



PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Lowe Elementary

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of Lowe Elementary School’s Counseling Program is to help students create an anchor for life by connecting them, as well as parents, schools and the community with the tools and resources for academic readiness, social and emotional success.

Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors lead on delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

Competencies

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal – setting process

Student Competency: Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete tasks

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

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Organizational Elements

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment by staff, teachers, parents and students, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals (highlighted) & Process

Needs Assessment Results: Improve Student Behavior, Increase Attendance, Assess Program Balance using Time Tracking

We reviewed the following data points:

- Behavior incidents
- Attendance reports

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We following patterns will be evaluated in our data:

- Incident types
- Incidents by grade level
- Incidents by semester
- Attendance by nine weeks
- Types of absenteeism
- Time tracker
- Types of non counseling duties

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at our leadership meeting to elicit revisions/additions ● TBD through discussions of student concerns at RTI meetings, counselor academy, and leadership meetings.

Program SMART Goals for the 2023-24 Year

1. By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.
2. By May 2024, school counselors will work to increase attendance by ten percent through guidance lessons, incentives, and counseling and building family relationships.
3. By May 2024, school counselors will increase the amount of time spent with students by 15 percent by providing individual, group and whole group guidance lessons.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness

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2. Intrapersonal Effectiveness
3. Personal Health and Safety
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Leadership
2. Counseling
3. Guidance
4. Advocacy
5. Professional Behavior
6. Professional Standards
7. Program Management
8. Consultation
9. Coordination
10. Parent Support

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum 35-45%
2. Responsive Services 30-40%
3. System Support 10-15%
4. Individual Planning 5-10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s-Self-Respect, Anti-bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, College & Career lesson, Smart Goal/Growth Mindset, Safe use of Social Media.

Smart Goal/s-

- By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.
- By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

2. Strategic Content Area- Interpersonal Effectiveness, Anxiety

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

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Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.
- By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

3. Strategic Content Area- Emotional Regulation

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention

SMART Goal/s-

- By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.
- By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

4. Strategic Content Area-Post Secondary Education and Career Readiness

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset, Middle School Readiness programs

SMART Goal/s-

- By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.
- By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Campus Responsive Services

Identified Need #1- Family Changes

Preventative, Remedial, or Crisis- Remedial & Crisis

Intervention/Plan of Action- Counseling services based on student need

Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Identified Need #2- Anxiety

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Emotional Regulation

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

needed

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Individual Planning Priorities

Domain- Personal

Goal- Identify attributes for achievement and growth

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Education

Goal- Understanding the importance of education

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Career

Goal- Introduction to different options

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

KEY for the following tools:

GC: Guidance Curriculum

RS: Responsive Services

IP: Individual Planning

SS: System Support

NCD: Non-counseling duty

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

Counselors Updated 8/10/2023

Content Areas

Components

Guidance Curriculum

Interpersonal Effectiveness

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Responsive services Individual
Planning System Support
Intrapersonal Effectiveness

Personal Health and Safety
Post-Secondary Planning and Career
Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2023-2024 Year

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

3. Campus Improvement Plan Goals:

Goal 1: Decrease the percentage of students that have more than ten absences in a semester by 2%.

Goal 2: At Lowe Elementary, the discipline referrals will decrease by 20% during the first and second semester combined.

Goal 3: At Lowe Elementary, through the character strong program and reward programs we will increase attendance and reinforce positive behaviors.

CALENDAR

August

Content Area- Introduction to the Counselor & Counseling Program

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Interpersonal, Intrapersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Setting counseling program purpose- Using Character

Strong Program for grades K-5 with focus on the following character traits: Respect, Honesty, Responsibility, Gratitude, Cooperation, Empathy, Perseverance, Courage and Creativity to promote healthy socially emotionally success for students.

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Major Projects/Events- Meet the counselor table during Meet the Teacher. Self-Introduction to students through guidance lessons. Positivitee Shirt Day on Thursdays and Character Challenge for announcements. Welcome new students - Lunch Bunch Groups. Initiate Lowe Leaders program/Bulletin Board. Compliance/safety training's for staff. Counselor Bulletin Board. Begin Positivity Tuesday Announcements - focus on character strong traits.

