



San-Mateo Foster City Elementary SD

(REC300) Alfredo Pasta Bulk	Total Carbohydrate (g)	
	Recipe	1 Cup Serving
Alfredo Sauce	1148.8487	7.1803
BEVERAGES,H2O,TAP,DRINKING	0	0
Penne Dry Pasta	6559.9984	41
	<b>7708.8472</b>	<b>48.1803</b>

\* Total includes one or more missing nutrient data.

(D0116161205) Applesauce Unsweetened Cups	Total Carbohydrate (g)	
	Recipe	
Applesauce Unsweetened Cups	14	
	<b>14</b>	

\* Total includes one or more missing nutrient data.

(REC301) Assorted Cereal	Total Carbohydrate (g)	
	Recipe	Each
Cereal Honey Scooters LG	46	15.3333
Cereal Marshmallow Mateys LG	47	15.6667
Cereal Cinnamon Toasters LG	44	14.6667
	<b>136.9999</b>	<b>45.6666</b>

\* Total includes one or more missing nutrient data.

(REC0002) Bagel and Cream Cheese	Total Carbohydrate (g)	
	Recipe	Serving
Cream Cheese - SUB	2	2
Bagel IW - SUB	44.5999	44.5999
	<b>46.6</b>	<b>46.6</b>

\* Total includes one or more missing nutrient data.

(F020107) Bagel IW	Total Carbohydrate (g)	
	Recipe	Each
Bagel IW	33.5	33.5

\* Total includes one or more missing nutrient data.



(F020107) Bagel IW	Total Carbohydrate (g)	
	Recipe	Each
	33.5	33.5

\* Total includes one or more missing nutrient data.

(F020100) Bagel IW - SUB	Total Carbohydrate (g)	
	Recipe	Each
Bagel IW - SUB	44.5999	44.5999
	44.5999	44.5999

\* Total includes one or more missing nutrient data.

(REC0028) Baked Potato with Cheddar Cheese and Tortilla Chips	Total Carbohydrate (g)	
	Recipe	Potato
Chips Tortilla Rounds	30	30
Potato, Raw	53.9633	53.9633
Cheese Cheddar Sliced USDA	3.0374	3.0374
	87.0007	87.0007

\* Total includes one or more missing nutrient data.

(F21800) Banana Bread	Total Carbohydrate (g)	
	Recipe	Each
Bread Banana IW Integrated	50.51	50.51
	50.51	50.51

\* Total includes one or more missing nutrient data.

(F190115) BBQ Beef Rib Sandwich on WG Roll	Total Carbohydrate (g)	
	Recipe	Each
BBQ Beef Rib Sandwich on WG Roll	32.4	32.4
	32.4	32.4

\* Total includes one or more missing nutrient data.

(REC00016) BBQ Chicken Drumstick with French Fries	Total Carbohydrate (g)	
	Recipe	Serving
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
Chicken, Glazed Drumsticks	2.5453	2.5453
	19.3482	19.3482



\* Total includes one or more missing nutrient data.

(REC0006 1) BBQ Chicken Meatballs & Mash Potato & Biscuit	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Meatballs	5.997	5.997
Potatoes, Mashed Homestyle	18.6206	18.6206
BBQ Sauce Bulk	2	2
Biscuits, Honey WW	16	16
	<b>42.6177</b>	<b>42.6177</b>

\* Total includes one or more missing nutrient data.

(REC190103 1 1 1) BBQ Chicken Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Chicken , diced	0	0
BBQ Sauce Bulk	1.5324	1.5324
Bread, Parisian Sourdough Baguette - Par baked	39	39
	<b>40.5324</b>	<b>40.5324</b>

\* Total includes one or more missing nutrient data.

(D020218 1) BBQ Sauce Packets	Total Carbohydrate (g)	
	Recipe	Packet
BBQ Sauce Packets	10	10
	<b>10</b>	<b>10</b>

\* Total includes one or more missing nutrient data.

(D020217) BBQ Sauce Packets - SUB	Total Carbohydrate (g)	
	Recipe	Packet
BBQ Sauce Packets - SUB	5	5
	<b>5</b>	<b>5</b>

\* Total includes one or more missing nutrient data.

(Copy of 020507) Beans, Garbanzo	Total Carbohydrate (g)			
	Recipe	Serving - 1/4 cup	Serving - 1 oz	Serving-1/2 cup
Beans, Garbanzo	14.16	8.0286	4.0143	16.0572
	<b>14.16</b>	<b>8.0286</b>	<b>4.0143</b>	<b>16.0572</b>

\* Total includes one or more missing nutrient data.



(REC190102) Beef Bahn Mi Sandwich	Total Carbohydrate (g)	
	Recipe	Sandwich
Cabbage Mix / Coleslaw Mix	3.2885	3.2885
Vinegar - White Distilled	0	0
Hoagie 6" - Sub	36	36
Beef Patty USDA	0.8733	0.8733
Cucumber	3.0873	3.0873
Sauce, Teriyaki	11.0248	11.0248
	<b>54.2738</b>	<b>54.2738</b>

\* Total includes one or more missing nutrient data.

(F081501) Beef Hotdog on a WW Bun IW	Total Carbohydrate (g)	
	Recipe	hotdog
Beef Hotdog on a WW Bun IW	41	41
	<b>41</b>	<b>41</b>

\* Total includes one or more missing nutrient data.

(REC00002 1) Beef Ravioli with Garlic Bread	Total Carbohydrate (g)	
	Recipe	Serving
Toast Texas - Garlic Bread - IW	14	14
Ravioli, Beef	27.5002	27.5002
	<b>41.5002</b>	<b>41.5002</b>

\* Total includes one or more missing nutrient data.

(REC00203 1) Beef Rotini Pasta - Preschool	Total Carbohydrate (g)	
	Recipe	Serving
Pasta, WG Beef Rotini with Sauce	24.12	24.12
	<b>24.12</b>	<b>24.12</b>

\* Total includes one or more missing nutrient data.

(REC0007 1) Beef Rotini Pasta with Garlic Toast	Total Carbohydrate (g)	
	Recipe	Serving
Pasta, WG Beef Rotini with Sauce	24.12	24.12

\* Total includes one or more missing nutrient data.



(REC0007 1) Beef Rotini Pasta with Garlic Toast	Total Carbohydrate (g)	
	Recipe	Serving
Toast Texas - Garlic Bread - Bulk	14	14
	<b>38.12</b>	<b>38.12</b>

\* Total includes one or more missing nutrient data.

(F190114) Beef Sausage & Pancake Sandwich	Total Carbohydrate (g)	
	Recipe	Sandwich
Beef Sausage & Pancake Sandwich	15.7	0.5538
	<b>15.7</b>	<b>0.5538</b>

\* Total includes one or more missing nutrient data.

(F2500) Benefit Bar - Banana Chocolate Chunk	Total Carbohydrate (g)	
	Recipe	Bar
Benefit Bar - Banana Chocolate Chunk	48	48
	<b>48</b>	<b>48</b>

\* Total includes one or more missing nutrient data.

