

How to register for EAP

Employee Assistance Program (EAP)

WEBSITE: www.anthemead.com

TOLL-FREE: 800-999-7222

1. Click the link above. Company Code = **SISC**

Welcome to your EAP website.

Explore wellness, work/life, legal and financial information and resources by **logging in below**. EAP services are available to eligible members and their families.

If you would like more information about the site's confidentiality, please refer to the Privacy Notice.

To **log in**, enter your company name, or the login name provided by your employer, in the login box below. Do not use any punctuation. If you have questions about the program name your company requested the EAP use for this purpose, please check with your Benefit Administrator at work.

Need help logging in? [Help](#)

Para página de acceso en Español [Español](#)

Please call the customer service number on the back of your ID card for any questions about your medical plan.

By clicking on the "Login" button above, you will be leaving Anthem's site and linking to a site created and/or maintained by another entity ("External Site") and you acknowledge that Anthem does not control, guarantee, endorse or approve the information, products or services available at the External Site or the security of the transmissions between you and the External Site.

Upon linking you are subject to the terms of use, privacy, copyright and security policies of the External Site. Anthem provides these links solely for your information and convenience. Members: Your health plan may not cover all the services or products described on the External Site please refer to your benefit booklet. The information contained on the External Site should not be interpreted as medical advice or treatment.

2. Click "Member Center"



Welcome SISC - Self Insured Schools of California

Phone : 800-999-7222



- About Your Services
- EAP Orientation
- Feedback
- Email the Expert

Choose Language Go

Search Go

[Advanced Search](#)

- Homepage
- Parenting
- Aging
- Balancing
- Thriving
- Working
- Living
- International



SEMINARS

Seminars are an interactive learning experience. On Demand Online Seminars.

[Read More: Seminars](#)



MEMBER CENTER

Your self-service area to:

- Search for EAP counselors
- Confirm your first appointment
- Send messages to your EAP

[Read More: Member Center](#)



