

Winter/Spring Catalog December 2023 to May 2024

Programs & Classes for All Ages



www.PriorLakeSavageCE.com

ADULT ENRICHMENT | YOUTH ENRICHMENT KIDS' COMPANY | PRESCHOOL EARLY CHILDHOOD FAMILY EDUCATION



DANCE WITH ME BALL

Ages 5-12 with an Adult

SATURDAY, FEBRUARY 24 6:30-9PM PRIOR LAKE HIGH SCHOOL

Fee: \$49/Adult & 1 Child \$78/Adult & 2 Children \$107/Adult & 3 Children

This dance is all about you, but it wouldn't be the same without your perfect date. Invite your favorite adult family member or friend as your escort.

- Enjoy family friendly music by Silver Sound Entertainment
- Dress up for twirling and dancing
- Dance and pose with princesses
- Included with the ticket price: each child will receive a favor, craft project, and light snacks will be available
- Capture the moment with professional photos of you and your date, available for purchase

Register at www.priorlakesavagece.com



Contact Us

Community Education

Director

Manager

Facility Use and Rental

Administrative Assistant

Kids' Company



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Please view your emailed course confirmation notes for specific location information.



District Locations for Evening and Weekend Classes:

La ola del lago at Grainwood 5061 Minnesota St SE, Prior Lake

Prior Lake High School 7575 150th St W, Savage

Twin Oaks Middle School 15860 Fish Point Rd SE, Prior Lake

WestWood Elementary School 5370 Westwood Dr SE, Prior Lake





NEW! Winter Wellness Bowl Meal Prep

Instructor: Kirsten Olson Madaus

You can create the building blocks for a variety of healthy meals using your Instant Pot and/or air fryer! In this live online class Kirsten will demonstrate a vegetarian Southwestern Breakfast Bowl, a Korean Chicken Bowl, and a flexitarian Mediterranean Bowl while discussing ways to change up your daily meals with different sauces and toppings. Participants will receive an extensive handout along with the link to join prior to class. There will be ample time for questions during the session, and participants will receive a link to the recording afterwards so you can follow along at your convenience.

Wed, January 31 6:30-8 pm #3268A 1 session \$29 Live Online Course

Instant Pot Basics - Series

Instructor: Kirsten Olson Madaus

It's time to finally use that Instant Pot! In this live 4-part online Zoom class you'll learn how to make breakfasts thru dinners and appetizers thru desserts! Each week Kirsten will demonstrate a different aspect of pressure cooking: from how a pressure cooker works to how to cook with frozen meats to all-in-one meals to pot-in-pot cooking. Handouts accompanying each session offer additional recipes beyond what is demonstrated during class and each week there's plenty of time for Q&A and sharing how we've used our Pots since the previous class.

Wed, Feb. 7 to 28 6:30-8 pm #**3268B** 4 sessions \$89 Live Online Course

Marvelous Macarons (Ages 16+) Instructor: Nancy Burgeson

This lovely cookie is so popular right now and they will make wonderful gifts (if you can

and they will make wonderful gifts (if you can part with them)! You will make 3 varieties of macarons and have a pretty selection of them to take home.

Thu, February 86-9 pm#3529A1 session\$59Twin Oaks Middle School Room 308

Asian Favorites

Instructor: Jeff Sandino

You'll begin by preparing delicious egg rolls stuffed with pork, shrimp and vegetables served with both hot mustard and sweet and sour sauce for dipping. You'll then prepare fried rice using chicken, shrimp, fresh vegetables, and the secret sauce. Classic pork chow mein follows served with crispy egg noodles along with egg foo young made with both, chicken and shrimp. We'll finish this extravaganza with a delightful lemon custard tort.

Tue, January 9 5:30-8:30 pm #**3519A** 1 session \$59 Twin Oaks Middle School Room 308



NEW! Appetizers: Simple & Scrumptious Instructor: Laurel Severson

Be ready for the big game! Create over 20 appetizers that require less than 20 minutes from start to finish! They can be served as a first course or as a snack. You can even create a complete appetizer buffet. Enjoy our samples during class or take them home to enjoy.

Fri, January 126-9 pm#35201 session\$59Twin Oaks Middle School Room 308

NEW! Sweethearts' Delights: Elegant Eclairs & Paczki (Polish Doughnuts) Instructor: Tess Georgakopoulos

Valentine's Day is most celebrated with sweets and chocolates gifted as an expression of love. Learn to make two dreamy mouthwatering sweets to share or give to your sweetheart, family, friends or loved ones on Valentine's Day this year! You will learn to make a decadent French pastry known as a Chocolate Éclair filled with pastry cream and covered in chocolate ganache, and another wonderfully rich yeasted desert knows as Paczki (Polish Doughnuts) filled with preserves or pastry cream. The steps for each dessert will be simplified so that any home cook will be able to create professional looking and tasting desserts. Elements of these desserts will include, making the Choux pastry (Pâte à Choux), the sweet vanilla pastry cream filling and the ganache, in addition to making the wonderfully rich dough for the Paczki. Participants can chose to make one or the other, or both sweet treats, or simply watch to be able to make at a later time. Have your questions answered by the instructor, interact with other participants, and increase your confidence in the kitchen with each skill that is learned, and each little bit of advice and instruction that is shared. While cooking-along is loads of fun, and highly recommended, it is optional.

Sat, February 3 4-6:30 pm #3504A 1 session \$39 Live Online Course

NEW! Czech Kolaches Instructor: Laurel Severson

Kolaches are one of Czechoslovakia's national pastries. Kolaches are marvelous egg-rich, slightly sweet yeast dough. Traditionally filled with fruit mixtures such as apricot, cottage cheese, poppy seed or prune. We will make variations in class and taste samples. Plan to take an assortment home. You will leave with many recipes, tips and techniques to master these Old World delicacies. Better than the bakery.

Sat, February 10 9 am to 1 pm #**3270** 1 session \$69 Twin Oaks Middle School Room 308

Comfort Foods: Pizza (Ages 6+ w/Adult) Instructor: Heather Novak

Pizza is a staple in our society. You can have your favorites, whether thin or thick, cheese or meats or just veggies. Come make your family's go to dinner or put it in the freezer for later. The crust will be made from scratch and you can choose the toppings that your family likes. Learn to make the dough (even dough for grilling), Create a perfect rich tomato sauce to put on that rolled out dough to make the best pizza ever! Then bring it home and share your fun. Leave your favorite pizza combo in the comment section when registering. Register as an individual or a pair. Each paid registration will make two 12" pizzas.

Mon, February 12 6:30-8 pm #3279A 1 session \$45 Twin Oaks Middle School Room 308



Classic Soups and a Famous Stew Instructor: Laurel Severson

Create some of the best hearty soups -New England Clam Chowder, Wild Rice, Pumpkin, Split Pea with Ham and Corn Bisque with Rosemary. Then top it off with the famous French Beef Stew in Red Wine (Boeuf Bourguignon). What could be better for an easy meal during cold weather - soup, salad and some great bread!

Tue, February 13 6-9 pm #**3516** 1 session \$59 Twin Oaks Middle School Room 308

Family Style Italian Cuisine Instructor: Jeff Sandino

You'll be preparing chicken cacciatore using fresh chopped garlic, sweet basil, red onion, mushrooms and capers simmered in a delightful marinara sauce. You'll enjoy beef braciole stuffed with prosciutto ham and parmesan cheese in a savory burgundy sauce. We'll pair these delicacies with creamy, garlic mashed potatoes, tender green beans tossed in olive oil with lemon and plenty of bruschetta for dipping. We'll finish with Crème brulee, a rich, creamy custard with a caramel crust.

Tue, February 135:30-8:30 pm#32611 session\$59Shakopee High School,10017th Ave W, Shakopee

NEW! Chili Night with the Instant Pot

Instructor: Kirsten Olson Madaus

The electric pressure cooker makes a faster and more flavorful Pot of chili compared to stove top or slow cooker—and you can make your sides in the Instant Pot, too! In this live online class Kirsten will demonstrate Easy Weeknight Chili, Turkey Verde Chili, and vegan Quinoa Chili, along with Instant Pot "Baked" Potatoes and Loaded Cornbread. We'll also discuss how you can adapt your favorite recipe for pressure cooker use.

Wed, March 66:30-8 pm#3268C1 session\$29Live Online Course

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Visit www.priorlakesavagece.com - 952-226-0310

Cooking

NEW! Fun with Falafel! Falafel, Pita Pockets & Dips Instructor: Tess Georgakopoulos

If there were ever a combination where nutrition meets delicious and simplicity. the combination would be called "Fun with Falafel"! Experience this fun, and taste this nutritious deliciousness while participating in this virtual COOK-ALONG class! You will learn to create wonderful full-flavored falafel and all that is needed to make, stuff, top, and serve to enjoy them thoroughly! Follow along step-by-step, with our wonderful instructor as she guides you through the simple pleasure of creating each of the items on this "Fun with Falafel" menu! On the Menu: Falafel, delicious homemade pita-pocket bread, yogurt tahini sauce, and a marvelous hummus! We will also discover options on how to stuff, top and serve these unique bites of goodness. Instructor will demonstrate 2 different ways of cooking the falafel including frying in oil (minimal to no absorption of oil) and "dry" frying followed by baking. Make it a date night or family night as you create lasting memories in your kitchen! Have your questions answered by the instructor, interact with other participants as you cookalong, and increase your confidence in the kitchen with each skill that is learned. and each little bit of advice and instruction that is shared. While cooking-along is loads of fun, it is optional.

Sat, March 2 4-6:30 pm #3504B 1 session \$39 Live Online Course

Bodacious Brunch Buffet

Instructor: Jeff Sandino

We'll begin with tender scones riddled with fresh berries and white chocolate. The quintessential fresh fruit salad follows with a delightful sauce for dipping. Featured are both crab cakes with basil aioli and coconut shrimp with a zippy marmalade. You'll learn to prepare quiche using a delicious combination of veggies, meats and cheeses baked in a flaky pastry crust. Also, a twist on eggs benedict using, poached eggs stacked on toasted brioche with black forest ham and velvety hollandaise sauce. French toast finishes this extravaganza using fresh baked croissants soaked in a rich bath of custard, sautéed to a honey brown crispness and topped with pure maple syrup and fresh whipped cream. This course is primarily demonstration.

Wed, March 20 5:30-8:30 pm #3253 1 session \$59

NEW! Cookies Galore (Ages 17+) Instructor: Nancy Burgeson

Are you tired of the everyday kinds of cookies? Are you tired of store bought cookies too? Join in this fun evening of making the most beautiful, tasty cookies you have ever seen. We will use pan molds to make spring tulips, roses, and other cool shaped cookies. The dough making is easy, and molding is fun and simple too! Once our cookies bake and cool, we will work together to trim the cookies. Each student will go home with a lovely box of colorful, finished cookies.

Thu, March 146-9 pm#3259B1 session\$59Twin Oaks Middle School Room 308

Twin Oaks Middle School Room 308

NEW! Great MN Hot Dishes Instructor: Laurel Severson

Hot dish (n.) a one-dish supper baked in your oven using a single piece of cookware. Join us to create up to 15 sensational hot dishes using fresh ingredients (no canned soups) and easy preparation for a family meal or crowd-pleasing recipes for a pot luck!

Mon, March 18 6-9 pm #**3280A** 1 session \$59 Twin Oaks Middle School Room 308

NEW! Mediterranean Mezze!

Instructor: Tess Georgakopoulos

The word "Mezze" refers to what we all know as finger foods and dips. Many Mediterranean meals consist of a variety of "mezze" items that come together creating the most wonderful flavors, tastes and textures. Similar to charcuterie boards, Mediterranean families have been creating charcuterie TABLES for generations consisting of a variety of Mezze items. Now YOU TOO can WOW and DAZZLE your family or guests with a delicious full-flavored mouth-watering Mediterranean Mezze meal that will have everyone asking for more! On the mezze menu: Mediterranean Kebabi: full flavored / seasoned ground meat skewers with Greek Drizzle Dressing, Tiropitakia; Phyllo wrapped savory cheese triangles, accompanied by Tzatziki; Savory Greek Yogurt Dip, and homemade Greek white bean dip or hummus, in addition to homemade Pita Bread! This variety of skewers, phyllo wraps, dips, and pita bread make for a beautiful presentation! Learn how to make, wrap, present, and plate these delicious wonders with a wonderful Greek Salad! Have your questions answered by the instructor, and interact with other participants as you cook-along with Tess to create a mouth-watering memorable meal.

Sat, March 16 4-6:30 pm #**3504C** 1 session \$39 Live Online Course

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NEW! Pretzel Crust Pizza & Pretzel Knots with Beer Cheese Dip

Instructor: Tess Georgakopoulos

Two of the most craved food items in North America are Pizza and Soft Pretzels! Learn how to satisfy these cravings at the same time by joining Tess for this amazing class as she guides you through her step-by-step process of creating her Specialty Gourmet Pretzel Crust Pizza! Participants will also have the pleasure of learning to create her homemade pizza sauce, soft pretzel knots and a velvety beer-cheese dip (beer cooks off and flavor remains)! Have your questions answered by the instructor, and interact with other participants as you cook-along with Tess to create mouth-watering memorable pizzas and pretzels that will become family favorites!

Fri, March 22 6-8:30 pm #**3504D** 1 session \$39 Live Online Course



Air Fryer: Veggies from Asparagus to Zucchini Instructor: Kirsten Olson Madaus

Using an Air Fryer to cook vegetables is quick and the healthy results are delicious! Kirsten will demonstrate a variety of recipes using in-season local and/or commonly available vegetables including Lemon Pepper Broccoli, Miso Sesame Kale Chips, and Roasted Sweet Potatoes. You will receive an extensive handout along with the link to join the class. There will be time for questions during the session, and you will receive a link to the recording afterwards so you can follow along at your convenience.

Wed, April 17 6:30-8 pm #**3268D** 1 session \$29 Live Online Course

NEW! Let's Decorate (Ages 17+)

Instructor: Nancy Burgeson

Nancy has taught over 15,000 students how to decorate and make lovely desserts. In this brand-new class, you will have a super fun evening learning the "tricks of the trade." Bring along any baking questions or baking problems that you may have had and learn many helpful hints to solve those issues. Beautiful desserts do not have to be timeconsuming or hard to make. And best of all, you will leave class with a beautiful box of treats you created yourself.

Thu, April 116-9 pm#3259C1 session\$59Twin Oaks Middle School Room 308

Tantalizing Thai Instructor: Jeff Sandino

You'll begin by preparing Vietnamese summer rolls served with both hoisin and peanut sauce for dipping. Vietnamese spring rolls follow made with pork, chicken, and glass noodles stuffed in rice paper, fried crispy, and served with the classic nuoc cham for dipping. You'll then prepare Pad Thai blending the vibrant flavors of Thailand with rice noodles using chicken, eggs, chilies, garlic, basil, scallions, bean sprouts, sesame oil, lemon and crushed red pepper flakes. For dessert, refreshing Thai lime custard topped with fresh whipped cream.

Wed, April 24 5:30-8:30 pm #3577 1 session \$59 Twin Oaks Middle School Room 308

Kitchen Herb Garden Instructor: Heather Novak

Take the mystery and fear out of growing and cooking with herbs. Taste and smell the flavors of these herbs, and discover the role these flavors have when added to everyday or special dishes. We will discuss herbs, what to do with them and plant a full pot for your patio or to set by your back door to use for cooking all summer long! Come with questions or ideas to share!

 Tue, April 30
 6:30-7:45 pm

 #3279B
 1 session
 \$45

 Twin Oaks Middle School Room 208

NEW! Homemade Tuscan Gnocchi Meal!