(F2501 1) Benefit Bar - French Toast	Total Carbohydrate (g)	
	Recipe	Bar
Benefit Bar - French Toast	47	47
	<b>47</b>	<b>47</b>

\* Total includes one or more missing nutrient data.

(F2501) Benefit Bar - Oatmeal Chocolate Chunk	Total Carbohydrate (g)	
	Recipe	Bar
Benefit Bar - Oatmeal Chocolate Chunk	47	47
	<b>47</b>	<b>47</b>

\* Total includes one or more missing nutrient data.

(REC020919) Biscuit With Turkey Sausage Gravy	Total Carbohydrate (g)	
	Recipe	Serving
Sausage Turkey Link - Gluten Free	0	0

\* Total includes one or more missing nutrient data.



(REC020919) Biscuit With Turkey Sausage Gravy	Total Carbohydrate (g)	
	Recipe	Serving
Gravy, White Vegan Country Gravy	2.5	2.5
Biscuit Split WG 2.25oz	27	27
	<b>29.5</b>	<b>29.5</b>

\* Total includes one or more missing nutrient data.

(F3800) Bread Cheese Stick - Bosco	Total Carbohydrate (g)				
	Recipe	1 elementary serving=2pc	1 MS Serving = 3pc	1 PS serving = 1pc	X1 Elem Serving = 2 pc
Bread Cheese Stick - Bosco	17	33.815	50.7225	16.9075	33.815
	<b>17</b>	<b>33.815</b>	<b>50.7225</b>	<b>16.9075</b>	<b>33.815</b>

\* Total includes one or more missing nutrient data.

(REC00017) Breaded Chicken Drumstick with Garlic Bread	Total Carbohydrate (g)	
	Recipe	Serving
Toast Texas - Garlic Bread - Bulk	14	14
Chicken, Breaded Drumsticks	12	12
	<b>26</b>	<b>26</b>

\* Total includes one or more missing nutrient data.

(F2502) Breakfast bar Twin Pack IW	Total Carbohydrate (g)	
	Recipe	Twin pack
Breakfast bar Twin Pack IW	43	43
	<b>43</b>	<b>43</b>

\* Total includes one or more missing nutrient data.

(F021805) Breakfast Bun	Total Carbohydrate (g)	
	Recipe	Each
Breakfast Bun	38	38
	<b>38</b>	<b>38</b>

\* Total includes one or more missing nutrient data.



(REC02190114) Breakfast Sandwich - Egg/Cheese on English Muffin	Total Carbohydrate (g)	
	Recipe	Serving
English Muffin - Do not buy	24	24
Cheese American Processed	2	2
Egg Patty 3.5" Bulk	1	1
	<b>27</b>	<b>27</b>

\* Total includes one or more missing nutrient data.

(F181514) Buns, Cinnamon Glazed	Total Carbohydrate (g)	
	Recipe	Bun
Buns, Cinnamon Glazed	38	38
	<b>38</b>	<b>38</b>

\* Total includes one or more missing nutrient data.

(F22101) Burrito - Bean & Cheese Los Cabos IW	Total Carbohydrate (g)	
	Recipe	Each
Burrito - Bean & Cheese Los Cabos IW	44.17	44.17
	<b>44.17</b>	<b>44.17</b>

\* Total includes one or more missing nutrient data.

(F22103) Burrito - Egg and Cheese Wrap	Total Carbohydrate (g)	
	Recipe	Each
Burrito - Egg and Cheese Wrap	16.68	16.68
	<b>16.68</b>	<b>16.68</b>

\* Total includes one or more missing nutrient data.

(REC0022 1) Burrito Turkey, Egg, Cheese, Tater Tot Breakfast	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Egg Patty 3.5" Bulk	1	1
Potato, Tater Tots RS	15.68	15.68
Tortilla, Whole Wheat Flour 10" - SUB	35	35
Turkey Taco Filling	3.5437	3.5437
	<b>55.5071</b>	<b>55.5071</b>

\* Total includes one or more missing nutrient data.



(REC0030 1) California Wrap	Total Carbohydrate (g)	
	Recipe	Serving
Dressing, Ranch Buttermilk Bulk	1.0125	1.0125
Tomatos, Roma	0.3831	0.3831
Tortilla, Spinach (50ct)	58	58
Turkey Bacon	0.2	0.2
Chicken , diced	0	0
Red Onion	1.0591	1.0591
Lettuce, Romaine	7.4709	7.4709
	<b>68.1256</b>	<b>68.1256</b>

\* Total includes one or more missing nutrient data.

(R3100) Carrot, Baby IW 2.6oz	Total Carbohydrate (g)	
	Recipe	Bag 2.6oz
Carrot, Baby IW 2.6oz	0.2142	6.0736
	<b>0.2142</b>	<b>6.0736</b>

\* Total includes one or more missing nutrient data.

(D3504) Cereal Cinnamon Toasters LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Cinnamon Toasters LG	44	44
	<b>44</b>	<b>44</b>

\* Total includes one or more missing nutrient data.

(D3501) Cereal Honey Scooters LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Honey Scooters LG	46	46
	<b>46</b>	<b>46</b>

\* Total includes one or more missing nutrient data.

(D3502) Cereal Marshmallow Mateys LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Marshmallow Mateys LG	47	47
	<b>47</b>	<b>47</b>

\* Total includes one or more missing nutrient data.





(F0801131) Cheese burgers, Mini Twin Pack	Total Carbohydrate (g)	
	Recipe	Each
Cheese burgers, Mini Twin Pack	40	40
	<b>40</b>	<b>40</b>

\* Total includes one or more missing nutrient data.

(F051403) Cheese Enchilada IW - Gluten Free	Total Carbohydrate (g)	
	Recipe	Each
Cheese Enchilada IW - Gluten Free	30.8301	30.8301
	<b>30.8301</b>	<b>30.8301</b>

\* Total includes one or more missing nutrient data.

(R3001) Cheese Mozzarella String	Total Carbohydrate (g)	
	Recipe	Stick
Cheese Mozzarella String	0	0
	<b>0</b>	<b>0</b>

\* Total includes one or more missing nutrient data.

(R03001) Cheese Mozzarella String Light	Total Carbohydrate (g)	
	Recipe	Stick
Cheese Mozzarella String Light	1	1
	<b>1</b>	<b>1</b>

\* Total includes one or more missing nutrient data.

(REC0003) Cheese Ravioli with Garlic Toast	Total Carbohydrate (g)	
	Recipe	Serving
Marinara Sauce Enhanced Bulk	16.3293	16.3293
Pasta, Ravioli, Cheese - Discontinued	35.1098	35.1098
Toast Texas - Garlic Bread - Bulk	14	14
	<b>65.4391</b>	<b>65.4391</b>

\* Total includes one or more missing nutrient data.



(REC0009 2) Cheesy Butter Noodles	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Shredded Parmesan	5.6699	5.6699
Cheese Mozzarella Shredded Bulk	1	1
Penne Dry Pasta	41	41
Butter, Unsalted	0.0028	0.0028
	<b>47.6727</b>	<b>47.6727</b>

\* Total includes one or more missing nutrient data.

