

ATHLETE OF THE WEEK

**KATE
PALUSZEWSKI**

Cross Country



Kate is a Junior on Varsity and is one of the hardest workers on the team. She has worked her way into being a consistent Top 5 scorer for Varsity. She continues to improve and has lowered her 5k time by over a minute in the last 2 meets. Kate is a big reason the squad has won their last 2 meets, including the Wayne County Championship which had over 30 teams competing. DC is excited about Kate's potential for her senior season