

Pleasant Valley School District

Brodheadsville, PA 18322

ATHLETICS & ACTIVITIES HANDBOOK



Excellence in Education: A Community Commitment

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ORGANIZATION

Pleasant Valley School District Board of Education

Superintendent of Schools

Dr. James R. Konrad

High School Co-Principals

Mr. Jonathan Ayre

Mr. Brian Boylan

Middle School Principal

Ms. Kendal Askins

Director of Athletics

Mr. James Korcienski

Athletics Secretary

Mrs. Lorrie Anderson

Event Supervisors

Ms. Nadia Gauronsky

Mr. Tim Hinton

Athletic Office

(570) 402-1000 ext. 4100

Activities/Clubs Supervisor(s)

High School

Assistant Principal

Mrs. Jamie Rockwell

Middle School

Assistant Principal

Mrs. Josephine Fields

EQUAL RIGHTS AND OPPORTUNITIES POLICY

The Pleasant Valley School District is an equal rights and opportunities education institution and does not discriminate on the basis of race, color, national origin/ethnicity, gender, age, disability, sexual orientation, union membership, religion, or any other legally protected classification in its admissions, educational programs, activities, or employment policies. Publication of this policy is in accordance with state and federal laws including the Americans with Disabilities Act, Title VI, Title IX of the Education Amendments Act of 1972 and Section 504 of the Rehabilitation Act of 1973 and the Amendments of 1974 State laws and PA Department of Education regulations concerning equal rights and opportunities. The Pleasant Valley School District's commitment to non-discrimination extends to students, employees, prospective employees, and the community. For information regarding civil rights or grievance procedures, services, activities and facilities that are accessible to and usable by persons with disabilities, in addition to all other inquiries, please contact the Assistant Superintendent for Personnel and General Administration and Title IX and Section 504 Coordinator, who is located in the Pleasant Valley School District Administration Building, 2233 Route 115, Suite 100, Brodheadsville, PA 18322, (570)402-1000 Ext. 1209.

DEFINITION OF PROGRAMS

The Pleasant Valley School District offers athletic and activity programs that are sponsored or approved by the Board of Education. The program of interscholastic athletics includes all activities relating to competitive or exhibition sport contests, games or events involving individual students or teams of students when such events occur between schools within this school district or outside this school district. The program of extracurricular activities is conducted wholly or partly outside the regular school day; are marked by student participation in the processes of initiation, planning, organizing, and execution; and are equally available to all students enrolled in school district schools or entitled to participate under applicable law and/or Board of Education policy and who voluntarily elect to participate.

It is the policy of the school district to offer opportunities for participation in programs of athletics and activities to male and female students on as equal a basis as is practicable and in accordance with laws and regulations.

PHILOSOPHY AND GOALS

The school district's program of athletics and activities is an important part of the educational process. Our students are encouraged to take part in athletics and activities as either a participant or a spectator. Our community is encouraged to support our programs through such things as attending events and/or joining the PV All-Sports Club and other supporting organizations. Our aim is to develop high quality student-athletes and student-performers, with an emphasis on educational values such as sportsmanship, citizenship, a healthy lifestyle and scholastic attainment. Our athletic and activity programs should also help enhance school morale and provide a means for helping to build self-esteem for our students.

Philosophy

1. Athletics and activities are first and foremost educational.
2. Athletics and activities should promote pride in one's school, one's community and oneself.
3. All visiting schools should be treated hospitably as guests.
4. School policies are to be consistently applied so as not to provide student-participants with special privileges.
5. Citizenship, sportsmanship, fair play, and a respect for the activity in which the student is participating should be goals of all student-participants and their coaches/directors/advisors.
6. Every effort should be made to provide the best coaching/direction/advisement, facilities and equipment possible within the economic constraints of the school district's budget.

Goals for Coaches/Directors/Advisors

The goals for our school district coaches/directors/advisors include instructing student participants in the fundamental skills, strategies, and training necessary for them to realize a degree of individual and team/group success and ensuring that student-participants receive instruction that will lead to the formation of positive values, sportsmanship and citizenship, pride of accomplishment, acceptable behavior, self-discipline, self-confidence and competitive spirit,

while serving as role models within the school and community.

Goals of Participation

1. Student-participants should develop character-building attributes such as, but not limited to:
 - a. Academic performance and integrity
 - b. A respect for others
 - c. Sportsmanship
 - d. Citizenship
 - e. A strong work ethic
 - f. Teamwork
2. Student-participants should pursue and enjoy the activity to the point that they:
 - a. Feel they have made a positive contribution to the program.
 - b. Learn and develop fundamental skills in their chosen activity.
 - c. Wish to participate again in successive years.

Relationship with the Community

1. School athletics and activities should furnish a recreational opportunity for the general public.
2. It is important that the community understands that the program of athletics and activities is conducted for the benefit of students.
3. The community should judge the success of an activity on the number of student participants, new skills acquired through participation, the importance of participation in the development of the student, and the teaching of good citizenship and sportsmanship.
4. The community should constantly keep in mind that competitions and performances are part of the school program and therefore are governed by the school's mission, philosophies, policies, rules and regulations.
5. The community is reminded that the responsibility for and oversight of school athletics and activities rest entirely with school officials.

Role of Athletics in Schools

The athletic program compliments life skills learned in the classroom. Organization, time management, integrity, a strong work ethic, perseverance, and a commitment to excellence are a part of daily athletic interactions.

1. The athletic program teaches student-athletes the importance of respect and professionalism. Through appearance, communication, and good sportsmanship, student-athletes learn the impact of their actions and behaviors on others.
2. The athletic program provides student-athletes with strict practice schedules during seasons, and voluntary workouts before and after school during the off-season allowing students to strengthen their bond with peers, coaches and the school.
3. Athletic events allow the school and community to come together in support of all teams.
4. The athletic program aids in the development of school pride through organized competitions, logos, defined colors, mascots, uniforms, and adequate facilities.

Pennsylvania Interscholastic Athletic Association (PIAA) Guideline for Athletic Eligibility

The Pleasant Valley School District has adopted and supports the eligibility standards as set by the Constitution and By-Laws of the Pennsylvania Interscholastic Athletic Association (PIAA).

In order to be eligible for participation, all student-athletes must:

- Meet age requirements and period of participation guidelines.
- Be an amateur in that sport.
- Be enrolled in and in full-time attendance at a PIAA member school, a Charter or CyberCharter School, or be home-schooled.
- Have consent of parent or guardian to include a completed Comprehensive Initial Pre- Participation Physical Evaluation (CIPPE) Form.
- Meet transfer guidelines, when applicable.
- Adhere to outside participation, out of season participation, and all-star contest guidelines, when applicable.
- Meet academic and curricular requirements.

The PIAA website can be accessed from the [Resources](#) tab on the PVSD Athletic Webpage.

SPORTS AND EPC APPROVED ACTIVITIES

Students at Pleasant Valley have the opportunity to participate in the following approved sports and approved EPC approved activities:

Fall	Winter	Spring
Cheerleading	Cheerleading/Competitive Spirit	Baseball
Cross Country	Basketball, Boys'	Softball
Field Hockey	Basketball, Girls'	Lacrosse, Boys'
Football	Wrestling	Lacrosse, Girls'
Golf	Chess	Tennis, Boys'
Soccer, Boys'	Scholastic Scrimmage	Track & Field, Boys'
Soccer, Girls'		Track & Field, Girls'
Tennis, Girls'		Mock Trial
Volleyball, Girls'		Science Olympiad
Speech and Debate		
Model United Nations		
Marching Band		

Students at Pleasant Valley Middle School have the opportunity to participate in the following PIAA approved sports:

Fall	Winter	Spring
Cross Country	Basketball, Boys'	Baseball
Field Hockey	Basketball, Girls'	Softball
Football	Wrestling	Soccer, Girls'
Soccer, Boys'		Track & Field, Coed
Volleyball, Girls'		

ACTIVITIES/CLUBS

High School

Students at Pleasant Valley High School have the opportunity to participate in the following high school activities/clubs. High School activities/clubs are handled by Mrs. Jamie Rockwell, Assistant Principal.

