



**MODEL MIDDLE SCHOOL**  
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## *PARENT OPT-OUT FORM*

Dear Parent or Guardian,

This month, your student's school will be using the MBF Teen Safety Matters® program (the Program) from the Monique Burr Foundation for Children. The goal of the Program is to help keep your teen safe.

The Program empowers students to spot and respond to bullying, cyberbullying, the four types of abuse (physical, emotional, sexual, neglect), relationship abuse, digital abuse, and other digital dangers. Most importantly, it teaches that adults are responsible for their safety but there are things they can do to help adults keep them safe. The Program is based on the latest research and has been reviewed and endorsed by national experts.

### **Why does your teen need a safety program?**

- » 10% of children are abused before their 18th birthday
- » 14% of children have been solicited online
- » 28% of students have been bullied
- » 90% of children between 8 and 16 years have viewed explicit material online.

### **The Program teaches about these dangers by:**

- » using age-appropriate, easy to understand language
- » playing fun games and activities

When teens are taught safety information and rules to help them stay safe, they perform better in school and enjoy healthier, happier, and safer lives.

You can learn more about the Program at [www.mbfpreventioneducation.org](http://www.mbfpreventioneducation.org).

### **IF YOU "DO NOT" WANT YOUR TEEN TO PARTICIPATE IN THE PROGRAM, PLEASE CALL THE SCHOOL AND INFORM THE COUNSELOR BY FRIDAY, FEBRUARY 5TH.**

The Program provides students with important information about dangers they may face. If you do not want your teen to participate, please educate them using another program. Please contact the school with any concerns before opting your teen out of the program.