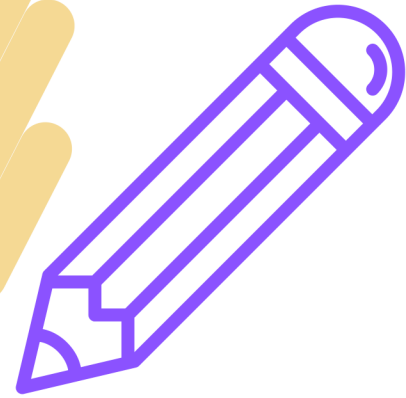




Trinity West PTA

MONTHLY NEWSLETTER

OCTOBER 2023



Welcome Back to School!

By Principal Michelle Ostrosky

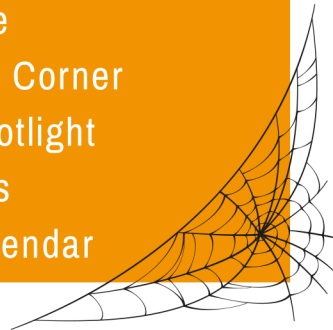
Can you believe we are through one month of school already? I want to thank everyone for helping us to get off to an incredibly smooth start this school year. Open house was a huge success! I enjoyed seeing so many supportive parents and family members come through our doors and into our classrooms. A special thank you to all of the Trinity West teachers, support staff, and PTA members. Our PTA does an awesome job of supporting our school throughout the year with many activities and programs!

While we expect your child to attend school daily, if your child is ill or has a fever, we ask that you do keep him/her home. Children must be fever free for 24 hours before they should return to school. A note from a doctor or parent must accompany your child upon returning to school so we can count the day as an excused absence.

This is a year for many transitions. Not only will we be planning for our 5th graders to move up to TMS, but we will be planning transition activities for our current 3rd and 4th graders as they will move into the new Intermediate Building next fall. Stay tuned for more exciting news as the year goes on! Make sure you check out the school calendar as there are many great things happening this month at West! Trunk-or-Treat is back, as well as a few other fun activities!

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LICE LESSONS By Nurse Amanda

Head lice are tiny, wingless insects that live close to the human scalp. Although lice is often spotted at school, it is usually acquired through direct head-to-head contact elsewhere, such as sleepovers or camp. Here are some myths and facts about head lice:

MYTH: Only dirty people get head lice.

FACT: Personal hygiene and household cleanliness are not factors for infestation. Actually head lice often infest people with good hygiene and grooming.

MYTH: Head lice can jump or fly and can live anywhere.

FACT: Lice cannot jump or fly and only move by crawling. It is unlikely to find lice living on objects such as hats and helmets because they have feet that are specifically designed to grab onto the hair shaft. Lice can only live for about 24 hours off of the human head.

MYTH: You can use home remedies like mayonnaise to get rid of lice.

FACT: While mayonnaise may make removing the lice in the hair easier, there is no scientific evidence that home remedies are effective treatments for lice. There are a number of available treatments for lice including over-the-counter and prescription products.

Shining a Light on Autism

Halloween is a fun night of costumes and candy for kids of all ages. But for those on the Autism spectrum, scary sounds and decorations, tight or scratchy costumes, and going out at night can be a lot to handle. The evening can be a struggle for the individual and for the caregiver.

What can you do to help?
Just be KIND and supportive.



CHROMEBOOK TIPS FROM CASSIE

Chromebook Guidelines:

- Charge your Chromebook every night
- Bring your Chromebook to school every day
- Do not leave your Chromebook unattended
- Do not deface your Chromebook with stickers, markers, pens, etc.
- Do not eat or drink near your Chromebook
- Report any damaged or missing Chromebooks to your teacher or the technology department

Shortcuts / Tips:

- Delete a file/folder: Alt + Backspace
- Turn Caps Lock On/Off: Alt + Search
- Create a New Folder in Files: Ctrl + E
- Rename a File/Folder: Ctrl + Enter
- Copy and Cut Text/Files/Folders: Ctrl + C then Ctrl + X
- Select All Text: Ctrl + A
- Paste Content: Ctrl + V





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PTA UPDATE

As we begin our very busy October, we are in the planning stages of our annual Trunk-or-Treat event fundraiser. Trunk-or-Treat is the PTA's biggest fundraiser of the year, and this year we want to make it bigger and better! As always, we need your help to make it a success!

How can you help?

- Attend the event and enjoy our activities.
- Sponsor the event with your business.
- Sell sponsorships to area businesses.
- Provide a trunk w/candy for the kids.
- Volunteer to help at the event.

We need help for Trunk-or-Treat! It takes a lot of volunteers to run this event! Clearances are not needed as it is an after school event. Older Trinity students, family members, and friends are also welcome to help out!

