ISSUE NO. 3

WEBSITE EXCLUSIVE

OCTOBER 9, 2023



Seniors enjoying their last Pinktober celebration at Notre Dame. Makenna Corea (left), Lilly Webster (middle), and Lizzie Tran (right).

IPAINTING OCTOBER IPINK

By Ana Sofia Ramirez (10)

October is a month full of pumpkins, ghosts, and ghouls. However, spooky season is not the only thing we celebrate in the month of October. October is the month where we celebrate the fighters, survivors, and angels who are currently battling or have battled breast cancer. Here at ND, we kick off the month with our very own Pink Week! The biggest day of our pink week celebration was this past Thursday, October 5th. Celebrations began as soon as we walked on campus, as we all the wonderful saw decorations that ASB had put up early that morning. In our Pinked-Out Gym, we heard many special announcements and messages during our Pink Cor Unum! We discovered this year's homecoming theme, and heard from a very special speaker, who told us about the fight against Breast Cancer and the importance of supporting those who have been affected by it. After our Cor Unum Assembly, we were able to celebrate our wonderful Pancake breakfast prepared by our amazing ASB. The delicious pancakes were not an end to the celebration; it will continue throughout the rest of the month of October. We will continue to celebrate those who have fought, are fighting, or have lost the battle to breast Cancer.



Photo by: Lubianca Gait

'Pinked out' students showing their support for BCA month. Gaby Ambriz (far left), Jaslene Elizondo (second from left), Anthony Waked (middle), Maia Leach (second to right), Heidi Hutter (far right).

Pinktober can have many meanings among the members of our community. When asked about what Pink Week means to them, ND students shared very heartfelt messages.

"Pinktober is a special time for us to honor those who have had to fight the battle against Breast Cancer. It can be a scary situation for those who are diagnosed with it, so it is important to recognize them for their bravery and perseverance." -Adrian Reyes (10)

Located on the end of the D-Building is a lovely poster displaying the ND Community's Prayer Patch (Depicted below). Here, the names of survivors, fighters, and angels are displayed on Pink ribbons. This is a very special way for us to honor and pray for all of those in our very own community affected by Cancer. This display is even more significant because for many students at ND, this is a special time to honor those in their family who have battled Breast cancer.

"[In Pinktober], I get to have a family dinner and talk about the great things about my great-aunt because she died of breast cancer. It helps me remember her" -Kip Castillo (10)



"For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation will be able to separate us from the love of God in Chris Jesus, our Lord" — Romans 8:38-39

VOICE OF THE CAMPUS

Falling for Autmun

By Lubianca Gaitan (11) & Bianca Ávila (12)

As Autumn starts, many things begin to change, including that feeling in the air as winter and the holidays come closer. Last week, we went around campus asking people what their favorite parts of Autumn Personally, are. our favorite parts of Autumn are the changes that come in people, as well as the weather. The colder weather means warmer clothes, no sweating, fuzzy socks, hot cocoa, snuggling, and more. But, enough about us. Time to share what you guys said about your favorite parts with our response:

"Straight vibes really. You can feel the wind changing and you can feel the people changing too, and I love that" -Michaela Rodriguez, (10)



Photo by: Lubianca Gaitan



As we went around and asked people, most said the same common thing: the weather. Let's see some out-of-thenorm things that others said:

what you guys said"Leaves changing color. The
about your favorite parts
of Autumn, starting off
don't like the hot weather. It's
with our favorite
response:"Leaves changing color. The
colder weather too because I
don't like the hot weather. It's
like a crisp feeling in the air."
-Bailey Milenkiewicz, 11 (above)

"The cold season and when it rains and getting Starbucks on a rainy day, especially with friends." -Nathaly Romero, (11)

"It's nice and cool and I feel good cause I can play basketball outside." -Nikki Graham (12)

"Thanksgiving and just the feeling. The anticipation of winter and Christmas coming. Also, everyone gets in a better mood for some reason." -Anthony Waked & Luke Webster (9)

"Starbucks Apple Crisp Frappuccino." -*Ryan Fazzio (*12)

"Stepping on leaves that are super crunchy." -Nathaniel (9)

WHAT'S NEW

By Elyza Lansang (11)

Notre Dame students enjoyed celebrating Pink Week and we continue to pray for all those souls who have left this world and for those still fighting against cancer.