Aevidium Club	imProV Club
Animation Club	International Thespian Society (Theater Honor Society) Troupe 6805
Art Honor Society	Jazz Band
Class Advisor – Junior Class	Key Club
Class Advisor – Senior Class	Leo Club
Class Advisor – Sophomore Class	Literary Magazine
Class Advisor – Freshman Class	Math Club
Dance Club	Math Honor Society/Mu Alpha Theta
Diversity Club	Music Honor Society
DOOS Club	Musical, Spring
Drama Club	Newspaper Club
Drone Club	Pep Band
Envirothon Club	SADD Club
FBLA Club	Shakey's Club
English National Honor Society/ Epsilon Lambda Alpha	Social Studies Honor Society/Rho Kappa
GAPP/German National Honor Society/ Delta Epsilon Phi	Student Government Club
Gender and Sexuality Alliance Club	Video Club
Graphic Novel Society Club	Woodwind Ensemble Club
Honor Society Advisor, Senior	Yearbook Club
HOSA Club	

Middle School

Students at Pleasant Valley Middle School have the opportunity to participate in the following middle school activities/clubs. Middle School activities/clubs are handled by Mrs. Josephine Fields, Assistant Principal.

Art Club	Musical
Chess Club	Newspaper Club
Computer Club	Scholastic Scrimmage Club
Diversity Club	Sewing/Crochet Club
Drama Club	Student Government Club
Ecology Club	Woodwind Ensemble
Art Club	Musical
Honor Society, Junior	Yearbook Club
Jazz Band	

RULES AT SCHOOL-SPONSORED EVENTS

The Pleasant Valley School District is firmly committed to the belief that student competition and/or performance are a vital part of our educational program.

In athletics, the Eastern Pennsylvania Conference expects its member schools to exhibit only the highest standards of sportsmanship. Additionally, the Pennsylvania Interscholastic Athletic Association (PIAA) and District XI impose upon the school the responsibility for the control of spectators and the protection of all in attendance at events, regardless of whether those events are held at “home” or “away”. The PIAA can impose various penalties on schools that fail to control spectators and/or protect those in attendance at events. Similar expectations are held for those attending performances or other competitions. To this end, the school district has set forth specific rules for conduct at all school-sponsored events, held “home” or “away”, whether they are athletic or other types of performance or competition, which are as follows:

1. The possession, distribution and/or use of alcoholic beverages or controlled substances on school property is strictly prohibited. All violators will be prosecuted and banned from school premises.
2. Anyone believed to be intoxicated and/or under the influence of a controlled substance And/or exhibiting behavior unbecoming a spectator will be ejected from the premises and, if uncooperative and/or abusive, can be subject to prosecution.
3. The possession, distribution and/or use of tobacco on school property are strictly prohibited.
4. Acts of physical aggression of any type will not be tolerated and can lead to ejection and possible prosecution.
5. Players, participants, coaches, directors, advisors and spectators must refrain from the use of foul, abusive and/or abrasive language. Profanity of any type can be cause for immediate removal from school property. This includes group cheers that are, in the estimation of school officials, offensive, obnoxious and/or demeaning towards students and/or other persons.

6. Insults directed at players, participants, coaches, directors, advisors or officials can lead to ejection from the school premises.
7. The unauthorized throwing of objects is strictly prohibited and can lead to ejection.
8. Home and visiting spectators are to remain in designated areas.
9. All spectators must remain off the playing/performance area at all times.

GENERAL GUIDELINES

After-School Guidelines

High School

Students, who are involved in clubs, organizations, authorized tutoring sessions, and afterschool activities like sports, band, chorus and intramurals, may remain after school only during times when their activity is meeting. Other students may need to remain after school to fulfill an assigned detention obligation. Students who are not participating in the aforementioned activities are not permitted to remain at school after hours unless they have obtained permission from the principal or designee and have provided written, signed parental permission and/or acceptable parental permission has been obtained by the principal or designee.

The following rules are designed to maintain a safe and orderly environment during after school hours:

- Only those students authorized to participate in an afterschool activity, and are doing so, may remain on school property after regular school hours.
- All other students will be required to either take their assigned school-sponsored transportation home, be picked up by their parent/guardian after school in accordance with parent pick-up procedures, or vacate school premises via other appropriate means. Students wishing to attend an event after school must first leave the school premises either via their assigned school-sponsored transportation, parent pick-up or other appropriate means. They may then return for the event.
- Students staying after school to participate in on-site activity must report directly to that activity at the conclusion of school. Failure to do so can result in disciplinary consequences, which could include removal from the team, club or activity.
- Any student spectator who is still on site for more than one-half (1/2) hour after an activity or event has concluded may be excluded from further participation or attendance at after school events or activities and is subject to disciplinary consequences. Violation of any of the above rules can result in disciplinary consequences, up to and including suspension or expulsion, depending upon severity.

Middle School

Students who are involved in clubs, organizations, authorized tutoring sessions, and after school activities like sports, band, chorus and intramurals, may remain after school only during times when their activity is meeting. Students who are not participating in the aforementioned activities are not permitted to remain at school after hours unless they have obtained permission from the principal or designee and have provided written, signed parental permission and/or acceptable parental permission has been obtained by the principal or designee.

The following rules are designed to maintain a safe and orderly environment during after school hours:

- Only those students authorized to participate in an afterschool activity, and are doing so, may remain on school property after regular school hours.
- All other students will be required to either take their assigned school sponsored transportation home or be picked up by their parent/guardian after school in accordance with parent pick up procedures.
- Middle School students will be picked up only on middle school property by a parent/guardian or another acceptable person designated by the parent/guardian.
- All other students will board their assigned school sponsored transportation vehicle to go home or to an approved child care.
- Students wishing to attend an event after school must first leave the school premises either via their assigned school sponsored transportation or parent pick up. They may return to school premises to attend the event.
- Students will only be permitted to walk to the high school if they are playing a high school sport and with parental consent. In the case of inclement weather, a shuttle will be provided.
- Students staying after school to participate in on site activity must report directly to that activity at the conclusion of school. Failure to do so can result in disciplinary consequences, which could include removal from the team, club or activity.
 - Any student spectator who is still on site for more than one-half (1/2) hour after an activity or event has concluded and/or any student who arrives to participate in or attend an event or activity an inordinate amount of time prior to the start of the event or activity, may be excluded from further participation or attendance at afterschool events or activities and is subject to disciplinary consequences. Violation of any of the above rules can result in disciplinary consequences, up to and including suspension or expulsion, depending upon severity.

Consequences for Noncompliance Regarding After-school Guidelines

Any student found on school property after school, who is not authorized to be involved in an afterschool activity or received permission as required above and/or is acting in violation of any of the above rules and/or school rules, will be escorted to the school office to call their parent/guardian for immediate pick-up. Disciplinary consequences will apply as follows:

- First Offense: Written Warning
- Second Offense: One day of ISS and a ban from attending afterschool activities for at least forty-five (45) school days unless authorized by the principal or designee.
- Subsequent Offenses: OSS in progressive steps and a ban from attending all afterschool activities for the remainder of the school year unless authorized by the principal or designee.
- In cases whereby the student commits any additional disciplinary infraction while on school property after school hours, that student may receive disciplinary consequences as per the school code of conduct, which could include expulsion.

Banquets and Similar Functions

All banquets and/or similar functions related to school district athletics and activities are to be scheduled by the coach/director/advisor and be held on campus, must receive all applicable approvals, and must be scheduled in accordance with all school policies, rules and regulations. Such events are to be conducted in accordance with the school's mission, philosophies, policies and regulations. Comments made with regard to student-participants are to be brief and of a positive, constructive nature.

Charter School Students

As per Board of Education Policy No. 140.1, charter and cyber charter school students shall be given an equal opportunity to compete for positions in extracurricular activities and interscholastic athletic programs. In order to be eligible to participate, the charter school student must meet the same eligibility criteria required of students enrolled in school district schools. Charter school students interested in participation should be referred to the Director of Athletics.

