# BILLIE NEWS!

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Vision Statement: Learning Today, Leading Tomorrow



# Pleasant Hill Elementary

36386 Highway 58, Pleasant Hill, Or 97455

Phone: (541) 736-0400 Attendance Line: 541-736-0411 Meal Prices: Breakfast 1.75 / Lunch 3.00 Supervision: 7:45 - 2:30 p.m. Mon. - Thur. \_\_\_\_\_\_\_\_\_7:45 - 1:30 p.m. Fri. Fax: (541) 736-0446 Office Hours: 7:30—4:00 p.m., Mon. - Fri. Daily Schedule: 8:00 - 2:15 p.m., Mon. - Thur. 8:00 - 1:25 p.m., Fri.

## Jog-a-thon Update



I am always amazed at the level of support the community provides to our school ranging from daily supporting your student at school, the number of volunteer hours logged each month to supporting student enrichment activities. As of Thursday afternoon, October 5th, we have raised \$32,867.

Our goal for the year was to raise \$30,000. The students were told if they raised over \$30,000 Mr. Strong agreed to become a human sundae. Be sure to check in with your student after the Jog-a-thon assembly Wednesday to hear how Mr. Strong was turned into a human sundae.

### **Billie Spirit Week**

This week is homecoming week at Pleasant Hill High School. To show our Billie Spirit and support our high school students, students are invited to participate by dressing up each day. Below is a table listing each day's theme at our school. You are also invited to show your support by attending Friday night, Oct. 13th, Homecoming Football Game at 7pm.

Monday	Tuesday	Wednesday	Thursday	Friday
Pajamas vs Formal Wear	Mismatched Clothes vs Twins / Multiples	Country Western vs Hawaiian Tropical	Bright Neon vs Dark	Billie Spirit: Reference Blue and Gold



## Safety Week



The week of October 9th - October 13<sup>th</sup>, we are hosting our first of three safety weeks held throughout the school year. Safety week is designed to review many of the possible safety drills that we may need to implement in the event of a natural disaster, or an unfortunate event that takes place on campus. Safety week occurs after all major vacations and is not intended to take the place of monthly drills.

We will kick off safety week with the playground educational assistants, reviewing the 3-Whistle Drill. When students hear three short whistles they are to stop playing, look at the adults and listen for directions. All classes will also practice a Room Clear Drill. During this drill students leave one room and enter another classroom should there be a medical emergency or an unsafe situation in their regular classroom.

Tuesday we will practice a Fire Drill. During this drill students under the direction of their teacher exit the building quietly and orderly meeting in our designated meeting spot. Once classes arrive at this location, attendance is taken ensuring all students are safely out of the building. When we have determined all students are accounted for, the building is determined to be safe, students are then directed back to class.

Wednesday as a school we will practice a Hold Drill. This drill is implemented when we need everyone to remain in their classrooms and not out in the hallways due to something like a medical issue.

Thursday we will practice a Secure Drill. This drill is implemented whether it's due to some criminal activity happening in the neighborhood or an unwanted animal out on the school grounds such as a cougar. During this drill staff are directed to secure, get inside and lock all outside doors. No one is allowed in or out of the building.

Friday we will be practicing an earthquake drill. We will announce simple steps to inform all teachers and students how to perform Drop, Cover, and Hold On – a quake-safe action designed to protect lives and prevent injuries from falling furniture and flying objects that can become projectiles during ground shaking. Teachers and students will then evacuate the building according to the school disaster plan.



### Goal Setting Conferences October 19th and October 20th

Next Thursday and Friday students will be dismissed at 11:30 a.m. each day for parent conferences. If your student rides the bus, plan that your student will be arriving home two hours earlier than their regular arrival time.

In addition, we will be providing a "Grab and Go" lunch on Thursday and Friday. Students will order their lunch first thing in the morning both days. Please let your student know if you would like them to access a "Grab and Go" lunch prior to school Thursday and Friday morning as the cooks will be asking for a count in order to prepare enough lunches for everyone who wants one.

The purpose of a goal conferences is to provide meaningful conversation with students and parents / guardians regarding their students' academic strengths and set achievement goals and plans for the school year.

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Research shows student's achievement increases when students know what the learning targets are, where they are in relation to the target and what they need to do to meet the goal. The teachers will be setting goals, sharing, and refining them during goal conferences with you. These goals will be monitored throughout the year formally and informally using classroom assessment tools.

Our goal as a staff is to meet with each family. We realize your schedule may not allow you the flexibility to schedule a conference either of these two days, so the staff will be offering conference times the entire week Monday - Wednesday after school if necessary. If you have not scheduled a conference time yet, please contact your student's teacher or call the school office, 541-736-0400 by connecting you with your student's teacher.



## Tips for Preparing for Parent Goal Conferences

Here are some general hints to help you have a successful goal conference:

- $\cdot$  Talk to your child about what they like the best and least about school.
- · Ask your child, if there is anything that he/she would like you to discuss with the teacher.
- · Be on time for your conference.
- · Listen as the teacher shares, as our teachers have your child's best interest at heart.
- · Ask questions.
- $\cdot$  Share your insights with the teacher.
- $\cdot$  Be open to suggestions.