(Copy of REC0026) Chef Salad with Cheez-its	Total Carbohydrate (g)	
	Recipe	Serving
Turkey Ham Smkd Slice	1.2987	1.2987
Cheese American Processed	3.9507	3.9507
Tomatos, Cherry/Grape	1.1028	1.1028
Turkey Bacon	0.4	0.4
Cracker Cheez-Its	14.1748	14.1748
Red Onion	1.0591	1.0591
Lettuce, Romaine	14.9418	14.9418
Cucumber	4.1163	4.1163
	<b>41.0442</b>	<b>41.0442</b>

\* Total includes one or more missing nutrient data.

(REC0005) Chicken & Veggie Dumplings w/Veggie Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	36.6101	36.6101
Dumplings - Chicken and Vegetable	31.2604	31.2604
	<b>67.8705</b>	<b>67.8705</b>

\* Total includes one or more missing nutrient data.

(REC0005 1) Chicken & Veggie Dumplings w/Veggie Fried Rice - PS	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	18.305	18.305
Dumplings - Chicken and Vegetable	20.8403	20.8403
	<b>39.1453</b>	<b>39.1453</b>

\* Total includes one or more missing nutrient data.



(REC00003 2) Chicken Adobo with Potatoes and Brown Rice	Total Carbohydrate (g)		
	Recipe	Batch	Serving
Rice Prepared	558.267	558.267	17.4458
Vinegar - White Distilled	0	0	0
Chicken , diced	0	0	0
Sugar, brown	12.2612	12.2612	0.3832
Pepper, black ground	0.7354	0.7354	0.023
Garlic, Raw	1.5933	1.5933	0.0498
Potato, Raw	863.4124	863.4124	26.9816
	<b>1436.2693</b>	<b>1436.2693</b>	<b>44.8834</b>

\* Total includes one or more missing nutrient data.

(REC00008) Chicken Alfredo Pasta	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Shredded Parmesan	5.6699	5.6699
Chicken , diced	0	0
Alfredo Sauce	7.1803	7.1803
Penne Dry Pasta	41	41
	<b>53.8502</b>	<b>53.8502</b>

\* Total includes one or more missing nutrient data.

(REC809040) Chicken and Chees Enchilada Bake	Total Carbohydrate (g)	
	Recipe	Serving
Chicken , diced	0	0
Cheese Mozzarella Shredded Bulk	1.9753	1.9753
Tortilla, Corn White WG 4.5"	25	25
	<b>26.9753</b>	<b>26.9753</b>

\* Total includes one or more missing nutrient data.

(F191004 1) Chicken and Cheese Pita Sandwich IW	Total Carbohydrate (g)	
	Recipe	Sandwich
Chicken and Cheese Pita Sandwich IW	31	31
	<b>31</b>	<b>31</b>

\* Total includes one or more missing nutrient data.



(REC190103 1 1 2) Chicken Bruschetta Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Tomatos, Roma	0.7662	0.7662
Cream Cheese IW	3.78	3.78
Lettuce, Green Leaf #10	0.1627	0.1627
Bread, Parisian Sourdough Baguette - Par baked	39	39
Cucumber	8.2327	8.2327
	<b>51.9416</b>	<b>51.9416</b>

\* Total includes one or more missing nutrient data.

(REC0015) Chicken Burger with Fries	Total Carbohydrate (g)	
	Recipe	Serving
Buns Hamburger WG - 144ct	41.8035	41.8035
Chicken Patty - Breaded - Sub	12	12
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
	<b>70.6064</b>	<b>70.6064</b>

\* Total includes one or more missing nutrient data.

(REC0020) Chicken Caesar Salad with Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Shredded Parmesan	5.6699	5.6699
Dressing, Royal Caesar - 1.5oz IW - SUB	2	2
Cracker Cheez-Its	14.1748	14.1748
Chicken , diced	0	0
Lettuce, Romaine	14.9418	14.9418
	<b>36.7864</b>	<b>36.7864</b>

\* Total includes one or more missing nutrient data.

(F031501) Chicken Corn Dog	Total Carbohydrate (g)	
	Recipe	Each
Chicken Corn Dog	30	30
	<b>30</b>	<b>30</b>

\* Total includes one or more missing nutrient data.



(REC03080902) Chicken Fajita Tacos (2)	Total Carbohydrate (g)	
	Recipe	Serving
Tortilla, Corn White WG 4.5" - SUB	66.6667 *	66.6667 *
Chicken , diced	0 *	0 *
Peppers and Onions	0 *	0 *
	<b>66.6667 *</b>	<b>66.6667 *</b>

\* Total includes one or more missing nutrient data.

(REC060110) Chicken Fajita Tacos with Spanish Rice	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Fajita Tacos (2)	66.6667 *	66.6667 *
Spanish Rice	32.218 *	32.218 *
	<b>98.8846 *</b>	<b>98.8846 *</b>

\* Total includes one or more missing nutrient data.

(REC00003) Chicken Katsu with Rice	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Breaded Bites/Chunks	22.9999	22.9999
Rice Prepared	17.4458	17.4458
Katsu Sauce	19.0525	19.0525
	<b>59.4983</b>	<b>59.4983</b>

\* Total includes one or more missing nutrient data.

(REC0013) Chicken Nuggets with FF	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Breaded Bites/Chunks	22.9999	22.9999
Potato, Fries Crinkle - Gluten Free	29.3501	29.3501
	<b>52.3501</b>	<b>52.3501</b>

\* Total includes one or more missing nutrient data.

(REC00202 2) Chicken Parmesan with Mash Potato	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Breaded Bites/Chunks	22.9999	22.9999

\* Total includes one or more missing nutrient data.



(REC00202 2) Chicken Parmesan with Mash Potato	Total Carbohydrate (g)	
	Recipe	Serving
Marinara Sauce Enhanced Bulk	9.5254	9.5254
Potatoes, Mashed Homestyle	18.6206	18.6206
Basil, Fresh	0.0008	0.0008
Cheese Mozzarella Shredded Bulk	0.9877	0.9877
	<b>52.1345</b>	<b>52.1345</b>

\* Total includes one or more missing nutrient data.

(REC00003 3) Chicken Street Tacos	Total Carbohydrate (g)	
	Recipe	Serving
Chicken , diced	0	0
Tortilla, Corn White WG 4.5"	25	25
	<b>25</b>	<b>25</b>

\* Total includes one or more missing nutrient data.

(REC00009 1) Chicken Tamale with Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	53.9999	53.9999
Tamale Chicken in Red Sauce	26	26
	<b>79.9999</b>	<b>79.9999</b>

\* Total includes one or more missing nutrient data.

(REC002100) Chicken with Cheese, Mash Potatoes and Gravy	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Breaded Bites/Chunks	22.9999	22.9999
Potatoes, Mashed Homestyle	18.6206	18.6206
Gravy, Turkey	6	6
Cheese Cheddar Sliced USDA	2.025	2.025
	<b>49.6456</b>	<b>49.6456</b>

\* Total includes one or more missing nutrient data.