Instructor: Tess Georgakopoulos

Gnocchi: Bite-sized tender soft pillows of pasta-ish goodness. Very versatile with the ability to take on the flavor of added goodness creating mouth-watering meals that will become favorites in your family's dinner rotation. This may just sound too good to be true. Not only is this all true, but gnocchi are even simpler to make than other fresh pasta options! During this fun filled class, you will learn how to create these little morsels of goodness, and then turn them into a scrumptious meal called Creamy Tuscan Gnocchi with Chicken, and make a wonderful loaf of fresh bread as well! Follow along step-by-step, with the instructor as she guides you through the simple pleasure of creating these delicious tender bites of goodness. Then create a wonderful meal with them that will have your family asking for more! Make it a date night or family night as you create lasting memories in your kitchen! While cooking-along is loads of fun, it is optional. Participants will receive a list of ingredients in advance of the class with enough time for shopping and prep.

Sat, April 27 4-6 pm #**3504E** 1 session \$35 Live Online Course

NEW! Summer Snacks & Sippers

Instructor: Kirsten Olson Madaus

Join Kirsten from her home kitchen in this live online cooking class as she demonstrates a variety of recipes to brighten up your summer, including quick air fryer vegetableforward seasonal snacks plus a Blueberry-Ginger Shrub and Rosemary Lemon Syrup to liven up your warm weather libations. Extensive handout with additional recipes included. Class is recorded so you can watch when you're able to or cook along at your convenience.

 Wed, May 15
 6:30-8 pm

 #3268E
 1 session
 \$29

 Live Online Course



Highway DIY Charcuterie Boards and More (Ages 16+) Instructor: Kurt Dugas

Everyone of any skill level can become a craftsman and create beautiful, functional, and artistic projects for your home! You will learn how to transform a slab of wood into a work of art while making memories with family or friends. Choose from four projects and six types of wood, all of which can be personalized with custom laser engraving for an additional fee.

Sat, December 9 2-5 pm #**3191C** 1 session \$65 24471 Helena Blvd, New Prague

NEW! Impressionist in Oils: Monet

Instructor: Vanessa Merry

Take a no fear approach to oil painting as we recreate Monet's Water Lilies on an 8×10 inch canvas. You will learn a bit of history about the artist and their style of painting as you follow step-by-step instructions to create your own masterpiece.

Thu, January 18 6-9 pm #3435A 1 session \$59 Twin Oaks Middle School Room 607 Art

No Mistakes Watercolor Instructor: Dar Brooks

Think you are not creative? Then this class is for you! Come loosen up and be spontaneous while learning simple ways of mastering the medium. This class is designed so beginners and experienced watercolor artists will enjoy success. Learn watercolor techniques that will take you to the next level. See exciting demonstrations including: creating a focal area, value systems and how to use line and color to create depth and impact in your paintings. Reference materials and brushes will be available for student use. Please bring watercolor supplies, paper towels, a notebook and 140# cold press watercolor paper. Please bring a lunch. *A starter kit can be pre-ordered by calling Dar at 612-940-2094.

Fri, Jan. 12 to Feb. 9 *No class: Jan. 26* 11 am to 2:30 pm **#3361A** 4 sessions \$99* La ola del lago CE Classroom 291

Fri, Feb. 23 to Mar. 22 *No class: Mar.* 8 11 am to 2:30 pm **#3361B** 4 sessions \$99* La ola del lago CE Classroom 291

Fri, April 12 to May 3 11 am to 2:30 pm #**3361C** 4 sessions \$99* La ola del lago CE Classroom 291

NEW! Acrylic Painting Instructor: Vanessa Merry

Learn to paint quick and expressive acrylic paintings with one brush and a limited color palette. Working quickly allows colors to blend and brush strokes to show creating dynamic results in your acrylic paintings. Supply list provided upon registration.

Wed, January 17 #34351 1 session Live Online Course	6:30-8:30 pm \$19
Wed, February 28 #3435J 1 session Live Online Course	6:30-8:30 pm \$19
Wed, March 27 #3435K 1 session Live Online Course	6:30-8:30 pm \$19
Wed, April 24 #3435L 1 session Live Online Course	6:30-8:30 pm \$19
Wed, May 15 #3435M 1 session Live Online Course	6:30-8:30 pm \$19

Creative Corner

NEW! Watercolor Painting

Instructor: Vanessa Merry

Learn to paint a beautiful scene in watercolors. Follow step-by-step instructions and engage in discussion on the difference between dry brush work, wet on wet, and wet on dry as you participate in this enjoyable workshop. This is a great, no fear, way to learn to paint in watercolors. Supply list provided upon registration.

Thu, January 25 #3435N 1 session Live Online Course	6:30-8:30 pm \$19
Thu, February 29 # 34350 1 session Live Online Course	6:30-8:30 pm \$19
Thu, March 21 # 3435P 1 session Live Online Course	6:30-8:30 pm \$19
Thu, April 18 # 3435Q 1 session Live Online Course	6:30-8:30 pm \$19
Thu, May 2 # 3435R 1 session Live Online Course	6:30-8:30 pm \$19

Beginning Oil Painting Instructor: Vanessa Merry

This class is designed for those interested in learning the timeless art of Oil Painting. Artists love oil paints for the rich colors, durability and the slow drying time, which allows plenty of time to work on a painting. We will go through the basics of oil painting, from choosing your materials, color studies and theory, blending, creating glazes and washes, painting shadows, and creating contrast and texture in your paintings. The goal of this class is to learn to create your own paintings whatever style you choose to paint in. *Supplies will be discussed at first class, supply fees are dependent on student selections and may range from \$50-\$75.

Thu, Feb. 1 to 22 6-8 pm #3435B 4 sessions \$99* Twin Oaks Middle School Room 607 Art

Adult Pottery (Ages 18+) Instructor: Holly Bozaich

Hand-build a clay project, or try out the potter's wheel! Feel free to bring a beverage and get creative. Lots of project options to choose from, or create your own work of art. Class includes clay, glazes, tools, and firing. *Pick up your project approximately 3 weeks later.*

Thu, January 18 # 3105A 1 session	
Fri, January 19 # 3105B 1 session	-
Thu, February 22 # 3105C 1 session	
Fri, February 23 #3105D 1 session	
Thu, March 14 # 3105E 1 session	6-8:30 pm \$49
Fri, March 15 # 3105F 1 session	1
#3105F 1 session	\$49 6-8:30 pm
#3105F 1 session Thu, April 18	\$49 6-8:30 pm \$49 6-8:30 pm
 #3105F 1 session Thu, April 18 #3105G 1 session Fri, April 19 	\$49 6-8:30 pm \$49 6-8:30 pm \$49 6-8:30 pm

Location: Pottery by Holly, 4264 Colorado St SE, Prior Lake

Did you know?

Most adult Community Education classes are appropriate for ages 15+ unless otherwise noted.

Mystery Quilt Adventure Instructor: Karen Parsons

Welcome to Mystery Quilt Adventure. If you like quilting but hate to drag your machine to class, this is the class for you! This will be a mystery quilt - soooo you won't know what the final project will look like until the last stitch has been made. Clues will find their way to your email or US mail box. Your choice. Follow the weekly directions in the clues in the privacy of your own home. By the end, you will have a completed quilt or quilt top. We will end this class with a show and tell to be held in Montgomery.

First clue sent the week of January 22 Show & Tell date: TBD **#3158** Fee: \$35



NEW! Metal Casting in Cuttlebone (Ages 18+) Instructor: Sara Hanson

In this all hands-on, creative and exciting class you will carve an original design (or choose from a selection of symbols and imagery) into a cuttlefish bone to create negative space. That space is filled with lead-free pewter to create your original metal casting. You pour the metal into your mold, do finishing work with hand files and colored inks are optional. Mount your sculpture on a metal/wood/stone base or affix jewelry hardware. No experience necessary.

Sat, January 13 10 am to 1 pm #3474 1 session \$55 Twin Oaks Middle School Room 607 Art



Creative Corner



Create a Galaxy Partner Painting (Ages 5+ w/Adult) Instructor: Vanessa Merry

This class is a fun time for you and your child to paint together. No experience is needed, this class is about spending quality time with your child and having fun. Each person is provided a 16 x 20 canvas, acrylic paints, and all the supplies needed to create their own masterpiece that can stand alone or be hung side-by-side for a combined work of art. The instructor will lead you step-by-step through the painting.

Fri, February 9 #**3435S** 1 session 6-8 pm \$65/Adult + 1 child \$79/Adult + 2 children

Twin Oaks Middle School Room 607 Art



NEW! Little Cactus Watercolor Still-Life Instructor: Lisa Van Wyk

Watercolor for adults provides step-by-step instruction in the fundamentals of watercolor painting. This course enables a beginner to achieve confidence and mastery and to enjoy the process. You get individual guidance and support at each stage. In this workshop we will experiment with resist techniques while creating a succulent still-life. All materials included.

Mon, March 11 7-9 pm #3435 1 session \$49 Twin Oaks Middle School Room 607 Art



NEW! Spring Flower Acrylic Pour Instructor: Vanessa Merry

Pour painting is an innovative way to use acrylic paint to create an art piece. In this class you will learn the process of mixing acrylic paints with other materials to give it a more fluid consistency so that it can be poured directly onto a canvas. In this class we will learn what tools are needed to create a beautiful flower designed pour. An 8 x 10 canvas and all the supplies for the pour are included. **Please bring a box or tray to bring your canvas home in.**

Mon, March 18 6-8 pm #3435G 1 session \$49 Twin Oaks Middle School Room 607 Art

NEW! Open Woodshop (Ages 18+)

Instructor: Joshua Tyson

Do you have a woodworking project you've always wanted to complete? Take advantage of the fully-equipped woodshop! You can work on your own project or follow instructions to complete the featured project for each session. All participants are required to participate in a safety and equipment orientation on the first day of class. You will need to bring your own wood, safety glasses, pencil, sandpaper and any other supplies you may need. If you select the featured project, you will be emailed a supply list. Equipment available for use in the woodshop includes a sawstop table saw, miter saw, bandsaw, drill press, timesaver belt sander, panel saw, and many more tools. Your instructor will show you how to use the equipment and answer questions that come up along the way. You can store your project in the classroom for the duration of the course.

Thu, Feb	ruary 8 to 2	9	6-8 pm
#3441A	1 session	\$79	

Thu, March 21 to April 18 6-8 pm #3441A 1 session \$79 Shakopee West Middle School, 200 10th Ave E, Shakopee



NEW! Wool Felt Succulent Instructor: Vanessa Merry

Create a beautiful succulent plant in a pot out of wool roving. Learn to use felting needles, to create a cute little succulent plant that you can decorate your desk or give as a gift.

 Thu, April 25
 6-8 pm

 #3435H
 1 session
 \$49

 La ola del lago Room
 260 Art

10

<u>Creative Corner</u>

Paint Like The Masters



Van Gogh's "Landscape with Olive Tree"

Instructor: Vanessa Merry

Paint like Van Gogh! Learn about Impressionist art while you follow step-by-step instructions to create your own masterpiece. An 8 x 10

inch canvas and all supplies provided.

Wed, February 21 6-8 pm #3435C 1 session \$49 Twin Oaks Middle School Room 607 Art

Paul Gauguin "Tahitian Landscape" Instructor: Vanessa Merry

Paint like Gauguin! Learn about symbolism while you follow stepby-step instructions to create your own masterpiece. An 8 x 10 inch canvas and all supplies provided.

Wed, April 17 6-8 pm #3435E 1 session \$49 Twin Oaks Middle School Room 607 Art

Bob Ross Method of Oil Painting (Ages 13+)

Instructor: Michael Tischendorf

Do you remember Bob Ross from his *Joy of Painting* series on PBS? Follow the step-bystep instruction to create your very own 20 x 16 masterpiece in the Bob Ross method of oil painting. Enjoy the relaxed approach in creating landscapes that will include mountains, lakes, hills, rivers, trees and sunsets. Even if you have never painted before, you will walk away with your very own unique piece of art that will amaze your family and friends. All supplies included in tuition.

Wed, March 13 - Winter Mountain Cabin 5:30-8:30 pm #**3436A** 1 session \$79 La ola del lago Art Room 260



Mon, May 6 - Mill Pond River 5:30-8:30 pm #**3436B** 1 session \$79 La ola del lago Art Room 260



Mary Cassatt's "Children Playing on the Beach" Instructor: Vanessa Merry

Paint like Cassatt! Learn about Impressionist art while you follow stepby-step instructions to create your own masterpiece. An 8 x 10 inch canvas and all supplies provided.



Wed, March 6 6-8 pm #3435D 1 session \$49 Twin Oaks Middle School Room 607 Art

Claude Monet's "Regatta at Argenteuil" Instructor: Vanessa Merry

Paint like Monet! Learn about Impressionist art while you follow step-by-step instructions to create your own masterpiece. An 8 x 10 inch canvas and all supplies provided.

Wed, May 86-8 pm#3435F1 session\$49Twin Oaks Middle SchoolRoom 607 Art



NEW! Custom Glass Mosaic: Photo Frame or Sign (Ages 12+ or 8+ w/ Adult)

Instructor: Lindsey Guetter

Glass mosaic sounds like a challenging art form however in this class you will learn how it can be fun and easy! Look through the idea book, browse the patterns and stencils and choose from dozens of colors of pre-cut glass. With the help from the instructor, you will create a colorful end product. The first evening will be designing and attaching the glass to your project. **The second night is using grout, so make sure to dress for a mess and bring some old towels.**

Tue, April 30 & May 7 6-9 pm #3330 2 sessions \$75/Frame \$89/Sign Twin Oaks Middle School Room 607 Art

Visit www.priorlakesavagece.com - 952-226-0310

Computers and Technology

Microsoft Word: The Very Basics Instructor: Mike Wilson

Your instructor will break down the functions of Microsoft Word and present them to you in a clear, sensible and enjoyable way! We will briefly look at the free and paid version of word processors. Then the instructor will open and show basic functions in Microsoft Word. We will go on to explore saving, alignments, bullets, numbering, and indents. *Not for Apple/Mac users.* Take this class by Zoom in the comfort of your home!

Fri, December 1 6-7 pm #4020D 1 session \$20 Live Online Course



Getting More Out of Microsoft Word Instructor: Mike Wilson

Let's make your tasks in Microsoft Word a lot easier! You will save time and frustration and see how to properly use tabs. We will go on to explore dictation, easy paragraph functions, the sort feature, and using macros to eliminate laborious repetition. See the beauty of working with soft and hard returns and how to easily create and use tables. Get tips and tricks, as well as use shortcuts to save time. Let's look at creating headers/footers and using the Format Painter to easily format existing text. *Not for Apple/Mac users*. Enter your instructor-led classroom with 3 simple clicks from your e-mail!

Fri, December 8 6-7 pm #4020H 1 session \$20 Live Online Course

NEW! The Easy to Learn iPad Class Instructor: Mike Wilson

Take this fun and informative iPad class! We will explore the practical uses of your iPad and how to use the features! You will learn how to navigate, use apps, work with e-mail, take pictures, go online, and do more as time permits. Your instructor's iPad screen and features will be clearly displayed over Zoom. *Not for Android tablet users.*

Wed-Fri, Dec. 13, 14 & 15 1-2 pm #4221Bf 3 sessions \$55 Live Online Course

Wed-Fri, March 13 to 15 3-4 pm #4221Aw 3 sessions \$55 Live Online Course

Sat, April 6 to 20 1-2 pm #4221Bw 3 sessions \$55 Live Online Course



NEW! Decluttering the Photo, Video & Keepsake Overload Instructor: Amy Storch

Discover easy steps to simplify your phone, computer, or boxes filled with important memories. This class will cover tips and shortcuts for easier sorting, organizing and scanning of old photos or documents as well as information on the latest cloud storage options so you can enjoy or share what matters most. During class, you'll develop your own simple personal photo plan for moving forward and getting it done.