Closing of School and the Cancellation of Events or Practice/Rehearsals

When school is dismissed early due to inclement weather, all scheduled events and practices/rehearsals will be canceled and rescheduled at a later date. If weather and traveling conditions improve sufficiently on a day when school has been closed due to inclement weather, a varsity athletic coach or high school director/advisor may consider holding an elective practice only after securing permission from the Director of Athletics. If a practice/rehearsal is approved, practice will be optional. A student-participant is not to be penalized for failing to appear for such a practices/rehearsals. Obviously, the utmost discretion must be used in deciding to hold such a practice, and student-participants must be made clearly aware that their participation is voluntary. Safety of the student-participants and staff must be the prime concern. A decision to hold an event (e.g., game or performance) will be made by the Superintendent.

In cases whereby a student-competitor, student-athlete and/or full team/activity/club/organization sponsored by the school district qualifies for PIAA, or other appropriate organization's district-level and/or regional-level and/or state-level competition to be held on (a) day(s) when school is not in session or has been dismissed early due to inclement weather or recognized emergency, the Superintendent or designee shall determine whether that student competitor, student-athlete and/or full team/activity/club/organization will be transported to said competition by the school district.

In cases whereby the Superintendent or designee has deemed it unsafe to transport a student competitor, student-athlete and/or full team/activity/club/organization representing the school district to said competition, a student's parent/guardian may transport their student to the competition, but such a decision is entirely that of the parent/guardian and the school district assumes no responsibility for such an arrangement. Transportation to such competitions provided by faculty and/or volunteer parents/guardians in their private vehicles will not be considered. No

student shall be permitted to transport him/herself and/or any other student to or from the site of such a competition.

Practice is permitted on in-service days once the coach/director/advisor has fulfilled his/her professional responsibilities.

Concussions

The school will hold an informational meeting prior to the start of each athletic season for all competitors regarding concussions and other head injuries, the importance of proper concussion management, and how mandatory preseason baseline assessments can aid in the evaluation, management and recovery process. In addition to the student-athletes, such meetings may include parents/guardians, coaches, other appropriate school officials, physicians, neuropsychologists, athletic trainers and physical therapists. Each school year, prior to participation in an athletic activity, every student-athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the *Concussion and Traumatic Brain Injury Information Sheet*.

Board of Education Policy Nos. 122, 123 and 123.1 and accompanying regulations are to be followed.

A. Removal from Play

A student who, as determined by a game official, coach from the student's team, certified athletic trainer, licensed physician, licensed physical therapist or other official designed by the school district, exhibits signs or symptoms of a concussion or traumatic brain injury while participating in an athletic activity shall be removed by the coach from participation at that time.

B. Return to Play

The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by an appropriate medical professional. The school district may designate a specific appropriate medical professional(s) to provide written clearance for return to participation.

C. Training

All coaches shall annually, prior to coaching an athletic activity, complete a concussion management certification training course offered by the Centers for Disease Control and Prevention, the National Federation of State High School associations or another provider approved by the PA Department of Health.

D. Penalties

A coach found in violation of the provision of this policy related to removal from play and return to play shall be subject to the following penalties:

1. For a first violation, suspension from coaching any athletic activity for the remainder of the season.
2. For a second violation, permanent suspension from coaching any athletic activity.

Sudden Cardiac Arrest Prevention Act

The Sudden Cardiac Arrest Prevention Act establishes standards for preventing sudden cardiac arrest and death in student-athletes. The law sets requirements for removing a student from an athletic activity and specifies conditions as to when the student can return to participation in the athletic activity. The law also establishes minimum penalties for any coach found to be in violation of either the removal from play or return to participation requirements. All coaches, including volunteers, are required to complete a sudden cardiac arrest training course offered by a provider approved by the Pennsylvania Department of Health prior to coaching any athletic activity. The Pennsylvania Department of Health has developed a brief training document on sudden cardiac arrest prevention. This document can be accessed at: http://www.portal.health.state.pa.us/portal/server.pt/community/schools/14130/sudden_cardiac_arrest/556695 (Under Approved Curricula, click on Approved SCA Training). This is the approved training that coaches must review to comply with the requirements of Act 59. A more comprehensive training course will be available at a later date.

Prior to participation in an athletic activity, each student and his/her parent or guardian are required to sign and return to the school acknowledgment of receipt and review of a *Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet*. The requirements of the Sudden Cardiac Arrest Prevention Act apply not only to interscholastic athletics, but also any other athletic practice, contest or competition that is sponsored or associated with the school. Board of Education Policy Nos. 122. Extracurricular Activities and 123. Interscholastic Athletics were revised to include a statement regarding the student and parental responsibility for signing and returning the acknowledgement of receipt and review of the *Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet*.

Board of Education Policy Nos. 122, 123 and 123.2 are to be followed.

Additionally, the school may hold an informational meeting prior to the start of each athletic season for all competitors regarding the symptoms and warning signs of sudden cardiac arrest. In addition to the student-athletes, such meetings may include parents/guardians, coaches, other appropriate school officials, physicians, pediatric cardiologists, and athletic trainers. Each school year, prior to participation in an athletic activity, every student-athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the *Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet*.

Tryout Procedures/Team Evaluation

The following guidelines must be observed:

1. Cuts can only be made after a minimum of three (3) days of practice/rehearsal.
2. Coaches/Directors/Advisors must use specific written criteria and a skills checklist/rubric, which must be approved by the Director of Athletics.
3. If a student-participant is cut from a program, the opportunity for a face-to-face individual conference between the student-participant and the coach/director/advisor must be provided and shall include constructive feedback as to the student-participant's performance,

- offering suggestions on how to improve areas of weakness.
4. Coaches/Directors/Advisors should keep the maximum number of student-participants possible on their rosters and the number decided upon must be approved in advance by the Director of Athletics.
 5. The minimum number of student-participants to be kept on a roster shall be enough for such purposes as scrimmaging and having an adequate number of auxiliary participants available.

Disclosure of Interscholastic Athletic Opportunities

Beginning on October 15, 2013 and annually thereafter by October 15th each school entity is required to submit to the PA Department of Education (PDE) the athletic opportunity and treatment data for male and female secondary students through a disclosure form established by the PDE. The form will be available on PDE's website. The school entity is required to make a copy of the completed disclosure form available for public inspection during regular business hours and on the school entity's website.

In addition, Board of Education Policy No. 123

Interscholastic Athletics has been updated with the requirements for disclosure of interscholastic athletic opportunities.

Dual Sport Participation by Student-Athletes

Student-athletes may be allowed to participate in two (2) in-season sports during the same PIAA defined season. Upon request, coaches will notify the student-athlete of the dual sport participation process. It is then the responsibility of the student-athlete to secure an application from the Director of Athletics; to ensure the proper completion of all necessary paperwork; and to meet the necessary criteria. Only student-athletes who have properly completed the application process and obtained appropriate approval are eligible to participate in dual sports tryouts. This includes satisfying all stipulations set forth below as per No. 123-AR.

A. General Guidelines

1. Upon request, coaches will notify the student-athlete of the dual sport participation process.
2. It is the responsibility of the student-athlete to secure an application from the Director of Athletics, to ensure the proper completion of all necessary paperwork and to meet the necessary criteria.
3. Coaches will comply with established dual sport participation guidelines.

B. Application Process for Dual Sport Participation

The following criteria must be met for a student-athlete to apply for dual sport participation:

1. The *PIAA Comprehensive Initial Pre-Participation Physical Evaluation* Sections 1 through 6 must be completed and signed for both sports, which will indicate dual sport participation.

2. A *Dual Sport Participation Application* must be properly completed and signed and must indicate the primary sport.
3. The student-athlete must meet the academic eligibility requirements set by the PIAA and the Pleasant Valley School District.
4. The application is good for only one (1) sports season (fall, winter or spring) during only one (1) school year. A new application must be completed for any subsequent season or school year.

C. Tryout Procedure for Dual Sport Participation

Only student-athletes who have properly completed the above application process will be eligible to participate in the dual sport tryout process.

1. Tryouts will be held at the discretion of the coach of the primary sport. Only student-athletes in grades 9–12 will be eligible for dual sport participation tryouts.
2. Only two (2) student-athletes from a primary sport team are allowed to dual participate on the same secondary sport team. If the secondary sport coach would like to add more dual sport participants from the same primary sport to his/her team, a written request must be made to the primary sport coach and all appropriate paperwork must be properly completed.
3. The secondary sport coach will notify the primary sport coach of any student-athlete(s) selected to participate on the secondary sport coach's team and will initiate the process of developing participation guidelines.