Testing: Training for BOY Testing' 504/RTI (support new CTC)

Individual Planning/ Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program. Highly Mobile services.

September

Content Area- Growth Mindset/Goal Setting

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Postsecondary Readiness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Growth Mindset/Goal Setting - Smart Goals; Positivity Tuesday announcements - character strong.

Guidance Lesson- NED's Mindset Kit (K-5); Character Strong Guidance lesson - Respect/Honesty

Major Projects/Events: Positivitee shirt Thursday, Character Challenge on announcements.Character Dares from Character Strong.

Testing: 1st nine Weeks Testing (support CTC as needed)

Individual Planning/ Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Lunch Bunch Groups and Watchdog Program; Highly Mobile services.

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October

Content Area- Drug Prevention, Personal Safety

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Drug prevention, personal safety, healthy choices, Kids Count and WHO. Positivity Tuesday announcements - character strong.

Guidance Lesson- Making Healthy and Safe Choices Wise Owl ; Character Strong Guidance lesson

Respect/Honesty;(<https://dcmp.org/media/6682-wise-owl-s-drug-safety-kit-part-one-is-that-good-for-me>) (K-5); Guidance Lesson: Character Strong - Responsibility;

Major Projects/Events- Red Ribbon Week, Guidance Lesson, Positivitee shirt Thursday, Character Challenge on announcements. Character Dares from Character Strong

Testing: 2nd nine weeks testing; 504/RTI (support CTC)

Individual Planning/Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program, Red Ribbon Program and Food drives. Lunch Bunch Groups. Highly Mobile services.

November

Content Area- Kindness, Respect, Anti-Bullying

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Kindness, Respect, Anti-Bullying;

Guidance Lesson: Character Strong (K-5) - skill Gratitude; Positivity Tuesday announcements - character strong.

- Start the Month:
[Defining Kindness](#)
- E- [Cutter Kindness](#)
- Exit the Day:
[Kindness Chart](#)

- Start the Month:
[Defining Kindness](#)
- E: [Kindness Shout-Outs](#)
- Exit the Day: [Kind or Unkind?](#)

- Start the Month:
[Defining Kindness](#)
- E: [Kindness Extension](#)
- E: [Embodying Kindness](#)
- Exit the Day: [What Kind of Moves?](#)

- Start the Month:
[Defining Kindness](#)
- E: [Kindness Cube](#)
- Exit the Week: [Pass Kindness On](#)

- Start the Month:
[Defining Kindness](#)
- E: [Our Words Stick](#)
- Exit the Week: [Scouting for Kindness](#)

- Start the Month:
[Defining Kindness](#)
- E: [Chain Reaction of Kindness](#)
- Exit the Week: [Kindness Comics](#)

Major Projects/Events- Guidance Lesson, NED assembly, Canned Food Drive, Angel Tree, Positivitee shirt Thursday, Character Dares from Character Strong

Testing: 504/RTI (support CTC)

Individual Planning/Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program, PALS. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. Positivity Tuesday announcements - character strong. Highly Mobile services.

December

Content Area- Character Strong - Gratitude

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Gratitude, Sharing, Giving; Positivity Tuesday announcements - character strong.

Guidance Lesson- Character Strong (K-5)

- Start the Month: Defining Gratitude	- Start the Month: Defining Gratitude	- Start the Month: Defining Gratitude	- Start the Month: Defining Gratitude	- Start the Month: Defining Gratitude	- Start the Month: Defining Gratitude
- E: Dance of Gratitude	- E: Gratitude Scavenger Hunt	- E: Gratitude Extension	- E: Everyday Gratitude	- E: Uncommon Gratitude	- E: Our Gratitude
- Exit the Day: Call and Response	- Exit the Day: Grateful Class	- E: Gratitude Dots	- Exit the Day: Fill in the Blanks	- Exit the Day: We Are Grateful For You	- Exit the Day: Gratefulness in Motion
- Exit the Day: Call and Response	- Exit the Day: Grateful Class	- Exit the Day: Day Walk	- Exit the Day: Fill in the Blanks	- Exit the Day: We Are Grateful For You	- Exit the Day: Gratefulness in Motion

Major Projects/Events- Bulletin board or morning announcements, other activities as determined by the campus, Positivitee shirt Thursday, Character Dares from Character Strong

Testing: 2rd nine weeks testing; 504/RTI (support CTC as needed)

Individual Planning/Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program, Angel Tree program. Positivity Tuesday announcements - character strong. Highly Mobile services.