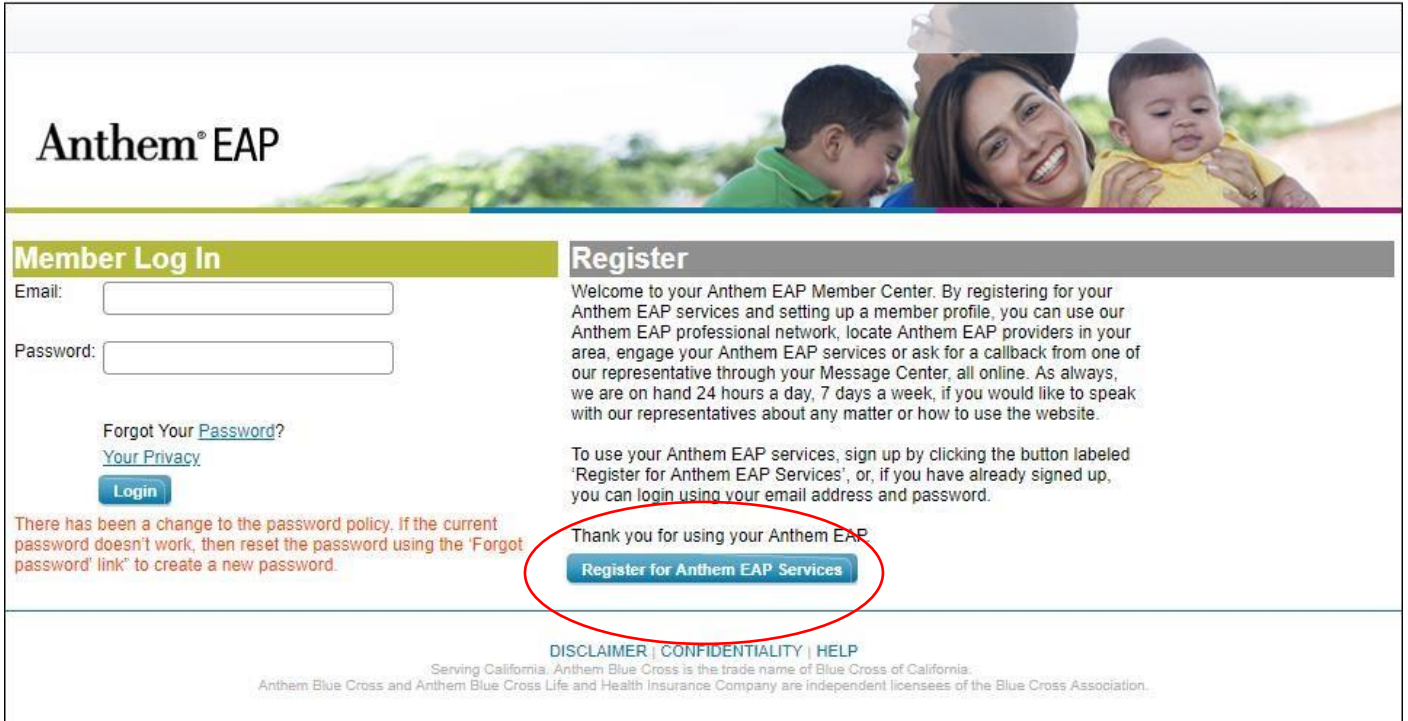
THE WELLPOST

Visit our blog for information and tips from our experts to live life to the fullest.

[Read More: The WellPost](#)

- Let's Talk Depression +
- Monthly Promotion +
- ID Monitoring +
- Legal/Financial +
- myStrength.com +
- Tobacco Free Resources +
- Savings Center +
- Relocation Center +

3. Register



The image shows the registration page for Anthem EAP. At the top, there is a banner with the Anthem EAP logo and a photograph of a smiling woman holding a baby, with another child nearby. Below the banner, the page is divided into two main sections: 'Member Log In' and 'Register'.

Member Log In

Email:

Password:

[Forgot Your Password?](#)
[Your Privacy](#)

There has been a change to the password policy. If the current password doesn't work, then reset the password using the 'Forgot password' link to create a new password.

Register

Welcome to your Anthem EAP Member Center. By registering for your Anthem EAP services and setting up a member profile, you can use our Anthem EAP professional network, locate Anthem EAP providers in your area, engage your Anthem EAP services or ask for a callback from one of our representative through your Message Center, all online. As always, we are on hand 24 hours a day, 7 days a week, if you would like to speak with our representatives about any matter or how to use the website.