D. Coaching Guidelines for Dual Sport Participation

1. Only student-athletes who have properly completed the application process with all required documentation and participate in tryouts will be eligible for possible selection to be a dual sport participant.
2. Student-athletes must attend all games of their primary sport. This includes times when weather-related postponements cause a conflict.
3. The coach of the primary sport must agree with the scheduling of any practice time for the student-athlete to participate in a secondary sport.
4. The coach of the primary sport will determine those events in which a dual participant will compete. (e.g., running, throwing, pitching, etc.).
5. In the event of an evening contest, transportation must be provided by the student-athlete's parent(s)/guardian(s) when he/she cannot be released from their primary sport in time to ride on the team bus. Return transportation back to Pleasant Valley will be provided on the team bus.
6. Student-athletes disqualified for participation in any sport due to discipline by a coach, PIAA official, or administration cannot participate in any other sport.
7. For football, the only position a dual sport student-athlete can participate in is the kicker position, which includes field goals, extra points, kicking off and punting.
8. Once a student-athlete has been selected for dual participation, the coaches involved must complete the *Dual Sport Participation Individual Student Athlete Guidelines* form, committing to writing such things as, but not limited to, practice requirements, game/meet requirements, the effects of postponement of events, and any other pertinent stipulations. The completed form must be submitted to the Director of Athletics and

- building principal for approval prior to student-athlete participation.
9. Conflicts not resolved by the coaches will be addressed by the Director of Athletics and the building principal.
 10. Once a primary and secondary sport is declared, that decision cannot be changed without the proper completion of a new *Dual Sport Participation Application* (all signatures required). If the coaches, the building principal, and the Director of Athletics do not all agree to the changes, the original form remains in effect.

Duties and Responsibilities

Board of Education

The Board of Education sets policy with regard to the conducting of the school district's athletic and activity programs. The Board of Education offers opportunities for participation in programs to male and female students on an equal basis as is practicable and in accordance with laws and regulations. The Board of Education requires that all facilities utilized in its programs, whether or not the property of the Board of Education, safe guard both players/performers and spectators and are kept free from hazardous conditions. The Board of Education also determines the standards of eligibility to be met by all students participating in its athletic and activity programs. Such standards shall require that each student, before participating in any interscholastic athletic activity, to be covered by student's accident insurance: be free of injury; and undergo a physical examination by a license physician.

Assistant Superintendent

The Assistant Superintendent oversees all phases of the athletic and activity programs. He/She delegates his/her authority for the day-to-day administration of these programs to the Director of Athletics.

Principal

The principal is the leader responsible for all athletics and activities offered by the school. He/She oversees those programs in a manner that allows all eligible students the opportunity to enjoy a positive educational experience through participation.

The principal of each school, in all manners pertaining to his/her school's interscholastic athletic and/or activities programs, is responsible to the Board of Education, PIAA, District XI, league, and other applicable governing bodies. Although the principal may delegate some of these duties, such delegation does not relieve him/her of responsibility for any infraction by the school involving the policies, regulations, constitution and/or by-laws of the Board of Education, PIAA, District XI, league, or other applicable governing bodies. The principal or designee, in conjunction with the school district's Director of Athletics when applicable, shall review and determine the length of athletic sessions, number per week, and other limitations deemed reasonably necessary. The principal or designee, in conjunction with the school district's building assistant principal when applicable, shall review and determine the length of activity sessions, number per week, and other limitations deemed reasonably necessary.

Director of Athletics

The Director of Athletics oversees the efficient operation of the school district's athletic programs. The Director of Athletics is responsible for the implementation of the policies, regulations, constitution and/or by-laws of the school district, league, PIAA, District XI, and other applicable organizations and serves as the school district's representative for league, District XI, PIAA, and other applicable organizational concerns, as is appropriate in conjunction with the school principal.

Student-Participants and their Head Coach/ Director/Advisor

All participants in all school district athletics shall be required to sign *No. 123-AR-2. PVSD Student-Athlete Agreement* prior to being allowed to try out, practice or compete/participate. It is the responsibility of the Head Coach to assure that no PVSD student-athlete tries out, practices or participates who has not read and signed that document. Likewise, all participants in school district marching band and/or other music-related or performing arts co-curricular/extracurricular activities shall be required to sign *No. 122-AR-1. PVSD Student Musician/Student-Performer Agreement* prior to being allowed to try out, practice/rehearse or compete/perform/participate. It is the responsibility of the director/advisor to ensure that no PVSD student musician/student-performer tries out practices or participates that has not read and signed that document. All candidates for interscholastic sports must have met pre-participation physical examination requirements prior to participating in any sport. The school district provides the opportunity for free examinations in school. In addition to the examination, Pleasant Valley requires an athlete's code (see previous paragraph), a health survey and a PIAA card, all of which must be completed by the parent/guardian and candidate prior to the physical examination.

See also the previous section titled RULES AT SCHOOL-SPONSORED EVENTS for additional information and guidelines.

Student Spectators

Students' conduct as spectators helps determine the quality of sportsmanship of our school, which reflects upon the reputation of Pleasant Valley. Therefore, it is expected that they:

1. Know and demonstrate the fundamentals of sportsmanship.
2. Respect, cooperate and respond enthusiastically and appropriately to cheerleaders.
3. Respect the property of the school and the authority of school officials.
4. Show respect for an injured player when they are removed from the contest.
5. Never criticize coaches or players for the loss of a game.
6. Respect the judgment of game officials or referees.
7. Refrain from using offensive, obscene or vulgar language or gestures.
8. Respect the efforts of all participants (home or visitor).
9. Conduct themselves with proper respect during public address announcements and the playing of the National Anthem.

The school district has the right to restrict students from attending or participating in any athletic activities. *See also the previous section titled RULES AT SCHOOL-SPONSORED EVENTS for additional information and guidelines.*

Custodians and Maintenance Personnel

Custodians and maintenance personnel perform a vital service to athletics and activities. Well maintained facilities don't happen by accident. These staff members deserve our gratitude and respect. Work cooperatively with them at all times and try to accommodate their needs as much as possible.

Early Class Dismissal

Early class dismissal is to be kept at a minimum and approved by the school principal or designee. It is the responsibility of the Director of Athletics to prepare a transportation schedule for each activity which lists departure times. That schedule will be shared with each coach/director/advisor for necessary changes prior to sending it to transportation. Coaches/Directors/Advisors are not to make changes, except in cases of emergency. These times may not be altered without the permission of the Director of Athletics.

Eligibility

All student-participants are required to abide by all policies, guidelines, regulations and rules established by the school district, the coach/director/advisor, and appropriate governing bodies (e.g., PIAA). A copy of all such policies, guidelines, regulations and rules can be obtained from the Office of Athletics.

While we believe athletics and activities to be an integral part of the school experience, a student's first responsibility is to his/her academic work. Therefore, we have established requirements for purposes of eligibility. Participation in activities and/or interscholastic athletics is dependent upon the student's maintaining an appropriate academic standing in his/her class work. Each Friday the eligibility report will be run and distributed to all coaches, and will not be run until the following week. It is the student athlete's responsibility to insure all assignments and course work are completed to date and turned in so the teacher can grade and update prior to the report. Any student not passing the required credits will be declared ineligible for further participation until passing averages have been re-attained. Academic eligibility will be monitored on a weekly basis. Any student who has been deemed academically ineligible may be at practice/rehearsal only for the purpose of maintaining proper conditioning or the like. He/she may not participate in any practice/rehearsal, in skill work, in performances, or in competition during the period of ineligibility. Said ineligibility period will last for one (1) full week (*Sunday* through the following *Saturday*).

It must be emphasized that students involved in activities and/or interscholastic athletics carry a great responsibility in representing the school, wherever they are. The manner in which they carry themselves determines, in good measure, the reputation of our programs. All student conduct shall be in accordance with all applicable school rules, regulations, procedures and/or policies.