Coming Up This Week

The First Quarter-Finals are next week! Make sure to keep up those good grades, Titans!

10.10: Minimum Day in honor of the Mendoza Family.

10.12: Learning Mass during TAC!

That's all — have a great week, Titans!!!



"The colors. I hate hot temperatures, so it's nice to feel like the weather is cooling. I love Halloween too. I also like how dark it gets at night and earlier. Sun is down by 6pm instead of 9pm." -*Mr. Heron, Science Dept.*

THTAN

Journey to Ancient Egypt with 'Prince of Egypt'

By Bianca Avila (12) & Elyza Lansang (11)



Last week, Titans and their Student View: It was such a families gathered together as lovely experience to have the a community to watch "The opportunity to spend time Prince of Egypt." Our Peer with both family and friends Ministers hosted the event to while watching a movie raise money for the school's about the Lord! Chapel. One goal of the fundraiser was to pay off the Monstrance — for those of you that don't know, the Monstrance is the big gold container which holds the Eucharist during adoration. The fundraiser was a success and was an event that many Titans enjoyed with the extra time spent with family and friends. The film is a fun yet educational film about our faith. Senior Denise Herrera said "I say 10/10. The animation was really good as well as the story itself — it brought back memories of watching it when I was younger."



Photo by: Joshua Avila





Student View: "I really love the cinematography music of the movie. Loved sharing that with my fellow Titans."

- Lilly Webster-Peer Ministry President (pictured above (12))

Student View: It was such a lovely experience to have the opportunity to spend time with both family and friends while watching a movie about the Lord! -Cali Gonzalez, 11

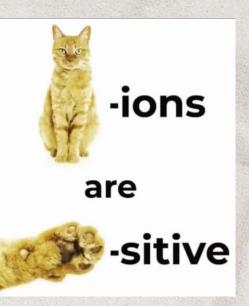




By Chris Campbell (12)

put your phone away, you are in class





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ne Arpis

By Ashley DeGennaro (12)



Artist: Crystal Cao Photo by: Lubianca Gaitan

This week we have two amazing pieces from two talented individuals! Turning our attention to Ms. Cao's (10)needlework, we see two animals (presumably a bunny and a fox) and they appear to be reading. soft color The palette compliments the idea being portrayed. At first glance the piece felt comforting and nostalgic.

Dexter's blue have not seen Dexter and Didi, might I add fixating focus on them. they are very accurate depictions as well.



Artist: Samantha Voorhis Photo by: Lubianca Gaitan

warm

Speaking of nostalgic, we The color combo and use of have a drawing from Ms. different shapes feeds into Voorhis (10) that definitely the futuristic vibe of the brings back memories. If you show. Not to mention the hued background Laboratory, this art piece is of contrasts with the characters the two main characters vivid warmth quite nicely,

> The art from this week can be summed up in one word, nostalgia. The beautiful thing about art is that whether you use fabric and needlework or paper and pencil, the end result can emit the same feeling & energy. I applaud these artists and appreciate them taking me back to a much simpler time with these pieces. Make sure to stay tuned for next week's art!

By Valerie Arredondo (11)



French Exit by TV Girl is this week's album pick!

