high school rules], freestyle, and Greco-Roman. The latter two are Olympic events.). Rob won several tournaments in the different disciplines along with two Section Five State Qualifiers. He finished fifth in the New York State Freestyle Tournament. In Rob's eighth grade year, he was captain of the Mynderse modified wrestling team and contributed an undefeated season. He would again win multiple freestyle tournaments along with two more Section Five titles and take fourth place in the New York State Freestyle Tournament.

In his freshman year, Rob wrestled on the Mynderse varsity coached by Kirk Ward (MAAHOF Class of '17). He contributed to a perfect 15-0 team record that won the Finger Lakes West Championship. Individually, Rob placed fourth at the Section V Class C Tournament. During the off-season, he won both Section Five State Qualifiers in which he was entered and placed third at the New York State Freestyle Tournament. He finished second at the Northeast Regional Tournament.

In addition to wrestling, Rob played football during the fall. He performed at the JV level in ninth grade and moved up to the varsity at the end of his sophomore year. As a junior, he started at offensive tackle and inside linebacker. At only 145 lbs., he was much smaller than other linemen, but he always accepted the challenge that came with trying to beat guys who were bigger than he was.

In Rob's sophomore year, he won the Finger Lakes Championship in the 132 lb. weight class and reached the finals of the Section Five Class C Tournament.

It was in Rob's junior year when all his extra time and work began to pay off. During that campaign, he won five high school tournaments that established a Mynderse record. At the Section V Class C Tournament, Rob came in first in his weight class for the first time and ended his season with a record of 33-1; his only loss was in the finals of the State Qualifiers. The 33 consecutive wins set another MA record. The team captured the Finger Lakes West title again with a record of 14-2. During freestyle season, Rob won four tournaments along with both Section Five State Tournament Qualifiers. He placed second in the New York State Freestyle Tournament, but his crowning accomplishment may have been in winning the 1997 USA New York State Folkstyle Tournament for his first state title.

In his senior year, Rob again won five tournaments and finished with a Mynderse career record of 11. In February, he repeated as Section V Class C champion, tying his own record of 33 consecutive wins set a year earlier. This time, he won the State Qualifiers, defeating Mike Cox of Cal-Mum in the 145 lb. finals, and was the Section V representative at the NYSPHSAA State Tournament. There, Rob won two matches and lost two, finishing the season with an outstanding record of 34-2.

Rob now lives in Seneca Falls with his wife, Jennifer, and son, Lucas. He has owned a tile installation company for over twenty years and attributes many of his business successes to the disciplines he learned through wrestling. Rob would sincerely like to thank everyone who supports the Mynderse Academy Athletic Hall of Fame, as well as parents and coaches of all the athletes.