Wed, January 17 6-8 pm #**3021** 1 session \$29 La ola del lago CE Classroom 291



Online learning is fun, enjoyable and a very productive way to learn. Millions of people are learning online each year. After you register, you will be given a web address with easy-to-follow instructions to follow to get into your virtual classroom. You may participate any time of day or evening with online reading, listen and see presentations and self-quizzes. You will get to know and engage with the instructor and other participants. It's easy and fun.

UGotClass offers online courses in Business, Data Science, Leadership, Management, Marketing, Social Media, Technology, Training for K-12 Education and more.

Take classes when you are available in the comfort of your home.



Register today at http://bit.ly/3qqjpLG

<u>Driver Discount Program (Ages 55+)</u>

Prior Lake-Savage Community Education partners with the Minnesota Highway Safety and Research Center to offer accident prevention courses for drivers 55+.

Insurance Discounts

Minnesota State Law requires all insurance companies to provide an approximate 10% auto premium reduction for persons 55 and over that successfully complete a Driver Improvement course. To qualify for the discount, you must take an 8-hour course. To maintain the discount, MN allows the 4-hour Refresher course once every 3 years. *There is NO written or behind-thewheel tests given in either 8-hour or 4-hour refresher course*.

Registration

Payment is required when you register.

- ONLINE www.priorlakesavagece.com
- CALL 952-226-0310
- MAIL the completed registration form from the back of this catalog
- IN-PERSON 5061 Minnesota St, Prior Lake
- FAX the completed registration form from the back of this catalog to 952-226-0379.

There are no refunds if you are unable to attend the class.

%Ucare

UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. UCare for Seniors and EssentiaCare members may take one \$15 discount per class per calendar year. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID numbers when registering. Limits and restrictions may apply.



8-Hour Driver Discount Program

Instructor: MN HWY Safety Center

This course provides information to help adults 55+ drive violation and crash free as we age. This is a classroom course, there is no driving or other testing involved. If you have not taken an 8-hour course this is the class for you. Contact your insurance agent if you are unsure of the course you need.

Mon & Tue, March 18 & 19 5-9 pm #6014A 2 sessions \$28 La ola del lago CE Classroom 291

4-Hour Driver Discount Program

Instructor: MN HWY Safety Center This accident prevention course is taught by MN Hwy Safety Center trained instructors. The class will explore changes in laws, the latest vehicle technology, and provide you with easy-to-use defensive driving tips. In addition, we will explore traffic safety and accident prevention.

Thu, December 7 9:30 am to 1:30 pm #6067Ef 1 session \$24

Thu, February 22 5-9 pm #6067A 1 session \$24

Mon, March 11 9:30 am to 1:30 pm #6067B 1 session \$24

Tue, April 16 9:30 am to 1:30 pm #6067C 1 session \$24

Mon, May 13 5-9 pm #6067D 1 session \$24 La ola del lago CE Classroom 291

LOCATION

La ola del lago at Grainwood, 5061 Minnesota St, Prior Lake. Parking on the west side lot. Enter through Door 14N.



NEW! Gift Wrapping 101 Instructor: Kimberlee A Wedel See full description online.

Tue, December 5 6:30-8 pm #3415A 1 session \$29 Twin Oaks Middle School Room 708 Media

Instant Piano for Hopelessly Busy People (Ages 18+) Instructor: Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. This class is online so you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional monthly online question and answer session is also included. The course is lecture/demonstration and hands on instruction.

Mon, February 12 6:30-9:30 pm #3124 1 session \$65 Live Online Course

NEW! Gift Wrapping 201 Instructor: Kimberlee A Wedel See full description online.

Thu, December 7 6:30-7:30 pm #3415B 1 session \$25 Twin Oaks Middle School Room 607 Art

Instant Guitar for Busy People (Ages 13+) Instructor: Craig Coffman

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. This class is online so you will be able to sit at home with your guitar and take this class without any pressure at all. Class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional monthly online question and answer session is also included.

Tue, February 136:30#34181 sessionLive Online Course

6:30-9 pm on \$65

NEW! Beginner Roller Skating (Ages 5+) Instructor: Skateville Staff

Roller skating is a lifelong activity that can be done alone or with friends and family. Not only is skating fun with lights, music and socializing, it is a great opportunity to maximize physical fitness as an aerobic activity. Roller skating burns calories while strengthening and toning muscles throughout the legs, glutes, abdomen and obliques. It is a great way to improve and maintain balance to reduce risk for falls in your daily life. We will have a skating instructor teaching correct form, skating forward and how to stop. Lessons are intended for the beginner or as a refresher for those who haven't skated since the 80s! Lessons includes skate rental or you can bring your own.

Mon, Jan. 22 to Feb. 12 5-6 pm #6289 4 sessions \$55 Skateville, 201 River Ridge Circle S, Burnsville



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NEW! Tarot Retreat Instructor: Heidi Steffens

Bring your tarot cards for a fun day of exploring tarot in many different ways! Take a walk on the fool's journey and how it makes the meanings of the deck easy to learn. We'll look at layers of interpretations when it comes to the cards and we'll have fun with simple readings during class. **Bring your own lunch or select class fee to include lunch.** *Additional options available to purchase a boxed set of tarot cards and a guidebook.

Sat, January 209 am to 4 pm#4428C1 session\$99* (no lunch)\$109 (includes lunch)\$109 (includes lunch)\$129 (includes Tarot cards and Guidebook)\$139 (includes lunch, Tarot cards and Guidebook)

Twin Oaks Middle School Room 708 Media



Heidi Steffens Spiritual and Paranormal Consultant

Paranormal Investigating 101 Instructor: Heidi Steffens

You've seen it on TV, now you can learn the basics of ghost hunting and paranormal investigations. You'll see evidence from actual investigations, discover what equipment works best, and learn ethics and proper investigation techniques. What does it take to run an investigation? We'll cover what you need to know from start to finish. You'll even have a chance to get hands-on experience with equipment and techniques during a mini-investigation at the end of class.

Wed, February 21 7-9:30 pm #4428A 1 session \$49 La ola del lago CE Classroom 291 Heidi Steffens is the owner of My Spirit Experience spiritual center, she's a Master Reiki Instructor and a Paranormal Investigator. She leads MPRS (Minnesota Paranormal Research Society) which was founded in 2008, co-hosts The Gathering - a weekly paranormal radio show, and hosts a podcast (My Spirit *Experience Podcast*) on the spiritual and paranormal. Heidi holds a Bachelor of Sacred Elemental Studies and a Master of Shamanic Intuitional Practices. She is focused on helping people navigate their healing and soul-purpose paths in this world as well as working with lost or unwelcome spirits as the lines between planes and dimensions become more and more intertwined.

Paranormal Investigating 102 Instructor: Heidi Steffens

You've learned the basics in Paranormal Investigating 101, now let's put your skills to the test with a full investigation! We'll split into groups to investigate and come together at the end to compare notes. Bring any equipment you may have to use during class. We will have a few pieces of equipment to borrow as well. **Pre-requisite: Paranormal Investigating 101.**

Wed, March 13 7-9:30 pm #4428B 1 session \$49 District Services Center, 4540 Tower St SE, Prior Lake

NEW! Local Writers Connection - Prior Lake, Savage and Surrounding Area

Instructor: Rose Brager

The art of writing is often strengthened in the community of others. Join this 4-part class to meet fellow local writers (all levels welcome), spend time writing each week based on a writing prompt, share & hear original works, provide thoughtful feedback, and simply connect with others in a light hearted inspirational atmosphere. Come challenge yourself in a positive way while taking your writing to the next level with insights from others. Class will be available by Zoom for those who prefer to join online.

Thu, Feb. 1 to 22 6:30-8:30 pm #6097B 4 sessions \$55 Twin Oaks Middle School Room 708 Media



Prior Lake-Savage Community Ed is on Facebook! @PLSASCommEd

Get Paid to Teach English Instructor: Gina Henry

Learn how Gina has taught her way around the world & paid for vacations and travel to over 98 countries. Teaching English is a high paying career or simply a great way to go on vacation for free. English is the world's business & travel language. If you speak English, you can teach conversational English! Learn about the best paying jobs, qualifications, teaching English online, certification programs & specific hiring organizations. Tuition includes instructor's 100-page digital book (a value of \$39.95).

Sat, February 10 11 am to 2 pm #3082A 1 session \$49 Live Online Course

Partner Dancing for All Occasions (Ages 18+) Instructor: Deanna Constantine

No matter the occasion, you'll be prepared to dance! Taking steps from classic ballroom dances, you'll learn mini-routines that are easy to remember & danceable to all your favorite songs. Rock, jazz, blues, country, pop hits & more, these routines work to all genres. Get dancing to improve your physical, emotional & cognitive health. Add spark & romance to your relationship with a dance class date night! If you think you have no rhythm and two left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. **Dress Casual.**

Mon, Feb. 12 to Mar. 11 7-8:30 pm No class: February 19 **#3109A** 4 sessions \$65/person \$130/pair Eagle Creek Elementary School, 6855 Woodward Ave, Shakopee

Wed, April 24 to May 15 7-8:30 pm #**3109B** 4 sessions \$65/person \$130/pair Red Oak Elementary School, 7700 Old Carriage Ct, Shakopee

The Secrets of Travel-Hacking Instructor: Gina Henry

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and then redeem them for high-value trips. Gina will show you her easy "Beginner Strategy" then graduate you to more advanced strategies that earn you one million+ reward points a year. All the major reward programs will be detailed. Tuition includes instructor's 100-page digital book the Secrets of Travel Hacking - Free Air, Hotels & Cash Back (a value of \$39.95).

Sat, February 17 11 am to 2 pm #3082B 1 session \$49 Live Online Course

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Conversational Spanish: Beginner Part 1 (Ages 18+) Instructor: Futura Language Professionals

Always dreamed of learning Spanish or refreshing your high school Spanish? Then this class is for you! The primary focus of the class will be on building conversational tools in Spanish through interactive practice and exercises. Vocabulary topics will include common greetings and introductions. pronunciation, numbers, food, clothing, likes and dislikes. Grammar topics will include subject pronouns, the verb estar conjugation, gender of nouns, and plurality. Participants will learn how to carry on small conversations in Spanish and each class will include interesting cultural anecdotes including Spanish word origin, dialect differences, and names in Spanish.

Tue, Feb. 20 to March 26 6-7 pm #**3037A** 6 sessions \$129 Live Online Course

Conversational Spanish: Intermediate Part 2 (Ages 18+) Instructor: Futura Language Professionals

¿Hablas un poquito Español? Then this course is for you! Intermediate Spanish is specifically designed for the adult learner who has taken some Spanish in the past but wishes to improve conversational skills. Grammar and vocabulary concepts will include present tense AR verb conjugation, infinitive verbs, future tense with the verb IR, adverbs of frequency, useful prepositions, and more. Participants will practice conversation skills including learning how to make plans and discussing preferences in Spanish. Culture discussions will cover holiday traditions and celebrations in Spanish speaking countries. Like all Futura classes, a dynamic interactive approach will be used to keep the class fun and exciting! Appropriate for new students and previous Spanish Conversation participants.

Wed, Feb. 21 to March 27 6-7 pm #**3037D** 6 sessions \$129 Live Online Course

Conversational Spanish: Beginner Part 2 (Ages 18+) Instructor: Futura Language Professionals

Learning a language is a lifelong journey and now you are on your way! Keep up the momentum in Beginner Spanish Part Two. Continue with practical conversational components and builder phrases in Spanish enabling you to carry on small conversations related to giving and asking for directions and restaurant conversation. Vocabulary and grammar components will include weather, seasons, dates with months, days of the week, family vocabulary along with the verbs ser and tener conjugations. Culture discussions will include the importance of food, family, and friendships in Spanish speaking countries. Applicable to new students and previous Beginner Part 1 Spanish conversation participants.

Mon, Feb. 19 to March 25 6-7 pm #3037B 6 sessions \$129 Live Online Course

Tue, Feb. 20 to march 26 6-7 pm #3037C 6 sessions \$129 Live Online Course

NEW! Spanish for Travel (Ages 18+) Instructor:

Futura Language Professionals

Do you have future aspirations for traveling to a Spanish speaking country? If so, this is the class for you! Participants learn basic conversation skills to get around a Spanish-speaking country with greater ease. This class will include helpful dialogue, greetings, how to barter at a market and order in a restaurant, and how to ask for simple directions. Each class will include a travel related theme to practice real world Spanish! Like all Futura classes, a dynamic and interactive approach will be used to keep the class fun and exciting! Applicable to new students and previous Spanish conversation participants.

Thu, Feb. 22 to March 28 6-7 pm #3037E 6 sessions \$129 Live Online Course

So You Want to Be Anti-Racist (Ages 18+) Instructor: The Hope Speaks Project

This six week virtual course is offered to anyone looking to deepen their understanding of what it means to be antiracist. Participants will be given tools to engage in uncomfortable conversations, develop their racial literacy, and begin to unpack how race operates in their everyday lives often without consent and/ or acknowledgement, all the while building the muscles to move into action!

Tue, Jan. 23 to Feb. 27 7-8:30 pm #4452A 6 sessions \$69 Live Online Course

 Thu, April 11 to May 16
 7-8:30 pm

 #4452B
 6 sessions \$69

 Live Online Course

Antique Appraisal Event Antique Appraiser: David Schlueter

Have you ever wondered what your family heirlooms are worth? Join us for a thirtyminute appraising presentation followed by an appraisal of at least one item per participant. You'll be assigned a 10-minute time slot in the order you registered to have your item appraised. Once everyone has had their item valued, Antique Appraiser David Schlueter will examine additional items as time allows. Examples of items that can be appraised are antiques, fine jewelry, costume jewelry, precious gemstones, all art, and coins. This is for items you can easily carry in, no firearms or Beanie Babies. Please name the one item you would like appraised on the registration form, and email a photo and description of the item if you can, to jnagy@plsas.org as soon as possible. Coffee and treats will be provided.

Sat, April 27 10 am to 1 pm #4454 1 session \$29 Shakopee High School, 100 17th Ave W, Shakopee

Need to Know Changes to the College Process Instructor: Cozy Wittman

This past year has resulted in some of the most significant changes to the college planning process in decades. Admission trends have changed how colleges admit students. There are substantial changes to the FAFSA and college financial aid that may make college more expensive. Schools have gone ACT/SAT optional, but not necessarily when they award scholarships. Attend class to learn how these changes may impact your family, and new strategies to consider to give your student the best opportunity to be admitted and maximize scholarships and financial aid. If you are the parent of a HS student in grades 9-11, this is incredibly important info you will not want to miss.

Mon, February 12 7:30-8:30 pm #**3087** 1 session \$19/family Live Online Course

Intro to Online Genealogy Instructor: Jen Shaffer

There has never been a better time to start discovering your family's history. Gone are the days of traveling to courthouse basements and archives. You can now research easily from your own home. Join the instructor as she teaches you how to get started, reviews of subscription websites, which tools to use, which types of records you'll find, plus how to be an effective and accurate researcher.

Tue, February 206:30-8 pm#3028A1 session\$29Live Online Course

Level Up Your Genealogy 1 - Intermediate Instructor: Jen Shaffer

MyHeritage and Ancestry.com are the biggest research sites, but what do you do when they don't have the information that you're looking for? This course covers how to use the Family Search catalog, working with autosomal DNA for known and unknown family lines and other repositories to use beyond the large genealogy platforms.

Mon, March 25 6:30-8 pm #3028B 1 session \$29 Live Online Course

NEW! Level Up Your Genealogy 2 - Intermediate Instructor: Jen Shaffer

Moving beyond auto-generated hits on the big platforms like Ancestry.com and MyHeritage is the only way to make progress in your research. Instructor will show you more ways to find obscure records, how to use them and research techniques used by the pros.