Released on June 5, 2014, produced by TV Girl with a run time of 40 minutes and 43 seconds. As an alternative/indie pop album, it gives the music a vintage romance feel while listening. With hit songs like "Lover's Rock", it gives insight into the unique sound TV Girl creates for themselves. What I love about TV Girl is their distinguished sound and creative use of samples and dialogue in their songs. My favorite tracks of the album are The Blonde, Daughter of a Cop and Louise. I chose this album because as Fall weather IS approaching, the soft

feelings are coming with it. Therefore, TV Girl gives me that same feeling as we transition into the colder months. I love to connect music with my mood and my environment, and I highly recommend trying to experience the same. In conclusion, French Exit by TV Girl is a unique album with its small details that make it into one whole masterpiece of a vibe.

and

romantic

Stay tuned for next week's issue to hear about Drake's new album, "For All the Dogs" released on October 6, 2023, with a runtime of 1 hour and 24 minutes that contains his early released single 'Slime You Out' featuring SZA.

Don't forget to check out our playlist on Spotify and add your own music recommendations.

By Lubianca Gaitan (11)

This week's movie recommendation is The Dark Knight. It is a superhero film from directed 2008 by Christopher Nolan. It is the second film in the trilogy. It follows the story of Batman, played by Christian Bale, as he faces off against the Joker, portrayed by Heath Ledger, in a battle of chaos versus order in Gotham City. Personally, I consider it to be the best film in trilogy. the Additionally, A cool fact is that Ledger's iconic him earned posthumous

Academy Award. The film itself is done beautifully and has such memorable quotes, such as "You either die a hero or live long enough to see yourself become the villain" -Harvey Dent



I have rewatched this film more times than I can remember so I always recommend it, along with the entire trilogy, to people who want an action packed film with elaborate performance dialogue and nice a cinematography.

> If you have a film recommendation you want to give us, click our link to send us a request for a chance to get it featured in next week's issue!

TITAN TIMES

Health & Food

By Carter Worthington

This week, we had two special events, which also means we've got more special dishes, this one coming from our recent Chipotle fundraiser. This one of their is customizable bowls, with your choice of rice, protein, and toppings. The salsa Verde gave it some heat that was complemented by the



carne tender asada. Throwing in the lettuce, corn, and cheese added unique flavors that brought the meal together.

KRS CA

By Carter Worthington

To kick off this Pinktober, Week with our annual Pink Pancake Breakfast. which was hosted by ASB. These freshly made brown on both sides that lent to a crispy bite, followed by а fluffy center. Topped with powdered and syrup sugar, these made for a delicious brunch!



Students also enjoyed a we celebrated our Pink pink drink (not from Starbucks) to accompany their pancakes. To really set the pink spirit, students hung out with pancakes were golden- friends and enjoyed their pancakes and drinks. These foods not only demonstrated school spirit but were also super delicious and recommended to everyone.

Breast Cancer Awareness

By Sara Sanchez

Did you know that there different cancer are awareness months? For example, January is cervical cancer awareness month while colorectal March is fighting the this against October officially became found in American the month for breast women over the age of cancer awareness in



cancer awareness month. 1985. Since then it has you can do during this This month, the month informed many people of month include donating October, celebrates this disease and has to a local breast cancer breast cancer awareness. spread the desired charity, It celebrates those who attention on this subject. awareness, or simply have fought and are still Breast cancer is a deadly keeping those who have, battle disease that affects 1 out or are currently, going deadly of 8 women in America through this battle in disease. The month of and is most commonly your prayers. 40. Some helpful things

spreading

TITAN TIMES

By Lubianca Gaitan (11)

Last week, many students put in hard work into their classes, which is why this week we would like to give a shoutout to those who are putting in effort. Starting off with Algebra II Honors, Arely Urena (below), a junior, has shown great time and effort into the class.





Photo by Lubianca Gaitan



Photo by Lubianca Gaitan

Next off, we will go into a class that I'm sure most seniors absolutely love: AP literature. This week's scholar is Zachary Crochet (above), who, in the words of Mrs. Hernandez, is always focused in class despite there being distractions at times. He is able to maintain focused and puts in the effort to excel.

Lastly, in AP U.S. History, Alexis Garibay (below), a junior, who has demonstrated not only effort in her classes, but also improvement from the beginning of the year till now.