Scan QR
Code
to view
SignUp
Genius



**Sign-up to
Volunteer!**



**Box Tops Challenge:
Congrats to 2nd Grade
for leading the way in
September! Download
the Box Tops app to
help raise money for
PBIS!**

ALL ABOUT PBIS

Be Safe, Be Ready, Be Kind is our motto here at West!

The teachers have been working hard to teach that in every area of the building. Example: In the cafeteria, we are Safe by sitting on our bottoms, facing toward the table (so we don't fall and get hurt). They show they're Ready by standing quietly in line, facing forward and getting their lunches. They show Kindness by helping other students open items or using kind words to friends.

Students who demonstrate these expectations receive positive praise and could possibly earn a Principal's Pride badge! Students love to work hard and earn this incentive, which can earn them more and more surprise incentives!

Encourage your student to Be Safe, Be Ready, and Be Kind!



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OPEN HOUSE

Another successful Open House took place in September at Trinity West Elementary! Teachers held informative presentations in their classrooms as well as a meet-and-greet opportunity. The PTA hosted a Chinese auction and sold concessions, spirit wear, and book fair items with proceeds funding student events. PBIS introduced their school program to parents and had many fun giveaways at their table.

Thank you to everyone who made our Open House a big success! We appreciate each and every member of our West Family!



OPEN HOUSE FUN!





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COUNSELOR'S CORNER

Hello again, families! October is Bully Prevention Month. At Trinity, we take bullying seriously and want to make sure our students are safe, cared for, and listened to! Sometimes it can be difficult for students to differentiate between rude, mean, or bullying behavior. So, here are some tips:

Rude behavior is when someone **unintentionally** says or does something that is hurtful, but not repeatedly. **Mean** behavior is when someone **intentionally** says or does something that is hurtful, but not repeatedly. **Bullying** behavior is when someone **intentionally** says or does something that is hurtful **repeatedly**, despite being told to stop or the other person showing they're upset, and/or with an imbalance of power.

If your student has difficulty telling the difference, explain to them the above statements. However, if you believe that your student is in a bullying situation and they need support - please do not hesitate to contact me or Mrs. Ostrosky.

Your student's learning and development is very important to us - so let's work together to make sure everyone feels safe at school!



TEACHER SPOTLIGHT

Sydney Bury



Sydney Bury was a building substitute for the 2022-2023 school year. Bury was hired for her first official teaching position as the fourth kindergarten teacher at West.

This October, Sydney will be marrying her high school sweetheart, Stephen Schultz. Together, the couple has a puppy named Rossi!

Outside of the classroom, you may find Sydney shopping the aisles at Target, reading, or playing volleyball. Bury is currently a coach for the middle school volleyball team.



SURVEY SAYS

We surveyed 69 Kindergarten students and asked them:

"How old do you think your teacher is?"

Mrs. Ulam's Class
Highest guess: 71 / Lowest guess: 5

Mrs. Strickland's Class
Highest guess: 100 / Lowest guess: 7

Miss Bury's Class
Highest guess: 70 / Lowest guess: 5

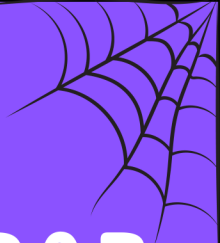
Mrs. Buri's Class
They all agreed on 15-years-old





October

CALENDAR



MONDAY

2

Wear your favorite
team jersey

TUESDAY

3

Wear your clothes
mismatched

WEDNESDAY

4

Picture
Day
Dress Up

THURSDAY

5

Wear everything
PINK

FRIDAY

6

Spirit Day
Wear Blue &
White

PINK SPIRIT WEEK

9

Fire Safety Week
Kick-Off

10

11

12 Trunk-or-Treat
4:30-7:30

13

Fire Safety
Assembly
2-Hour Early
Dismissal

16

No School
CLOSED

17

18

19

20

Spirit Day
Wear Blue & White

23 PTA Meeting
at 6:00PM

Wear RED

24 Dairy Queen
Dine To Donate
4:00 - 7:00PM

Wear a hat

25

School Store
K & 5th Grade
Wear pajamas

26

School Store
1st & 4th Grade
Wear Halloween shirt

27

School Store
2nd & 3rd Grade
Spirit Day
Wear Blue & White

30



Chick-fil-A
Receipts Due

31 Halloween
Parade @ 1:30PM



Halloween
Party @ 2:00PM

RED RIBBON WEEK

In support of breast
cancer for the month of
October, the PTA will
be selling popcorn and
lemonade every
Wednesday. Look for
our popcorn graphic as
a reminder!

Trunk-or-Treat

Volunteer

SignUp Genius

Be in the know!

Check out

our PTA Website