Tue, April 166:30-8 pm#3028C1 session\$29Live Online Course

NEW! Genealogy Methods: Research Skills Through Case Studies Instructor: Jen Shaffer

It can take years to learn how to research effectively. Watch as the instructor goes through the steps used as a professional genealogist to solve common research problems. These case studies will show you techniques that you can apply to your own research.

Thu, May 26:30-8 pm#3028D1 session\$29Live Online Course

NEW! Mystery Shopping -**Get Paid to Shop!**

(Ages 18+)

Instructor: Gina Henry

Do you like to shop? You can get paid to shop at almost every local store in your area, plus there are many online shopping assignments you can do from home. Mystery shop on vacation all across the USA and in over 70 countries worldwide - FREE hotels, restaurant meals, car rentals, sightseeing tours, etc. Mystery shopping has become the most cost-efficient way for stores & businesses to know their customers and stay in business, especially during these challenging economic times. Learn how to avoid scam companies and work for the best mystery shopping companies that pay the most. Get the names & contact information for the TOP 100 MYSTERY SHOPPING COMPANIES including addresses, websites, and phone numbers to make all these ideas practical. We review actual mystery shopping assignments so you know exactly what to do, including the paperwork. Get paid or keep the items you buy on assignment. A FREE dinner for two at a nice restaurant, a FREE hotel night, a FREE tank of gas, FREE groceries, FREE dry cleaning & more. Learn how to play up your qualifications for the best assignments, how to fit mystery shopping into your daily schedule, and how to earn the most income. Instructor, Gina Henry has been a professional mystery shopper for over twenty years. Tuition includes instructors 100-page digital book "Mystery Shopping - Get Paid to Shop" (a \$39.95 value).

Sat, April 13 11 am to 2 pm #3082C 1 session \$49 Live Online Course

Did you know?

Most adult Community Education classes are appropriate for ages 15+ unless otherwise noted.

NEW! Intuition and Affirmations for

Success and Happiness

Instructor: Jodi Livon, The Happy Medium® is an author, intuitive coach and Resident **Psychic on KSTP's Twin Cities Live**

Learn how to change your life through the words you speak, the thoughts you think and let your intuition be your guide!

Intuition and affirmations act as a team to defragment a cluttered mind. Intuition is a partner in the creative force that magnetizes that which we most desire. Moreover, intuition helps deepen our relationships with the people we love, even those who are no longer physically with us. Affirmations, also a partner in the creative force, are a powerful instrument of transformation. Learn to use affirmations to help quiet that pervasive internal voice that says you can't, you won't, and you aren't good enough. Learn to use affirmations to enhance personal boundaries, boost confidence and self-esteem and create positive change. Learn how to write and use affirmations to enrich career relationships, and health. Learn to reduce stress and anxiety and strengthen problem solving skills by employing intuition and affirmations in your daily life. Learn to be more receptive, creative, and innovative through enhanced intuition. Learn to identify signs from The Other Side. This event includes gallery-style readings.

Wed, May 22		6:30-9 pm
#6282	1 session	\$49

Make & Take Spring Container

Instructor: Sailer's Greenhouse

Make and take a beautiful Spring container at Sailer's Greenhouse. Brighten up your front step just in time for your spring celebrations. Sailer's Greenhouse will supply everything you need to create a beautiful Spring container for your home. Their expert gardening staff will help you plant a colorful spring arrangement using pansies, cold tolerant annuals, perennials and more!

Tue, April 9 1 session \$45 #3427A 5-6 pm #3427B 6-7 pm Sailer's Greenhouse, 1610 170th St E, Shakopee

Twin Oaks Middle School Auditorium

NEW! Understanding Your Muslim Neighbor Instructor: Building Blocks of Islam

Learn about the basic belief system of Islam including commonalities and differences between Islam and Christianity. We all live together in our community, but rarely do we have the opportunity to meet faceto-face and ask those questions we are curious about. This class strives to provide the opportunity for community members to come together and close that gap in understanding. There will be ample time for open discussion. The second part of this class focuses on community in Islam. Learn about the role of women and how the structure of family and community fulfills and provides purpose for Muslims. Topics of discussion will include how religious teachings impact how Muslims treat the environment and contribute to social justice issues.

Wed, April 17 & 24 6:30-8:30 pm #3066 2 sessions \$14 East Middle School Learning Commons 1137 Marschall Rd, Shakopee



All classes will be held via Zoom. The webinar login information and materials will be sent prior to class and digital materials will be posted during class.

The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education.

Be a Better Writer: 10 Easy Tips to Improve Your Writing NOW

Instructor: LeeAnne Krusemark

We write everyday: emails, social media posts, work projects, and even non-fiction or creative writing. Improving is just a matter of knowing some simple tricks to make your writing more impactful and readable, and may help get you a promotion at work or avoid rejection from a publisher. In this hands-on session, there will be writing/ editing examples and exercises so you can see in real time how to make sentences flow properly while still maintaining reader interest, and you will leave with a workbook full of writing tips and tricks.

Sat, March 2 3-6 pm #4250E 1 session \$45 Live Online Course

NEW! Beginner's Guide to Using FREE ChatGPT (AI) for Writers

Instructor: LeeAnne Krusemark

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles, and even novels or scripts? In this beginner-friendly course, you'll learn how to: register for a FREE ChatGPT account, input effective writing prompts to avoid nonsense responses, build creative content from stories to marketing copy, determine its capabilities and limitations, and understand ethical/legal considerations using ChatGPT. There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI, so start building your expertise in the world of ChatGPT now!

Sat, March 9 1-3 pm #4250U 1 session \$35 Live Online Course

See more LeeAnne Krusemark classes online!

- Beginner's Guide to Getting Published
- Beginner's Guide to Starting a Free Blog
- Comedy Writing: How to Be Funny on Paper and Stage
- Earn Extra Money Mystery Shopping
- Explore 250 Legitimate Home-Based Business Ideas
- Explore 50 Different Self Publishing Options
- Explore the World as a Travel Writer
- How to Write Your Life Story
- How to Make Extra Cash Pet Sitting
- How to Outline and Write an Irresistible Romance
- Introduction to Screenwirting for TV or Movies
- Make Money with a Virtual Assistant/Word Processing Business
- Meet the Publisher/Agent Get Your Manuscript Critiqued
- Monetize Websites, Blogs and Social Media with Affiliate Marketing
- Save Money with Extreme Couponing
- Using Amazon's Kindle Direct to Self-Publish Your Book for Free
- Writing a Riveting Mystery, Suspense or Crime Story
- Writing for Online Blogs, Magazines & Websites

Intro to Medical Terminology Instructor: LeeAnne Krusemark

Medical terminology is the first step to any career in the medical field or simply to understand your family's medical visits. No prior experience is necessary. This highly specialized language involves word building with root words, prefixes, suffixes, and abbreviations. You will leave with a solid foundation of medical language, as well as basic medical billing and coding terminology. After submitting and passing the openbook exam included in the workbook you receive in class, you will earn a Certificate of Completion.

Mon, March 4 6-9 pm #4250G 1 session \$45 Live Online Course

NEW! Writing Your First Novel (In 90 Days!) Instructor: LeeAnne Krusemark

This intensive course provides a schedule of crafting a novel from start to finish, which you can finish in as little as 90 days! This class will also help you stay motivated throughout the journey. You will learn how to: select your novel genre and develop a compelling premise, create multidimensional characters and immersive settings, craft a detailed plot outline, manage your time to keep your writing flow consistent, combat common roadblocks including writer's block, master the art of self-editing: refining your plot, and fixing pacing, dialogue, and characterization problems. Receive constructive criticism from beta readers and explore publishing options. By the end of this class, you will know how to complete your novel and have the knowledge and confidence to move forward with the publishing process.

Fri, March 86-8 pm#4250R1 session\$35Live Online Course



This extraordinary series is designed to help people contemplating starting their own business. The seminars encompass how to get started, marketing strategies and ideas, financial management and developing a business plan. Facilitators are experienced business professionals, both active and retired, who can provide one-to-one assistance. These seminars are presented in collaboration with SCORE South Metro, and counselors to America's small business, a resource partner of the U.S. Small Business Administration (SBA).

Startup Basics Instructor: Jim Gasper, South Metro SCORE

Test a business idea and identify the key factors that influence startup success. Gain an overview of the skills and tools needed when deciding to start a business, advantages and disadvantages of owning a business, the most profitable form for specific businesses and the fundamentals of formation, organization, marketing, cash flow and funding sources.

Wed, Apr	il 17	6:30-8 pm
#4200A	1 session	\$30
	All 4 sessions	\$99
Twin Oaks Middle School Room 207		

Business Concepts Instructor: Young Bebus, South Metro SCORE

Review your understanding of business concepts and gain step-by-step guidance in researching your idea, market and competition. Identify your target markets, describe your products and services and collect key competitive information to support a feasible plan.

Wed, Ap	ril 24	6:30-8 pm
#4200B	1 session	\$30
	All 4 sessions	\$99
Twin Oaks Middle School Room 207		

Marketing Plan Instructor: Amy Anderson, South Metro SCORE

Learn marketing, communication methods and tools to maximize customer reach. Understand pricing strategies, positioning, differences between features and benefits and choose the correct sales channel and exercise your strategies.

Wed, May 8 6:30-8 pm #4200C 1 session \$30 All 4 sessions \$99 Twin Oaks Middle School Room 207

Financial Projections and Funding Sources Instructor: Andy and Laura Schmitz, South Metro SCORE

Review sales and prices, financial risks and rewards, true startup costs, ongoing operating expenses, setting benchmarks for tracking progress and organization of all your financial information. Discuss how to finance your business, accounting, banking relations and monthly preparation and review of financial statements.

Wed, May 15 6:30-8 pm #4200D 1 session \$30; All 4 sessions \$99

Twin Oaks Middle School Room 207

Home and Finance

Medicare Made Simple

Instructor: Desiree Ascheman

Are you new to Medicare? Do you currently have Medicare but don't fully understand what it is or the options for additional coverage? Navigating the world of Medicare can not only feel overwhelming but it also can be confusing. This class will help explain the basics of what Medicare is, what the options are for additional coverage as well as when the different enrollment periods are. No need to bring anything, except for your questions, and perhaps a pen and paper. It's a great time to learn about all the different Medicare options available to you!

Fri, December 1 10-11 am #4174Bf 1 session FREE La ola del lago CE Classroom 293A

Fri, February 910-11 am#4174Aw 1 sessionFREELa ola del lago CE Classroom 293A

Fri, April 12 10-11 am #4174Bs 1 session FREE La ola del lago CE Classroom 293A

Savvy Social Security for Couples Instructor: Rolf White

The social security decisions spouses make when they are in their 60's will determine the amount of total income they receive over their lifetime-including the lifetime of the spouse who lives the longest. This workshop will cover some little known rules that can help married couples get more out of the Social Security system.

Thu, Dece	mber 14	6:30-8 pm
#4249B	1 session	\$19/person
		\$29/pair
Thu, Marc	h 14	6:30-8 pm
#4249E	1 session	\$19/person
		\$29/pair
La ola del	lago CE C	lassroom 291

NEW! Home Buyer Education for Women

Instructor: Bridget Ische

A real estate class for women who are new to the world of real estate or find themselves needing to make an unexpected move. Whether you're a first-time homebuyer, recently divorced, or widowed, we can provide knowledge and skills to make informed decisions and navigate the process with confidence! Topics will include financing, home buying, selling, real estate title and deed information and supporting resources. Please join us for a night filled with great information and an opportunity to network with others in a similar transition time in life.

Tue, January 30 6-7:30 pm #4254A 1 session \$19/person \$29/pair Twin Oaks Middle School Room 207

Savvy Social Security for Women

Instructor: Rolf White

Social Security is one of the few income sources that keeps up with inflation and lasts for life. Most women fail to maximize their benefits because they don't understand the little-known rules that can help them get more out of the system. Learn how to take advantage of spousal benefits, survivor benefits, divorced-spouse benefits, and even divorced-spouse survivor benefits and why women who are married should make the decision about when their husbands should apply for social security.

Tue, January 23	6:30-8:15 pm
#4249C 1 session	\$19/person
	\$29/pair
Twin Oaks Middle S	chool Room 207
Mon, April 22	6:30-8:15 pm
#4249C 1 session	\$19/person
	\$29/pair
La ola del lago CE C	lassroom 291

Taxes in Retirement

Instructor: Rolf White

Understand how different sources of retirement income are taxed so you can get more bang for your buck in retirement.

Tue, Febr	uary 27	6:30-8 pm
#4249C	1 session	\$19/person
		\$29/pair
Thu, May	9	6:30-8 pm
#4249D	1 session	\$19/person
		\$29/pair
La ola del lago CE Classroom 291		

Tue, April 166-7:30 pm#4254B1 session\$19/person\$29/pair\$29/pairTwin Oaks Middle School Room 207

How to Cut the Cable Cord Instructor: Ron Timm

Cable (or satellite) television is the single most expensive utility for many households. This class will show you many viewing options that are free or have much lower cost than cable. We'll discuss the pros and cons of cable, how to get internet without cable, how to get TV from your computer to your television, and much, much more. Find out why and how millions of TV watchers are ditching cable forever!

Tue, Apri	116	7-8:30 pm			
#4248	1 session	\$35/person			
		\$60/pair			
Twin Oaks Middle School Room 209					

How to Win with Investment Properties Instructor: John Mazzara

Ever considered becoming a landlord or investing in real estate but need more information? Learn about opportunities in today's Twin Cities marketplace, how to analyze a property, tax considerations and information to put in a lease. You will also learn all aspects of becoming a landlord including buying, selling and renting.

Thu, February 15	7-9 pm
#4168A 1 sessio	1
	\$29/pair
La ola del lago CE	E Classroom 291
Wed, May 22	7-9 pm

#4168B 1 session \$19/person \$29/pair Twin Oaks Middle School Room 207



Free Indoor Walk/Run

Indoor walking at the PLHS Activity Center will be available Monday through Thursday evenings during cold weather months. Preregistration is required. You will be added to an email list to receive notifications of changes and updates. Park and enter through upper level entrance, door 1N. Strollers allowed. Children must be supervised at all times. Dates and times subject to change based upon high school activities. No walk/run when school is not in session. **No food/beverages allowed, water only.**

Mon-Thu, October 23 to April 2 6-8 pm Prior Lake High School Indoor Track

Wednesday Night Pickleball (Ages 18+)

No Instructor: Open Play

Pickleball is a combination of badminton, ping pong and tennis. Pickleball is FUN and a great workout. Pickleball is easy to learn. A beginner can enjoy a game without formal instruction. People of all ages and athletic abilities enjoy playing pickleball. Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities.

Wed through May 22 6:30-8:30 pm No Pickleball: Oct. 18, Nov. 22, Dec. 20, 27, April 3 Drop in rate \$5 (Pay at the door) Twin Oaks Middle School Blue Gym

Men's Wednesday Night Basketball (Ages 18+)

Adult men are welcome to come and play recreational basketball on pickup teams. It's a great workout and builds cardiovascular efficiency. This program is on-going throughout the year, September 2023 to May 2024 (Subject to cancellation). Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities.

Wed through May 22 6-8 pm No Basketball: Oct. 18, Nov. 22, Dec. 20, 27, April 3 Drop in rate \$5 (Pay at the door) Twin Oaks Middle School Jerebek A/B

Intro to Yoga

Instructor: Christina Henkel, PT, RYT Have you ever wanted to take a yoga class, but didn't feel comfortable? Or, do you have pain or an injury and you don't know if yoga will hurt or help? Try this introductory session! Learn yoga poses and principles that can help with stress, flexibility, strength & posture. Modifications & advancements will be shown which makes this class open to all. It is recommended participants can get up and down from the floor unassisted. Please bring a yoga mat and a water bottle.

