

PISD

School Health Advisory Council

Agenda and Minutes

Zoom - Virtual and In-Person

Date: Tuesday, April 26, 2022 @ 6:00 - 7:00

Sharon	Eaves
Kayla	Walling
Justin	Cave
Misty	Harris
Christa	Horne
Kelly	Alvis
Raquel	Pastrana
Angela	Stevenson
Erin	Tank
Ebony	Wilson
Lisa	Ware
Carlos	Sifuentes
Wendy	Cain
Shelby	Thomas
Yan	Heijligers
Cynthia	Smith
Brooke	Jones
Sylvia	Newhouse

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	2 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes	5 min
WAC	Old Business -	5 min

	<ol style="list-style-type: none"> 1) Power Hour Program - SHAC learned through Mr. McInyre that a formal board presentation is no longer needed since the program already aligns with District Board goals. 2) Mentor Program for District - some research and outreach has been completed. 	
<p>All</p>	<p>New Business -</p> <ol style="list-style-type: none"> 1. Power Hour Program - next steps to get it ready to start at the beginning of 2022-23 school year. 2. Power Hour Google Survey for Teachers - any additions needed? Has everyone reviewed? Sent out 2/22/22 for SHAC review. 3. Power Hour signage, flyers and volunteer letters 4. Mentor Program for District - exact focus of program and outlining next steps. (Alliance of Elite Youth Leadership) 5. Council's preferences for the next meeting for this school year and into next school year. 6. Updates to District Wellness Plan - SHAC TX Guide has been recently updated by the state. WAC will be going through to ensure that PISD's plan contains all requirements before bringing it back to SHAC (Summer task). 7. Updates to SHAC Bylaws - WAC will be going through to ensure that PISD's Bylaws contain all requirements before bringing it back to SHAC early next school year (Summer task). 8. Curriculum Recommendations - recent changes in TEC Section 28.004 require SHACs to review curriculum materials related to Anti-Victimization (Child Abuse, Neglect & Human Trafficking, Family Violence) & Dating Violence and then present recommendations to the Board 9. Dating Violence Curriculum for 9th grade (Hope's Door - Decide, Don't Slide: The Dynamics of Dating Abuse) presented by: Raquel Pastrana Rodriguez, LHS Counselor 10. Anti-Victimization Curriculum for all grades - <ol style="list-style-type: none"> a) Stranger Danger (Pre-K) - presented by Wendy Cain, Coordinator for Mental & Physical Wellness b) The Kids Count Players (K-2) - presented by Angela Stevenson, Godwin Counselor c) We Help Ourselves (WHO) (3-5) - presented by Angela Stevenson, Godwin Counselor d) Dallas Children's Advocacy Center Program (6-8) - presented by Sylvia Newhouse, Clark Counselor and Brooke Jones, Southard Counselor e) Dallas Children's Advocacy Center Program (9) - presented by Raquel Pastrana Rodriguez, LHS 	<p>41 min</p>

	<p>Counselor</p> <p>f) Body Boundaries (10-12) - presented by Kayla Walling, PHS Counselor</p> <p>g) Project Starfish (10-12) - presented by Kayla Walling, PHS Counselor</p> <p>11. Agenda Items needed for next meeting along with 2nd public discussion about Counseling Curriculum recommendations to be presented to PISD Board during the Monday, May 16, 2022 meeting</p>	
WAC	<p>Announcements -</p> <ul style="list-style-type: none"> • Next Meeting • Tuesday, May 3, 2022 • 6:00 - 7:00 • Virtual / In person / Hybrid 	1 min
WAC	<p>Adjournment</p> <ul style="list-style-type: none"> • Time Started - 6:01 pm • Time Stopped - 7:24 pm 	1 min

Action / Future Items

Owner	Description	Date Due
All	Updates to district Wellness Plan	6/15/22
All	Topics for next SHAC meeting	4/25/22
All	Power Hour Presentation AdHoc Committee materials	6/15/22

Minutes

<p>Call to Order at 6:01 pm</p> <p>Recording Started at 6:04 pm</p> <p>Wendy goes over the agenda for the evening.</p> <p>Curriculum presented to the Board on May 16th at the Board Meeting.</p>
<p>Roll Call /Introduction of any new attendees</p> <ul style="list-style-type: none"> • Wendy Cain • Kayla Walling • Brooke Jones • Sylvia Newhouse

- Cynthia Smith
- Raquel Pastrana
- Ebony Wilson
- Angela Stevenson
- Sharon Eaves

Approval of Previous Minutes of 2/15/22 meeting

Previous Meeting Minutes review and approved

Motion made by Kayla Walling and seconded by Sharon Eaves; approved unanimously

Old Business:

- 1) Old Business - old business covered; we will not have to provide a presentation to the Board for this.

