

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, October 11, 2022 @ 6:00 - 7:00

Sharon	Eaves
Kayla	Walling
Misty	Harris
Kelly	Alvis
Raquel	Pastrana
Angela	Stevenson
Erin	Tank
Ebony	Wilson
Carlos	Sifuentes
Debra	Nash
Lisa	Ware
Cindy	Smith
Sylvia	Newhouse
Denise	Moore
Amisha	Neal
Wendy	Cain

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes	5 min
WAC	Old Business - 1. Update on AEYL Programming (guests at 8/1/22 mtg.) a. The District greatly appreciates the work done by	10 min

	<p>this organization.</p> <ul style="list-style-type: none"> b. Unfortunately, due to budget constraints and the number of students that would be served by the program, the district has decided to not partner with AEYL at this time. <p>2. MENTOR Program Leadership Council -</p> <ul style="list-style-type: none"> a. After our last SHAC mtg., I did receive information that I have been chosen to participate with this group. b. Participated in Welcome mtg on Monday, Sept. 26, 2022. c. Participants from across Texas and includes a wide variety of resources. d. I am the only member that brings the SHAC and school district perspective. e. Current steps are for the group to hire an Executive Director to run the state program and then the TX Affiliate of MENTOR will be official. f. Hope to learn from the group some best practices in forming a mentorship program for PISD. <p>3. Update on Middle School Power Hour -</p> <ul style="list-style-type: none"> a. Currently, there are 2 Teams (one for each campus) b. Clark has 8 members along with the Clark cheerleaders who participate with us. c. We were also surprised when Mr. McIntyre joined us during the Friday, September 16th at Clark to show off his cheer skills. d. Southard has 9 members and has sent updates with pictures regularly. e. Next date for campuses is Friday, October 21st. f. Format of the program needed to be changed from weekly to monthly in order to sustain it. g. Due to the change in programming, I have not sent out the teacher survey. I would like to wait until a few more events have taken place. 	
All	<p>New Business -</p> <ul style="list-style-type: none"> 1. SHAC Email Address - <ul style="list-style-type: none"> a) Do we think that this needs to be created to help ensure communication continuity through membership changes? b) I believe that this is possible for the Technology Dept. to set up for us. c) Who needs to have access to the address? I do not know if only district employees can have rights? 2. SHAC Self-Assessment - 2 possible tools 	32 min

	<ul style="list-style-type: none"> a) Do we think that we are at the point that this needs to be done? b) Within the SHAC Guide for Texas School Districts there is a SHAC Self-Assessment (pgs 20-22) c) Action for Healthy Kids (actionforhealthykids.org) - has a lot of resources and an online Wellness Policy Tool that can be used to help guide upcoming goals and discussions. 	
WAC	Announcements - <ul style="list-style-type: none"> • Next Meeting • Tuesday, December 13, 2022 	2 min
WAC	Adjournment <ul style="list-style-type: none"> • Time Started - • Time Stopped - 	1 min

Action / Future Items

Owner	Description	Date Due
All	Topics for next SHAC meeting	12/6/22
All		
All		

Minutes

Call to Order at: 6:00 pm Recording Started at: 6:01 pm
Roll Call /Introduction of any new attendees <ul style="list-style-type: none"> • All in attendance introduced themselves • No new attendees
Approval of Previous Minutes of 8/1/22 meeting Previous Meeting Minutes review and approved Motion made by Kayla Walling and seconded by Sharon Eaves ; approved unanimously
Old Business:

- 1) AEYL - district was interested; price quoted; limited number of students and cost was great; will try to look back to partner with them in the future; cost to student ratio was a concern
- 2) MENTOR organization - Wendy chosen to be on advisory board; hopes to gain new resources; many connections with possible resources; this group is in the process of hiring exec. Director - before other things can move forward - hopes to have that filled by the end of the month
- 3) Power Hour - had a slow start; but picking up momentum; 1st event in August; now the program has been modified - Clark has 8 members + cheer team; Southard has 9 members; next time is next Friday; Teacher survey has not been sent out just yet
 - a) Change from every Friday to once a month due to low member numbers - calendar invites and email reminders sent out - more sustainable
 - b) Continuing to build momentum
 - c) Teacher survey will be sent out at the end of the semester due to change in scheduling

New Business -

- 1) SHAC email address - request would have to go through tech dept.
 - a) Who would need access?
 - b) Would this help ensure communication continuity?
 - c) Wendy will look into this
- 2) SHAC Self-Assessment? Are we at this point?
 - a) Can we send it out to check where we are?
 - i) Use it mainly as a guideline for us
 - b) Wendy will get this sent to members
- 3) Sharon would like to add to next meeting - discussing importance of sleep to adolescent development - influencing start times and physical and mental health - a lot of benefits - research to present ideas to district

Announcements - Next meeting - Tuesday, December 13, 2022

- Hybrid format

Adjournment at: 6:25 pm