Mon, Jan. 8 to Feb. 26 6:30-7:30 pm *No class: Jan. 15 & Feb. 29* **#6199A** 6 sessions \$65 PhysiYo, 8646 Eagle Creek Cir, Suite 101/109, Savage

Chair Yoga Instructor: Christina Henkel, PT, RYT and Desiree Demcak, DPT, RYT

Chair yoga is a gentle practice in which postures are performed while seated and/or with the aid of a chair. It is a great form of yoga for beginners or anyone who wants to focus on a gentle practice, has balance issues or issues getting up and down from the floor.

 Tue, Jan. 9 to Feb. 27
 4-4:45 pm

 #6199B
 8 sessions \$79

 PhysiYo,
 8646 Eagle Creek Cir,

 Suite 102/109, Savage
 500 cm

NEW! Yin/Restorative Yoga Instructor: Christina Henkel, PT, RYT and Stephanie Sample, RYT

Enjoy 45 minutes of Yin/Restore class in PhysiYo's beautiful studio! Yin is a slow, soothing, and meditative style of yoga that targets the deep connective tissues, bones, joints, fascia, and ligaments in the body with longer passive poses. Restorative poses will be supported with focus on relaxing the mind and nervous system. Combined, this will bring you into a wonderful evening of calm! **Please bring a yoga mat and a water bottle.**

Thu, Jan. 11 to Feb. 29 6:30-7:15 pm **#6199D** 8 sessions \$79 PhysiYo, 8646 Eagle Creek Cir, Suite 102/109, Savage

District 719 Community Education Services

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<u>Fitness, Health & Wellness</u>

NEW! Flow (Vinyasa) Yoga - Intermediate

Instructor: Christina Henkel, PT, RYT and Stephanie Sample, RYT

Flow or Vinyasa is a type of yoga that links movement and breath to attain balance in the mind and body. Vinyasa aligns a deliberate sequence of poses with the breath to achieve a continuous flow. Flow sequences in this class will be intermediate level and have increased frequency than in our Flow class. **Please bring a yoga mat and a water bottle.**

Thu, Jan. 11 to Feb. 29 5:15-6:15 pm #6199C 8 sessions \$79 PhysiYo, 8646 Eagle Creek Cir, Suite 102/109, Savage

Aqua Exercise

Instructor: Alice Sachs

Join us for an hour plus of VIGOROUS aquatic exercise! Water aerobics is beneficial for many reasons. It's low-impact, it's an activity that focuses on range of motion and strength building and it's cardiovascular exercise that can assist with weight control. No swimming skills necessary. Sign up today and experience the results for yourself! **Not required, but if you have 1 or 2 pound hand weights, bring them along.** Using light weights increases your workout considerably!

Tue & Thu, January 9 to 25 6:30-7:45 pm **#5401Ef** 6 sessions \$48

Tue & Thu, February 6 to 22 6:30-7:45 pm **#5401A** 6 sessions \$48

Tue & Thu, March 5 to 21 6:30-7:45 pm **#5401B** 6 sessions \$48

Tue & Thu, April 2 to 11 6:30-7:45 pm **#5401C** 4 sessions \$32

Tue & Thu, April 30 to May 9 6:30-7:45 pm **#5401D** 4 sessions \$32 Nicollet Junior High, 400 E 134th St, Burnsville, MN

Flow (Vinyasa) Yoga Instructor: Christina Henkel, PT, RYT

This class connects movement to breath in a sequence of yoga poses that flow together. Both mental and physical wellness will be addressed with decreased stress and increased flexibility and strength. This class can be tailored to your own pace, so all fitness levels will benefit. However, it is recommended that students in this class are able to get up and off the floor unassisted to participate. **Please bring a yoga mat and a water bottle.**

Mon, March 4 to April 29 6:30-7:30 pm *No class: April 1* **#6199E** 8 sessions \$79 PhysiYo, 8646 Eagle Creek Cir, Suite 102/109, Savage

Goat Yoga (Ages 6+ w/Adult) Instructor: Tracey Miller

Shinrin Yoku - Forest Bathing (Ages 15+) Instructor: David Motzenbecker

Join us on an immersive, meditative and aweinspiring Japanese forest bathing experience. Feel nature's fractals, sounds and sensations reduce your stress and anxiety and enhance your focus. Give yourself permission to slow down and connect your senses to the healing beauty of our green forested spaces. **Dress for the weather.** *The April course is free thanks to the Scott County Wellness in the Parks initiative. Come learn more about the initiative and Scott County Parks.

Sat, April	20	9-11 am
#6286A	1 session	FREE*
Sat, May		9-11 am
#6286B	1 session	\$45
Cleary La	ake Park,	
18106 Te	xas Ave, Pri	or Lake

Do you love goats? Yoga? If so, this is for you! Goats are playful, loving, stress-relieving and therapeutic animals. Join us for a healthy mind and healthy body at this one of a kind class where you will learn and practice yoga, while falling in love with a goat! Yoga mats provided. **Please wear comfortable clothing.**

Sat, May 1812-1 pm#62781 session\$30Gray Hobby Farm, 16375 Creekwood Rd, Prior Lake



Visit www.priorlakesavagece.com - 952-226-0310

<u>Fitness, Health & Wellness</u>

NEW! The Menopause Connection Between Body, Heart, Soul and...Journaling Instructor: Rose Brager

Join us for this 3-part journaling series as we explore the change 'signals' (peri) menopause(post) creates in our lives. We will take an introspective look at what is changing inside and out, when it occurred and how we can ease into this natural progression with greater ease. You will learn the basics of journaling, free formwriting, and how to release judgement of self and others. We will connect as a group, share experiences, and journal our way to clarity. You're worth it, so come and join this collaborative class and spend time on yourself, connect with others, and enjoy the beauty of change in a judgement free zone. Class will be available by Zoom for those who prefer to join online. Journal and fun writing instrument included in course fee.

Mon, Jan. 22 to Feb. 5 6:30-8:30 pm #6097 3 sessions \$59 Twin Oaks Middle School Room 207

NEW! Adult Mental Health First Aid Training Instructor: Sharon Brown

Mental Health First Aid is a course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. You'll learn how to recognize signs of mental health or substance use challenges in adults ages 18 and older, how to offer and provide initial help, and how to guide a person toward appropriate care if necessary. Topics covered include anxiety, depression, psychosis, and addictions.

Fri, January 269 am to 4 pm#6033A1 session\$119La ola del lago CE Classroom 291

Sat, February 3 9 am to 4 pm #6033B 1 session \$119 Twin Oaks Middle School Room 207

NEW! Healthy Living for Your Brain and Body Tips from the Latest Research Instructor: Alzheimer's Association

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Wed, December 6	6:30-7:30 pm
#4226C 1 session	FREE
Live Online Course	

NEW! Effective Communication Strategies Instructor: Alzheimer's Association

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Tue, March 26 6:30-7 #4226B 1 session FREE Live Online Course

6:30-7:30 pm FREE

NEW! Understanding and Responding to Dementia Related Behavior

Instructor: Alzheimer's Association Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Thu, February 15 6:30-7:30 pm #4226A 1 session FREE Live Online Course

NEW! Dementia Conversations: Driving, Doctor Visits, Legal and Financial Planning

Instructor: Alzheimer's Association When someone is showing signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

Mon, April 15 6:30-7:30 pm #4226C 1 session FREE Live Online Course



Are you or is someone you know being abused?

For help or information in Scott and carver Counties, call 952-873-4214 Visit www.svamn.org

District 719 Community Education Services

<u>Fitness, Health & Wellness</u>

NEW! 7 Steps to Reverse Diabesity

Instructor: Janice Novak

Diabesity is a condition in which too much belly fat leads a person to symptoms ranging from mild blood sugar imbalance to full blown diabetes. Whether you have a little extra weight around the middle, insulin resistance or type 2 diabetes, the root cause of ALL these conditions are the same - problems with our diet, lifestyle and exposure to environmental toxins. Most treatments focus on the downstream symptoms (elevated levels of glucose, cholesterol, blood pressure, triglycerides) and never get to WHY your levels are too high and how to change it. The good news is all of this can be reversed. Learn how to work with your doctor to help restore your body to health.

Mon, April 29 6-7:30 pm #6125BB 1 session \$35 Live Online Course

Hips, Thighs & Otherwise Instructor: Janice Novak

If you've noticed hip/thigh/butt spread, you are not alone. We have become a nation of professional sitters, causing lower body muscles to weaken and sag. Janice will teach you her famous "10 Minute Miracle Exercise" series to strengthen lower body muscles quickly and, in the process, increase metabolism and bone density; decrease 2" off saddlebag area in 2 weeks; trim inches off lower body by getting rid of excess water weight; breathing techniques to stimulate fat metabolism; acupressure points for your lymph circulation and drainage. If you don't have time/money/inclination to haul your self to a gym several times a week, you will love these powerful and effective techniques.

Wed, January 31 6-7:30 pm **#6125Y1** 1 session \$35

Mon, May 20 6-7:30 pm #6125Y2 1 session \$35 Live Online Course

Virtual Classes with Janice Novak

Janice has a Masters Degree in Health & Physical Education. She is an internationally acclaimed author, speaker and wellness consultant who teaches workshops and seminars for hospitals, corporations and professional organizations. Janice regularly presents health segments on television and radio. For more about Janice, visit her website at <u>www.janicenovak.com</u>.

Visit our website for more classes taught by Janice Novak.

- Acupressure and Other Tools for Women 35 and Older
- Acupressure Face Lift & Skin Savvy
- Acupressure for Sinus Relief, Headaches and More
- Acupressure to Assist with Weight Loss
- Acupressure to Relieve Stress, Anxiety, Insomnia & More
- Avoid Pitfalls (And Weight Gain) of Perimenopause/Menopause
- De-Age Your Brain
- Face Yoga
- Feet, Knees and Ankles
- Improve Your Health at Any Age
- Is Your Waistband Too Tight today?
- Just Breathe: Techniques to Calm, Center & Balance
- Metabolism Booster & Busters
- Mudras: The Ancient Art of Hand Yoga
- Overcome Your Carbohydrate Cravings
- Posture Get it Straight
- Posture & Osteoporosis Workshop: Building Better Bones
- Seated Abdominal Strengtheners That Won't Stress Your Back or Neck
- Soothe Those Achy Joints
- Strong is the New Skinny! Total Body Band Strengtheners
- Techniques to Activate Your Brain's Creativity Center
- The Art of De-aging: Peel Years off your Biological Age
- Thyroid Issues: Things You Need to Know
- Vitamins & Herbs: Facts & Fallacies
- Women's Heart Health
- Women, Weight & Hormones

NEW! After School Phy. Ed.

Games (Gr. K-5) Instructor: Dash Sports

DASH Sports Phy. Ed Games camp provides participants with a fun experience learning and playing your favorite physical education games! Games may include Capture the Flag, Kickball, Dodgeball, Tag games, Ultimate Frisbee/Football, Sharks and Minnows, Soccer, and more! Participants will learn teamwork, and values such as Respect, Hustle, & Pride, all in a fun environment while increasing athleticism and learning teamwork and game play. Please bring a water bottle, and athletic clothing/shoes. All other equipment is provided.

2652Aw_Five HawksRoom: GymMon, Jan. 29 to Feb. 26					
<i>No class: Feb. 19</i> 3:00-4:00 pm	4 sessio	nns	\$85		
5.00-4.00 pm	- 50551	5115	φ05		
2652Aw_Glendale		Roo	m: Gym		
Tue, Jan. 30 to Feb. 2	27				
No class: Feb. 13					
3:55-4:55 pm	4 sessio	ons	\$85		
2652Aw_Hamilton	Ridge	Roo	m: Gym		
Fri, Feb. 2 to 23	4 sessio		¢0 <i>5</i>		
3:55-4:55 pm	4 sessio	ons	\$85		
2652Aw_Jeffers Por Thu, Jan. 25 to Feb. 2 No class: Feb. 15 &	29	Roo	m: Gym		
3:55-4:55 pm		200	\$85		
5.55-4.55 pm	4 505510	5115	\$65		
2652Aw_La ola del Mon, Jan. 29 to Feb. <i>No class: Feb. 19</i>	-	Roo	m: Gym		
3:50-4:50 pm	4 sessio	ons	\$85		
2652Aw_Redtail Rid	dge	Roo	m: Gym		
Wed, Jan. 24 to Feb.	0		2		
No class: Feb. 7					
3:00-4:00 pm	4 sessio	ons	\$85		
2652Aw_WestWood Wed, Jan. 24 to Feb. <i>No class: Feb.</i> 7		Roo	m :Gym		
3:50-4:50 pm	4 sessio	ons	\$85		

Art Extravaganza (Gr. K-5) Instructor: Abrakadoodle

Join us for an art extravaganza and we'll warm up winter with lots of colorful creations. Learn how to draw a fox, sculpt a cute teddy bear with a little heart for Valentines Day, use chalk to make bubbles look 3- dimensional, create a mosaic winterscape and learn about perspective while we draw a colorful field of tulips with a windmill. We'll explore lots of mediums and art techniques in this fun camp. Come and join us this winter and unleash your creative power.

ks I	Roon	om: Art	
5 session	18	\$85	
nd I	Roon	n: Art	
27			
5 session	ıs	\$85	
lago I	Roon	n: Art	
28			
5 session	18	\$85	
-	Roon	n: Art	
	5 session nd H 27 5 session lago H 28 5 session	5 sessions nd Room 27 5 sessions lago Room 28 5 sessions dge Room	

 Mon, Jan. 29 to Mar. 4

 No class: Feb. 19

 3:00-4:00 pm
 5 sessions

NEW! Bricktopia Catapults (Gr. 1-5) Instructor: {YEL}

Explore engineering with Bricktopia's Catapults class! Build a catapult, dragster, and scale with LEGO bricks, and challenge yourself to problem-solve and innovate. Join now! LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

2714Aw_La ola del lago Room: Art Tue, Feb. 6 to Mar. 19 *No class: Feb. 13* 3:50-4:50 pm 6 sessions \$89

 2741Aw_Jeffers Pond
 Room: Art

 Wed, Feb. 14 to Mar. 27
 No class: Mar. 6

 3:55-4:55 pm
 6 sessions
 \$89

 2741Aw_WestWood
 Room: Art

 Mon, Feb. 5 to Mar. 18
 No class: Feb. 19

 3:50-4:50 pm
 6 sessions
 \$89

NEW! ArtVenture Club (Gr. K-5)

Instructor: Young Rembrandts

This winter, Young Rembrandts artists are in for a treat with a lineup of ALL NEW drawing lessons. From a vibrant pop art dog to fascinating art history and a powerful unicorn, there's so much to learn and love. We prioritize proper technique and excellent color selection in every lesson. Your child will not only enhance their skills but also have a blast personalizing cool drawings like soccer players, and robots. Waste no time and enroll your child today to unleash their artistic potential! Beginner friendly.

2556Aw_Five Hawk		Roo	om: Art
Thu, Feb. 29 to Marc			
3:00-4:00 pm	5 sessi	ons	\$85
		_	
2556Aw_Glendale		Roo	om: Art
Thu, Jan. 11 to Feb. 8	8		
3:55-4:55 pm	5 sessi	ons	\$85
2556Aw_Hamilton	Ridge	Roo	om: Art
Tue, Feb. 20 to Mar.	19		
3:55-4:55 pm		ons	\$85
1			
2556Aw_Jeffers Por	nd	Roo	om: Art
Mon, Feb. 26 to Mar	. 25		
3:55-4:55 pm	5 sessi	ons	\$85
2556Aw_La ola del	lago	Roc	om: Art
Tue, Jan. 9 to Feb. 6	8-		
3:50-4:50 pm	5 sessi	ons	\$85
2556Aw_Redtail Ri	dge	Roo	om: Art
Tue, Jan. 9 to Feb. 6			
3:00-4:00 pm	5 sessi	ons	\$85
*			
		-	

2556Aw_WestWoo	od R	Room: Art
Fri, Jan. 12 to Feb.	16	
No class: Jan. 26		
3:50-4:50 pm	5 session	ıs \$85



Chess (Gr. K-5)

Instructor: Twin Cities Chess

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome. All equipment is provided for Chess Club. Come make some new friends!