All student-athletes and/or student-musicians must complete either the *PVSD Student-Athlete Agreement* (No. 123-AR-2) and/or the *PVSD Student-Musician/Student-Performer Agreement* (No. 122-AR-1) prior to being allowed to try out, practice/rehearse, or

compete/perform/participate.

Charter, cyber charter and home education students are also required to follow Policy Nos. 140.1 and 137.

Academic and Curricular Requirements

High School

1. The student must pursue a curriculum defined and approved by his/her principal as a full-time curriculum.
2. Students failing two (2) or more classes including both core area and special area classes, on a weekly basis will be ineligible to participate from the following Sunday through Saturday immediately following the next Friday as of which they have the ability to have their eligibility recertified.
3. Students who attend MCTI cannot be failing more than one credit. So, any student who is failing MCTI program will be ineligible. Ninth graders will have 4 academic classes as well as their MCTI shop which is worth three (3) credits. A ninth grader who is failing more than one (1) core class or their shop will be ineligible.
4. If students are failing two (2) or more classes at the distribution of report cards, they will be ineligible for fifteen (15) school days.
5. As per Board Policy 122 student athletes that have neglected to hand in their uniforms or other school district issued equipment for a particular sport will be ineligible to participate in their next athletic season until the obligation is fulfilled or they hand in what they owe.

Grade 7 & 8

1. Students failing two (2) or more classes as of each Friday during the grading period, including both core area and special area classes, on a weekly basis will be ineligible to participate from the following Sunday through the Saturday immediately following the next Friday as of which they have the ability to have their eligibility recertified.
2. If students are failing two (2) or more classes at the distribution of report cards, they will be ineligible for fifteen (15) school days.
3. As per Board Policy 122 student athletes that have neglected to hand in their uniforms or other school district issued equipment for a particular sport will be ineligible to participate in their next athletic season until the obligation is fulfilled or they hand in what they owe.

NCAA

The most demanding academic eligibility requirements are found in the NCAA (National Collegiate Athletic Association) which encompasses over 1,200 institutions. These requirements help prepare student-athletes for the rigorous academic schedule they will encounter in college. The best preparation is a solid foundation at the high school level. Remember, the odds of a high school athlete making it to the professional level are astronomical! What really matters in the long run is receiving a good college education. Each NCAA member institution has its own admission requirements and meeting the NCAA minimum academic requirements does NOT guarantee admission into a particular college.

After-school Athletic/Activity Participation Eligibility

In order to be eligible to participate in interscholastic athletics and/or other after-school activities, including practices and/or rehearsals, students must be in school on the day of the activity and must be signed in to school no later than 9:20 AM at the PV High School, 9:21 AM at the PV Middle School, and must complete at least the equivalent of one-half (½) day of attendance. The principal or designee may take into account extenuating circumstances with regard to this rule. Detentions are not considered after-school activities with regard to these rules and students are expected to attend all detentions on the day scheduled.

No student on any type of suspension or expulsion may attend or participate in any school-sponsored activity or be on school property, including school-sponsored conveyances, during the period of the suspension or expulsion.

Requirements for Student-Participants

No student may participate in interscholastic athletics that has not:

1. Have completed Family ID and undergone a physical examination, as is required, in accordance with PIAA requirements each season prior to any athletic participation.
2. Met the requirements for academic eligibility.
3. Had the *Student-Athlete Agreement* or the *Student-Musician/Student-Performer Agreement*, the *PVSD Student-Participation Emergency Card*, and the *PVSD Accident Insurance Policy* (as is applicable) properly completed, signed and submitted.
4. Maintained a record of academic proficiency sufficient to ensure that participation in athletics/activities will not interfere with academic achievement.
5. Adhered to all attendance requirements.
6. Complied with the requirements of the *Athletic and Activities Handbook, K-12 Student-Parent Handbook*, and all applicable School Board policies and administrative regulations.
7. Returned all school equipment previously used.
8. Adhered to all applicable discipline standards.

Athletics

No student-athlete shall be permitted to participate in a second sport after having withdrawn from a sport that takes place during the same sports season, except in the following cases:

1. When such withdrawal takes place at least one (1) week prior to the first publicly scheduled event for the sport from which the student is withdrawing.
2. When the student is asked to withdraw from the sport for a reason other than a disciplinary reason.
3. When the student requests permission to withdraw with the coach's approval.
4. When a student is "cut" from a sport.

In sports such as football, field hockey, basketball and wrestling, where league, district and state tournament activities may cause the season to intrude upon the beginning of the following sports season, student-athletes shall be permitted to join the new sport after the completion of the tournament, or before the completion of the tournament if they are not a member of a varsity team participating in a district or state tournament.

No student wishing to take part in another sport shall be held back from participation in that sport by a coach wishing to extend the season of his/her sport under the technicality of tournament play extending said season; though, under certain circumstances, a minimum number of varsity players may be retained, or a minimum number of junior varsity players may be moved up to varsity status, for the purpose of providing competition in preparation for tournament play. However, the building principal or designee reserves the right to make the final decision in any disputed cases wherein abuse of this policy has been claimed by a coach or student.

PIAA Attendance Regulations

A student who has been absent from school during a semester for a total of twenty (20) or more school days, shall not be eligible to participate in an Inter-School Practice, Scrimmage, or Contest until the student has been in attendance for a total of forty-five (45) school days following the student's twentieth (20th) day of absence.

The following absences may be waived by the District XI Committee:

- A. Days when the student was required to serve as the primary caregiver to a member of the student's immediate family or a near relative or a death in that student's immediate family or of a near relative, both as defined in Section 1154 of the Public School Code of 1949, as amended;
- B. Days when the student was absent due to the student's compliance with a court subpoena;
- C. Days when the student was confined by quarantine;
- D. Days when the student attended a religious activity/function which the church requires its members to attend;
- E. Days when the student has an excused absence of five (5) or more school days due to the same confining illness or injury. If the establishment of any requirement necessary for the District XI Committee to exercise its discretion to grant a waiver of five (5) or more excused absences results from illegal conduct on the part of the student, other than absences during which the student, without their having been a criminal conviction or an adjudication of delinquency, is admitted to a substance abuse treatment facility, the District XI Committee shall not grant the waiver. Attendance at summer school does not count toward the forty-five (45) school days required. Absence from school for an entire semester, or for several semesters, shall disqualify a student for the same period as stated in this Section.

Equipment

All students who are issued equipment for participation in athletics, band, and/or activities must return this equipment to the head coach/director/advisor of the sport or activity at the conclusion of the season. All obligations for the return of equipment must be met before being eligible to participate in any such activity in the future. Failure to fulfill such obligations may also prevent participation in other co-curricular activities and could preclude the student from participating in graduation exercises and/or other school-sponsored social events. In cases whereby the obligation has not been satisfied after repeated attempts to obtain such, the school district may file charges with the district magistrate.

Expectations for Student-Participants

All student-participants are expected to participate in scheduled rehearsals, practices, performances and competitions:

1. Student participants shall take part in every rehearsal, practice, performance or competition unless Disciplinary consequences, absence from school or absence from practice/rehearsal prohibits such participation.
2. As is applicable, participation shall consist of meaningful time, not equal playing time.

Foreign Exchange Students

A foreign exchange student who wishes to participate on an athletic team must complete the *PIAA Foreign Exchange Student Eligibility Agreement* that is available in the Office of Athletics. That form will then be forwarded to the District XI Chairperson for approval.

Fundraising

Fundraising activities conducted within the school district by pupils using names related to the school district or any of its respective schools and by school-affiliated organizations shall be conducted in compliance with the parameters of the school district's mission, goals, regulations, procedures and policies. The appropriate permission for fundraiser form must be completed and approved by all appropriate parties as listed on the form. Fundraising shall have a specific purpose, which must fall within the parameters of the school district's mission, goals, regulations, procedures and policies and which must be stated on the appropriate permission for fundraiser form. An adult authorized by the coach or advisor must be present at all fundraisers. The SAO Treasurer must be present whenever money is exchanged. Fundraising projects conducted on school property must follow Board of Education policy No. 707 regarding facilities usage.