#### October is Bully Awareness Month

Parents, if you hear your students using these words, Stop-Walk-Talk or see a hand put out as if it were a stop sign; they are implementing a bullying prevention strategy called "Stop-Walk-Talk." Every fall teachers and staff spend the first week of school reviewing this strategy as part of a Bully Prevention Program, developed at the University of Oregon.. Throughout the year the staff and Mrs. Black, during her classroom lessons, review and reinforces this strategy as well as many other problem solving strategies.

Students are taught how to respond if another student is being disrespectful towards them or other students. Our staff has also been taught how to respond if students engage in disrespectful, bullying, behavior and can even be unsafe.

Students are taught bullying is disrespectful, unwanted, aggressive behavior that is persistent, occurring over time, not a one time incident, with the same student involved in being disrespectful. Examples of these persistent disrespectful, bullying, behaviors are name calling, teasing, continuously pushing, constantly poking, or threatening another student. Students are also taught that it is not an accidental bump into a peer or decline to play with

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them. In addition, we also work with students to practice the golden rule, "If you can't say something nice to a peer, say nothing at all."

The three steps for implementing "Stop, Walk, Talk" are:

- 1. Stop— All students are taught the "Stop" signal, putting up a flat hand, and to use a firm voice to say, "STOP."
- 2. Walk Away— Sometimes, even when students tell others to "stop", problem behavior will continue. When this happens, students are to "walk away" from the problem behavior.



3. Talk— report problems to an adult if the disrespectful behavior does not stop or a student is in danger such as falling on the playground or fighting.

Students are praised for trying these steps or reminded about using these steps first before talking to an adult. Finally, the staff member will discuss the problem behavior with the student who is engaging in problem or disrespectful behavior. They will remind students what they are to do when they are given the stop signal or told "STOP" by another student or students (i.e., immediately stop what they are doing, take a deep breath and count to 3, and continue with their day following our school rules). In addition, staff will enforce the appropriate consequences if necessary. Parents will receive notification from the school if their student continues to engage in disrespectful or unsafe behaviors.

### Lost and Found

We have already accumulated a large amount of clothing on the table and bench outside of the school office in the lost and found area. Please remind your child to check his/her backpack everyday before leaving school to make sure they have ALL their belongings. Also, please label your child's name inside all of their jackets, outerwear and lunch boxes. We make every attempt to return items to students if a name can be found. All items not claimed at the end of the month October, will be donated

items to students if a name can be found. All items not claimed at the end of the moi to the Family Resource Center Clothes Closet.



# Applying for Free and Reduced Lunch

In these economic times, many families who have never before needed assistance are suddenly finding themselves struggling financially. If your family is in this situation you may not be aware that our district participates in the free or reduced lunch program available to qualifying families. The

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program is designed not only to help you financially, but the district as well by reimbursing the district in commodities to be served at lunch.

Families who would qualify for free meals (up to \$90,000 a year for a family of four) or receive other public benefits (e.g. SNAP, TANIF) should fill out a confidential free on-line meal application at <a href="https://www.pleasanthill.k12.or.us/resources/school-nutrition/nslp-free-and-reduced-applications">https://www.pleasanthill.k12.or.us/resources/school-nutrition/nslp-free-and-reduced-applications</a> You may also stop by school to pick-up an application or call the office at 541-736-0400 to request an application be sent home with your child.

You will receive an Eligibility Determination Notification letter once the application has been processed.



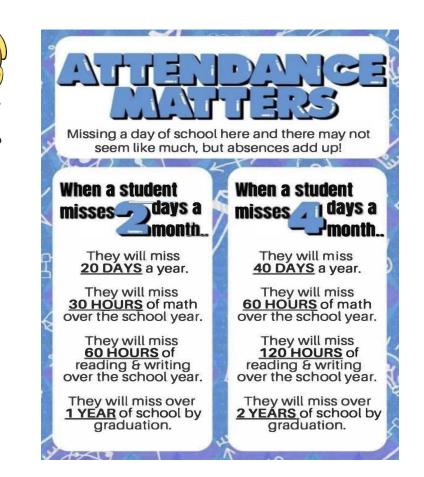
#### Food Service Update

If your student was on the Free and Reduced lunch program last year and you have not completed a new application for the 2023-24 school year, please do so before October 16, 2023.

Please be aware if your student brings a cold lunch and wants milk, they will be charged \$0.50 for a carton of milk regardless if they are on the free and reduced lunch program. Money may be put on your child's Mealtime account for not only purchasing lunches, but milk too.

#### Upcoming Events:

Oct. 10th - 2:30 p.m. PTO Mtg., Look What's PHCC Happening! Oct. 11th - 9:15 a.m. 1st Grade Field Trip Oct. 13th - 8:15 a.m. 5th Grade Field Trip Oct. 13th - 1:25 p.m. Early Release for all Elementary Students Oct. 16th - Oct. 20th Book Fair Week Oct. 19th - Oct. 21st - 11:30 a.m. Early Release for Parent Conferences Oct. 23rd - 9:30 a.m. Kg. Field Trip Oct. 25th - 2:30 p.m. Site Council, Library Oct. 27th - 1:25 p.m. Early Release Oct. 31<sup>st</sup> - Book Character Dress Up Day / Harvest Parties Nov. 3rd - 1:25 p.m. Early Release for all Elementary Students Nov. 5th - Daylight Savings Time Ends Nov. 8th - Picture Re-Take Day Nov. 9th - Grading Day / No School Nov. 10th - Veteran's Day / No School



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