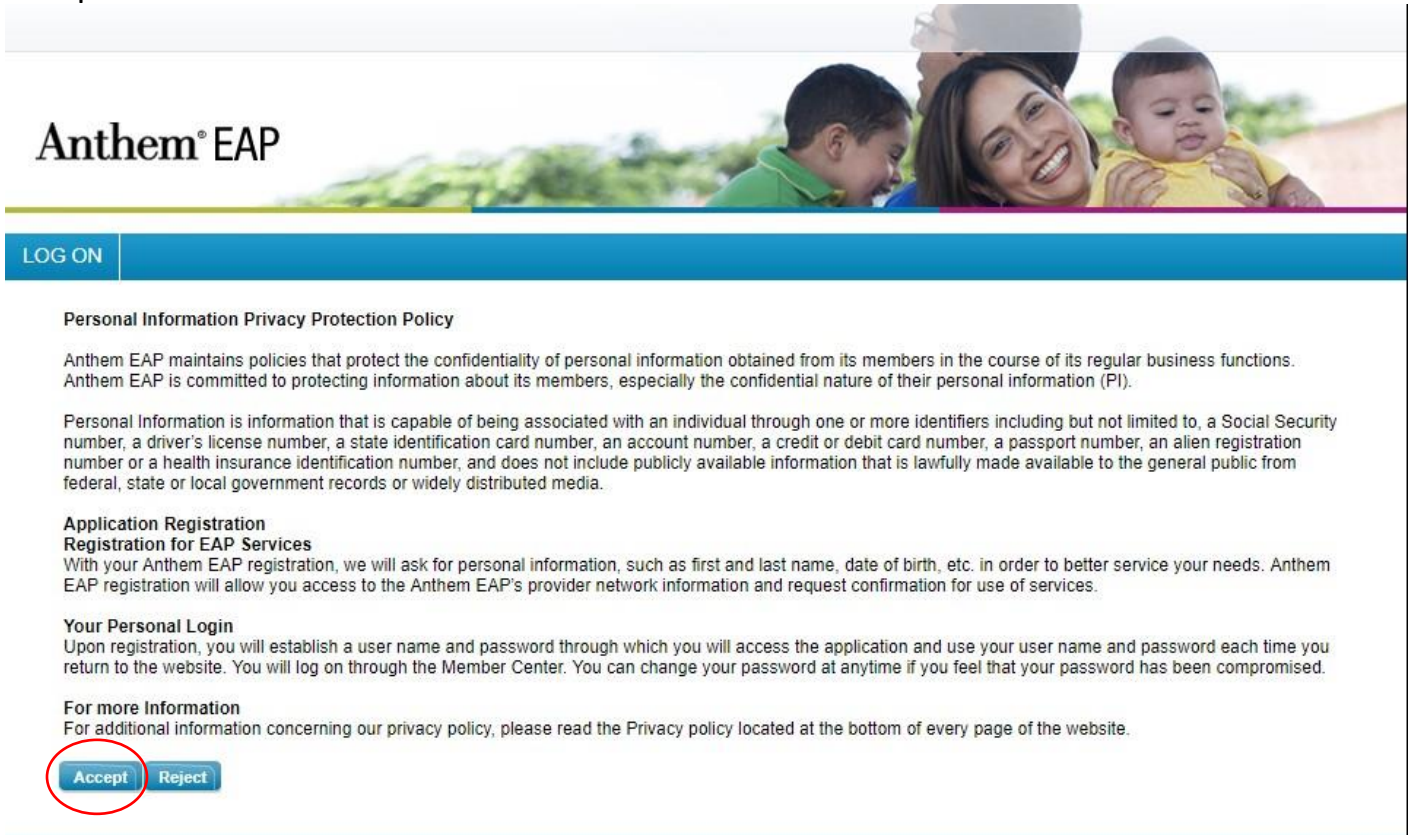
To use your Anthem EAP services, sign up by clicking the button labeled 'Register for Anthem EAP Services', or, if you have already signed up, you can login using your email address and password.

Thank you for using your Anthem EAP

[DISCLAIMER](#) | [CONFIDENTIALITY](#) | [HELP](#)

Serving California. Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association.

4. Accept Terms



The image shows the terms and conditions page for Anthem EAP. At the top, there is a banner with the Anthem EAP logo and a photograph of a smiling woman holding a baby, with another child nearby. Below the banner, the page has a blue header with the text 'LOG ON'.

Personal Information Privacy Protection Policy

Anthem EAP maintains policies that protect the confidentiality of personal information obtained from its members in the course of its regular business functions. Anthem EAP is committed to protecting information about its members, especially the confidential nature of their personal information (PI).

Personal information is information that is capable of being associated with an individual through one or more identifiers including but not limited to, a Social Security number, a driver's license number, a state identification card number, an account number, a credit or debit card number, a passport number, an alien registration number or a health insurance identification number, and does not include publicly available information that is lawfully made available to the general public from federal, state or local government records or widely distributed media.

Application Registration
Registration for EAP Services

With your Anthem EAP registration, we will ask for personal information, such as first and last name, date of birth, etc. in order to better service your needs. Anthem EAP registration will allow you access to the Anthem EAP's provider network information and request confirmation for use of services.

Your Personal Login

Upon registration, you will establish a user name and password through which you will access the application and use your user name and password each time you return to the website. You will log on through the Member Center. You can change your password at anytime if you feel that your password has been compromised.

For more information

For additional information concerning our privacy policy, please read the Privacy policy located at the bottom of every page of the website.

[DISCLAIMER](#) | [CONFIDENTIALITY](#) | [HELP](#)

Serving California. Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association.

5. Register for Full Access



Anthem® EAP

LOG ON

[Return to Home Page](#)

Register for Full Access

1. Create Account

2. Contact Info

3. Confirm

This website is meant to offer support for/to all covered employees and family members of SISC - Self Insured Schools of California-. To register, you must be 18 years of age or older. Only one person is able to register under the same email address, and a parent or legal guardian is not able to register for a child. Adult children are able to register if they are 18 years or older and meet one of these criteria:

- Covered under the employee's medical benefit plan
- Living in the employee's household

To be able to register, a valid e-mail address is also required. Each person must have a his/her own, private email account to register. Since the email is used as your registration name, you must have your own email account.