Profits derived from any sale/drive/event conducted by a school group or SAO shall be used only to benefit the students directly or through school-affiliated organizations, or for worthy purposes designated by the students through their governmental structure and as approved by the building principal. Money spent by the SAO shall be agreed upon by the SAO and the coach/director/advisor, who shall ensure that such expenditure is within the mission and the policies, regulations, guidelines and procedures of the school and school district.

Hazing

The school district does not condone any form of initiation or harassment, known as hazing, as part of any school-sponsored student activity and the Board of Education directs that no administrator, coach, director, advisor, adult in charge, volunteer or school district employee shall permit, condone, overlook, ignore, or tolerate any form of hazing. Likewise, no student, coach, director, advisor, adult in charge, volunteer or school district employee shall plan, direct, encourage, assist or engage in any hazing activity. Any hazing activity, whether by an individual or a group, shall be presumed to be a forced activity, even if a student willingly participates. In fact, willing participation in hazing activities is strictly prohibited and those students identified as willing participants may be subject to disciplinary consequences.

Board of Education Policy No. 247 defines hazing as any activity that recklessly or intentionally

endangers the mental health, physical health or safety of a student or causes willful destruction or removal of public or private property for the purpose of initiation or membership in or affiliation with any organization recognized by the Board of Education. The school district will investigate all complaints of hazing and will administer appropriate discipline to any individual who violates this policy.

Students who have been subjected to hazing are urged to promptly report such incidents, orally or in writing, to the school principal or his/her designee, the Director of Athletics, or other appropriate school district staff. Then, appropriate school district administrators shall conduct a timely, impartial, thorough, and comprehensive investigation of the alleged hazing and, if the investigation results in a substantiated finding of hazing, the school principal shall recommend appropriate disciplinary action, as circumstances warrant, in accordance with the school code of conduct. Additionally, the student may be subject to disciplinary action by the coach/director/advisor or adult in charge up to and including removal from the activity. If the investigation results in a substantiated finding that a coach/director/advisor or adult in charge affiliated with the activity planned, directed, encouraged, assisted, condoned or ignored any form of hazing, s/he will be disciplined appropriately. Such discipline could include dismissal from the position as coach/director/advisor or adult in charge.

Home Education Student

As per Board of Education Policy No. 137, home education students have an equal opportunity to participate in extracurricular activities and interscholastic athletic programs and/or to compete for positions in such activities and programs as students enrolled in school district schools. In order to be eligible to participate, the home education students must meet the same eligibility criteria required of students enrolled in school district schools. Home education students interested in participation should be referred to the Director of Athletics.

Injuries

When participating in any activity or program, accidents can happen and injuries can occur. In fact, by its very nature, competitive athletics may put student-athletes in situations where serious, catastrophic and even fatal accidents may occur. In many cases, participation in athletics can result in violent physical contact among participants. The use of equipment may result in accident and/or injury. Strenuous physical exertion and other exposures may also result in injury to the student-athlete.

Likewise, under some circumstances, involvement in marching band and/or other music-related and/or performance-related co-curricular/extracurricular activity may put student-musicians/student-performers in situations where risk of injury is present and whereby serious, catastrophic and even fatal accidents may occur. The use of equipment may result in accident and/or injury and strenuous physical exertion and other exposures may also result in injury to the student-musician/ student-performer.

Necessary precautions are taken to help avoid injury. However, when injuries occur they must be handled properly and necessary precautions taken to help avoid reoccurrence.

Precautions:

All student-participants must have signed parental permission forms on file before they participate.

- All student-athletes must have physical examinations before they are allowed to participate.
- Coaches should not play over-fatigued players.
- Care must be taken to match sizes and ages of participants when practicing/rehearsing.
- Student-participants must be advised to tell a coach/director/ advisor and/or trainer if they think they may be injured.

Whenever a student-participant is injured, common sense and good judgment should be the rule of thumb.

In addition, the following is recommended:

1. When a student-participant is injured at an athletic practice or home event, the trainer will be responsible for initial assessment of the injury and for providing first aid. Upon completion of this assessment, the trainer will determine if the student-participant may or may not return to practice, and the coach will be notified of this decision. The trainer is responsible for directing the emergency care of the student.
2. When there is an injury to a member of the visiting team at a home event, the trainer will assist only if requested by the coach/director/advisor of that team. If the trainer is not present, the PV coach is responsible for providing assistance to the visiting team if it is requested. (E.g. placing a call for emergency services).
3. When a student-participant is injured during an away event, the coach must check with the student-participant regarding the injury and, if our trainer is present, seek the advice of him/her.

If our trainer is not present, the coach should seek the advice of the home team's trainer and, if necessary, consult with a doctor if one is present. If it is decided that the student-participant is to be taken to a hospital, the coach should ascertain whether or not the parent(s)/guardian(s) are present at the event. If a parent/guardian is present at the event, our coach should insist that the parent/guardian accompany the injured student-participant to the hospital and the coach should remain with his/her team. In the event that no parent/guardian is present at the away event and a trainer is present or more than one coach is present, the trainer or one of the coaches must accompany the injured student-participant to the hospital. Upon arrival at the hospital, the trainer or coach must try to contact the parent/guardian as soon as practicable. In the case where there is only one coach and our trainer is not present and available to travel with the student-participant, then the coach must stay with his/her team and rely on medical assistance from the host school. The coach should ask the host school trainer or ambulance attendant to take the injured student participant to the hospital and try to contact the parent/guardian. In all cases, at the conclusion of the event the coach must contact the parent/guardian and must ensure that arrangements have been made for the supervision and/or safe return of the injured student-participant. He/She must also contact the Director of Athletics for any further instruction or assistance if needed. Under no circumstances should the student-participant be left at the hospital without assurance that proper arrangements have been made for the student-participant's supervision and/or safe return home.

Insurance

For the students who participate in interscholastic athletics, marching band, and cheerleading, the school district has purchased a Student Accident Insurance Policy. In some cases, medical expenses may need to be submitted to the parent's/guardians private insurance carrier. After the private carrier has paid their portion, any unpaid balance may be submitted to the school district's insurance carrier for consideration of coverage. Coverage will apply on a usual and customary basis. It is important that both private and school insurance carriers are notified at the time of the accident because most companies have time limitation for submitting initial claims. The athletic trainer will fill out an incident report documenting the injury and will submit to the proper channels in a timely manner.



The Pleasant Valley School District is committed to providing our student athletes the information and resources necessary to participate in collegiate athletics. The Pleasant Valley High School's NCAA Eligibility Team will help ensure that all students/families are provided with the information and knowledge necessary to meet the NCAA Eligibility requirements for Division I and Division II athletics.

* If you are planning to attend a Division III school, you do not need to register with the NCAA Eligibility Center. Division III schools set their own admissions standards.

PVHS NCAA Eligibility Team

- Student Athlete
- Parent/Guardian
- PVHS Principal
- PVSD Director of Athletics/Designee
- PVSD Coaches
- PVHS NCAA Liaison
- PVHS School Counselors

It is the responsibility of each student athlete/family to be aware of NCAA Initial Eligibility guidelines. It is our hope to provide you with all the information, resources, and guidance to follow your collegiate athletic aspirations and prevent those students that ARE athletically eligible from being deemed academically ineligible. Your success depends upon realistic evaluations of your ability, both in the class room and in the sports arena.

All student athletes and their families will be invited to (2) two meetings per year, (1) one after the fall sports season and (1) one after the winter sports season where members of the NCAA Eligibility Team will provide information regarding NCAA eligibility. Participants will be provided with a copy of the PVHS: College Bound Student-Athlete Eligibility Guide. The

Athletic Web Page will be reviewed which contains a plethora information, resources, forms, and guides.

The following documents will provide a brief overview of the NCAA-eligibility process:

- PVHS NCAA Approved Core Classes
- Division 1 Academic Requirements
- Division 2 Academic Requirements

Off-Campus Activities

School district policy applies to student conduct that occurs off school property and would otherwise violate the code of student conduct if any of the following circumstances exist:

1. The conduct occurs during the time the student is traveling to and from school or traveling to and from school-sponsored activities, whether or not via school district furnished transportation.
2. The student is a member of a school-sponsored activity and has been notified that particular off-campus conduct could result in exclusion from such activities.
3. Student expression or conduct materially and substantially disrupts the operations of the school, or the administration reasonably anticipates that the expression or conduct is likely to materially and substantially disrupt the operations of the school.
4. The conduct has a direct nexus to attendance at school or a school-sponsored activity; for example, a transaction conducted outside of school pursuant to an agreement made in school that would violate the Code of Student Conduct if conducted in school.
5. The conduct involves the theft or vandalism of school property.
6. There is otherwise a nexus between the proximity or timing of the conduct in relation to the students' attendance at school or school-sponsored activities.