(REC0025) Chickpea Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Croissants, RF Sliced	231.9998	29

\* Total includes one or more missing nutrient data.



(REC0025) Chickpea Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Mayonnaise Bulk	16.0715	2.0089
Lettuce, Green Leaf #10	1.3018	0.1627
Garlic, Raw	1.5933	0.1992
Beans, Garbanzo	417.4864	52.1858
	<b>668.4529</b>	<b>83.5566</b>

\* Total includes one or more missing nutrient data.

(F030809) Chimichanga, Beef and Cheese IW	Total Carbohydrate (g)	
	Recipe	Each
Chimichanga, Beef and Cheese IW	43	43
	<b>43</b>	<b>43</b>

\* Total includes one or more missing nutrient data.

(REC0025 1) Chinese Chicken Salad with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Dressing Asian Sesame IW	1.4175	1.4175
Carrots, Baby Bulk	0.9449	0.9449
Chips Tortilla Rounds	30	30
Chicken , diced	0	0
Lettuce, Romaine	14.9418	14.9418
	<b>47.3041</b>	<b>47.3041</b>

\* Total includes one or more missing nutrient data.

(F030914) Cinnamon, Mini Cinnis	Total Carbohydrate (g)	
	Recipe	Serving
Cinnamon, Mini Cinnis	40	40
	<b>40</b>	<b>40</b>

\* Total includes one or more missing nutrient data.

(F3150) Concha	Total Carbohydrate (g)	
	Recipe	Each
Concha	34	34
	<b>34</b>	<b>34</b>

\* Total includes one or more missing nutrient data.



(Copy of REC0013) Copy of Chicken Nuggets/FF and a cracker	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Breaded Bites/Chunks	22.9999	22.9999
Potato, Fries Crinkle - Gluten Free	29.3501	29.3501
Cracker Cheez-Its	14.1748	14.1748
	<b>66.5248</b>	<b>66.5248</b>

\* Total includes one or more missing nutrient data.

(D031807) Cracker Cheez-Its	Total Carbohydrate (g)	
	Recipe	Bag
Cracker Cheez-Its	14	14.1748
	<b>14</b>	<b>14.1748</b>

\* Total includes one or more missing nutrient data.

(D031808 1) Cracker Cheez-Its - LG - Do not use	Total Carbohydrate (g)	
	Recipe	Bag
Cracker Cheez-Its - LG - Do not use	14	14.1748
	<b>14</b>	<b>14.1748</b>

\* Total includes one or more missing nutrient data.

(D31803) Cracker Scooby Snack	Total Carbohydrate (g)	
	Recipe	
Cracker Scooby Snack	21	
	<b>21</b>	

\* Total includes one or more missing nutrient data.

(D31804) Crackers - Educational Snacks	Total Carbohydrate (g)	
	Recipe	Bag
Crackers - Educational Snacks	22	21.5065
	<b>22</b>	<b>21.5065</b>

\* Total includes one or more missing nutrient data.





(D31805) Crackers - Munchie Mix	Total Carbohydrate (g)	
	Recipe	Bag
Crackers - Munchie Mix	0 *	0 *
	0 *	0 *

\* Total includes one or more missing nutrient data.

(F031821) Crumb Square WG	Total Carbohydrate (g)	
	Recipe	Each
Crumb Square WG	47	47
	47	47

\* Total includes one or more missing nutrient data.

(D418012) Dressing Ranch 1.5 oz	Total Carbohydrate (g)	
	Recipe	
Dressing Ranch 1.5 oz	8	
	8	

\* Total includes one or more missing nutrient data.

(D41801 1) Dressing, Buttermilk Ranch, 12 g	Total Carbohydrate (g)	
	Recipe	Package
Dressing, Buttermilk Ranch, 12 g	8	0.96
	8	0.96

\* Total includes one or more missing nutrient data.

(D418001 1) Dressing, Buttermilk Ranch, 12 g	Total Carbohydrate (g)	
	Recipe	Package
Dressing, Buttermilk Ranch, 12 g	0 *	0 *
	0 *	0 *

\* Total includes one or more missing nutrient data.

(D41800) Dressing, Buttermilk Ranch, 12 g	Total Carbohydrate (g)	
	Recipe	Package
Dressing, Buttermilk Ranch, 12 g	0 *	0 *

\* Total includes one or more missing nutrient data.



(D41800) Dressing, Buttermilk Ranch, 12 g	Total Carbohydrate (g)	
	Recipe	Package
	0 *	0 *

\* Total includes one or more missing nutrient data.

(D418001) Dressing, Buttermilk Ranch, 12 g 1	Total Carbohydrate (g)	
	Recipe	Package
Dressing, Buttermilk Ranch, 12 g 1	0 *	0 *
	0 *	0 *

\* Total includes one or more missing nutrient data.

(D41803) Dressing, Ranch Buttermilk Bulk	Total Carbohydrate (g)	
	Recipe	
Dressing, Ranch Buttermilk Bulk	1	
	1	

\* Total includes one or more missing nutrient data.

(REC0024) Egg, Cheese, Tater Tot Breakfast Burrito	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Egg Patty 3.5" Bulk	1	1
Potato, Tater Tots RS	15.68	15.68
Salsa Bulk	1.9552	1.9552
Tortilla, Whole Wheat Flour 10" - SUB	35	35
	<b>53.9186</b>	<b>53.9186</b>

\* Total includes one or more missing nutrient data.

(REC06091902) Fish Po' Boy Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Fish Sticks, AK pollock	22	22
Hoagie 6" - Sub	36	36
	<b>58</b>	<b>58</b>

\* Total includes one or more missing nutrient data.



(REC060919) Fish Tacos with Cajun Slaw	Total Carbohydrate (g)	
	Recipe	Serving
Fish Sticks, AK pollock	22	22
Tortilla, Corn White WG 4.5" - SUB	66.6667	66.6667
	<b>88.6667</b>	<b>88.6667</b>

\* Total includes one or more missing nutrient data.

(F6120) Flaquito, Chile Cheese IW	Total Carbohydrate (g)	
	Recipe	Each
Flaquito, Chile Cheese IW	30.9999	30.9999
	<b>30.9999</b>	<b>30.9999</b>

\* Total includes one or more missing nutrient data.

(REC06180514) French Toast	Total Carbohydrate (g)	
	Recipe	Serving
French Toast Sticks Bulk (3pc svg)	40	40
	<b>40</b>	<b>40</b>

\* Total includes one or more missing nutrient data.

(F06180514) French Toast Sticks IW	Total Carbohydrate (g)	
	Recipe	Each - 2pc
French Toast Sticks IW	38	38.0217
	<b>38</b>	<b>38.0217</b>

\* Total includes one or more missing nutrient data.

(Copy of REC0005) French Toast, Tater Tots & Turkey Sausages	Total Carbohydrate (g)	
	Recipe	Serving
French Toast Sticks Bulk (3pc svg)	40	40
Potato, Tater Tots RS	15.68	15.68
Sausage Turkey Link - Gluten Free	0	0
	<b>55.6799</b>	<b>55.6799</b>

\* Total includes one or more missing nutrient data.



