

DINUBA UNIFIED SCHOOL DISTRICT

CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of the Athletic Director, provide assistance to students in the prevention, evaluation, treatment and rehabilitation of athletic injuries; maintain a variety of records related to student injuries, treatments, progress and assigned activities; process forms and applications as needed; administer first aid and emergency medical care; develop and implement individualized rehabilitation and reconditioning programs for injured students.

REPRESENTATIVE DUTIES:

ESSENTIAL DUTIES:

Provide assistance to students in the prevention of athletic and other injuries; tape and wrap athletes to prevent injury or re-injury; supply and assist students with straps, braces and other adaptive equipment to assist with protection from injury.

Maintain a variety of records related to student injuries, treatments, progress and assigned activities; process forms and applications as needed; compile, distribute and collect emergency cards; prepare and submit student injury reports; complete CIF concussion forms; review athletic insurance coverage and assist student-athletes in the correct submission of insurance forms; complete medical insurance forms.

Identify, evaluate and provide immediate first aid in response to athletic injuries; administer emergency first aid as necessary to ill or injured students; notify parent of ill or injured students; refer students and parents to health care professionals and outside agencies as appropriate.

Develop and implement individualized rehabilitation and reconditioning programs for injured students; assist students with specialized therapeutic exercises; perform demonstrations and assure student understanding of proper exercise techniques and procedures.

Receive and review student-athlete health history records; inform coaching staff of health problems; maintain formal, confidential student-athlete health records.

Confer with students in performing a variety of athletic and therapeutic exercises.

Operate a variety of office equipment, a computer and assigned software; utilize first aid, adaptive and therapeutic rehabilitation equipment.

Communicate with students, parents, personnel and outside agencies to exchange information, coordinate activities and resolve issues or concerns related to student injuries, progress and assigned activities.

Serve as athletic trainer for team practices and athletic events; provide instruction regarding aspects of injuries, reconditioning and nutrition; assist in preparation for practice including filling water and

restocking medical kits.

Read, interpret, apply and explain rules regulations, policies and procedures related to athletic training and health services.

Maintain training room area in a clean, sanitary and orderly condition.

Train and provide work direction to student trainers and volunteers.

Drive a vehicle to transport athletic equipment and supplies to various sites.

Attend a variety of in-services and other training functions as directed.

OTHER DUTIES:

Assist in receiving, storing, issuing and maintaining inventory of supplies and equipment utilized in athletic programs; estimate and order proper amounts of athletic and first aid supplies and equipment.

Assist in determining if rehabilitated students are medically able to participate in practice and return to competition.

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

Practices, procedures and equipment used in the prevention, care and rehabilitation of athletic injuries.

Signs and symptoms of athletic injuries, their prevention, care, treatment and immediate first aid methods.

Principals, methods and practices of athletic training, first aid and emergency treatment.

Athletic training therapeutic modalities.

Musculoskeletal system and basic biomechanics.

Advanced principles of anatomy and physiology.

Broad understanding of the legalities related to athletics.

Treatment and rehabilitation methods and techniques for injured students and student athletes including acute and chronic issues related to a various types of injuries.

Equipment materials and supplies used in team and individual athletic programs and activities.

Proper fitting of athletic protective gear.

Basic safety practices and principles.

Rules and regulations applying to safe equipment operation, medical scope and limits of authority.

Applicable Education laws, codes, regulations, policies and procedures.

District organization, operations, regulations, policies and objectives related to position.

Proper methods of storing equipment, materials and supplies.

Requirements of maintaining athletic facilities in a safe, clean and orderly condition.

District safety and emergency action plans.

Individualized rehabilitation and reconditioning techniques and procedures for injured students.

Inventory methods and practices.

First aid and CPR techniques.

Appropriate protocol for returning athletes to play after sustaining an injury.
Oral and written communication skills.
Interpersonal skills using tact, patience and courtesy.
Basic record-keeping and report preparation techniques.
Operate a variety of office equipment, a computer and assigned software.
Utilize first aid, adaptive and therapeutic rehabilitation equipment.

ABILITY TO:

Identify and treat athletic injuries.
Provide assistance to students in the prevention of athletic injuries.
Perform physical therapy, health care, first aid and emergency treatment on ill or injured students.
Tape and wrap athletes to prevent injury or re-injury.
Apply various types of therapeutic treatment, equipment and conditioning programs.
Use athletic training and sports therapy equipment with proficiency.
Identify, evaluate and provide immediate first aid in response to athletic injuries.
Develop and implement individualized rehabilitation and reconditioning for injured students.
Confer with students in performing a variety of athletic and therapeutic exercise, drills and related activities.
Conduct periodic inventories and requisition supplies and equipment.
Work independently with little direction.
Observe health safety regulations.
Meet schedules and timelines.
Plan and organize work.
Determine appropriate action within clearly defined guidelines.
Assure student understanding of proper exercise techniques.
Operate first aid and athletic training or adaptive equipment.
Understand and follow oral and written directions.
Communicate effectively with coaches, student-athletes and administrators the needs of the injured student-athletes.
Establish and maintain cooperative and effective working relationships with others.
Communicate effectively both orally and in writing.
Work evening or variable hours.
Operate and utilize athletic rehabilitation and training equipment.
Operate a variety of office equipment, a computer and assigned software.
Maintain confidentiality of student records and information.
Maintain records and prepare reports.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: bachelor's degree sports medicine, kinesiology, health services, physical therapy or a related field and one year of experience involving the care, management and prevention of athletic injuries.

LICENSES AND OTHER REQUIREMENTS:

Valid First Aid, CPR & AED Certificate.
Valid California Class C driver's license.

Valid National Athletic Trainer certification or equivalent such as the National Athletic and Sports Trainer Board of Certification (NATABOC) Certificate.

WORKING CONDITIONS:

ENVIRONMENT:

Indoor and outdoor work environment.
Evening or variable hours.
Subject to seasonal heat, cold or adverse weather conditions.

PHYSICAL DEMANDS:

Dexterity of hands and fingers to operate athletic equipment and tape students.
Sitting or standing for extended periods of time.
Bending at the waist, kneeling or crouching to assist students.
Seeing to monitor student activities.
Hearing and speaking to exchange information.
Reaching overhead, above the shoulders and horizontally.
Lifting, carrying, pushing or pulling heavy objects as assigned by the position.
Walking.

HAZARDS:

Potential contact with blood and blood borne pathogens.

Employee _____ Date _____

The above statements are intended to describe the general nature and level of work being performed. They are not intended to be construed as an exhaustive list of all responsibilities, duties, and skills required of personnel so classified.

Board Approved: March 9, 2017