* Required

* Email:

Example: Member@domain.com.

Your email will be used as your login. Each member must have a unique email for registration.

* Password:

Password must be a minimum of 8 characters, contain one lowercase & uppercase letter, one digit.

* Confirm Password:

* Username:

This will be your personal name used within the site.

* First Name:

Middle Initial:

* Last Name:

* Street 1:

Street 2:

Example: Apartment number, Suite.

* City/Town:

* State/Province:

* Zip/Postal Code:

Zip code must be formatted as '12345' or '12345-6789'.

Country:

[CONTINUE](#)

[DISCLAIMER](#) | [CONFIDENTIALITY](#) | [HELP](#)

Serving California, Anthem Blue Cross is the trade name of Blue Cross of California.
Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association.

[Return to Home Page >](#)

Register for Full Access

1. Create Account

2. Contact Info

3. Confirm

This website is meant to offer support for/to all covered employees and family members of SISC - Self Insured Schools of California-. To register, you must be 18 years of age or older. Only one person is able to register under the same email address, and a parent or legal guardian is not able to register for a child. Adult children are able to register if they are 18 years or older and meet one of these criteria:

- Covered under the employee's medical benefit plan
- Living in the employee's household

To be able to register, a valid e-mail address is also required. Each person must have a his/her own, private email account to register. Since the email is used as your registration name, you must have your own email account.

* Required

* Telephone Type:

* Telephone Number:

Provide area code first (XXX) 123-4567.

* May we call you? Yes No

* Can we leave a message? Yes No

* Message Options:

* Relationship to Employee

* Gender:

* Date Of Birth:

* Department/Location:

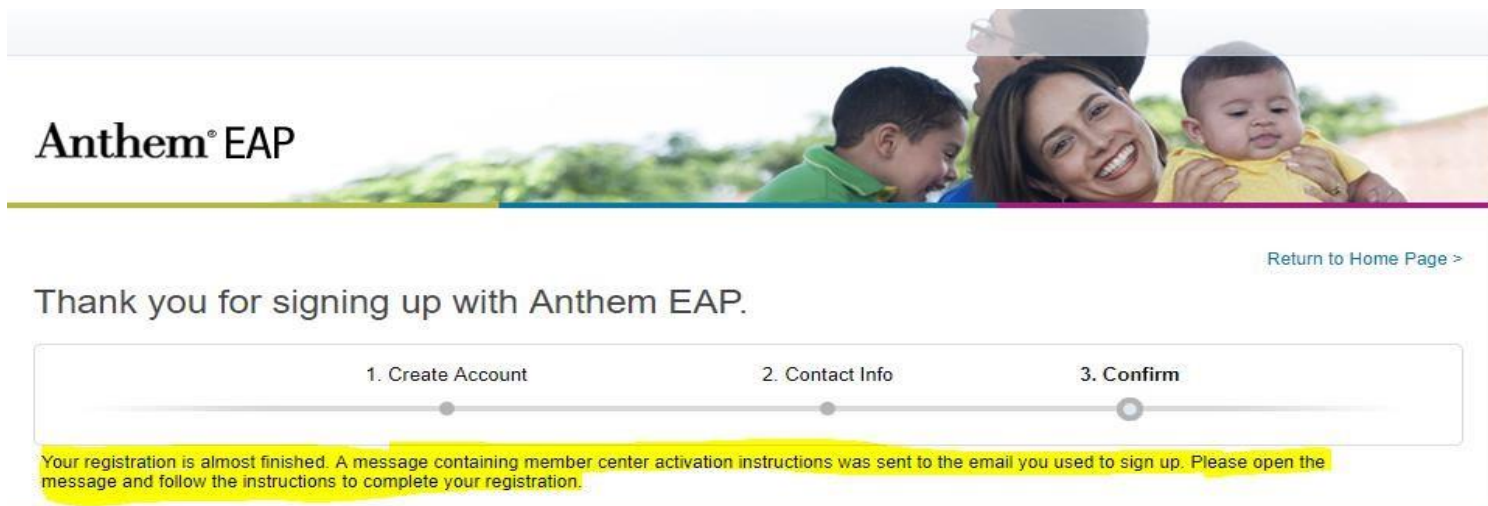
By registering with this site, you affirm the following statement: I certify that the information provided as part of this registration accurately and truthfully represents my personal information and is not on behalf of another family or household member. In order for your claim to be paid to the EAP provider, you must certify that the information you entered is accurate and true. Submitting invalid information will delay or cancel claims payment processing.

