

PISD

School Health Advisory Council

Agenda and Minutes

In Person

Princeton High School - A120 (Computer Lab)

Date: Monday, November 15, 2021 @ 6:00 - 7:00

Sharon	Eaves - arrival at 6:09am
Kayla	Walling
Justin	Cave
Misty	Harris
Christa	Horne
Kelly	Alvis
Raquel	Pastrana
Angela	Stevenson
Jacob	Stevenson (2nd Grade)
Erin	Tank
Ebony	Wilson
Carlos	Sifuentes
Wendy	Cain

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting	2 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes	5 min
WAC	Discuss of SHAC Officers (nominations and vote)	10 min
WAC	Old Business - 1) Previous discussion of Communities in School and information from Administration 2) Updates to District Wellness Plan	10 min

All	New Business - 1) Interest in beginning a Mentor Program for District 2) Power Hour - possible program idea 3) Need to investigate through an AdHoc Committee 4) Action for Healthy Kids (https://www.actionforhealthykids.org/) - School Health Index & other resources available 5) Council's preference for next meeting	20 min
WAC	Announcements - <ul style="list-style-type: none"> ● Next Meeting ● Tuesday, Dec 14, 2021 ● 6:00 - 7:00 ● Virtual or In Person 	5 min
WAC	Adjournment <ul style="list-style-type: none"> ● Time Started - ● Time Stopped - 	3 min

Action / Future Items

Owner	Description	Date Due
All	Updates to district Wellness Plan	12/4/21
All	Topics for next SHAC meeting	12/7/21
All	Mentor AdHoc Committee Report	12/14/21
All	Power Hour AdHoc Committee Report	12/14/21

Minutes

Call to Order at 6:00pm School Health Advisory Council Meeting #2 Recording Started at 6:00 pm ; Screen/Presentation Shared online and in-person Overview of Agenda
Roll Call /Introduction of any new attendees Angela Stevenson - member, School Counselor at Godwin Elementary
Approval of Previous Minutes Previous Meeting Minutes Reviewed and Approved Motion made by K. Walling for acceptance and seconded by A. Stevenson.

Discussion of SHAC Officers - Discussion of Officer descriptions

Chair - Wendy Cain - PISD Employee

Co-Chair Nomination - Ebony Wilson (volunteered / nominated) unanimous approval

Secretary - Kayla Walling (volunteered/ nominated) unanimous approval

Old Business:

1) Communities in Schools - presentation last February - information provided from Administration; this did not meet the needs of the District; HB4545 depleted federal funds for remediation and so the idea for this program needs to be tabled at this time.

2) Updates to District Wellness Plan - will update as needed / members did not have any current updates.

New Business

- 1) Interest in beginning a Mentor Program for District - discussion of similar programs from surrounding districts - investigation by committee from council - Program would need to be during the school day - **What is the Role of the Mentor - social / emotional? Career role model? Academic Support / Tutor?** Better volunteers may come from target role clarification. What demographic of people would be interested in doing this mentor type program - business people / SAH parents / Grandparents / Retirees - *Reach out to senior rec centers in the area.* - asking churches for support / mentors? ***There is an interest in pursuing this.*** Who would be interested in being a part of an AdHoc Committee? Ebony will talk with retirees / senior centers. Wendy will contact pastors and surrounding churches. *Will PISD be open to community members outside of Princeton?* Do we target particular groups of students? Profiles for Mentors / Mentees for matching each. Sharon will begin looking for profile questionnaires for matching.
- 2) Power Hour - possible program idea - helping students to feel good when they come to school. Music, snacks, 2 greeters, signs, @ 7:00 - 7:30am (when students are flooding in) / not added demand on staff. Student volunteer - weekly basis - Covenant Church McKinney is onboard with supporting/ funding this - would the school board allow us to pilot this at one school, or switching between two junior high schools. How do we recruit volunteers? PTOs? Who do we want or what parameters do we need? Wendy will reach out to Mr. McIntyre about piloting this program. Possibility of piloting at LHS? What would we measure to then market this further? Survey teachers / check discipline reports for the days this happens? Pre/Post Survey - Ebony will create. Maybe cards with encouraging sayings? Kayla will ask the JREN sponsor (Ms. May) to have students come up with these? Also, come up with welcoming signs. When will this take place - Fridays / Mondays / Tuesdays? Wendy will also reach out to Christ Cares for participation in this program.
- 3) Need to investigate through an AdHoc Committee for both the Power Hour and the Mentorship program. It will then need to be presented to the Board for their agreement.
- 4) Action for Healthy Kids - School Health Index & other resources available - *great resource for SHAC Committees across the state*
- 5) Council's preference for next meeting - Combination of in-person and virtual

Announcements - Next Meeting is Tuesday, December 14th, 2021 from 6 - 7 pm. Will offer both

in-person and online for the meeting.

Adjournment - Adjourned at 6:58pm.