(R3002) Fruit (1/2 cup)	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Fruit (1/2 cup)	7.5955	7.5955
	<b>7.5955</b>	<b>7.5955</b>

\* Total includes one or more missing nutrient data.

(F061824) Fruit, Frozen Diced Peach Cups - 96ct	Total Carbohydrate (g)	
	Recipe	Cup
Fruit, Frozen Diced Peach Cups - 96ct	21	19.0509
	<b>21</b>	<b>19.0509</b>

\* Total includes one or more missing nutrient data.

(F061821) Fruit, Frozen Mixed Berry - 96ct	Total Carbohydrate (g)	
	Recipe	Cup
Fruit, Frozen Mixed Berry - 96ct	20	20.0704
	<b>20</b>	<b>20.0704</b>

\* Total includes one or more missing nutrient data.

(F061822) Fruit, Frozen Peach - 96ct	Total Carbohydrate (g)	
	Recipe	Cup
Fruit, Frozen Peach - 96ct	21	19.0509
	<b>21</b>	<b>19.0509</b>

\* Total includes one or more missing nutrient data.

(F061823) Fruit, Frozen Strawberry Cups - 96ct	Total Carbohydrate (g)	
	Recipe	Cup
Fruit, Frozen Strawberry Cups - 96ct	21	19.0509
	<b>21</b>	<b>19.0509</b>

\* Total includes one or more missing nutrient data.

(REC0001) GoGurt & Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Yogurt Go-Gurt	7.671	7.671
Cracker Vanilla Bear	20	20

\* Total includes one or more missing nutrient data.



(REC0001) GoGurt & Crackers	Total Carbohydrate (g)	
	Recipe	Serving
	27.671	27.671

\* Total includes one or more missing nutrient data.

(REC0012) Hamburger with Fries	Total Carbohydrate (g)	
	Recipe	Serving
Buns Hamburger WG - 144ct	41.8035	41.8035
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
Beef Patty USDA	0.8733	0.8733
	59.4797	59.4797

\* Total includes one or more missing nutrient data.

(R8000) Hamburger, Cheese Sliders IW	Total Carbohydrate (g)	
	Recipe	Each
Hamburger, Cheese Sliders IW	31.3	31.2977
	31.3	31.2977

\* Total includes one or more missing nutrient data.

(REC16092626) Hawaiian Pizza	Total Carbohydrate (g)	
	Recipe	Slice
Turkey Ham Smked Slice	0.487	0.487
Pizza 16" Cheese Big Daddy	37.2258	37.2258
Pineapple chunks	3.3736	3.3736
	41.0864	41.0864

\* Total includes one or more missing nutrient data.

(REC00202 2 1) HS Chicken Parmesan, Mash Potato & Garlic Bread	Total Carbohydrate (g)	
	Recipe	Serving
Toast Texas - Garlic Bread - IW	14	14
Chicken Breaded Bites/Chunks	22.9999	22.9999
Marinara Sauce Enhanced Bulk	9.5254	9.5254
Potatoes, Mashed Homestyle	18.6206	18.6206
Basil, Fresh	0.0008	0.0008
Cheese Mozzarella Shredded Bulk	0.9877	0.9877

\* Total includes one or more missing nutrient data.



(REC00202 2 1) HS Chicken Parmesan, Mash Potato & Garlic Bread	Total Carbohydrate (g)	
	Recipe	Serving
	66.1345	66.1345

\* Total includes one or more missing nutrient data.

(R00008) Hummus	Total Carbohydrate (g)		
	Recipe	Serving - 1/2 cup	Serving - 3 oz
Sesame Tahini	48	1.3333	1.2
Garlic, Raw	4.7799	0.1328	0.1195
BEVERAGES,H2O,TAP,DRINKING	0	0	0
Lemon Juice	25.6733	0.7131	0.6418
Beans, Garbanzo	1027.658	28.5461	25.6914
Spice - Cumin	10.4536	0.2904	0.2613
	<b>1116.5649</b>	<b>31.0157</b>	<b>27.9141</b>

\* Total includes one or more missing nutrient data.

(REC0020 1) Hummus/Chip/Carrot Pack	Total Carbohydrate (g)	
	Recipe	Serving
Carrot, Baby IW 2.6oz	6.0736	6.0736
Chips Tortilla Rounds	30	30
Hummus	31.0157	31.0157
Cheese Mozzarella String	0	0
	<b>67.0893</b>	<b>67.0893</b>

\* Total includes one or more missing nutrient data.

(D1001) Juice, Apple 4.23 Oz - 40ct	Total Carbohydrate (g)	
	Recipe	Carton
Juice, Apple 4.23 Oz - 40ct	14	14
	<b>14</b>	<b>14</b>

\* Total includes one or more missing nutrient data.

(F1210) Juice, Frozen Orange Carton - 70ct	Total Carbohydrate (g)	
	Recipe	Carton
Juice, Frozen Orange Carton - 70ct	11.136	12.628
	<b>11.136</b>	<b>12.628</b>

\* Total includes one or more missing nutrient data.



(D1002) Juice, Vegetable, Paradise Punch 4.23 Oz - 40ct	Total Carbohydrate (g)	
	Recipe	Carton
Juice, Vegetable, Paradise Punch 4.23 Oz - 40ct	14	14
	<b>14</b>	<b>14</b>

\* Total includes one or more missing nutrient data.

(REC190121) Katsu Sauce	Total Carbohydrate (g)	
	Recipe	2 oz portions
Korean BBQ Sauce - Bulgogi - Wheat Free	95.9999	16
Ketchup - Bulk	7.5721	1.262
Ground Ginger	10.743	1.7905
	<b>114.315</b>	<b>19.0525</b>

\* Total includes one or more missing nutrient data.

(D1150) Ketchup Packets	Total Carbohydrate (g)	
	Recipe	Each
Ketchup Packets	3	4
	<b>3</b>	<b>4</b>

\* Total includes one or more missing nutrient data.

(REC120119) Lasagna with Garlic Bread	Total Carbohydrate (g)	
	Recipe	Serving - Elementary
Toast Texas - Garlic Bread - IW	14	14
Lasagna Rollup WG	28.7852	28.7852
	<b>42.7852</b>	<b>42.7852</b>

\* Total includes one or more missing nutrient data.

(F021807) Lemon Breakfast Square WG	Total Carbohydrate (g)	
	Recipe	Square
Lemon Breakfast Square WG	36	36
	<b>36</b>	<b>36</b>

\* Total includes one or more missing nutrient data.



(F130101) Macaroni & Cheese Bulk	Total Carbohydrate (g)			
	Recipe	Serving 12 oz	Serving 6 oz	Serving 8oz
Macaroni & Cheese Bulk	31	62	36.1667	41.3333
	<b>31</b>	<b>62</b>	<b>36.1667</b>	<b>41.3333</b>

\* Total includes one or more missing nutrient data.

(D1300) Marinara IW	Total Carbohydrate (g)	
	Recipe	Each
Marinara IW	7	7
	<b>7</b>	<b>7</b>

\* Total includes one or more missing nutrient data.