2851w_Five Hawks Tue, Feb. 20 to Mar. 26	Roo	om: Media	2851s_Five Hawks		om: Media
	sessions	\$89	Tue, April 9 to May 3:00-4:00 pm		\$89
2851w Glendale	Roc	om: Art	2851s Glendale	Ro	om: Art
Mon, Feb. 5 to Mar. 18	1100		Mon, April 8 to Ma		om. An
No class: Feb. 19			3:55-4:55 pm	•	\$89
	sessions	\$89	5.55-4.55 pm	0 505510115	\$0 <i>9</i>
			2851s_Hamilton F	0	om: Art
2851w_Hamilton Ridg		om: Art	Wed, April 17 to M	lay 29	
Wed, Feb. 14 to Mar. 27			No class: May 1		
No class: March 6			3:55-4:55 pm	6 sessions	\$89
3:55-4:55 pm 6 s	sessions	\$89			
			2851s_Jeffers Pon	d Ro	om: Media
2851w_Jeffers Pond Room: Media			Wed, April 17 to M	lay 29	
Wed, Feb. 14 to Mar. 27			No class: May 1		
No class: March 6			3:55-4:55 pm	6 sessions	\$89
3:55-4:55 pm 6 s	sessions	\$89			
			2851s_La ola del l	ago Ro	om: Art
2851w_La ola del lago	Roc	om: Art	Fri, April 12 to Ma	y 17	
Fri, Feb. 9 to Mar. 15			3:50-4:50 pm	6 sessions	\$89
3:50-4:50 pm 6 s	sessions	\$89			
			2851s_Redtail Rid	lge Ro	om: Media
2851w_Redtail Ridge	Roo	om: Media	Fri, April 12 to Ma	y 17	
Fri, Feb. 9 to Mar. 15			3:00-4:00 pm	6 sessions	\$89
3:00-4:00 pm 6 s	sessions	\$89			
			2851s WestWood	Ro	om: Media
2851w_WestWood	Roc	om: Media	Tue, April 9 to May		
Tue, Feb. 20 to Mar. 26			3:50-4:50 pm		\$89
3:50-4:50 pm 6 s	sessions	\$89	1		*

Queen's Gambit Chess Tournament (Ages 5+)

More information on page 39.

NEW! Art Studio (Gr. K-5) Instructor: Young Rembrandts

There's no better way to get a jump on spring than with our fun cartoon drawing class. You will be exposed to the excitement of drawing and animating dinosaur expressions and funny anime characters. Learn how to draw dynamic figures and action-filled scenes. Your funny bone will be tickled when you see the humorous, floral-inspired personas created in our flower characters lesson. And we will draw cartoon animals of all shapes and sizes doing their favorite hobbies.

2556Bw_Five Hawl Thu, April 25 to May		Roc	om: Art
3:00-4:00 pm		ons	\$85
2556Bw_Glendale Thu, Mar. 21 to Apri <i>No class: April 4</i>	1 25	Roc	om: Art
3:55-4:55 pm	5 sessi	ons	\$85
2556Bw_Hamilton Tue, April 16 to May		Roc	om: Art
3:55-4:55 pm		ons	\$85
2556Bw_Jeffers Por Mon, April 22 to Ma		Roc	om: Art
	5 sessi	ons	\$85
2556Bw_La ola del Tue, April 16 to May	0	Roc	om: Art
	5 sessi	ons	\$85
2556Bw_Redtail Ri Tue, Mar. 26 to Apri <i>No class: April 2</i>		Roc	om: Art
3:00-4:00 pm	5 sessi	ons	\$85
2556Bw_WestWood Fri, Mar. 22 to May 2 <i>No class: March 29</i>	3		om: Art

No class: March 29 & April 5 3:50-4:50 pm 5 sessions \$85

NEW! STEAM-sational Art (Gr. K-5)

Instructor: Kidcreate Studio

Calling all smarty-pants! Get ready to explore S.T.E.A.M concepts in totally rad and creative ways that will result in cool creations you'll be proud to brag about - from your very own pinball machine, a creative Venus flytrap, a colorful kaleidoscope and magic ink that will light up a cityscape, plus loads of experiential learning and messy fun along the way! Let's get our science on like never before with this one-of a kind S(mart) T(alented) E(xperimental) A(wesome!) M(agnificent) camp experience.

2812Aw Glendale	Roc	om: Art	2812Aw_Hamilton	on Ridge Roo	om: Art	2812Aw_WestWe	ood Ro	om: Art
Wed, Feb. 14 to Mar.	20		Thu, April 18 to N	May 16		Mon, Feb. 26 to N	Mar. 25	
No class: March 6			3:55-4:55 pm	5 sessions	\$95	3:50-4:50 pm	5 sessions	\$95
3:55-4:55 pm	5 sessions	\$95						

Visit www.priorlakesavagece.com - 952-226-0310

NEW! After School Lacrosse (Gr. K-5)

Instructor: Dash Sports

DASH Sports lacrosse camps provide participants an introductory experience to the game. Athletes will learn basic lacrosse fundamentals including stick handling, cradling, passing, and shooting, all in a fun, non-checking environment. This is a noncontact camp, helmets and gloves are not required, but can be brought with and worn. Sticks and balls are provided.

2652As_Five Hawks Mon, April 8 to 29			Outdoor Field		
3:00-4:00 pm	4 sessio	ons	\$85		
2652As_Glendale Tue, April 9 to 30		Outo	loor Field		
3:55-4:55 pm	4 sessio	ons	\$85		
2652As_Hamilton F Fri, April 12 to May	-	Outo	loor Field		
3:55-4:55 pm		ons	\$85		
2652As_Jeffers Pon Thu, April 11 to May 3:55-4:55 pm			loor Field \$85		
2652As_La ola del l Mon, April 8 to 29	ago	Outo	loor Field		
3:50-4:50 pm	4 sessio	ons	\$85		
2652As_Redtail Rid Wed, April 17 to May		Outo	loor Field		
<i>No class: May 1</i> 3:00-4:20 pm	3 sessio	ons	\$85		
2652As_WestWood		Outo	loor Field		

Wed, April 17 to May 8 No class: May 1 3:50-5:10 pm 3 sessions \$85



DASH Sports basketball camps provide players a well-rounded basketball experience covering a broad range of skills training and skill-based games. Players will be taught how to properly shoot, pass, dribble, and play defense in a fun and positive environment. Camps end with scrimmages/ games on the final day. Athletes should bring a water bottle. Balls are provided.

2652Bw_Five Hawl Mon, March 4 to 25	KS	Roo	m: Gym
3:00-4:00 pm	4 sessi	ons	\$85
2652Bw_Glendale Tue, March 5 to 26		Roo	m: Gym
3:55-4:55 pm	4 sessi	ons	\$85
2652Bw_Hamilton Fri, March 1 to 22	Ridge	Roo	m: Gym
3:55-4:55 pm	4 sessi	ons	\$85
2652Bw_Jeffers Por Thu, March 7 to 28	nd	Roo	m: Gym
3:55-4:55 pm	4 sessi	ons	\$85
2652Bw_La ola del Mon, March 4 to 25	lago	Roo	m: Gym
3:50-4:50 pm	4 sessi	ons	\$85
2652Bw_Redtail Ri Wed, Feb. 28 to Mar <i>No class: March 6</i>	0	Roo	m: Gym
3:00-4:00 pm	4 sessi	ons	\$85

2652Bw_WestWoodRoom: GymWed, Feb. 28 to Mar. 27No class: March 63:50-4:50 pm4 sessions\$85





NEW! After School Soccer Skills (Gr. K-5) Instructor: Dash Sports

DASH Sports soccer camps provide players a well-rounded soccer experience covering a broad range of soccer skills training (dribbling, passing, shooting, & defense) and skill-based games. Players will receive instruction in a fun, positive environment while learning values of 'Respect, Hustle, and Pride'. Camp ends with a scrimmage on the final day. Athletes should bring a water bottle (spikes and shin guards are optional). Balls are provided.

2652Bs_Five Hawk Mon, May 6 to 20	S	Out	door Field
3:00-4:20 pm	3 sessi	ons	\$85
2652Bs_Glendale Tue, May 7 to 28		Out	door Field
3:55-4:55 pm	4 sessi	ons	\$85
2652Bs_Hamilton I Fri, May 10 to 31	Ridge	Out	door Field
3:55-4:55 pm	4 sessi	ons	\$85
2652Bs_Jeffers Pon Thu, May 9 to 30	ıd	Out	door Field
3:55-4:55 pm	4 sessi	ons	\$85
2652Bs_La ola del Mon, May 6 to 20	lago	Out	door Field
3:50-5:10 pm	3 sessi	ons	\$85
2652Bs_Redtail Rid Wed, May 15 to 29	dge	Out	door Field
3:00-4:20 pm	3 sessi	ons	\$85
2652Bs WestWood		Out	door Field

2652Bs_WestWoodOutdoor FieldWed, May 15 to 293:50-5:10 pm3 sessions\$85



District 719 Community Education Services

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NEW! Bricktopia Wild Ride (Gr. 1-5)

Instructor: {YEL}

Explore engineering with Bricktopia's Catapults class! Build a catapult, dragster, and scale with LEGO bricks, and challenge yourself to problem-solve and innovate. Join now! LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

2714As_La ola del l Tue, April 16 to May	8	oom: Art	
3:50-4:50 pm	6 sessions	\$89	
2741As_Jeffers Pond Room: Art			
Wed, April 17 to May 29			
No class: May 1			
3:55-4:55 pm	6 sessions	\$89	
2741As_WestWood	Ro	oom: Art	

Mon, April 15 to	May 20	
3:50-4:50 pm	6 sessions	\$89

Hamilton Ridge Dance Team (Gr. 2-5)

Instructor: Laresa Pickens and Jessica Erickson

Calling all dancers! Work on a routine, play games that enhance your dance skills, and fine-tune your dance technique. No previous dance experience is required. You'll show off your routine the last 30 minutes of class on the final day (families welcome to attend!) and perform for your classmates at an all-school meeting. Wear comfortable clothing and tennis shoes or dance shoes to class, and bring a water bottle each day. Fee includes a t-shirt. Indicate t-shirt size at registration. Please wear black dance pants or leggings with your Dance Team t-shirt for the final performance.

2841s_Hamilton Rie	dge Ro	om: Gym
Thu, April 11 to May	23	
No class: April 25		
3:55-4:55 pm	6 sessions	\$105

Art Splash (Gr. K-5) Instructor: Abrakadoodle

Add a splash of color to your spring with this fun art class. Let creativity inspire you to create a colorful canvas inspired by Peter Max's Pop art, watercolor cute lady bugs. Draw a koala bear in tree and finish it with chalk and sculpt a little lion pot.

2806As_Five Haw Fri, April 19 to May		om: Art
3:00-4:00 pm	4 sessions	\$75
2806As_Jeffers Po Tue, April 16 to Ma No class: April 23		om: Art
3:55-4:55 pm	4 sessions	\$75
2806As_La ola del Wed, April 24 to M	8	om: Art
3:50-4:50 pm	4 sessions	\$75
2806As_Redtail R i Mon, April 22 to M	0	om: Art
3:00-4:00 pm	4 sessions	\$75

ELEMENTARY SKI & SNOWBOARD TRIPS (After School) Grade 5

Mondays: Dec. 18, Jan. 8, 22, 29, & Feb. 5 Buck Hill in Burnsville







Find more information and register at www.priorlakesavagece.com

KIDS' COMPANY

Kids' Company, a program of Prior Lake-Savage Area Schools' Community Education Services, provides quality child care options for children ages 3 to 5th grade. The program offers care before and after school, and full-day programming on most release days, including summer.

REGISTRATION OPENING SOON

School Year 2024-25

oin us

- School-Age Before and After Care
- Lakers Preschool Child Care

Summer 2024

• Prek-6th Grade

To learn more, visit plsas.org



E-STEM FUN!

FIELD TRIPS





ZAPS ACT Test Prep (Gr. 10-12)

Instructor: Doorway to College

ZAPS test-preparation seminars are carefully designed to help you do your personal best on the ACT. Students who complete the ZAPS seminar—and practice the tips and strategies at home—typically raise their ACT scores by 2 or more points. You will be taught strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the test. You will receive a comprehensive Study Guide and 24 practice tests with detailed answer explanations. **Please bring a calculator and two pencils to the seminar.**

Mon & Tue, March 18 & 19 #4006A 3:15-5:45 pm 2 sessions \$115 #4006B 6-8:30 pm 2 sessions \$115 Prior Lake High School Room: D225/227

Chess (Gr. 6-8)

Instructor: Twin Cities Chess

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome. All equipment is provided for Chess Club. Come make some new friends!

Mon, February 5 to Mar. 18 No class: February 19 2:15-3:15 pm **2851w_Middle School** 6 sessions \$89

Mon, April 8 to May 13 2:15-3:15 pm **2851s_Middle School** 6 sessions \$89 Hidden Oaks Middle School Room 726

Middle School Archery (Gr. 6-8)

Instructor: Three Rivers Park District in Partnership with Scott County

Join instructors from the Outdoor Recreation School to learn how to safely shoot a compound bow. Students will build their skills through interactive archery games and challenges. Safety, history and proper shooting techniques will be covered in this series. All equipment is provided. Unless weather is severe, this is a rain or shine, outside program. One-way transportation provided to Cleary Lake Park. Bus Departs at 2:15 pm from the lower level of Twin Oaks Middle School. Parents are responsible for pick up at 4 pm at Cleary Lake Park (18106 Texas Avenue, Prior Lake). Dress for the weather. (Class size is limited to 10, so register early).

Mon, April 22 to May 20 2:30-4 pm **#2842** 5 sessions \$199 Cleary Lake Park, 18106 Texas Ave, Prior Lake

Middle School Golf (Gr. 6-8)

Instructor: Cleary Lake Park

Don't miss your tee time, join Middle School Golf! Golf is for you whether you are a beginner or you have a lot of experience. Package includes group lessons from a golf instructor, time on the driving range and putting green, and one tee time per week for those of you that the Cleary Lake staff feel could complete a round. One-way transportation provided to Cleary Lake Park for the 2:30 pm session only. Bus Departs at 2:15 pm from the lower level of Twin Oaks Middle School. Parents are responsible for pick up from the golf course (18106 Texas Avenue, Prior Lake). Please bring your own clubs. Dress for the weather.

Tue/Thu, April 23 to May 16 #2778A 2:30-4 pm (Transportation) 8 sessions \$245 #2778B 4-5:30 pm (No Transportation) 8 sessions \$199 Cleary Lake Park, 18106 Texas Ave, Prior Lake







Driver Education (Ages 14.5-18)

Classroom: Students age 14.5+ can start Driver Education classes. Upon completion of the 30 hours of classroom, student will receive a Blue Completion Card.

Fee: \$220

- **Permit Test:** After completing classroom requirement of 30 hours and age 15+, students can test for permit at a DMV testing station.
- **Behind the Wheel:** After receiving a permit, students schedule three 2-hours Behind-the-Wheel lessons with A+ Driving School (ISD719 classroom provider) or another provider.
- **Driver's License:** Students age 16+ with a permit for a minimum of 6 months, completed Behind the Wheel Lessons, and Supervised Driving Log can test for a license at a testing station.

Supervised Driving Log:

- Option A: Student logs 50 hours/3,000 minutes including 15 hours/900 minutes night driving.
- Option B: Parent(s)/Guardian(s) attend Point of Impact class then student logs 40 hours/2,400 minutes including 15 hours/900 minutes night driving.

