



Purpose:

To engage designated fourth and fifth grade students in social emotional intervention strategies that will help them improve classroom participation and academic success with purpose.

Objective:

Collaborate with high school juniors and seniors to become peer-to-peer mentors that will assist students with level one social emotional needs and earn community service hours.

Schedule:

Saturday's Just You and Me meets on Saturdays from (9:00am until 12:00pm) at the school site. Students will have an opportunity to discuss private matters that concern them and mentors will share effective strategies from a teen's perspective.

Activities & Topics of Discussion:

Meet & Greet: "Let Me Into Your World"

Students and their mentors will be introduced to each other and will have an opportunity to engage in ice-breaker activities.

Mentors will introduce themselves and share their personal experiences when they were in the fourth and fifth grades. Mentors will open up their lives (first) creating a pathway for the mentees to feel more relaxed in sharing their story.

Together We Win: Who Are We & Why Are We Here?

Mentors will take a trip back in time to identify with their hero in history. This allows the student to look into the lenses of why we are where we are and how do we plan too move forward.

Sociology: What's In Your World?

Mentor will share the study of humans and how culture plays an important part in how we see the world and how we are expected to participate in it. Mentees are given an opportunity to share their likes, dislikes, family makeup (culture), street life, etc.

Psychology: This Is What I Like!

Mentors will allow mentees to share why they sometimes do what they do and why should they want or might desire to change.

Biology: Let's Just Walk It Out!

Mentor and mentee will engage in a talk-n-walkathon to reflect on their time and discussions with each other via writing, an audio recording or video presentation.

Math: Add It! Subtract It! Divide It! Multiply It!

Students will learn how moments of the day are fractions of the day, days are fractions of the week, weeks are fractions of the month and months are fractions of the year.



Date: _____

Dear Parent / Caregiver,

Just You & Me is a mentoring program that provides our students with additional support to help them do their very best at school. Mentoring is an effective strategy to help students make positive choices, stay on track in school and avoid negative behaviors.

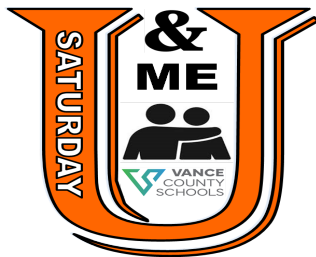
The mentors are Vance County Schools upperclassmen that are presently in one of our five schools; STEM, VC HIGH, EARLY HIGH SCHOOL, ADVANCE ACADEMY, VC MIDDLE or former VCS graduate students. Mentors meet with students weekly on Saturday's from (9:00am till 12:00 noon) and do a variety of positive activities together. These activities take place on school grounds during the school year.

Your child will be invited to fill out a brief survey as part of our efforts to evaluate the mentoring program. If you give permission for your child to take part in the program, he/she will fill out a brief survey before or during the first and last group activities. Each survey will take about 5-10 minutes to complete. The surveys ask your child about how he/she feels about their school, and what impact the mentor had on him/her. The surveys are completely CONFIDENTIAL. If you would like to review the survey content please contact **Dr. Ralphel Holloman, Sr. at (252) 425-3792.**

My signature below gives consent for my child to participate in Just U & Me. I consent for my child to complete a survey regarding the mentoring experience. Yes No

Parent/Caregiver Name: _____ (print)

Parent/Caregiver Signature: _____ Date: _____



STUDENT MENTEE AGREEMENT

Date: _____

“The most effective mentors offer support, challenge, patience, and enthusiasm while they guide others to new levels of achievement.”

(“STAGES OF A MENTORING RELATIONSHIP” Baylor University’s Community Mentoring for Adolescent Development)

Overview:

Mentors serve as positive role models and invest themselves in their students. They also encourage and motivate students to become their best. Mentors offer students a pathway to expand their life perspectives, overcome obstacles and build on their strengths to make positive choices and develop essential school and life skills. Mentors are not case managers or therapists. They are caring juniors and seniors from our district committed to building relationships with young people. Participation is voluntary. So please read the following points and sign below to indicate your commitment to a mentoring relationship. If you have any questions please ask the Just U & Me Site Coordinator at your school.

As a Mentee I agree to:

- Commit to meeting with my mentor weekly for four hours while I am on the campus of L. B. Yancey Elementary School.
- Be on time to meet with my mentor
- Notify my mentor in advance about any change in our meeting arrangements
- Attend mentor program events
- Try new and beneficial activities with my mentor
- Notify the Mentor Program Site Coordinator or another adult of any questions or concerns either at school or home.
- Conduct myself in a manner that suggests I am willing to be mentored and accept the things being offered to me in the program to improve my behavior.
- Have fun!

Student Name: _____ **Grade:** _____

Student Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

Just U & Me Program Coordinator:

Name: Dr. Ralphel Holloman, Sr.
Email: rholloman@vcs.k12.nc.us
Phone: 252-425-3792

School Office:

Name: L. B. Yancey Elementary
Address: 311 Hawkins Drive Henderson, NC 2736
Principal: Dr. Shannon Bullock
Phone: 252-438-8336

Mentor:

Name: _____
School: _____
School Email: _____

Games and Art Supplies: Stop Relax & Think, Totika, You Decide: Teasing & Bullying

Activity Ideas: Let Me Into Your World, Who Are We & Why Are We Here, What's In Your World, This Is What I Like, Let's Just Walk It Out, Add It, Subtract It, Divide It, Multiply It!

Off-site Field Trip Forms: Henderson Institute

In Case of an emergency please contact: _____

Cell: _____ or _____

Mother: __ Father: __ Grandmother: __ Grandfather: __ Brother: __ Sister: __

Student Name: _____ Grade: _____

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____



KEY PRACTICES

- ✓ Mentors are volunteers
- ✓ Mentees must attend orientation BEFORE meeting with mentors
- ✓ Mentors must attend training/orientation BEFORE meeting with mentees
- ✓ Mentors meet one-to-one with students
- ✓ Visits take place on School Campus (except during other related activities).
Parent permission is required for all outings off school campus grounds.
- ✓ Mentors may use personal vehicles to and from mentoring site
- ✓ Parent/Guardian/Caregiver consent is required for the student participation
- ✓ All Student mentees complete pre-and post-surveys for program evaluation purposes
- ✓ Mentor-Student will comply with all rules and regulations outlined in the Vance County School Handbook
- ✓ A Student Mentor can be dismissed from the program for inappropriate behaviors of any kind.

Student Name: _____ Grade: _____

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____