(D1303) Mayonnaise Packets	Total Carbohydrate (g)		
	Recipe	Case	Package
Mayonnaise Packets	0 *	0 *	0 *
	<b>0 *</b>	<b>0 *</b>	<b>0 *</b>

\* Total includes one or more missing nutrient data.

(R13900) Milk 1%	Total Carbohydrate (g)	
	Recipe	Carton
Milk 1%	16	16
	<b>16</b>	<b>16</b>

\* Total includes one or more missing nutrient data.

(R13901) Milk Chocolate FF	Total Carbohydrate (g)	
	Recipe	Carton
Milk Chocolate FF	20.9999	20.9999
	<b>20.9999</b>	<b>20.9999</b>

\* Total includes one or more missing nutrient data.

(F132101) Muffin, Blueberry 3oz - Elsa	Total Carbohydrate (g)	
	Recipe	Each
Muffin, Blueberry 3oz - Elsa	38	38
	<b>38</b>	<b>38</b>

\* Total includes one or more missing nutrient data.







(F16102) Pasta, WG Beef Rotini with Sauce	Total Carbohydrate (g)		
	Recipe	Serving - Elem 7.44oz	Serving - MS 8oz
Pasta, WG Beef Rotini with Sauce	24.12	24.12	25.9355
	<b>24.12</b>	<b>24.12</b>	<b>25.9355</b>

\* Total includes one or more missing nutrient data.

(F16900) Pizza 16" Cheese Big Daddy	Total Carbohydrate (g)	
	Recipe	Slice
Pizza 16" Cheese Big Daddy	35	37.2258
	<b>35</b>	<b>37.2258</b>

\* Total includes one or more missing nutrient data.

(F16901) Pizza 16" Pork Pepperoni Big Daddy	Total Carbohydrate (g)	
	Recipe	Slice
Pizza 16" Pork Pepperoni Big Daddy	42	42
	<b>42</b>	<b>42</b>

\* Total includes one or more missing nutrient data.

(F16902) Pizza Galaxy Cheese IW	Total Carbohydrate (g)	
	Recipe	Each
Pizza Galaxy Cheese IW	26	26
	<b>26</b>	<b>26</b>

\* Total includes one or more missing nutrient data.

(F160904) Pizza Sandwich Beef Pepperoni IW	Total Carbohydrate (g)	
	Recipe	
Pizza Sandwich Beef Pepperoni IW	31	
	<b>31</b>	

\* Total includes one or more missing nutrient data.

(F191005) Pizza Sandwich Turkey Beef Pepperoni IW	Total Carbohydrate (g)	
	Recipe	Each
Pizza Sandwich Turkey Beef Pepperoni IW	31	31

\* Total includes one or more missing nutrient data.



(F191005) Pizza Sandwich Turkey Beef Pepperoni IW	Total Carbohydrate (g)	
	Recipe	Each
	31	31

\* Total includes one or more missing nutrient data.

(F16092602) Pizza, White Garlic Squares	Total Carbohydrate (g)	
	Recipe	Slice
Pizza, White Garlic Squares	48	48
	48	48

\* Total includes one or more missing nutrient data.

(D161516) Popcorn Sweet and Salty	Total Carbohydrate (g)	
	Recipe	Bag - 1oz
Popcorn Sweet and Salty	20	20.4589
	20	20.4589

\* Total includes one or more missing nutrient data.

(REC16151811) Pork Philly Cheese Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Pork, Pulled USDA	0 *	0 *
Hoagie 6" - Sub	36 *	36 *
Peppers and Onions	0 *	0 *
Cheese Pepper Jack	3 *	3 *
	39 *	39 *

\* Total includes one or more missing nutrient data.

(REC16151811 1) Pork Philly Cheese Sandwich 1	Total Carbohydrate (g)	
	Recipe	Sandwich
Cabbage Mix / Coleslaw Mix	3.2885	3.2885
Vinegar - White Distilled	0	0
Hoagie 6" - Sub	36	36
Beef Patty USDA	0.8733	0.8733
Cucumber	3.0873	3.0873
Sauce, Teriyaki	11.0248	11.0248
	54.2738	54.2738

\* Total includes one or more missing nutrient data.



(REC-20) Prepared Crumbles Fiesta/Mexican Meatless	Total Carbohydrate (g)	
	Recipe	Cup
Salsa Bulk	31.2824	3.9103
Crumbles Fiesta/Mexican Meatless	40.7524	5.094
BEVERAGES,H2O,TAP,DRINKING	0	0
	<b>72.0348</b>	<b>9.0044</b>

\* Total includes one or more missing nutrient data.

(F161805) Pretzel Stick Cinnamon Bun	Total Carbohydrate (g)	
	Recipe	
Pretzel Stick Cinnamon Bun	0 *	
	0 *	

\* Total includes one or more missing nutrient data.

(F16211621) Pupusa Cheese	Total Carbohydrate (g)	
	Recipe	Pupusa
Pupusa Cheese	32.9999	32.9999
	<b>32.9999</b>	<b>32.9999</b>

\* Total includes one or more missing nutrient data.

(F16211621 1) Pupusa Chicken and Cheese	Total Carbohydrate (g)	
	Recipe	Pupusa
Pupusa Chicken and Cheese	28	28
	<b>28</b>	<b>28</b>

\* Total includes one or more missing nutrient data.

(F172100) Quesadilla Cheese WG IW	Total Carbohydrate (g)	
	Recipe	Each
Quesadilla Cheese WG IW	0 *	0 *
	<b>0 *</b>	<b>0 *</b>

\* Total includes one or more missing nutrient data.



(D180100) Raisins	Total Carbohydrate (g)		
	Recipe	Bag	Each
Raisins	29	29	29
	<b>29</b>	<b>29</b>	<b>29</b>

\* Total includes one or more missing nutrient data.

(F021806) Raspberry Breakfast Square WG	Total Carbohydrate (g)	
	Recipe	Square
Raspberry Breakfast Square WG	36	36
	<b>36</b>	<b>36</b>

\* Total includes one or more missing nutrient data.

(D180903) Rice Krispy Treat	Total Carbohydrate (g)	
	Recipe	Each
Rice Krispy Treat	0 *	0 *
	<b>0 *</b>	<b>0 *</b>

\* Total includes one or more missing nutrient data.

(REC180) Rice Prepared	Total Carbohydrate (g)			
	Recipe	Serving - 1 cup	Serving - 1/2 cup	Serving - 6 oz
BEVERAGES,H2O,TAP,DRINKING	0	0	0	0
RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY	279.1335	34.8917	17.4458	27.9134
	<b>279.1335</b>	<b>34.8917</b>	<b>17.4458</b>	<b>27.9134</b>

\* Total includes one or more missing nutrient data.

(100500) RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY	Total Carbohydrate (g)	
	Recipe	0.25 cup
RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY	24	14.1538
	<b>24</b>	<b>14.1538</b>

\* Total includes one or more missing nutrient data.



(F22100) Roll, Cinnamon	Total Carbohydrate (g)	
	Recipe	Each
Roll, Cinnamon	38	38
	<b>38</b>	<b>38</b>

\* Total includes one or more missing nutrient data.