Photo by Lubianca Gaitan

Teacher Feature: Dr. Bakhsh

By Mrs. Arguelles

Notre Dame would not be the school it is without the legend, inspiration behind our favorite Pre-Calculus memes, and queen herself, Dr. Reeba Bakhsh. An institutional legend, Dr. Bakhsh has built and challenged the minds of Notre Dame math and science students for 35 years. When you enter a Dr. Bakhsh math class, you quickly realize students do not breathe. Instead, they focus intently on every word she presents. When asked about what it feels like to be a student in her class, Junior Gian De La Cruz stated he "feels challenged to focus on every little detail she presents to the class. Although I'm scared, I learn the most in her class and know it's my responsibility as a student to focus and study on my own."

As a colleague, Dr. Bakhsh leads by example, and helps you see potential and greatness in yourself. Mrs. Tina Hernandez stated that Bakhsh is inspiring, "Dr. having been here for many years. She is a mother to so many of us. She checks in on us and makes sure we are genuinely okay." Without a doubt, Dr. Bakhsh's presence isan integral part of ND — she gives her best and expects

our best in return. "It's her presence on campus and within the class" said Milo Zreik (11), "she has high expectations for all of her students." Her dedication to teaching is a true act of love for our school, and we love her in return. If you are (or have been) lucky enough to experience a Dr. Bakhsh class, consider yourself blessed even if stressed.



Photo by: Lubianca Gaitan

mieraciive

Advice Archives

Q: What do I do if I do not support my friend's relationship because I can tell that they are not good together and they are toxic. What should I do?

A: Trust, me I've been there before too... Honestly there's not much you can do without hurting your best friend because they obviously stay with that person because they like them so much. I wouldn't bring it up too much when you guys are hanging out, but if they start to ask for advice, just keep it short and simple: leave. Nagging too much will make your best friend slowly hate you and they just have to realize that they deserve better. Until then, you can't do much.

Q: What should I do if people keep copying what I do cause they are really trying to be like me. It's not my fault people really want to be me. What should I do??

A: Maybe, just maybe... you're being a little delulu...? I get it, a friend listens to the same artist that you've been in love with for years, but that doesn't make them want to be you... I personally think you need to take a step back and see if it's all just in your head.

Putting your ego aside

will probably be the smartest

thing you do as a human being.

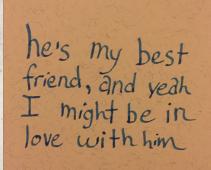
Quotes 'nd Notes

Submit an Advice

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Q: If I have a girlfriend, but I have a crush on my best friend, what do I do?

A: First thing you should do is break up with your girlfriend. To continue to string her along is morally wrong, especially when you like your best friend. She doesn't deserve that. You may not have to tell her in the moment why you are breaking up, but make sure that she hears it from you in the future instead of finding out from someone else.



Contributions

Pinterest

Editor-in-Chief Lubianca Gaitan

Managing Editor Mrs. Arguelles

Staff Writers

Bianca Avila Elyza Lansang Carter Worthington Ana Sophia Ramirez Frances Cramer Chris Campbell Sara Sanchez Serena Waked Valerie Arredondo

Guest Writer(s) Ashley DeGennaro

Photography Joshua Avila Lubianca Gaitan

New issue every other Monday! Next issue: October. 24th!

WANT A PERSONALIZED MESSAGE IN THE PAPER?

Pinterest

As **homecoming** time comes around, having your personalized message in the paper might be the way to go if you want to ask a special someone to go with you. You can pay **\$5**, and we will design a whole column just for your message. If you only want a small message, you can pay **\$2**. This goes for any other message you would like sponsored or shared as well. You can request your message **online** and pay during **second break** in the **learning commons** on Wednesdays and Thursdays.

Request your personalized message!

Pictures taken from Hispanic club's Instagram account: @hispanicclubndhs



This Monday, ND's Hispanic club honors Hispanic Heritage Month by encouraging people to wear Neon and selling traditional Hispanic foods such as Conchas and Street Tacos with the apples and oranges Snack Bar!