

Dallas County Schools
District Wellness Policy Annual Assessment Survey Results 2019-2020

School District: Dallas County

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Wellness Policy Components	Fully in Place	Partially In Place	Not in Place	Steps to implement, challenges/barriers	Data sources for monitoring; Next steps for full implementation
District Wellness Committee					
Policy Leadership					
0. The designated Child Nutrition Director ensuring district compliance with the wellness policy.	X				Dallas County School System holds yearly reviews of Wellness policy.
A commitment to Nutrition and Physical Activity					
1. Each school has committee member and staff to address nutrition and physical activity. Develop, implement and evaluate guidelines that support a healthy school nutrition environment.	X				Dallas County School District Wellness Policy consists of a committee member from each school, District Nurse, Child Nutrition Directors. Community Members and Students.

Quality School Meals

2. Faculty and support staff highly encourage students to participate in the school meal program. Menus meet nutrition standards established by the U.S.D.A. and Alabama Department of Agriculture.	X				USDA's New Meal Pattern (Nutrition Standards) for School Meals Requires schools to serve larger portions of fruits and vegetables. Students must take at least one fruit or vegetable serving per meal (dark green vegetables, orange/red) and legumes at least once a week. All grains offered to students must be whole grain-rich. Requires milk to be 1% or nonfat (flavored milk must be nonfat). Maintains current limits on fat: no more than 1/3 of school lunch (1/4 of school breakfast) calories can come from fat; less than 10% from saturated fat.
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Other Healthy Food Options

3. Each school will follow guidelines on nutrition standards for food and beverages offered through parties, celebrations, social events and any school event taking place during regular school day.	X				Foods sold will follow the policy for sale of competitive foods as outlined in the SDE memorandum dated November 6, 2001. Schools should refer to Log # FY02-3005 which clarifies the sale of competitive foods during meal service
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					times. Schools are prohibited from selling or providing free of charge any food or meal that is in competition with the scheduled school meal.
Nutrition Education					
4. Each school will follow health education curriculum standards and guidelines as stated by the Alabama State Department of Education. Each school will link nutrition education activities with the school health program.	X				Specified in Dallas County Wellness Policy on District's Website
Marketing					
5. Each school will receive positive, motivating messages, both verbal and non-verbal about healthy eating and physical activity throughout the school setting. All school personnel will help reinforce these positive messages. Schools will promote healthy food choices and will not allow	X				Specified in Dallas County Wellness Policy on District's Website

advertising that promotes less nutritious food choices.					
Implementation					
6. Each school committee member will conduct a review of the campus during the first semester of each year to identify areas for improvement. Each member will report findings and develop a plan of action for improvement.	X				School Survey Results /Action Plan is on file in Child Nutrition Office.
Evaluation/Assessment Survey Results					
7. Each school committee member will complete an assessment/Survey tools to identify by the campuses using a 6-Step Process.	X				School Survey Results /Action Plan is on file in Child Nutrition Office.