(190101) Salad Bar/ Salad Pack	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Salad Mix	1.684	0.4811
Broccoli, Raw	7.5296	2.1513
Carrots, Baby Bulk	1.2284	0.351
Corn, Canned, Drained	20.7405	5.9259
Tomatos, Cherry/Grape	1.1028	0.3151
Spinach	4.1163	1.1761
Beans, Garbanzo	8.0286	2.2939
	<b>44.4302</b>	<b>12.6943</b>

\* Total includes one or more missing nutrient data.

(REC0021) Salad ONLY - 3/4 c Veggie +1/2c fruit+ Milk	Total Carbohydrate (g)	
	Recipe	Serving
Fruit (1/2 cup)	7.5955	7.5955
Salad Bar/ Salad Pack	25.3887	25.3887
	<b>32.9842</b>	<b>32.9842</b>

\* Total includes one or more missing nutrient data.

(D190112) Salsa Cups IW - Gluten Free	Total Carbohydrate (g)	
	Recipe	Each
Salsa Cups IW - Gluten Free	5	4.1667
	<b>5</b>	<b>4.1667</b>

\* Total includes one or more missing nutrient data.

(F191000) Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll	Total Carbohydrate (g)	
	Recipe	Each
Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll	27.2099	27.2099
	<b>27.2099</b>	<b>27.2099</b>

\* Total includes one or more missing nutrient data.



(F1910020) Sandwich Grilled Cheese	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich Grilled Cheese	41.0001	41.0001
	<b>41.0001</b>	<b>41.0001</b>

\* Total includes one or more missing nutrient data.

(F191002) Sandwich Grilled Cheese - SUB	Total Carbohydrate (g)	
	Recipe	Each
Sandwich Grilled Cheese - SUB	31.58	31.58
	<b>31.58</b>	<b>31.58</b>

\* Total includes one or more missing nutrient data.

(F19109) Sandwich Turkey and Cheese wedge	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich Turkey and Cheese wedge	30	30
	<b>30</b>	<b>30</b>

\* Total includes one or more missing nutrient data.

(F191003) Sandwich Turkey Cheese Hoagie IW	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich Turkey Cheese Hoagie IW	33	33
	<b>33</b>	<b>33</b>

\* Total includes one or more missing nutrient data.

(F191008) Sandwich Turkey Pastrami & Cheese on Hoagie	Total Carbohydrate (g)	
	Recipe	patty
Sandwich Turkey Pastrami & Cheese on Hoagie	32	32
	<b>32</b>	<b>32</b>

\* Total includes one or more missing nutrient data.



(F191004 1) Sandwich Turkey Salami/Beef Bologna/Cheese Hoagie IW	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich Turkey Salami/Beef Bologna/Cheese Hoagie IW	32	33.3499
	<b>32</b>	<b>33.3499</b>

\* Total includes one or more missing nutrient data.

(F191004) Sandwich WG Soybutter & Grape Jelly - Wowbutter - 5.13 oz -	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich WG Soybutter & Grape Jelly - Wowbutter - 5.13 oz -	52.9999	52.9999
	<b>52.9999</b>	<b>52.9999</b>

\* Total includes one or more missing nutrient data.

(REC-200) Smoked Turkey & Cheese Sandwich	Total Carbohydrate (g)	
	Recipe	Sandwich
Turkey Ham Smked Slice	3	3
Buns Hamburger WG - 144ct	41.8035	41.8035
Cheese American Processed	1.9753	1.9753
	<b>46.7788</b>	<b>46.7788</b>

\* Total includes one or more missing nutrient data.

(D191525) Soy Milk	Total Carbohydrate (g)	
	Recipe	
Soy Milk	12.9999	
	<b>12.9999</b>	

\* Total includes one or more missing nutrient data.

(D191526) Soy Milk Vanilla Organic	Total Carbohydrate (g)	
	Recipe	Carton, 8oz
Soy Milk Vanilla Organic	20.1	20.1
	<b>20.1</b>	<b>20.1</b>

\* Total includes one or more missing nutrient data.





(F191004 2) Soybutter & Grape Jelly - Wowbutter - 2.4oz	Total Carbohydrate (g)	
	Recipe	Sandwich
Soybutter & Grape Jelly - Wowbutter - 2.4oz	25	25
	<b>25</b>	<b>25</b>

\* Total includes one or more missing nutrient data.

(REC0006 1) Soybutter sandwich/Cheese/Crackers Pack	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Mozzarella String	0	0
Soybutter & Grape Jelly - Wowbutter - 2.4oz	25	25
Cracker Vanilla Bear	40	40
	<b>65</b>	<b>65</b>

\* Total includes one or more missing nutrient data.

(REC18090305) Spanish Rice	Total Carbohydrate (g)		
	Recipe	1/2 cup serving	Serving
Salsa Bulk	3.9103	3.9103	3.9103
RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY	28.3077	28.3077	28.3077
	<b>32.218</b>	<b>32.218</b>	<b>32.218</b>

\* Total includes one or more missing nutrient data.

(REC0013 1) Spicy Chicken Burger with Fries	Total Carbohydrate (g)	
	Recipe	Serving
Buns Hamburger WG - 144ct	41.8035	41.8035
Chicken Patty, Hot & Spicy - Sub	12	12
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
	<b>70.6064</b>	<b>70.6064</b>

\* Total includes one or more missing nutrient data.

(REC0022) Spicy Chicken Wrap	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Patty, Hot & Spicy - Sub	12	12
Dressing, Ranch Buttermilk Bulk	1.0125	1.0125

\* Total includes one or more missing nutrient data.



(REC0022) Spicy Chicken Wrap	Total Carbohydrate (g)	
	Recipe	Serving
Tomatos, Roma	0.3831	0.3831
Tortilla, Whole Wheat Flour 10" - SUB	35	35
Lettuce, Romaine	3.7354	3.7354
	<b>52.131</b>	<b>52.131</b>

\* Total includes one or more missing nutrient data.

(D0116161205 1) Strawberry Applesauce Cups	Total Carbohydrate (g)	
	Recipe	Cup
Strawberry Applesauce Cups	14	14
	<b>14</b>	<b>14</b>

\* Total includes one or more missing nutrient data.

(D0116161206) Strawberry Applesauce Cups - SUB	Total Carbohydrate (g)	
	Recipe	Cup
Strawberry Applesauce Cups - SUB	13	13
	<b>13</b>	<b>13</b>

\* Total includes one or more missing nutrient data.

(F201000) Taco, Beef Stick IW	Total Carbohydrate (g)	
	Recipe	Each
Taco, Beef Stick IW	31.87	31.87
	<b>31.87</b>	<b>31.87</b>

\* Total includes one or more missing nutrient data.

(F201001) Taco, Turkey Nada IW	Total Carbohydrate (g)	
	Recipe	Each
Taco, Turkey Nada IW	31.0001	31.0001
	<b>31.0001</b>	<b>31.0001</b>

\* Total includes one or more missing nutrient data.