New Business -

- 1) Power Hour Program
 - a) We need volunteer - recruitment over the summer; 7 -7:30 on Fridays. We need about 16 volunteers per campus ; 2 volunteers per week to be rotated out; will need a bank of volunteers from 1st Friday and moving on
 - b) Letters to be sent out for recruitment. Businesses, city government, police officers, fire fighters, etc.
 - i) Wendy has reached out to Christ Cares for Princeton, but has not received a response.
 - ii) Seniors w/admin release can participate if they want to. Will go through PHS counselors
 - iii) Sharon Eaves will work on this letter
 - (1) Will volunteers volunteer for 3 months at a time? Or rotate by month? Concerned about burnout.
 - (2) Not selective of who can volunteer as long as they pass a background check.
 - (3) Sharon will try to have a letter and rotation scheduled by Tuesday May 3rd.
 - c) Ebony will manage volunteers for the Power Hour Program with Excel / Google Sheets spreadsheet to keep track of it.
 - d) Watchdog Program is going away next year -organization will not be providing any support.
 - e) Middle School principals are on board and aware of program starting
 - f) Church sponsorship - still onboard - quarterly will provide snacks and will provide lunch for teachers; will provide signage - need design.
 - i) Kayla will talk with Mr. Webb (graphic design teacher) about creation of signage / design.
 - ii) Would like signage to them no later by design - template by end of school year
- 2) Power Hour Google Teacher Survey
- 3) Power Hour signage and flyers
- 4) Mentor Program for District - Alliance of Elite Youth Leadership (AEYL)
 - a) Wendy visited with this group recently; the group will be setting up their

- programs in Princeton and will be using the Community Center for this program.
 - b) Would like to reach out to this group and have them be a part of our conversation on mentorship.
 - c) Most members expressed excitement for the potential to work with them.
- 5) Next Meeting for remainder of 21-22 school year and into 22-23 school year
 - a) May 3rd will be the last meeting for the 21-22 school year; can still email throughout the summer with information.
 - b) Early August will begin 22-23 school year meetings
 - c) Meeting days?
 - i) Tuesdays/Thursdays - No Wednesdays
 - d) Mrs. Cain will look at calendar and send a list out of future meeting dates for 22-23 School year.
- 6) Updates to District Wellness Plan - Wendy will review and notify if any changes need to be made.
- 7) Updates to SHAC Bylaws - Wendy will review and notify if any changes need to be made.
- 8) Counseling Curriculum Recommendations - curriculum presentations by PISD counselors
- 9) Dating Violence Curriculum
 - a) Raquel Pastrana Rodriguez provided overview and presented recommendation to SHAC Committee
 - b) Hope's Door program: *"Decide, Don't Slide: The Dynamics of Dating Abuse"*
- 10) Anti-Victimization Curriculum
 - a) PK - Wendy Cain - "Say No to Strangers" The Learning Station
 - i) Members concerned because most abuse is done by someone that is not a stranger
 - ii) Kayla Walling - lessons build as developmentally appropriate for student ages
 - iii) Brooke Jones - is there programming available to address these issues for this age group? That may be difficult to find.
 - iv) Sharon Eaves - suggested a 1 page parent information sheet to have age appropriate conversations with students at this age / guided discussions
 - b) K - 2 (Elementary) - Angela Stevenson - The Kids Count Players (Children's Advocacy Center of Collin County)
 - i) Students will learn about Boundaries, private touches, surprises, secrets
 - ii) Presenters are trained and have expertise
 - iii) The presentation is done through a puppet show; puppeteers are former counselors and other people who may have worked with children previously
 - c) 3-5 (Elementary) - Angela Stevenson - The Who Program
 - i) Educate students on what to do and who to tell in dangerous situations; they are valuable human beings that do not deserve abuse at any time
 - ii) Many districts around us use this program - comes with great recommendations
 - d) 6-8 (Middle School) - Brooke Jones & Sylvia Newhouse - Dallas Children's Advocacy Center
 - i) Reduce re-victimization of children; learn about realities of child abuse

and who perps are and how they gain access to students; age appropriate videos to understand internet safety

- ii) Many students don't ask questions and have a lot of fear - this programming is a proactive learning and can increase awareness of abuse - allows students to advocate for themselves; also discusses digital footprint
- iii) Helps students see the "Power of NO"
- e) 9 - Raquel Pastrana Rodriguez (Wendy Cain presented because of technical difficulty)
 - i) Same as 6-8, however, will be grade appropriate and will address issues 9th graders may see
- f) 10-12 - Kayla Walling - 2 different programs
 - i) Body Boundaries - Hunt County CAC resource - statistics, definition, explains boundaries, how it happens, who offenders are, what to do if it has already happened. Also online boundaries
 - ii) Project Starfish: Social Justice & Sex Trafficking - University of Arizona lesson plans - 3 part lesson 1. Explanation & Definitions of Sex Trafficking 2. Discuss how sex trafficking is a social justice issue. 3. Circles of responsibility

11) Agenda Items for 5/3/22 meeting - including 2nd public discussion of Counseling Curriculum to be recommended to PISD Board

- a) We will need to have Board presentation to Mr. McIntyre by March 6th so he can send out to Board members

Announcements - Next meeting

- Tuesday, May 3rd @6pm
- Virtual / In person / Hybrid

Adjournment - 7:24 pm adjourning & recording stopped.