

Morning Checklist

Week of:



Time

Task

Mon

Tues

Wed

Thurs

Fri

Wake up on time

Use restroom/shower

Do your hair

Make your bed

Get dressed

Eat breakfast

Brush your teeth

Finish any chores/homework

Check backpack

- Homework/binders

- Forms to be turned in

- Lunch/snacks

- Supplies

Put shoes on

Walk to car/bus stop