Off Season: Intramurals, Summer Leagues and Other Off-Season Participation

Coaches/Directors/Advisors wishing to enhance their team or activity through student participation in intramurals, camps and summer league play must follow PIAA regulations or other school district or governing body policies and regulations for out-of-season participation. The following school district guidelines must also be followed:

Intramurals

1. All appropriate paperwork, including that required as per Board of Education Policy No. 707 and accompanying regulations, must be properly completed and meet all deadlines, as must an *Application for Athletics/Activities Intramural Advisor*, which must be pre-approved by the, Director of Athletics, building principal and the Assistant Superintendent prior to any program being run. Any advisor must have clearances and be approved by the Board of Education prior to operating an intramural program.
2. No student-participant can be required or led to believe they are required to participate in an activity, intramural, or training session outside the defined season.
3. All intramural programs must be made available to all applicable school district students,

not just the student participants from a specific team or activity.

Summer Leagues and Other Off-season Participation

1. The school district may not sponsor a team outside of the regular season, although a team can be named “Pleasant Valley” which is a recent rule change by the P.I.A.A.
2. Student-participants are not permitted to use Pleasant Valley game uniforms.
3. No student-participant can be required or led to believe they are required to participate in a sport, activity or training session outside the defined season.
4. The school district does not offer insurance coverage for any out-of-season injuries.

Overnight Event Guidelines

Pursuant to Board of Education Policy No. 121 and its accompanying administrative regulations, teams/groups may be allowed to participate in overnight events. In all cases, the regular education program shall be given top priority. Therefore, whenever possible, overnight events should be attended when school is not in session. However, since it is not always possible to schedule overnight events during weekends or periods of vacation, the Board of Education, at its discretion, may approve such trips. Thus, the following must be adhered to:

1. In the event that a contest/competition is on the published schedule for a particular team/group/ organization, the head coach/advisor/director is responsible for making a formal request to the Director of Athletics in order to make arrangements for overnight accommodations should it be determined that there is a need for such accommodations. With the approval of the building principal and the Director of Athletics (if the site of the event is deemed to be of a great enough distance to warrant an overnight stay), the request will be placed before the Board of Education for approval. The head coach/advisor/director will be responsible to see that all appropriate required paperwork is submitted by student-participants and their parent(s)/ guardian(s). Copies of such paperwork are to be kept on file by the building principal and/or his/her designee and the Director of Athletics.
2. In the event that individual student-participants and/or full teams/clubs/organizations representing the school district qualify for PIAA, PMEA or other appropriate organization’s district-level and/or regional-level and/or state-level competition that may require overnight accommodations and if the site of the event is deemed to be of great enough distance to warrant an overnight stay, the Director of Athletics shall seek Board of Education approval on, at a minimum, a yearly basis for the authority to review and approve arrangements for such overnight accommodations. The head coach/advisor/director will be responsible to see that all appropriate required paperwork is submitted by students participants and their parent(s)/guardian(s). Copies of such paperwork are to be kept on file by the principal and/or his/her designee and the Director of Athletics.
3. The principal and/or his/her designee shall recommend approval or disapproval of each proposed event taking into consideration the purpose, itinerary, and duration of each proposed trip. Each event is to be properly planned, related to the curriculum or purpose of the sport or activity, and followed up by appropriate activities that enhance its usefulness. No prior commitments, promises or announcements are to be made relative to an event by

the coach/advisor/director before necessary written approvals have been obtained.

4. Coaches/Directors/Advisors are to read Board of Education Policy No. 121 and its accompanying regulations to accurately determine those guidelines and procedures that may pertain to their particular sport or activity.

All chaperones for any overnight trips must provide an Act 34 Criminal history Report, an Act 151 Clearance Statement, and an FBI Federal Criminal History Record.

Physical Examinations

All student-athletes are required to have a physical examination each season prior to any athletic participation. The school district provides the opportunity for a physical examination for all student-athletes prior to each season. If a student-athlete does not avail himself/herself of this examination, it will be his/her responsibility to secure a physical examination at his/her own expense.

Each sports team will be assigned a specific date and time for their physical examinations and it is the responsibility of the coaching staff of that sport to supervise student-athletes and help ensure the proper completion of appropriate paperwork during those physical exams. The form used for the physical must be the PIAA Comprehensive Initial Pre-participation Physical Evaluation (CIPPE) form.

Head coaches are responsible to see that no student-athlete participates without the properly signed physical exam and parental permission forms, as well as any other required paperwork.

“Playing Up” a Level

When and where applicable, student-athletes are “moved up” to the next program or level (i.e., from a freshman team to a JV or varsity team) when their skill level makes such participation a possibility (i.e., they shall only be moved when their skill level is significantly above the other student-participants in their respective grade level or program and such a move is projected to yield a positive outcome). The player should experience meaningful playing time if moved up a level. Prior to moving a student-participant up a level, a meeting between the parent(s)/guardian(s) and the coach must be held and signed parental permission must be obtained.

Practices for Sports: The Six-Day Rule

PIAA guidelines provide that athletic contests and practices be limited to six (6) days per calendar week during the regular season. Each member school is free to determine which day of the week it will select as the day on which no interscholastic athletic competition or practice will be held. In general, at Pleasant Valley, that day will be on Sunday. If a coach would like to have a practice on Sunday, they must get approval by the Director of Athletics prior to the date of the practice. Also, the coach must provide for a day off during the next week before the following Sunday.

Procedure for Reporting and Handling Student Conduct Violations

Student-participants are expected to follow all rules set forth in *No. 123-AR-2, PVSD Student-Athlete Agreement* or *No. 122-AR-1, PVSD Student-Musician/Student-Performer Agreement* prior to being allowed to try out, practice or compete/participate, as well as any rules set forth in the *PVSD K-12 Student-Parent Handbook*. Insubordination and/or disrespectful behavior toward a coach or other staff member could result in dismissal from the team. This decision will be made in conjunction with the coach, Director of Athletics, and building principal.

1. All actions taken regarding potential disciplinary violations must be conducted in a spirit of fundamental fairness.
2. If an infraction is indicated, the coach/director/advisor should notify the Director of Athletics and school principal or designee, who will investigate the alleged violation.
3. If the investigation indicates a violation has occurred, informal due process must be afforded the student-participant, who must be given the opportunity to respond to the charges. The student-participant's parent(s)/guardian(s) should also be informed of the violation and potential consequences. Decisions regarding disciplinary actions made must be communicated to the student-participant's parent(s)/guardian(s).
4. If, after the investigation, it is deemed necessary to suspend or dismiss the student-participant from participation, the suspension or dismissal should take place immediately, with the decision being communicated to the parent(s)/guardian(s). The coach/director/advisor shall provide the Director of Athletics and principal with written notice stating the reasons for the proposed action, prior to taking such action.

Any punitive action taken by a coach/director/advisor against a student who has received a Board of Education or administrative ruling in their favor will be regarded as a violation of school district policy by said coach/director/advisor. Punitive actions may be defined as, but not restricted to, the denial of:

1. Athletic letters
2. Awards
3. Trophies
4. All-star play
5. Recommendations
6. Participation in the activity, as well as recognition ceremonies such as banquets, scholar-athlete events, etc.
7. The right to participate the following year in all sports of his/her choice.

Security/Access to Facilities

In conjunction with the philosophy of "safe schools", it is important that doors remain properly secured at all times. All coaches/directors/advisors and student-participants are required to aid in this effort to keep our schools safe. At no time is a door to be "propped open" and doors that require locking must be locked at all times that such is required. In addition, coaches/directors/advisors are to be aware of facility and playing field security prior to and after use, and must also ensure that all lights and/or equipment are turned on or off accordingly.