WINTER BREAK

January

Content Area- Healthy Habits, Puberty, Hygiene

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety **Guidance Curriculum Lesson Topics (GC)-** Healthy Habits, Puberty, Hygiene;

Guidance Lesson- Positivity Tuesday announcements - character strong.

Counselor will work with Nurse for K-3 Healthy Habits presentation completed in Gym Hygiene Video by Human Relations(4th grade)

Puberty Video by Human Relations (5th grade)

Major Projects/Events- Guidance Lesson, The Great Kindness Challenge, Positivity shirt Thursday, Character Dares from Character Strong; Character Strong - Cooperation.

Testing: 504/RTI - support CTC

Individual Planning/Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong traits. Highly Mobile services.

February

Content Area- Careers/ Hygiene - 3rd grade

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC) Hygiene Video by Human Relations(3rd grade); Careers - 5th grade tour of the CATE center, staff college bulletin board, career bulletin board, and career presenters. Character Strong - Cooperation/Empathy; Positivity Tuesday announcements - character strong.

Major Projects/Events- , Guidance Lesson, The Great Kindness Challenge, Positivitee shirt Thursday, Character Dares from Character Strong;

Testing: TELPAS; Field Testing; (support CTC).

Individual Planning/Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Highly Mobile services.

Positivity Tuesday announcements - character strong.

March

Content Area- Careers Cont.

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Careers- 5th grade tour of the CATE center, staff college bulletin board, career bulletin board, and career presenters. Character Strong - Empathy continued; Positivity Tuesday announcements - character strong.

Major Projects/Events- ,3rd nine weeks testing; Guidance Lesson, Character Dares from Character Strong

Testing: TELPAS, PSTAAR, STAAR-ALT (support CTC)

Individual Planning/Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. Highly Mobile services.

April

Content Area- Test Anxiety, Personal Safety

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and

Safety **Guidance Curriculum Lesson Topics (GC)-** Test Anxiety, Personal Safety; Positivity Tuesday announcements - character strong.

Guidance Lesson

Activate Go Brain Test Prep Kit from NED (3-5)

Monique Burr Personal Safety (K-2)

Major Projects/Events- STAAR (support CTC), Guidance Lesson - it is also Child Abuse Prevention Month, Character Dares from Character Strong. Character Strong - Perseverance

Testing: STAAR Testing (support CTC)

Individual Planning/ Responsive Services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. Highly Mobile services.

May

Content Area- Test Anxiety, Personal Safety (Cont.)

CSCP Goals Addressed

Goal 1: By May 2024, school counselors will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons.

Goal 2: By May 2024, school counselors will work to increase attendance by 15 percent through guidance lessons, incentives, and counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and

Safety **Guidance Curriculum Lesson Topics (GC)-** Test Anxiety, Personal Safety

Activate Go Brain Test Prep Kit from NED (3-5); Positivity Tuesday announcements - character strong.

Monique Burr Personal Safety (K-2) ; Character Strong - Courage

Major Projects/Events- RTI, Six weeks testing, STAAR, Guidance Lesson, Character Dares from Character Strong

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Testing: STAAR, EOY, Nine Weeks Testing - support CTC

Individual Planning/Responsive services: Assist students in planning and managing their individual, educational, career, personal, and social development (i.e. individual, small and whole group lessons, social skills); LEMUR program, Watchdog Program and PALS program. Lunch Bunch Groups. Positivity Tuesday announcements - character strong. Highly Mobile services.

June

Content Area- Review Data and prepare for new school year

CSCP Goals Addressed- Review data, determine growth achieved

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Creativity; Review (wrapup); Positivity Tuesday announcements - character strong.

Major Projects/Events- Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year. Revision of CSCP.

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