

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Monday, September 11, 2023 @ 6:00 - 7:00

Stacey	Seiter
Jeffrey	Button
Debra	Nash
Kayla	Walling
Amber	Evans
Sylvia	Newhouse
Cindy	Smith
Briana	Jensen
Raquel	Pastrana Rodriguez
Maria	Stiney
Wendy	Cain

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 5/30/2023	5 min
WAC	Old Business - 1. Review of Vision / Mission Statements / Bylaws - a. Documents sent out prior to the SHAC meeting for	15 min

review.

b. Particular attention was paid to the Membership & Composition portion of the Bylaws.

i. Kept the 1 year commitment

ii. Discussed staggered term lengths of 1, 2, or 3 years. Decision made to keep in place with the understanding that we would move forward in assigning term lengths with the beginning of the 23-24 school year.

iii. Discussed possible attendance rules - nonparticipants would be removed at the end of the school year.

iv. Size of membership will stay at 15 with a quorum of 5 members.

v. Chair / Co-Chair / Secretary roles - no revisions were made.

vi. Committees - due to the small size of the SHAC, this is a work in progress.

vii. Change to Bylaws shall be by a two-thirds majority vote of the members present.

2. 2023-24 SHAC Meeting Dates -

a. Required minimum of 4 have been set. SHAC can add additional dates as needed.

3. Power Hour for Middle Schools -

a. Group discussion of possible models for the program moving forward.

b. Moving to the model where campuses would oversee this program if it meets the needs of the campus.

4. Student Sleep Info for Parents -

a. Discussion of how best to move forward and get information to families.

b. Suggestions of video and/or webpage format so that it could be accessed on an as needed basis.

c. Struggle continues for getting attendance numbers for in-person events.

5. Student Sleep / School Start Times -

a. Committee needs to be formed

b. First step of committee would be to create a fact sheet to be given to J. Lovelady

c. This would need to be started quickly to have conversations begin for the 2024-25 school year if that is the goal.

6. Care Solace -

a. Has now been officially launched

b. Well received by PISD staff and students and is providing a new type of support for those that

	<p>were not covered before.</p> <p>7. THRIVE Discussion</p> <ol style="list-style-type: none"> a. Occurred on Jun 12, 2023 b. Mr. Button participated in that discussion c. Due to a shortage of space, PISD will not be able to begin the program in its entirety at this time. 	
All	<p>New Business -</p> <ol style="list-style-type: none"> 1. PISD Wellness Policy <ol style="list-style-type: none"> a. Amber Evans, Director of Child Nutrition, was informed that we need to update the district Wellness Policy b. Also, there is a tri-annual assessment that the SHAC will need to review and update this year c. Timeline for this process d. Next steps needed 2. Goals for SHAC <ol style="list-style-type: none"> a. What goals does the group have for this school year? b. What topics would the group like to cover and when? 3. SHAC Guidance on the Dangers of Opioids <ol style="list-style-type: none"> a. HB 3908 - must recommend appropriate grade levels and curriculum for instruction regarding the dangers of opioids, including addiction to and abuse of synthetic opioids such as fentanyl. b. Governor will designate a Fentanyl Poisoning Awareness Week during which age-appropriate instruction on the prevention of abuse, addiction to fentanyl will be provided. 4. District Updates <ol style="list-style-type: none"> a. Health Services b. Nutrition Services c. Counseling Services 	27 min
WAC	<p>Announcements -</p> <ul style="list-style-type: none"> • Next Meeting - Thursday, October 26, 2023 	2 min
WAC	<p>Adjournment</p> <ul style="list-style-type: none"> • Time Started - 6:00 pm • Time Stopped - 6:38 pm 	1 min

Action / Future Items

Owner	Description	Date Due
All	Topics for next SHAC meeting	TBD
All	Student Sleep / Start Time Research Committee	
All		

Minutes

<p>Call to Order at: 6:00 pm Recording Started at: 6:02 pm</p>
<p>Roll Call /Introduction of any new attendees</p> <ul style="list-style-type: none"> ● Cindy Smith - Godwin Counselor, parent ● Jeffrey Button - Tx Hlth Resources, community health team, THRIVE ● Amber Evans - Director of Child Nutrition for PISD ● Maria Stiney - Smith Nurse
<p>Approval of Previous Minutes of 5/30/2023 meeting Previous Meeting Minutes: Read by Wendy Cain Motion made by: Kayla Walling , Seconded by Raquel Pastrana</p>
<p>Old Business:</p> <ol style="list-style-type: none"> 1) Review of Vision / Mission Statements / Bylaws <ol style="list-style-type: none"> a) Staggering term lengths? <ol style="list-style-type: none"> i) Wendy will send out email about preferences b) Attendance rules? - non-participant removal at end of school year c) Membership will stay at 15, quorum of 5 members d) Char /Co-Chair / Secretary roles - no change <ol style="list-style-type: none"> i) in -need of additional parents for committee e) Committees - small size impacts this, work in progress f) $\frac{2}{3}$ majority vote of members present 2) Meeting Dates <ol style="list-style-type: none"> a) Required min. Of 4, may have more if needed 3) Power Hour for Middle Schools <ol style="list-style-type: none"> a) Tried for every friday, but not feasible b) This year - turned over to middle school campuses if they wished to keep it 4) Student Sleep Info for Parents <ol style="list-style-type: none"> a) Lack of sleep and academic success 5) Student Sleep / School Start Times

- 6) Care Solace -
 - a) Officially launched, very well received
 - b) Helps family navigate to resources
- 7) THRIVE discussion with Tx Hlth Resources
 - a) Meeting held on 6/12/23
 - b) Due to shortage of space, will not be able to house program at this time

New Business -

- 1) PISD Wellness Policy
 - a) Need to update district's Wellness Policy
 - i) Not updated since 21-22 school year
 - ii) Tri-Annual Assessment every 3 years, self-evaluation / timeline for process / next steps
 - (1) Send out and have everyone evaluate and make suggestions by October meeting
 - (2) Listed on SHAC webpage
- 2) Goals for SHAC
 - a) What topics would the group like to focus on?
 - i) Increasing parent engagement
 - (1) ideas?
- 3) Dangers of Opioids - HB3908
 - a) New Legislation
 - b) Age appropriate grade level and curriculum for instruction regarding dangers of opioids
- 4) District Updates
 - a) Health Services
 - i) Gearing up for screenings
 - b) Nutrition Services
 - i) New online platform / payments
 - ii) Grace period for free/reduced lunch
 - c) Counseling Services
 - i) 4 new counselors in district
 - ii) Care Solace
 - (1) Possibility of employment Assistance Program - not at that capacity yet, but we are using Care Solace in place now
 - (2) Paid for by district
 - (3) All PISD students & families AND staff & families
 - (4) After warm-handoff, CS contacts person within 10-15 minutes, allows person to navigate finding counselor
 - (5) Supports over 200 different languages supported

Announcements - Next meeting - Thursday, October 26, 2023

- Hybrid format

Adjournment at: 6:38 pm