Coaches/Directors/Advisors should be last to leave the facility after a practice/rehearsal or event/performance/ competition. Coaches/Directors/Advisors should instruct student-participants

not to enter facilities before a coach/director/advisor has arrived.

Coaches/Directors/Advisors are responsible for taking all necessary precautions possible to help ensure their keys or access devices are not lost or stolen. At no time should coaches/directors/advisors copy keys or access devices, lend keys or access devices to unauthorized individuals, or give keys or access devices to students to use for any reason. Should a key or access device be lost or stolen, it is to be reported to the Director of Athletics immediately. Upon resignation or departure, all keys or access devices must be turned over to the Director of Athletics.

While the school district is not responsible for the loss or damage of the personal property and student assigned technology, the best defense against theft is educating student-participants in this regard and offering opportunities and suggestions for properly securing their personal possessions which may include, but not be limited to:

1. Encouraging student-participants not to carry large sums of money or wear expensive jewelry to practice/rehearsals or events.
2. Encourage students to sign out a combination lock to use on their assigned locker in the team room.

Student Managers and Student Volunteers

Student managers and student volunteers can be an important part of a team or activity and their hard work contributes to the smooth functioning of practices/rehearsals sessions and events. For these reasons, these students should be shown the same respect and consideration as any member of a team or activity.

It is important that coaches/directors/advisors realize that these students are not assistant coaches/directors/advisors and are not to serve in any supervisory capacity. The amount of responsibility given to these students must be weighed carefully. Under no circumstances should these students be given responsibility of securing buildings or acting the absence of a coach/director/advisor. Student managers are held to the same standards as other extracurricular participants in regards to academic eligibility, attendance, and behavior.

Removal from Play

A student who, as determined by a game official, coach from the student's team, certified athletic trainer, licensed physician, or other official designed by the school district, exhibits signs or symptoms of sudden cardiac arrest while participating in an athletic activity shall be removed by the coach from participation at that time and a school official or trainer will call 911.

Any student known to have exhibited signs or symptoms of sudden cardiac arrest prior to or following an athletic activity shall be prevented from participating in athletic activities.

Return to Play

The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by a licensed physician, certified registered nurse practitioner or cardiologist. The Board of Education may designate a specific appropriate medical

professional(s) to provide written clearance for return to participation.

Training

All coaches, including volunteers, shall annually, prior to coaching an athletic activity, complete sudden cardiac arrest training course offered by a provider approved by the PA Department of Health.

Penalties

After July 29, 2014, a coach found in violation of the provision of this policy related to removal from play and return to play shall be subject to the following penalties:

1. For a first violation, suspension from coaching any athletic activity for the remainder of the season.
2. For a second violation, suspension from coaching any athletic activity.

Supervision

Student-participants must be properly supervised at all times. This includes as practice/rehearsal and competition areas, locker room, and band room and other facilities, as well as student pick-up and other designated areas where student-participants wait for rides. All coaches/directors/advisors are responsible for supervision. If practice is not immediately after dismissal students must leave the school and return at the designated time and cannot remain on school property. Coaches/Directors/Advisors should make themselves visible in all areas as much as possible. Coaches/Directors/Advisors should be last to leave the facility after a practice/rehearsal or event/performance/competition. At no time should coaches/directors/advisors give building keys to students to use for any reason.

Transportation

Transportation for all off-campus events, scrimmages and practices/rehearsals (when needed) will be arranged by the Director of Athletics. The head coach/director/advisor must provide all required information to the Office of the Director of Athletics to schedule means for transporting student-participants. It is imperative that all applicable deadlines be met when requesting transportation.

Bus conduct must be closely supervised at all times. Infractions of proper bus conduct should be reported to the school principal or designee for appropriate disciplinary action.

1. Student-participants are expected to use whatever transportation is provided to them by the school district, both to and from competitions, scrimmages, or events.
2. All school rules and regulations are in effect anytime a student-participant is being transported by school-sponsored transportation. Infractions of school rules will be dealt within the same manner as the administration deals with school-time violations.
3. Student-participants and coaches/directors/advisors should dress appropriately for travel, acting as representatives of the school district. The head coach/director/advisor will decide on a proper dress code for his/her student-participants and include it in his/her rules and regulations to be signed by the student-participant and parent(s)/guardian(s) prior to the

start of the season. A coach/director advisor should always be present on a school-sponsored conveyance when one of his/her teams or activities is being transported. It is preferred that the head coach/director/advisor accompany the conveyances being used at all times. If the head coach/director/advisor cannot do so, for some valid reason, the Director of Athletics must be made aware of the situation in advance.

4. It is recognized that there will be times when extenuating circumstances may make it necessary for a student-participant to travel to or from an event separately from the team/group. In the event that a student-participant needs to travel separately from the team/group, a permission note from his/her parent/guardian must be presented to the school principal or designee in advance. The school principal or designee must sign the note if approved and the note will be filed in the school office for future reference. A copy will be provided to the coach/director/advisor.
5. Coaches/Directors/Advisors are permitted to allow student-participants to travel separately from the team/group only if they have in their possession a permission note that has been signed by a school administrator. However, student-participants will only be permitted to ride with their own parent/guardian and it is the responsibility of the coach/director/advisor to make visual contact with the parent/guardian of the student-participant to ensure that is who the student participant is leaving with. The coach/director/advisor may use his/her discretion in case of an emergency. However, the coach/director/advisor should still get a permission note signed by the parent/guardian and make visual identification of the individual before permitting the student-participant to depart separately from the team/group. The coach/director/advisor should also inform the Director of Athletics as soon as possible that an emergency exception was made for an individual. The Director of Athletics shall inform the school principal of the exception.

AWARDS AND RECOGNITION

Athletics

There will be only one (1) chenille “PV” letter awarded to a student for the entire year and only one of its types to be awarded to the student throughout a high school career. A student initially awarded a letter will also receive a pin specific to the sport to which they have earned the letter. The student who participates in a second or third year of competition on the same level and earns his/her varsity letter will be awarded a certificate indicating his/her accomplishments along with a bar for each year they earned the letter. Any student who earns 4 letters in the same sport will receive a blanket. All seniors who have been awarded a varsity letter in their senior year will be presented a plaque indicating their service to the athletic program. Certificates of athletic achievement will be awarded to participants in sports at the junior varsity and freshman levels.

The following are the specifications for the letter awarded to the student on each participating level. Coaches may not award letters to student-athletes who have not fulfilled the following criteria, unless an exception is petitioned to and approved by the Director of Athletics and the building principal. Each case of unique and extenuating circumstances will be evaluated on its own merit.

- Football, Basketball, Field Hockey, Soccer and Lacrosse: The student-athlete must play one

quarter/half over half of the total number of quarters/half of season of play except back-up soccer goalies that are judged by their value to the team.

- Baseball and Softball: The student-athlete must complete one (1) inning over one-half (1/2) the total innings of the season except pitchers and designated hitters, who are judged by their value to the team.
- Golf: The student-athlete must have played in over one-half (1/2) of the matches.
- Cross-Country: The student-athlete must place in at least one-half (1/2) of the league meets.
- Wrestling: The student-athlete must earn eighteen (18) points in competition or wrestle in one-half (1/2) of the matches.
- Tennis: The student-athlete must participate in at least one-half (1/2) of the matches in the season.
- Track and Field: The student-athlete must earn an average of twelve (12) points per meet or have participated in 75% of the meets.
- Volleyball: The student-athlete must play in one game over one-half (1/2) of the total number of matches in the season.
- Cheerleading: The student athlete must complete 2 of the 3 full seasons (Fall sideline, Winter sideline. or Winter Competition)

Marching Band

- First-year Participants: Those who participate for the entire season receive a PV letter.
- Second-year Participants: Those who participate for the entire season receive a gold pin that spells out the word "BAND".
- Third-year Participants: Those who participate for the entire season receive a gold pin that is in the shape of a lyre.
- Fourth-year Participants: Those who participate for the entire season receive a large gold bar.

Disclaimer

In the event of a global pandemic the aforementioned policies and procedures are subject to change at the discretion of the Board of Education and Superintendent or designee.