



Comprehensive Health Education Materials

Grade Level	Adopted Textbook	Approved Supplemental Materials	Approved Videos
K	Meeks and Philip Heit. <i>Health & Wellness-Kindergarten</i> . McGraw-Hill Education, 2014.	American Heart Association, CPR in Schools Training Kit	
1	Meeks and Philip Heit. <i>Health & Wellness-Grade 1</i> . McGraw-Hill Education, 2014.		
2	Meeks and Philip Heit. <i>Health & Wellness-Grade 2</i> . McGraw-Hill Education, 2014.		
3	Meeks and Philip Heit. <i>Health & Wellness-Grade 3</i> . McGraw-Hill Education, 2014.		
4	Meeks and Philip Heit. <i>Health & Wellness-Grade 4</i> . McGraw-Hill Education, 2014.		
5	Meeks and Philip Heit. <i>Health & Wellness-Grade 5</i> . McGraw-Hill Education, 2014.		<i>Always Changing Fifth Grade Puberty Education Program</i> . Proctor and Gamble, n.d. Web. http://www.pgschoolprograms.com/programs.php?pid=1
6	Sanderson, C. A., PhD, Armbruster, L., Zelman, M., PhD, & McCarley, M. <i>Essential Health Skills for Middle School</i> (Second ed.). Goodheart Willcox Company, 2021		
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High School	Sanderson, C. A., PhD, and Zelman, M., PhD. <i>Essential Health Skills</i> (Third ed.). Goodheart Willcox Company, 2021		<i>Life’s Greatest Miracle</i> . PBS Nova, 2001. Web. http://www.pbs.org/wgbh/nova/body/life-greatest-miracle.html