

# PISD

## School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, February 7, 2023 @ 6:00 - 7:00

Sharon	Eaves
Kayla	Walling
Misty	Harris
Kelly	Alvis
Raquel	Pastrana
Angela	Stevenson
Erin	Tank
Ebony	Wilson
Carlos	Sifuentes
Debra	Nash
Lisa	Ware
Cindy	Smith
Sylvia	Newhouse
Denise	Moore
Amisha	Neal
Wendy	Cain

## Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 12/13/22	5 min
WAC	Old Business - 1. SHAC Email Address - a. Has been approved and created by the Technology	10 min

	<p>Department.</p> <ul style="list-style-type: none"> <li>b. Currently, Wendy is the only person that has access to this, but this could change in the future.</li> <li>c. <a href="mailto:healthadvisorycouncil@princetonisd.net">healthadvisorycouncil@princetonisd.net</a></li> <li>d. Wendy will begin using this email address for any items that are SHAC related.</li> </ul> <p>2. SHAC Self-Assessment -</p> <ul style="list-style-type: none"> <li>a. During the last Oct. meeting, it was decided that the SHAC would like to go through the Self-Assessment together as a group.</li> <li>b. We will set aside some time this evening to do so.</li> </ul>	
All	<p>New Business -</p> <ul style="list-style-type: none"> <li>1. Spring Parent Information Night (PIN) - <ul style="list-style-type: none"> <li>a) Spoke with counselors during our January Counselor Academy regarding S. Eaves' offer of presenting at an event for parents on the topic of Sleep and Academic Success.</li> <li>b) Counselors would like to have this be a whole district event.</li> <li>c) PISD Elementary PIN night had to be rescheduled due to bad weather and will now be held on Monday, February 13th @ Smith Elem. (6:00 - 7:00).</li> <li>d) Thoughts on event details? I would like to see the turnout for the Elem. PIN as I think that this might help gauge participation for the next offering.</li> <li>e) Has anyone new research to bring to the table? What procedures can be put into place for researching this topic for possible Board Recommendations. Does a sub-committee need to be established?</li> </ul> </li> <li>2. SHAC Self-Assessment - <ul style="list-style-type: none"> <li>a) Within the SHAC Guide for Texas School Districts there is a SHAC Self-Assessment (pgs 20-22)</li> <li>b) Wendy will send out results from our combined answers.</li> </ul> </li> <li>3. Power Hour Survey Results - <ul style="list-style-type: none"> <li>a) Survey was sent out to both Clark and Southard staff on 12/15/22 since the program has moved to monthly rotation.</li> <li>b) Wendy will send copies to all of the survey response summary.</li> <li>c) Given the limited number of responses - what is the SHAC recommendation on this program? Thoughts on the 2023-24 school year and the opening of Mattei?</li> </ul> </li> </ul>	32 min

	<p>4. PISD Counseling Curriculum Programs -</p> <ul style="list-style-type: none"> <li>a) PISD Counselors have researched and updated all programs that will be needed at all grade levels to meet state requirements.</li> <li>b) Reviewed with Mr. McIntyre in January.</li> <li>c) Since programs are already SHAC recommended and Board approved curriculum providers - there is not a current need for another round of SHAC recommendations for the 23-24 school year.</li> <li>d) The only change involves expanding already approved programs to new grade levels.</li> <li>e) Updated spreadsheet for the 23-24 school year has been posted to the website and the Online Registration form has been updated as well as the registration process for campuses will begin in a few weeks for Kinder Round Up.</li> </ul> <p>5. Additional SHAC Meetings</p> <ul style="list-style-type: none"> <li>a) When we thought that we might have to go through the Counseling Curriculum recommendation process, we had added tonight's meeting along with the one previously scheduled on Tuesday, 2/21/23. Do we still need to keep this additional February meeting?</li> <li>b) Thoughts on the need for additional meetings during this Spring semester?</li> <li>c) Thoughts on meetings for the 23-24 school year? Going ahead and getting these on the calendar?</li> </ul>	
WAC	<p>Announcements -</p> <ul style="list-style-type: none"> <li>• Next Meeting</li> <li>• Tuesday, February 21, 2023? Depending on SHAC decision</li> </ul>	2 min
WAC	<p>Adjournment</p> <ul style="list-style-type: none"> <li>• Time Started -</li> <li>• Time Stopped -</li> </ul>	1 min

### Action / Future Items

Owner	Description	Date Due
All	Topics for next SHAC meeting	TBD
All		
All		

# Minutes

Call to Order at: 6:00 pm  
Recording Started at: 6:00 pm

## Roll Call /Introduction of any new attendees

- Debbie Nash - Lead Nurse
- Kayla Walling - Lead Counselor PHS
- Raquel Pastrana - LHS Counselor
- Wendy Cain - PISD Coordinator Mental Health & Wellness
- Denise Moore - PHS Counselor
- Angela Stevenson - Godwin Elem. Counselor
- Ebony Wilson - Parent / SHAC Member
- Sylvia Newhouse - Clark MS Counselor
- Sharon Eaves - Parent / Community Member / SHAC Member
- No new attendees

## Approval of Previous Minutes of 12/13/22 meeting

Previous Meeting Minutes review and approved

Motion made by Kayla Walling and seconded by Raquel Pastrana; approved unanimously

## Old Business:

- 1) SHAC Email Address - [Healthadvisorycounsel@princetonisd.net](mailto:Healthadvisorycounsel@princetonisd.net) - Wendy has access only at this moment;
- 2) SHAC Self-Assessment - E- Mailed out on 2/1 again; 7 people have responded

## New Business -

- 1) Spring District PIN (Parent Information Night) and Research Sub-Committee -
  - a) Counselors would like to host an event for Importance of Students' Sleep Habits (WAKE UP! Let's talk about the importance of sleep habits!)
  - b) Elem. PIN Monday 2/13/23 - Would like to gauge how well this is received
  - c) Monday 3/20/23 - suggested as date for PIN
  - d) Wendy will make a flier - use PHS Auditorium @ 6pm pending OAP schedule? May need to be moved to LHS.
- 2) SHAC Self-Assessment - survey results
  - a) Review of results - more ethnic diversity moving into district, would like more members from these groups - Budget needed? Is that the SHAC's role? Is a budget needed for a group that is only an advisory counsel? - sub-committees? Hard to have these with such little participation / members - By-laws are located on the District website under "Health Services" - regular meetings are taking place, but attendance is not always at 75% - We need more participation and maybe some more guidelines - better understanding of what we should / need to do.
- 3) Power Hour Survey Results and Program Discussion - lack of participation from parents / community members / @ Clark it has turned into student program participation / only received 5 responses to Power Hour Survey / Visual announcement

/ video to be used instead of in-person? - community leaders providing a video of "I'm glad you're here"!

- 4) PISD Counseling Curriculum for 2023-23 school year - no Board recommendations are needed this year - updates have been made by counselors for those that are needed - programs & groups are already approved, changes to any of this does not need to be approved.
- 5) Additional SHAC Meetings for remainder of this year and into 23-24 school year - Feb. 21st meeting is not needed any more - Do we need one later in the school year? One more meeting requested - Tuesday, May 30th, 6pm - schedule 23-24 school year meetings, etc. - possibility of having some in the middle of day and some in evening - more important to have more parent participation and community members

Announcements - Next meeting - Tuesday, May 30th, 6pm

- Hybrid format

Adjournment at: 7:15 pm