



ORRHS Guidance Newsletter

Current Guidance Happenings

THIS WEEK - The College Boot Camp: Miscellaneous Support, 10/10 at 6 pm



The College Boot Camp is a series of one-hour sessions for seniors and families, offered by ORRHS Guidance team members. We have one session remaining: **10/10 @6pm**. Seniors and Parents, please bring your chromebooks/laptops. These will be working sessions.

9/19 - Making the List

9/26 - Writing the Essay

10/3 - The Common App

10/10 - Miscellaneous Support

THIS WEEK - Big Future Real Talk Virtual Event, October 10th

The CollegeBoard's Big Future Program has one more special night lined up on **October 10** to help Black students and their families navigate the college selection process. These virtual events will help students decide whether an HBCU (Historically Black College and University) or PWI (Predominantly White Institution) is right for them. This is a great opportunity for Black students and their families to directly engage with college leaders and current college students from both HBCUs and PWIs. To learn more, preview this [Big Future - Real Talk Flyer](#) and [RSVP Here](#)

THIS WEEK - PSATs, October 14th

Students who will be taking the PSAT should report to the high school by **7:30 am on October 14th** with a **charged chromebook** and a **pen & pencil** (for scrap paper). As a reminder, all PSATs are digital this year.

Students taking the PSAT will have a mandatory BlueBook App Practice test during Bulldog Block on October 11th (Sophomores) & October 12th (Juniors). Students will be added to these Bulldog Block sessions by guidance. Students must use a school issued device to test and should have their device with them during the Bluebook App Practice. **Any student who needs a school issued device for the PSAT should [complete this form](#).**

Testing room locations will be emailed to students on October 9th. Students, check out these resources before test day: [Student Guide](#), [Practice Tests](#), [What to bring and what to leave](#), [PSAT resource center](#)

Attention Seniors - Yellow Sheets Due, October 18th

Students who are applying to schools with a **November 1st** deadline should return all yellow sheets to Guidance by **October 18th**.

Herstory - Intergenerational Opportunity, Grades 9-12

[Herstory](#) is an intergenerational oral history project pairing students in high school and college with women over the age of 65 who have ties to New Bedford's fishing community. There is a small stipend being offered through the New Bedford Fishing Heritage Center for successful completion of the project. **Interested students can contact Mr. Everett.**

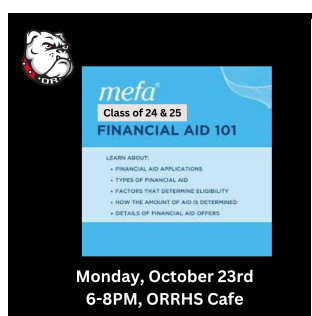
ACT FAST - Free Automotive Service Technician Program, for students 18+



The UCT Automotive Technician grant program is **free** to eligible students and includes tuition, textbooks, and several industry recognized certifications. To be eligible, students must be unemployed or underemployed, 18-years or older and have a valid drivers license. The program begins **October 16, 2023**. Any student or alumni who is interested should notify their guidance counselor immediately to complete an application. Questions can be sent directly to mburke@uppercapetech.org.

The program will run two nights a week in the evening on Mondays and Wednesdays, starting on the 16th. If you are interested, there are only 3-4 seats open...act fast.

COMING SOON - MEFA College Financing Seminar - 10/23, for Grades 11 & 12



Attention '24 and '25 Parent/Guardians SAVE THE DATE: Join us as our ORRHS Guidance Department hosts a MEFA College Financing Seminar on **Monday, October 23rd at 6 pm in the high school cafeteria**. This seminar will provide information and clarity on the entire financial aid application process. You will learn about financial aid applications and types of financial aid, the factors that determine your aid eligibility, how colleges determine the amount of aid to offer, and the details of the financial aid award letters. *Seniors are able to start applying for financial aid as early as December 1st.* (Massachusetts Educational Financing Authority; www.mefa.org) Want a copy of MEFA's presentation? [Click here](#)

COMING SOON- Financial Literacy Info Sessions - 10/25 or 10/26, Grades 10-12



Students in grades 10-12 have an opportunity to sign up and learn from representatives from Abington Bank on **October 25** or **October 26** in their Financial Literacy Series.

Students will learn the following:

- What is Financial Literacy?
- Budgeting
- Online and Mobile Banking
- How to balance a checkbook and write a check
- Filling out a credit application and using credit responsibly
- Scams and Fraud alerts
- Planning for the Future—retirement planning, investing, etc.