(D200110) Tajin Packets 1000ct	Total Carbohydrate (g)	
	Recipe	
Tajin Packets 1000ct	0	
	<b>0</b>	



\* Total includes one or more missing nutrient data.

(F200117) Taquito, Beef Bulk - Gluten Free	Total Carbohydrate (g)		
	Recipe	Each	Serving, 2 pc
Taquito, Beef Bulk - Gluten Free	27.7999	13.9	27.7999
	<b>27.7999</b>	<b>13.9</b>	<b>27.7999</b>

\* Total includes one or more missing nutrient data.

(REC0014) Teriyaki Chicken w/Veggie Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	53.9999	53.9999
Chicken , diced	0	0
Sauce, Teriyaki	11.0248	11.0248
	<b>65.0247</b>	<b>65.0247</b>

\* Total includes one or more missing nutrient data.

(Copy of REC0015) Teriyaki Veggie Nugget w/Veggie Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	53.9999	53.9999
Vegetarian Nuggets, Vegan Soy - Sub	13	13
Sauce, Teriyaki	11.0248	11.0248
	<b>78.0247</b>	<b>78.0247</b>

\* Total includes one or more missing nutrient data.

(F201500) Toast Texas - Garlic Bread - Bulk	Total Carbohydrate (g)	
	Recipe	Each
Toast Texas - Garlic Bread - Bulk	14	14
	<b>14</b>	<b>14</b>

\* Total includes one or more missing nutrient data.



(F201501) Toast Texas - Garlic Bread - IW	Total Carbohydrate (g)	
	Recipe	Each
Toast Texas - Garlic Bread - IW	14	14
	<b>14</b>	<b>14</b>

\* Total includes one or more missing nutrient data.

(190103 1) Turkey & Cheese Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Cheese American Processed	1.9753	1.9753
Turkey Breast Slice	4.1958	4.1958
Bread, Parisian Sourdough Baguette - Par baked	39	39
	<b>45.1712</b>	<b>45.1712</b>

\* Total includes one or more missing nutrient data.

(Copy of REC190103 1) Turkey & Garlic Chs Spread Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Tomatos, Roma	0.7662	0.7662
Cream Cheese IW	2	2
Lettuce, Green Leaf #10	0.1627	0.1627
Turkey Breast Slice	4.1958	4.1958
Bread, Parisian Sourdough Baguette - Par baked	39	39
	<b>46.1248</b>	<b>46.1248</b>

\* Total includes one or more missing nutrient data.

(Copy of REC190102) Turkey and Cheese on a Croissant Sandwich	Total Carbohydrate (g)	
	Recipe	Sandwich
Cheese American Processed	2	2
Croissants, RF Sliced	29	29
Turkey Breast Slice	4.1958	4.1958
	<b>35.1958</b>	<b>35.1958</b>

\* Total includes one or more missing nutrient data.

(REC030809) Turkey Chili with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Chips Tortilla Rounds	30	30

\* Total includes one or more missing nutrient data.



(REC030809) Turkey Chili with Chips	Total Carbohydrate (g)	
	Recipe	Serving
	30	30

\* Total includes one or more missing nutrient data.

(F08150102) Turkey Hotdog Ultra WG	Total Carbohydrate (g)	
	Recipe	hotdog
Turkey Hotdog Ultra WG	28	28
	28	28

\* Total includes one or more missing nutrient data.

(REC00020 1) Turkey Hummus Mediterranean Wrap	Total Carbohydrate (g)	
	Recipe	Serving
Turkey Ham Smked Slice	1.948	1.948
Tomatos, Roma	0.3831	0.3831
Tortilla, Whole Wheat Flour 10"	33.7544	33.7544
Hummus	27.9141	27.9141
Lettuce, Green Leaf #10	0.8136	0.8136
Red Onion	1.0591	1.0591
	<b>65.8724</b>	<b>65.8724</b>

\* Total includes one or more missing nutrient data.

(REC00021) Turkey Medallions with Mash Potatoes and a Biscuit	Total Carbohydrate (g)	
	Recipe	Serving
Potatoes, Mashed Homestyle	18.6206	18.6206
Gravy, Turkey	2	2
Turkey Medallions	2	2
Biscuit Split WG 2.25oz	27	27
	<b>49.6207</b>	<b>49.6207</b>

\* Total includes one or more missing nutrient data.

(REC0007) Turkey Nachos with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Chips Tortilla Rounds	30	30
Turkey Taco Filling	6.0951	6.0951
Beans, Pinto LS	24.0064	24.0064
	<b>60.385</b>	<b>60.385</b>



\* Total includes one or more missing nutrient data.

(REC0024 1) Turkey Taco Salad with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.567	0.567
Chips Tortilla Rounds	30	30
Corn, Canned, Drained	10.3702	10.3702
Salsa Bulk	3.9103	3.9103
Sour Cream	1.4175	1.4175
Turkey Taco Filling	5.3155	5.3155
Beans, Pinto LS	6.0016	6.0016
Lettuce, Romaine	14.9418	14.9418
	<b>72.5239</b>	<b>72.5239</b>

\* Total includes one or more missing nutrient data.

(REC0011) Veggie Burger and Fries	Total Carbohydrate (g)	
	Recipe	Serving
Buns Hamburger WG - 144ct	41.8035	41.8035
Potato, Fries Crinkle - Gluten Free	16.8029	16.8029
Veggie Burger Patty Bulk	6	6
	<b>64.6064</b>	<b>64.6064</b>

\* Total includes one or more missing nutrient data.

(REC190103 1 1) Veggie Garlic Cream Cheese Sandwich on a Parisian Baguette	Total Carbohydrate (g)	
	Recipe	Sandwich
Tomatos, Roma	0.7662	0.7662
Cream Cheese IW	3.78	3.78
Lettuce, Green Leaf #10	0.1627	0.1627
Bread, Parisian Sourdough Baguette - Par baked	39	39
Cucumber	8.2327	8.2327
	<b>51.9416</b>	<b>51.9416</b>

\* Total includes one or more missing nutrient data.

(REC26) Veggie Nachos with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835

\* Total includes one or more missing nutrient data.





(F23101) Waffles - IW - Mini Maple	Total Carbohydrate (g)	
	Recipe	Bag
Waffles - IW - Mini Maple	36	36
	<b>36</b>	<b>36</b>

\* Total includes one or more missing nutrient data.

(REC0003 1) Yogurt Parfait w/Granola	Total Carbohydrate (g)	
	Recipe	Serving
Fruit (1/2 cup)	7.5955	7.5955
Granola, Bulk - SUB	42.7729	42.7729
Yogurt Vanilla LF- Producers Dairy	0	0
	<b>50.3684</b>	<b>50.3684</b>

\* Total includes one or more missing nutrient data.

(REC0005 1) Yogurt/Cheese/Crackers Pack	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Mozzarella String	0	0
Yogurt Vanilla 4oz Danimals NF	28.0987	28.0987
Cracker Vanilla Bear	40	40
	<b>68.0987</b>	<b>68.0987</b>

\* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Nutrients	(Total Carbohydrate)