



PRINCETON ISD

School Health
Advisory Council

Vision, Mission Statement & Bylaws

Vision Statement

All PISD students will reach their full personal, health and academic potential.

Mission Statement

The mission of the Princeton ISD SHAC is to assist in promoting sound school policies and practices that will improve the health and wellness of our students, faculty and community members.

Goal

The goal of this SHAC is to advise PISD decision-makers in their efforts to create a healthy and safe school environment that fosters learning while helping to establish healthy behaviors during childhood that carry over for a lifetime.

Accountability

The SHAC will report their recommendations to the Princeton ISD Board of Trustees annually.

Purpose

The purpose of the SHAC is to assist the district in ensuring that local community values are reflected in the district's health education instruction. Additionally, to establish and maintain a School Health Advisory Council following the requirements set forth by Chapter 28.004 of the Texas Education Code and guided by the PISD SHAC bylaws. The SHAC's scope of duties include recommending policies, procedures, strategies and curriculum appropriate for specific grades levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes, opioid addiction (age appropriate awareness training), vaping, and mental health concerns, including suicide.



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In advising the district, the SHAC will be guided by the ten components of coordinated health as identified by the Center for Disease Control and Prevention, the National Association of School Boards and the American Cancer Society. These 10 components include: 1) Health Education; 2) Physical Education & Activity; 3) Nutrition Environment & Services; 4) Health Services; 5) Counseling, Psychological & Social Services; 6) Social & Emotional Climate; 7) Physical Environment; 8) Employee Wellness; 9) Family Engagement; 10) Community Involvement.

Membership & Composition

In compliance with state law, the majority of the Council will be parents of students currently enrolled in Princeton ISD and who are not employed by the district. The SHAC will strive to reflect the geographic, ethnic, gender and economic diversity of the district while balancing the interests of the 10 components of Coordinated School Health. Volunteers should have a strong commitment to the health and well-being of students, staff and community members and agree to serve for at least a 1 year commitment. As new members join they will be assigned a staggered term length of 1, 2, or 3 years in order to maintain a balance of new and tenured members. To maintain the health of the SHAC, members will be asked to participate in at least one-half of the scheduled SHAC meetings within the current school year. One or more persons from each of the following groups may also serve: teachers, administrators, counselors, district students, health care professionals, business community, law enforcement, senior citizens, and clergy. SHAC size will consist of no more than 15 members and no less than 5.



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Membership & Composition cont.

No individual shall be placed on the SHAC if that individual has a direct pecuniary interest in the recommendations of that committee and the decisions by the Board of Trustees.



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Officers & Committees

The Chair:

- A. An employee of PISD
- B. Presides at all meetings of SHAC unless absent
- C. Serves as ex officio member of any committee without voting except on the Nominating Committee
- D. Works directly with the Co-chair to compile agendas, discussion items and action items for all SHAC meetings

The Co-Chair:

- A. Must be a parent of a PISD enrolled student
- B. Presides at SHAC meetings in the absence of the Chair

Secretary:

- A. Presides at meetings when both the Chair and Co-Chair are absent
- B. Assists in the preparation of meeting notices, minutes, and communications to be sent to SHAC members
- C. Provides staff support in the development and submission of SHAC's annual report

Committees:

- A. Nominating Committee - shall be responsible for reviewing and selecting applicants to serve on the SHAC
- B. Standing Committee - can serve in specific areas as needed by the SHAC and are the focal point for SHAC activity. Such committees may develop information items into action items for a SHAC vote
- C. Ad Hoc Committee - these groups may be established and appointed as deemed necessary for further action.



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Meetings

The SHAC shall conduct a minimum of four regular meetings per year. These meeting dates will be posted on the PISD website. State law requires that 72 hours prior to the meeting date, a meeting notice will be placed on the district's website. Meetings may be held either virtually or in person as the SHAC deems appropriate. A quorum will be the SHAC members present at the meeting with a minimum of 5 members. Meetings may be held without a quorum for the purpose of presentations, research or discussion. Voting without a quorum will not take place. A simple majority of the members present at the regular SHAC meeting is needed to approve and carry a motion. Agendas shall be provided for all full SHAC meetings. Agenda items shall be determined by the Chair in consultation with the Co-Chair.

Communication

The SHAC shall submit to the Board of Trustees, at least annually, a written report that includes: A) any SHAC recommendation concerning the school district's health education curriculum and instruction or related matters that the council has not previously submitted to the board; B) any suggested modification to a council recommendation previously submitted to the board; C) a summary explanation of the council's activities during the period between the date of the current report and the date of the last prior written report; and D) any recommendation made by the physical activity and fitness planning subcommittee (if one is created).

Meeting dates, times and an overview of minutes will be posted on the PISD website. Along with this information, either an audio or video recording of the meeting will also be posted. Minutes of the meetings will be kept on file in the office of the Coordinator for Mental & Physical Wellness.



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Amendments

The procedure for making changes to the bylaws shall be by a two-thirds majority vote of the members present.