In-Person (30 Hours of Classroom): Location: Prior Lake High School Room A115 Times: 3:15-6:15 pm

6100-1F	Jan. 2, 3, 4, 8, 9, 10, 11, 16, 17, 18
6100-1G	Jan. 22, 23, 29, 30, 31, Feb. 1, 5, 6, 7, 8
6100-1H	Feb. 28, 29, Mar. 4, 5, 6, 7, 11, 12, 13, 14
6100-1I	Apr. 22, 23, 24, 25, 29, 30, May 1, 2, 6, 7
6100-1J	May 8, 9, 13, 14, 15, 16, 20, 21, 22, 23

Jan. 10 will be online; No class: Jan. 15 Feb. 7 will be online; No class: Jan. 24 & 25 March 6 will be online May 1 will be online

> 15 24 & 25

Online (30 Hours of Classroom): Location: Live Online Zoom Meet

Times: 3-6 pm, 4-7 pm, 6:15-9:15 pm

6100-2-4F	Jan. 2, 3, 4, 8, 9, 10, 11, 16, 17, 18	No class: Jan.
6100-2-4G	Jan. 22, 23, 29, 30, 31, Feb. 1, 5, 6, 7, 8	No class: Jan. 2
6100-2-4H	Feb. 28, 29, Mar. 4, 5, 6, 7, 11, 12, 13, 14	
6100-2-4I	Apr. 22, 23, 24, 25, 29, 30, May 1, 2, 6, 7	
6100-2-4J	May 8, 9, 13, 14, 15, 16, 20, 21, 22, 23	

Point of Impact for Parent/Guardian (Optional - See Supervised Driving Log Above):

<u>Online/Virtual (7-8:30 pm) - Fee: \$10</u> 2914A Tue, February 13 2914B Mon, May 13

Ornament Making Party (Ages 5-12) Instructor: Kidcreate Studio

Join us for an ornament making party. We will set up 4 stations, each with a different ornament to make. Your child will be creating an adorable snowman ornament, an ornament inspired by that famous reindeer with the red nose, and so much more!

Sat, December 2 9 to 12 pm #2812D 1 session \$45 Twin Oaks Middle School Room 607 Art

NEW! Video Production: YouTube Shorts & Instagram Reels (Gr. 2-6) Instructor: Tech Academy

Learn the art of production video shorts for TikTok, YouTube Shorts, and Instagram Reels. Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques.

Sat, Dec. 2 & 9 10:30 am to 12:30 pm #2731H 2 sessions \$75 Live Zoom Meeting

Volleyball (Ages 6-12) Instructor: Skyhawks

Volleyball skills are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for beginning and intermediate players. Instructors will assist you in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. The participant-to-coach ratio is approximately 10:1. **Knee pads recommended.**

Sat, Dec. 2 to 16 **#2676Af_Ages 6-8** 9:35-10:35 am 3 sessions \$75 **#2676Bf_Ages 9-10** 10:40-11:40 am 3 sessions \$75 **#2676Cf_Ages 11-12** 11:45 am to 12:45 pm 3 sessions \$75 Twin Oaks Middle School Blue Gym C

Hot Cocoa Bombs (Ages 8+ w/Adult) Instructor: Heather Novak

If you have been on social media at all this year, you know that Cocoa Bombs have been a magical rage. Come learn how to make these beautiful, fun and decadent treats. Recipes will be provided and you will go home with 6 bombs to enjoy or give. Bring a muffin tin to bring your bombs home in.

Tue, December 56:30-8:30 pm#2279B1 session\$49Hidden Oaks Middle School 724 FACS

NEW! Minecraft Game Coding from Scratch (Gr. 2-4)

Instructor: Tech Academy

In this class, we introduce students' programming concepts using Scratch. Learn to create an interactive 2D video game using your FAVORITE Minecraft characters. Scratch is a drag-and-drop creative coding platform developed by MIT.

Tue, Dec	ember 5	6-7:30 pm
#2731I	2 sessions	\$35
Live Zoo	om Meeting	

NEW! Holiday Create Night (Ages 5-12 w/Adult) Instructor: Kidcreate Studio

The holidays are just around the corner. What better way to celebrate than creating masterpieces with your child? Prepare for an evening filled with holiday fun! You and your child will follow easy step-by-step instructions as you create matching portraits of the most famous reindeer of all-Rudolph the Red-Nosed Reindeer! Each parent and child will create their own masterpiece on a real canvas board.

Tue, December 5 6:30-8 pm #2812E 1 session \$45/pair \$20/each addtl. child Twin Oaks Middle School Room 607 Art

Cupcakes and Cocoa (Ages 5+ w/Adult) Instructor: Kelly Irvin Richtarich

Decorate your cake, and eat it too! Each team will learn techniques, themes, and designs and embellish 6 cupcakes under the direction of a professional cake decorator. Make cupcakes, and enjoy it with a cup of tea. Sip hot cocoa and top off a hot cocoa cake. Enjoy this casual tea party style class with your favorite adult. Feel free to wear a fancy hat and bring your favorite tea cup and apron to class. Each team will go home with 6 of their own beautifully decorated cupcakes. Price is per child.

Thu, December 76-8 pm#29271 session\$55Twin Oaks Middle School Room 308 FACS

3D Printing & CAD (Gr. 2-5)

Instructor: Tech Academy

This 3D printing camp takes students through the 3D printing process from start to finish. Students will be designing a keychain, and the 3D print will be mailed home. No experience is necessary, but familiarity with doing common tasks using a computer and keyboarding is required. Fees listed include printing fee for one project.

Thu, December 14		6-8 pm
#2731J 1 session	\$59	
Live Zoom Meeting		

Video Production for YouTube: Gaming (Gr. 3-8) Instructor: Tech Academy

Learn how to produce a YouTube - "Let's Play" Video! Learn how to capture a gaming session. YouTube is the top destination for online videos. Learn tricks that pros use. Edit your video, add transitions, insert a soundtrack. Then share your finished video with the world.

Tue, December 20		6-8 pm
#2731K 1 session	\$59	
Live Zoom Meeting		

Kid's Pottery (Ages 5-10) Instructor: Holly Bozaich

Hand-build a fun pottery project led by Miss Holly. Includes glazing, tools, and firing. Pick up your project in approximately 3 weeks. Potter's wheel will not be used in this class.

Sat, December 16 1-2:30 pm **#3105Df** 1 session \$39 Sat, January 20 1-2:30 pm #3105A 1 session \$39 Sat, February 24 1-2:30 pm **#3105B** 1 session \$39 Sat. March 16 1-2:30 pm **#3105C** 1 session \$39 Sat, April 20 1-2:30 pm **#3105D** 1 session \$39 1-2:30 pm Sat, May 18 **#3105D** 1 session \$39

Pottery by Holly, 4264 Colorado St Se, Prior Lake

NEW! Warehouse Machines (Gr. 1-6) Instructor: Young Engineers

In this session, your child will learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using patented education kits. Your child will learn about mechanical advantage, Power and Speed Gears, transmission mechanics and other. During the class, your child will build working motorized models of Semi-Trailer, Shipyard crane, Conveyor belt, Fork Lift and more.

Mon, Jan. 8 to Feb. 5 6:30-8 pm *No class: January 15* **#2991A** 4 sessions \$105 Twin Oaks Middle School Room 607 Art

Unlimited FUN Obstacle Course (Gr. K-3)

Instructor: Fitness Boomers

Get ready for a fun-filled fitness journey with us. Have a blast with a variety of different fitness based activities and fun games and jumping challenges and loads of FUN! Learn balance, flexibility, agility, coordination, speed and sportsmanship. Creativity will be encouraged throughout the class in a safe and fun environment with upbeat music. At the end, relax with a quick mindfulness activity!

 Tue, Jan. 9 to 30
 6:30-7:30 pm

 2597A 4 sessions
 \$85

 Twin Oaks Middle School 800 Hallway

 Tue, Feb. 6 to 27
 6:30-7:30 pm

 2597B 4 sessions
 \$85

 Twin Oaks Middle School 800 Hallway

Tue, March 5 to 26 6:30-7:30 pm 2597C 4 sessions \$85 La ola del lago Cafeteria

Tue, April 9 to 306:30-7:30 pm**2597D**4 sessions\$85Twin Oaks Middle School 800 Hallway



Prior Lake-Savage Community Ed is on Instagram! @PLSASCommEd

Babysitting 101 (Ages 10-13) Instructor: Emergency Outfitters

This course follows the American Academy of Pediatrics (AAP) – Babysitter Lessons And Safety Training (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. Students receive a reference book, game handouts, babysitting bag and first aid kit. Please bring 2 nut-free snacks, lunch and a beverage to class.

Sat, January 13 8:30 am to 4 pm #4008 1 session \$89 Twin Oaks Middle School Room 209

Tennis (Ages 4-11) Instructor: Carlson Tennis

The quickstart format to these programs, along with the Carlson Tennis teaching methods, get you playing quickly. Please bring an age appropriate racket. Rackets will be available for class use if you do not have one. Tennis participants may be invited to compete in tournaments outside of Tennis sessions. These competitions are not sponsored by Community Education, and additional fees may apply.

Little Sta	<u>rs (Ages 4-6)</u>	5:30-6:15 pm
Course des	cription online.	4 sessions \$75
#2866A2	Wed, January Wed, February Wed, March 6	7 to 28

Rising Stars (Ages 7-8)6:15-7:15 pmCourse description online.4 sessions \$89

#2866B1 Wed, January 10 to 31#2866B2 Wed, February 7 to 28#2866B3 Wed, March 6 to 27

Future Stars (Ages 9-11) 7:15-8:15 pm

Course description online. 4 sessions \$89 #2866C1 Wed, January 10 to 31 #2866C2 Wed, February 7 to 28 #2866C3 Wed, March 6 to 27

La ola del lago Gym

Basketball (Ages 5-10) Instructor: Skyhawks

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Sat, Jan. 13 to Feb. 3	4 sessions \$79
#2669Aw_Ages 6-9	10:20-11:05 am
Tue, Mar. 19 to April 16	4 sessions \$79
No class: April 2	
#2669Bw_Ages 5-6	5:15-6 pm
#2669Cw_Ages 7-10	6:10-7:10 pm
Twin Oaks Middle School Jerebek Gym	

NEW! STEM

Basketball (Ages 8-12) Instructor: Skyhawks

This program combines strategic STEMbased activities with traditional Skyhawks basketball instruction and a focus on life skills such as teamwork and sportsmanship. The STEM Sports® basketball curriculum educates children on subjects including velocity and acceleration, basketball shoe design, tracking with technology and much, much more! Participants will also learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based drills and scrimmages. Skyhawks puts the Sports in STEM.

 Sat, Jan. 13 to Feb. 3
 4 sessions \$95

 #2669Dw
 11:15 am to 12:45 pm

 Twin Oaks Middle School Jerebek Gym

Laker Dance Team Youth Clinic (Ages 5-14)

Instructor: PLHS Laker Dance Team

Come and shake off the winter blues with the Laker Dance Team at the Prior Lake Dance Team Winter Youth Clinic. Learn a variety of skills along with a short routine from the Laker Dancers. Then, perform this routine at the Prior Lake Dance Team Community Show that evening. Parents, you are encouraged to invite other family members to see your child perform, as well as see performances by the Prior Lake Varsity, JV and B-Squad dance teams. The Community Show is a night that PLDT proudly performs their routines for the community as they prepare to make their way back to the State Dance Team Floor in February. Please wear comfortable clothing, lightweight tennis shoes or dance shoes, and bring a water bottle. Fee includes instruction from the dance team and coaches. Camp proceeds benefit the PLHS Dance Team. *Register and provide a t-shirt size by December 22 to be guaranteed a t-shirt.

Sat, January 139 am to 1 pmPerformance6:30-8 pm#27071 session\$89Prior Lake High School Activity Center

Video Game Design (Gr. 4-8) Instructor: Tech Academy

This course will give you hands-on experience developing your own game. Computer skills are needed (this includes good keyboard and mouse skills).

Thu, Jan. 18 & 25 6-8 pm #2731A 2 sessions \$79 Live Zoom Meeting

NEW! Kids in the Kitchen with Their Favorite Grownup (Ages 6+ w/Adult) Instructor: Heather Novak

Experience the kitchen with an adult in this hands-on class for the budding cook. Knife skills and stove/oven safety will be covered as well as basic healthy recipes to make for lunch or supper. Join me for a fun day baking cookies and making a kid friendly meal for lunch.

Sat, January 20 **9** am to 2 pm **2507C** 1 session \$99/pair \$144/Adult w/2 kids Twin Oaks Middle School Room 308 FACS

Video Production: Special Effects (Gr. 3-7) Instructor: Tech Academy

Learn film editing basics and how to use Hollywood-style special effects techniques. We will be teaching students how to create magical special effects.

Sat, Jan. 27 & Feb. 3 8-10 am #2731B 2 sessions \$79 Live Zoom Meeting

Multiplayer Minecraft: Survival Camp (Gr. 2-6) Instructor: Tech Academy

Survival Camp in Minecraft: Team up & Survive in our multiplayer world. Explore the unknown and join other Survival enthusiasts to overcome challenges, complete quests on our server.

Thu, February 16-8 pm#2731C1 session\$45Live Zoom Meeting

NEW! Valentine's Day Mosaic Heart (Ages 4-9) Instructor: Kidcreate Studio

Looking for a new Valentine's Day tradition? Why not feel the love as you create amazing art together with your child! In this class, we will design our own glittery heart mosaics using clay, beads, and more. These mosaics are great to keep, or they're the perfect Valentine's Day gift for a friend or loved one. Get ready for some messy fun, as each parent and child will create their own craft.

Sat, February 3 9 to 12 pm #2812A 1 session \$45 Twin Oaks Middle School Room 607 Art

Child's Play Theater Improvisation (Gr. 5-12) Instructor: Andy Velishek

Students will have five sessions to practice and improve their improvisation abilities in this fun opportunity. We'll play a variety of improvisation acting games that will develop your ability to think quickly while on the stage.

Mon-Fri, Feb. 5 to 9 6-8 pm Performance: Feb. 9 7-8 pm **#2868_Improv** 5 sessions \$99 Twin Oaks Middle School Auditorium

NEW! Aerodynamic Machines (Gr. 1-6) Instructor: Young Engineers

In this session, your child will learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using patented education kits. Your child will learn about aerodynamics and importance, elastic energy and renewable energy. During the class, your child will independently build working motorized models of Windmill, Catapult, Pedestal Fan, Sports Car and more.

Mon, Feb. 12 to Mar. 11 6:30-8 pm No class: February 19 #2991B 4 sessions \$105 Twin Oaks Middle School Room 408

Video Production: TikTok, Shorts & Reels (Gr. 3-7) Instructor: Tech Academy

Learn the art of production video shorts for TikTok, YouTube Shorts, and Instagram Reels. Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques.

Sat, Feb. 17 & 24 10:30 am to 12:30 pm #2731D 2 sessions \$79 Live Zoom Meeting

Beginning Volleyball (Ages 7-12)

Instructor: Skyhawks

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and games that focus on passing, setting, hitting, and serving. This co-ed program is designed for a beginner player, ages 7-12, and will incorporate essential life-lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and scrimmages aimed at developing the whole player. **Knee pads recommended.**

Sat, Feb. 17 to Mar. 9 9:40-10:25 am #2676Aw 4 sessions \$79 Twin Oaks Middle School Blue Gym C

Web Design (Gr. 4-8) Instructor: Tech Academy

Learn to create web pages! Students will learn how to create an HTML web page, learn various HTML tags, experiment with design, and CSS. No experience is necessary, but familiarity with common tasks using a computer operating system (text-editing and understanding directory structures) and good keyboarding skills is required.