This will be a fun and educational training. The topics discussed will be real world examples. The reps will answer student questions and have some tools for the kids to take home and practice. [RSVP here](#)

US Senate Youth Scholarship Program, open to Grades 11 & 12

The [U.S. Senate Youth Scholarship Program](#) is a nationwide college scholarship program designed to promote student leaders' awareness of, participation in, and interest in government. The program is open to high school juniors and seniors in Massachusetts public (including charter) and private schools who are currently serving in an elected or appointed position in student government or in a civic or educational organization in which they

represent their peers. To be considered, eligible students must submit a completed application package with an essay by 12:00 midnight on **Friday, October 13**. Please notify your guidance counselor if you apply.

NHS Tutoring, open to Grades 9-12

The ORRHS National Honor Society would like to invite any students who would benefit from peer tutoring (in any subject) to take advantage of our free NHS tutoring program. It is a goal of our National Honor Society to foster a strong academic community through collaborative opportunities. Please contact Heather Bichsel at heatherbichsel@oldrochester.org or Theo Jacobsen at theojacobsen@oldrochester.org to coordinate peer tutoring.

Ongoing Virtual Opportunities to Learn from MEFA

Check out MEFA's valuable resources and tools to help you prepare for the future and navigate the college planning process. The Massachusetts Educational Financing Authority is here to help. Register for live sessions by visiting www.mefa.org/events

SAT Information, for Juniors and Seniors

Are you planning on taking the SAT? Reminder: **Nov 2nd** is the deadline to register for the **Dec 2nd** test. Students register using their College Board accounts at [SAT College Board Registration](https://sat.collegeboard.org/register). Reminder - fee waivers are available in guidance for eligible students.

Local College Events for Juniors and Seniors

Boston University, October 27

BU will be hosting a Fall Visit Day for juniors and seniors and their families to learn more about Boston University. Interested? [Register Here](#)

Dean College Overview, Gillette Stadium, October 27th



Join the ORRHS Guidance team for a Dean College overview and to learn more about Dean's exclusive academic partnership with Kraft Sports + Entertainment on **October 27th**. Students will hear from representatives from the Kraft Sports + Entertainment, as well as Dean College faculty, staff, and students. Limited spots available

(10) - please [RSVP](#) with Guidance ASAP if interested. Plan on attending the event with your family? Register here - [family registration](#)

Open Houses

Northeast Maritime Institute, October 14, admissions@nmi.edu.

UMASS Boston - October 21 [UMASS Boston Open House](#).

Bristol Community College - October 22, Fall River Campus [BCC Open House](#)

Merrimack - Oct 21, Nov 5 [Undergraduate Open House](#)

UMass Dartmouth - Nov 12 [UMASS D Open House Information](#)

Framingham State - Oct 14, Nov 4 [Framingham State Open House](#)

Bridgewater State - Oct 14, Oct 28, Nov 4 [Bridgewater State University Open House](#)

Providence College - Oct 14 [PC Fall Open House](#)

Bryant University - Oct 21, Nov 11 [Bryant Fall Open House](#)

Curry College - Oct 15, Oct 29 [Curry College Open House](#)

Suffolk University - Oct 22, Nov 5 [Open House Suffolk University](#)

Western New England - October 28 [WNE Open House](#)

LeMoyne College - Oct 15, Nov 5 [Fall Open House LeMoyne](#)

UMass Lowell - Oct 22, Nov 18 [UMASS Lowell Open House](#)

Virtual College Fairs for Juniors and Seniors, STARTING September 10th-November 12th

The virtual fair is a great opportunity to connect with colleges and pursue your college dreams. Have a quick video chat with a rep, drop in on a virtual presentation, send a question through chat - make a connection YOUR way! NACAC fairs will also feature MatchMaking! At the time of registration, you will select the attributes that are most important to you in a college. You'll then receive an email that best matches you to the specific colleges and universities based on the criteria you provide. Check out a [video](#) on how it all works! [Register HERE for free](#)

Upcoming College Rep Visits for Juniors and Seniors



College/University information sessions will be held during Bulldog Block. **Juniors and Seniors** must sign up online through Naviance and with your Bulldog Block Mentor to attend. To access [Naviance](#) use your student username and password.

SEL Tip of the Week



Be Kind. Let's stand together against bullying! On **October 11th**, wear **orange** to show your support for a safe and respectful school environment. Remember, kindness goes a long way in preventing bullying. Each one of us has the power to make a positive difference in someone's day. Reach out, be a friend, and speak up if you witness bullying. Together, we can create a school where everyone feels valued, included, and safe. Spreading kindness helps the entire community!