



Help Me Grow Fresno County

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What is Help Me Grow?

- National system change model aimed at improving the coordination and functioning of developmental screening and early intervention
- A systems model to help children reach their optimal development by kindergarten
- Streamlines existing services in way that makes them easier for families to use
- Promotes cross-sector collaboration
- Builds on existing resources

Why Help Me Grow?

- **Early identification matters**

A child's brain develops faster in the **first three years of life**, more than at any other time.

As a result, 0-3 is a critical time for identifying and addressing **physical, cognitive or behavioral delays** in development.

Lorentson and Honigfeld. *Developmental Surveillance and Screening in Early Care and Education: Family and Provider Perspectives*, Connecticut Office of Early Childhood and Connecticut United Way (2015).

Why Help Me Grow?

- **Early identification matters**
 - 1/4 children ages 0-5 are at risk for developmental, behavioral and/or social delays
 - 28.5% of children in California receive timely developmental screenings
 - 70% of children with delays go undetected until Kindergarten
 - When a delay is identified, families and providers struggle to navigate the complex early intervention system

Four Core Components

Centralized Access Point

- Helps families and providers to connect children to appropriate community based programs and services

Family & Community Outreach

- Promotes a greater knowledge of childhood developmental milestones and importance of seeking early intervention to parents, care givers and community partners serving young children

Child Health Provider Outreach

- Provides training and support to medical providers to encourage use of developmental screenings and seek early intervention when delays are identified

Data Collection & Analysis

- Supports evaluation, identify systemic gaps, and provides a framework to guide quality improvement



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What is Centralized Access Point? (CAP)

Help Me Grow (HMG) connects children and their families to services to enhance the development, behavior and learning of children birth through five years. By calling the toll-free number **1-866-KIDS-HMG** parents, caregivers, child health and early care and education providers have a point of access to services for all young children who live in Fresno County.

Why Families call HMG?

- Wondering about their child's development, behavior or learning
- Need support to access services

HMG Team will:

- Listen to family and provider concerns
- Find services that are appropriate and available for referrals
- Connect families and their children to services
- Follow up to ensure connection to a service

Why Providers call HMG?

- Assist a client seeking information about developmental services for their child
- Developmental screening support to families with children 0-5 in Fresno County

Referral Network



Who Qualifies for Services with Help Me Grow?

Anyone working with young children who has a concern with any areas of the development or social emotional development of a child between the ages 0-5 years old living in Fresno County.

- **Parents**
- **Caregivers**
- **Child Health Providers**
- **Early Childhood Education Providers**



How to Access Services?

Call Help Me Grow 1-866.KIDS- HMG (1-866-543-7464) anytime of the day or week

Help Me Grow Fresno County

Call Anytime

Toll-Free

1.866.KIDS.HMG

1.866.543.7464

Email: hmg@fcoe.org



Do you have questions about your child's
development, learning or behavior?

Call 1-866-KIDS-HMG
(5437) (464)



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What is Help Me Grow (HMG) Fresno County?

HMG promotes early child health, developmental screening and linkage for young children and their families to community based services and supports. Such as: my child is 3 years old, is his talking okay for his age? _____

Help Me Grow links families to:

- Developmental and behavioral screenings
- Information, resources and materials
- Referrals with follow-up

From Tantrums to Talking No question is too small

If you have questions or concerns about your child's development, behavior, learning, or health.

Call:
1-866-KIDS-HMG
(5437) (464)

For assistance

Always Free. Always Confidential

Help Me Grow Fresno County is funded by: First 5 Fresno County



Questions!