[DISCLAIMER](#) | [CONFIDENTIALITY](#) | [HELP](#)

Serving California, Anthem Blue Cross is the trade name of Blue Cross of California.
Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association.

[Return to Home Page >](#)

6. Check the email you provided; open the message and follow the instructions to complete your registration.



Anthem® EAP

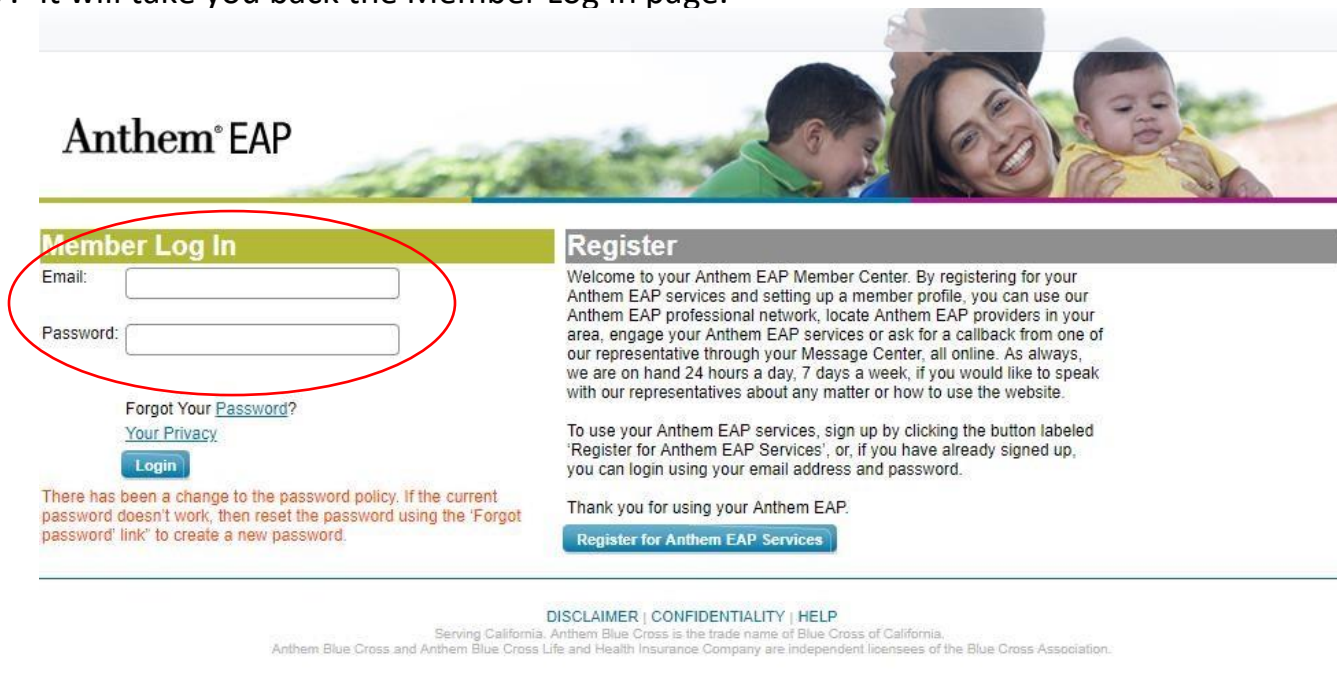
[Return to Home Page >](#)

Thank you for signing up with Anthem EAP.

1. Create Account 2. Contact Info 3. **Confirm**

Your registration is almost finished. A message containing member center activation instructions was sent to the email you used to sign up. Please open the message and follow the instructions to complete your registration.

