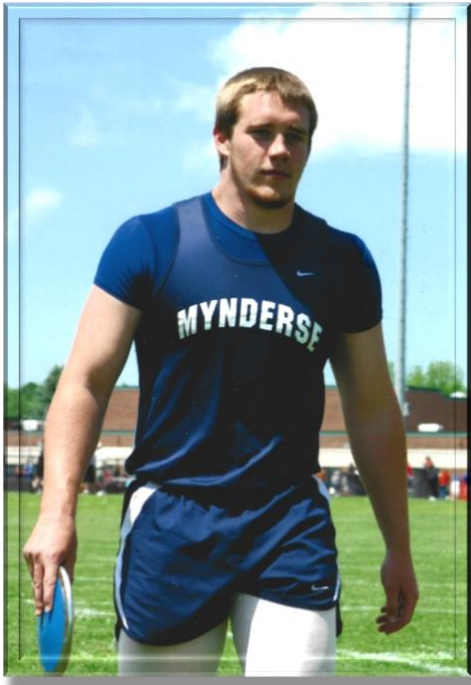


SHAWN WILSON

Class of 2009



Shawn Wilson started his athletic career like any other kid, chasing a soccer ball in a cluster of children, pitching in Little League baseball, and participating in peewee wrestling tournaments every weekend in the winter.

However, Shawn soon realized that he had a special gift for throwing things...far. By the time Shawn entered sixth grade in 2002, he had attended his first national competition in Omaha, Nebraska for the javelin (a 2' plastic dart at that age). Shawn placed 33rd in the country at the Track & Field Junior Olympics. The next summer, Shawn secured seventh place at the USA Track & Field Youth Nationals and sixth at the USATF Junior Olympic National Championship, while also besting the Region 2 (Buffalo-New Jersey) record with a throw just over 120 ft. at the age of 12.

In '04, Shawn placed 14th at Nationals (ages 13-14), and in '05, began his varsity track and field career at Mynderse Academy as an eighth grader. That summer, Shawn qualified for Nationals again, this time in three events--high jump (18th), outdoor pentathlon (10th) and javelin (fifth in the nation with a distance over 153 ft).

In the fall of his freshman year, Shawn took to the gridiron as a member of the Mynderse varsity football squad. He earned second team All Finger Lakes Central honors at linebacker and in his sophomore campaign ('06), garnered first team all-league recognition as a linebacker and honorable mention at fullback. In '07, he would be selected first team all-league linebacker and fullback, rushing for over 200 yards in one game and leading the team in tackles. However, his football career was cut short when he sustained a broken arm in the first game of his senior year.

During the winter months, Shawn was a key member of the Mynderse wrestling program for three seasons before switching to indoor track as a senior. As a freshman, he placed fifth in the Section V Class BBB Wrestling Championships with a fourth place finish the following year. In '08, Shawn captured the title at the Wayne-Finger Lakes West Wrestling Invationals. By the time he concluded his career on the mat, Shawn was ranked fifteenth in the Mynderse record books with an overall of 77 wins against 30 losses with 46 pins. At that time also, he was tied for the school record for consecutive pins with 10. (That record has since been reset at 15.)

After recovering from his broken arm, Shawn switched to indoor track in his senior year ('09) where he would go on to win the Section V titles in the shot-put and 55M hurdles and place 21st at the state meet in the shot-put. He currently holds the Mynderse indoor shot-put record with 49' 1.5".

However, it was outdoor track & field where Shawn excelled at the highest levels. In '06, he set a New York State High School record for freshmen, throwing the javelin 164 ft. during a regional meet. Shawn secured his first Section V title in the pentathlon in '08 (school record of 2945 points) and placed second at the State Qualifiers. In his senior year, Shawn placed sixth at the state meet in shot-put and to this day holds the school record with a throw of 52 feet, 5 inches.

He continued to compete in Junior Olympics every summer throughout his high school years, placing in the top 20 in the nation in the javelin, decathlon, and hammer throw.

After graduation from Mynderse, Shawn continued his indoor/outdoor track and field career at SUNY Cortland where he racked up a number of first place performances in the javelin (Bloomsburg Open '10, Cornell Spring Invitational '12, and Roberts Wesleyan Open '13), while also competing in the shot-put, discus, and hammer throw. But his individual highlight was winning the SUNYAC javelin title in '10 with a throw of 163' 6". Two years later, he eventually threw a personal best at the Cortland Classic in '12 with a heave of 168' 3". His efforts supported SUNY Cortland winning the Eastern College Athletic Conference (ECAC) Division III Men's Indoor Track and Field Championships in '13.

Shawn graduated in 2013 with a bachelor's degree in chemistry and now works in the research department at INFICON, a high-tech manufacturing facility in Syracuse, specializing in gas detection and analysis equipment.

Shawn has been married to Carianne (Deary) Wilson for the past seven years while the couple has been together for the last sixteen. Along with their golden retriever, Molly, they look forward to new adventures in the future.