7. It will take you back the Member Log In page.



Anthem® EAP

Member Log In

Email:

Password:

[Forgot Your Password?](#)
[Your Privacy](#)
[Login](#)

There has been a change to the password policy. If the current password doesn't work, then reset the password using the 'Forgot password' link to create a new password.

Register

Welcome to your Anthem EAP Member Center. By registering for your Anthem EAP services and setting up a member profile, you can use our Anthem EAP professional network, locate Anthem EAP providers in your area, engage your Anthem EAP services or ask for a callback from one of our representative through your Message Center, all online. As always, we are on hand 24 hours a day, 7 days a week, if you would like to speak with our representatives about any matter or how to use the website.

To use your Anthem EAP services, sign up by clicking the button labeled 'Register for Anthem EAP Services', or, if you have already signed up, you can login using your email address and password.

Thank you for using your Anthem EAP.

[Register for Anthem EAP Services](#)

DISCLAIMER | CONFIDENTIALITY | HELP

Serving California. Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association.

8. Accept Terms



Anthem® EAP

Important note about your member center services

This website is intended to provide assistance with non-urgent issues that do not require immediate attention. Please contact us directly at 800-999-7222 for urgent issues as seen below or for issues related to alcohol and/or drug use, Attention Deficit Disorder, eating disorders, legal problems, financial issues or if your employer is requiring you to seek counseling services with Anthem EAP.

If you are experiencing one of the following issues, please follow these instructions:

Self-harm or threat to others

If you are currently having thoughts of wanting to harm yourself or someone else, please use the following resources to get immediate help:

- If you need emergency services, please call 911, or immediately go to your nearest emergency room
- If you would like to speak with an Anthem EAP representative immediately, please call your Anthem EAP at 800-999-7222.
- You can also call the National Suicide Prevention Lifeline at 1-800-273-TALK (800-273-8255) or visit their website: <http://www.suicidepreventionlifeline.org/>

Child Abuse

If you know, or suspect, child abuse is occurring, please use one of the resources below to get help:

- If you are in need of emergency services, please call 911
- If you would like to speak with an Anthem EAP representative immediately, please call your Anthem EAP at 800-999-7222.
- You can also call the National Child Abuse Hotline at: 1-800-4-A-CHILD (800-422-4453) or visit their website: <http://www.nationalchildrensalliance.org/index.php?s=100>

Elder Abuse



If you know, or suspect, elder abuse is occurring please use one of the resources below to get help:

- If you are in need of emergency services, please call 911
- If you would like to speak with an Anthem EAP representative immediately, please call your Anthem EAP at 800-999-7222.
- You can also call the National Elder Abuse Hotline at: 1-800-677-1116 or click on their website: <http://www.ncea.aoa.gov/>

Accept

Reject

9. Welcome to Anthem EAP





[PROVIDER LOCATOR](#) [MEMBER CENTER](#) [HELP](#) [LOG OUT](#)

24/7 EAP Support
800-999-7222

Welcome AlyssaMendoza! [Update Your Information](#)

Centers


 [EAP Provider Search](#)

 [Message Center](#)
0 Unread Messages

Your EAP Reference Number is Y14-47437.
Use this number when making an appointment with a provider or contacting EAP by phone.

Monthly Feature:

1	2	3	4
---	---	---	---



Mindfulness Matters

Mindfulness is an ancient practice about being completely aware of what's happening in the present.

[Learn more about... Mindfulness Matters](#)

What is available to you:

Your Anthem EAP provides you 1-8 visits with your Anthem EAP provider per issue for a twelve month period.

To use your Anthem EAP services, take these steps:

- Find an Anthem EAP provider in your area using the Provider Locator.
- Call your chosen provider, confirm the provider's participation in Anthem EAP and set an appointment for an office visit.
- Through the website, confirm your office visit with Anthem EAP using the Confirm Appointment link associated with your chosen provider.

For more information and to learn more about this site's features, select Help in the menu above and click on [How to use your Anthem EAP website](#). If you need to speak with someone, we're here to assist you 24 hours a day, 7 days a week. Call us at 800-999-7222.

To find Anthem EAP providers, click

If you are experiencing an urgent matter and need immediate assistance, call us at 800-999-7222.