Tue, Feb. 20 & 27 6-7:30 pm #2731E 2 sessions \$59 Live Zoom Meeting

Intermediate/Advanced Volleyball (Ages 8-12) Instructor: Skyhawks

Are you ready to take your volleyball skills to the next level? Join Skyhawks Volleyball to unlock your full potential on the court! This Intermediate to Advanced camp is designed for experienced players, ages 8-12, who want to refine their skills, elevate their game strategies, and compete at a higher level. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting, serving, and game play. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and scrimmages aimed at developing the whole player. **Knee pads recommended.**

Sat, Feb. 17 to Mar. 9 10:35-11:35 am #2676Bw 4 sessions \$85 Twin Oaks Middle School Blue Gym C

Floor Hockey (Ages 6-9) Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stick handling and speed. Specifically designed for beginning and intermediate players, this program teaches athletes street/floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

Tue, Feb. 20 to Mar. 125:15-6:15 pm#2666Aw4 sessions\$85Twin Oaks Middle School Blue Gym C

Multiplayer Minecraft: Master Builders (Gr. 1-5) Instructor: Tech Academy

Join us in this new multiplayer Minecraft class. We will go over basic, and not so basic building techniques. Then work alone or collaboratively to complete building challenges on our Tech Academy Minecraft server.

Sat, March 2 9 #2731F 1 session \$ Live Zoom Meeting

9 am to 12 pm \$59

Unicorn Tea Party (Ages 5-12 w/Adult) Instructor: Heather Novak

Come celebrate the magic of unicorns with a tea party. Complete with sprinkles, glitter, magic and all sweet sugary treats that attract the kids and the kid in us. Bring your favorite adult and let's make all those sprinkle filled treats and colorful rainbow foods that you and unicorns like. Then we will sit down and nibble on them or save them and share with your family and friends later. Adults are encouraged to stay. **Bring a container for the treats you don't eat!**

Fri, February 23 6-8 pm #2507B 1 session \$49 Twin Oaks Middle School Room 308 FACS

FAST Kids-Staying Safe at Home (Ages 7-10)

Instructor: Emergency Outfitters

First Aid and Safety Trained Kids covers basic first aid, water safety, vehicle safety, home emergencies, injury prevention, personal safety and healthy living. This course helps prepare children for staying at home alone. Receive a book and construct a home first aid kit.

Sat, February 24 8:30 am to 12:30 pm #2757 1 session \$65 Twin Oaks Middle School Room 209

Nintendo Game Coding (Gr. 1-3)

Instructor: Tech Academy

Learn the fundamentals of coding with Scratch by creating a Nintendo-themed game. Inspire your student to pursue today's most exciting technologies. Scratch uses colorful, visual blocks that fit together like Legos.

 Tue, March 5
 6-7:30 pm

 #2731G 1 session
 \$35

 Live Zoom Meeting
 \$35
Youth Nights & Weekends (Ages 4-18)

NEW! Spring Sports Machines (Gr. 1-6) Instructor: Young Engineers

In this session, your child will learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using patented education kits. Your child will learn about mechanical advantage, Power and Speed Gears, transmission mechanics and other. During the class, your child will build working motorized models of Soccer Ball kicking machine, Frisbee launcher, American Football kicker and Golf Cart and other.

Mon, Mar. 18 to April 15 6:30-8 pm *No class: April 1* **#2991C** 4 sessions \$105 Twin Oaks Middle School Room 408



Prior Lake-Savage Community Ed is on Facebook! @PLSASCommEd

Fencing (Ages 7-18) Instructor: {YEL}

Engage, attack, and advance! Learn or improve your fencing skills, play favorite fencing games and earn arm bands. Safety is our first priority. We supply safety swords, protective masks, chest plates and jackets, in a high-octane, inclusive environment. Become an athlete in the "sport of the intellectual athlete!"

Wed, Jan. 24 to Mar. 13	
#6113Aw_Ages 7-11	6-7 pm
	8 sessions \$139
#6113Aw_Ages 12-18	7:05-8:35 pm
	8 sessions \$179
La ola del lago Cafeteria	

Wed, April 10 to May 29		
#6113Bw_Ages 7-11	6-7 pm	
	8 sessions \$139	
#6113Bw_Ages 12-18	7:05-8:35 pm	
	8 sessions \$179	
La ala dal laca Cafatania		

La ola del lago Cafeteria



Anime Cartoon Characters (Gr. 3-8)

Instructor: Young Rembrandts

Artists will learn to draw their own anime style characters ranging from easy to challenging – this is a great way to perfect those skills and learn new manga tricks. Each day students will complete multiple pieces of artwork like customized faces, animals, sugoi action and more ARTastic drawings.

 Thu, Feb. 8 to 29
 5-6:30 pm

 #2566_Anime
 4 sessions
 \$89

 Twin Oaks Middle School Room 205

Pickleball (Ages 6-12) Instructor: Skyhawks

America's #1 growing sport, pickleball is now available with Skyhawks Sports! Our pickleball program introduces kids to the basics of pickleball in a fun approach. Students will learn how to serve, hit groundstrokes and volley with instruction from our coaches while we provide a fun atmosphere with exercises and games to help promote the sport of pickleball. This exciting new sport will create lifelong friends and skills that can translate into other sports as well.

 Mon, Mar. 18 to April 15
 4 sessions \$85

 No class: April 1
 #2989Aw_Ages 6-8
 4:35-5:35 pm

 #2989Aw_Ages 9-12
 5:45-6:45 pm

 Twin Oaks Middle School Blue Gym C

Sweet Spring Cupcakes (Ages 5-16) Instructor: Heather Novak

There is never a bad time for cupcakes and spring is all about new color and fresh tastes. Come and learn to frost, sprinkle, and creatively decorate a dozen cupcakes. Techniques in roses/flowers will be taught for those that wish to know as well as a cute little spring critter or two. Fee includes cupcakes, frosting, and decorations. Please bring a box, pan or container to bring your finished creations home in. Parents are welcome to stay for a fun parent child evening but are not required too. **Bring a container for the treats you don't eat!**

Tue, March 196:30-7:45 pm#29871 session\$45Twin Oaks Middle School Room 308 FACS

3D Printing: Pokemon (Gr. 3-7)

Instructor: Tech Academy

Design your own 3D pocket monster using TinkerCad. This course will give students an introduction to using CAD modeling & design software. Student designed Pokémon will be printed and mailed home.

Wed, March 20 6-8 pm #2731H 1 sessions \$45 Live Zoom Meeting

Youth Nights & Weekends (Ages 4-18)

NEW! Child's Play Theater: Twinderella (Gr. 2-12) Instructor: Andy Velishek

We've all heard the story of Cinderella a thousand times, but we've never heard about Bob, her long lost twin brother! Living in the same kingdom with different wicked stepfamilies, Cinderella's cruel stepmother and evil stepsisters make her rotate tires and polish bowling trophies while Bob's evil stepfather and cruel stepbrothers force him to make dried herb wreaths and organize their sock drawers. When Lou the UPS Guy arrives with invitations from the Kingdom of Wychwood-under-Ooze, Cinderella and Bob are both thrilled but forbidden to attend the festivities. With the help of the Fairy Godmother, the Godfather (he ain't no fairy!), two enchanted gerbils and a lot of luck, they find a way! On the night that Cinderella crashes Princess Petunia's birthday ball, Bob has similar designs on Prince Percy's kingdom-wide baseball game. When the two strangers disappear at midnight after Cinderella hits a game winning homerun, the search is on to find the feet that fit the glass slipper and the muddy cleat! Students will improve communication, reading and acting skills as they work to put on this production of a fun variation of the Cinderella story.

Sat, Mar. 23 to May 18 8:30 am to 12 pm No class: March 30 & April 6 Performances: May 18 - 1:00 & 6:30 pm #2868 7 sessions \$149 Twin Oaks Middle School Auditorium

NEW! Dungeons & Dragons 101: One Shot Minecraft Adventure (Gr. 2-5)

Instructor: Tech Academy

Learn the basics of Dungeon and Dragons. Pick and develop your character and join us for a Minecraft one shot campaign.

Wed, April 10 & 17 6-7:30 pm #2731I 2 sessions \$59 Live Zoom Meeting

Soccer (Ages 5-10) Instructor: Skyhawks

Skyhawks has a variety of soccer programs for parents looking to introduce their children to the fundamentals of the world's most popular sport. Young athletes, gain the technical skills and sport knowledge required for the next progression of soccer. This camp focuses on dribbling, passing, shooting and ball control and uses a wide variety of skill games and scrimmages throughout the week. The final day of camp culminates in a tournament day, where participants can showcase their newly learned skills! **Shin guards are recommended.**

Thu, April 18 to May 16	No class: April 25
#2674Aw_Ages 5-6	5:15-6 pm
	4 sessions \$79
#2674Aw Ages 7-10	6.10-7.10 pm

#2674Aw_Ages 7-10

4 sessions \$79 6:10-7:10 pm 4 sessions \$85

La ola del lago Field Behind School

Code Championship Tournament (Gr. 3-9) Instructor: AbaMath

Build a computer bot to play head-tohead against other coders! Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. The Code Championship Series is a series of four tournaments in four weeks (it's ok to miss one or two). These tournaments will be hosted online using Google Meet and the Code Championship website. If you have a modern browser like Chrome or Firefox. no additional download is required. Please come knowing how to navigate the internet (basic typing and mouse control). The link to the Google Meet event will be emailed two days before the tournament.

Sat, April 27 to May 18 9 to 11 am #2517 4 sessions \$85 Live Online Class

NEW! Comic Strip Design (Gr. 3-8)

Instructor: Young Rembrandts

Young Rembrandts' Comic Strip Design workshop will lay the foundations to build your own comic. Awesome characters and fantastic expressions in our short stories will make every class E.P.I.C.!

Thu, April 11 to May 9 5-6:30 pm *No class: April 25* **#2566_Comic** 4 sessions \$89 Twin Oaks Middle School Art Room

Mother's Day Gift Making (Ages 4-9)

Instructor: Kidcreate Studio

They love you, hug you and make you brush your teeth! Show your mom how much you love her with a handmade gift! Create mom a beautiful handprint flower bouquet painting on a real canvas board. What a great keepsake!

Sat, April 27 9 to 12 pm #2812B 1 session \$45 Twin Oaks Middle School Room 607 Art

Baseball (Ages 6-9) Instructor: Skyhawks

A great catch! Learn the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Sat, April 27 to May 18 10:20-11:05 am #2670 4 sessions \$79 Twin Oaks Middle School Softball Field

Youth Nights & Weekends (Ages 4-18)

NEW! STEM Soccer

(Ages 8-12)

Instructor: Skyhawks

This program combines strategic STEMbased activities with traditional Skyhawks soccer instruction and a focus on life skills such as teamwork and sportsmanship. STEM Sports® soccer curriculum gives students the opportunity to get behind the sport they love with modules on soccer ball design, throw-in science, angles and goal-line technology! Participants will also learn the fundamentals of passing, shooting, dribbling and defense through skill-based drills and scrimmages. Skyhawks puts the Sports in STEM.

 Sat, April 27 to May 18
 4 sessions \$95

 #2674Cw
 11:15 am to 12:45 pm

 Twin Oaks Middle School Fields

NEW! Valley Fair Park Machines (Gr. 1-6) Instructor: Young Engineers

In this session, your child will learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using patented education kits. Your child will learn about aerodynamics and importance, elastic energy, renewable energy and other. During the class, your child will independently build working motorized models of North Star Carousel, Xtream Swing Pirate Ship, Maze ride, Giant Ferris Wheel and more.

Mon, April 29 to May 20 6:30-8 pm #2991D 4 sessions \$105 Twin Oaks Middle School Room 408

Queen's Gambit Chess Tournament (All Ages)

Checkmate! All experience levels are welcome and players are divided into the following groupings by Age: 5-8, 9-12, 13-17 and 18+. Each participant plays five rounds. Registration cost includes pizza and a drink for each participant, as well as trophies, medals and other awards. *This tournament is refereed and run by the Twin Cities Chess Club, in partnership with Shakopee Community Education.*

Sat, May 11 10 am to 2:30 pm #2851f_Tournament 1 session \$35 Shakopee West Middle School, 200 10th Ave E, Shakopee



Early Learners (Newborn-Age 6)

Music Together

(Newborn-6 yrs w/Adult) Instructor: Kari Owens, Music Together

Discover the joy of making Music Together! Sing, laugh, move and learn along with your baby, toddler or preschooler in these award winning classes. We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing and jamming. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music makers just by having fun making music themselves. Infants, if not attending with a sibling, pay full tuition. Infants under eight months on the first day of the session attend free with a paid sibling.

Prior Lake Library -16210 Eagle Creek Ave SE

10210 Eagle Citer Ave SE			
Fri, Jan. 5	Free Demo	9:30-10:15 am	
Fri, Mar. 22	Free Demo	10:30-11:15 am	
Fri, Jan. 12 to #2904C_Prior #2904D_Prior	r Lake	9:30-10:15 am 10:30-11:15 am	
Fri, Mar. 29 to #2904E_Prior #2904F_Prior	Lake	<i>class April 5</i> 9:30-10:15 am 10:30-11:15 am	

Savage Senior Living at Fen Pointe - 5950 W 13th Lane

Thu, Jan. 4		10:30-11:15 am
Thu, Mar. 21	Free Demo	10:30-11:15 am

Thu, Jan. 11 to Mar. 14*	
#2904A_Savage	10:30-11:15 am

 Thu, Mar. 28 to June 6*
 No class April 4

 #2904B_Savage
 10:30-11:15 am

*Class includes "grandfriends", residents from Savage Senior Living.

10 sessions \$195/first child \$109/sibling

Tennis (Ages 4-11) Instructor: Carlson Tennis

The quickstart format to these programs, along with the Carlson Tennis teaching methods, get you playing quickly. Please bring an age appropriate racket. Rackets will be available for class use if you do not have one. Tennis participants may be invited to compete in tournaments outside of Tennis sessions. These competitions are not sponsored by Community Education, and additional fees may apply.

Little Star	rs (Ages 4-6)	5:30-6:15 pm
Course dese	cription online.	4 sessions \$75
#2866A1	Wed, January 1	0 to 31
#2866A2	Wed, February	7 to 28
#2866A3	Wed, March 6 to	o 27
La ola del	lago Gym	

Hoopster Tots (Ages 3-5) Instructor: Skyhawks

Hoopster Tots focuses on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Sat, Jan. 13 to Feb. 3	4 sessions \$69	
#2732Aw_Ages 3-4	9-9:30 am	
#2732Aw_Ages 4-5	9:40-10:10 am	
Tue, Mar. 19 to Apr. 16	4 sessions \$69	
No class: April 2		
#2732As_Ages 3-4	4:35-5:05 pm	
Twin Oaks Middle School Gym Jerebek		

NEW! Twinkle, Twinkle Little Star (Ages 18 mos. to 6 yrs w/Adult)

Instructor: Kidcreate Studio

Come and sing along with us as we create art inspired by this favorite nursery rhyme. A little Kidcreate magic (glow-in-the-dark paint!) will enable your young artist's masterpiece to really come to life after dark! This is a great class for siblings to attend together! Children must be accompanied by a caregiver.

 Wed, January 24
 9:30-10:30 am

 #2708A
 1 session
 \$29

 Edgewood School Room 227

Wish Upon a Ballet (Ages 3-6)

Instructor: Mayer Arts

This dance program incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. Children will learn an appreciation of dance and music while developing strength and flexibility.

Tue, Feb. 13 to Mar. 26	7 sessions \$85	
#2610_Frozen 2	9:30-10:15 am	
Tue, April 9 to May 21	7 sessions \$85	
#2610_Wish	9:30-10:15 am	
Edgewood School Room 227		

Volleyball Tots (Ages 4-6) Instructor: Skyhawks

A great way to learn a signature sport! One of the more difficult motor skills to grasp for children, these classes help them learn to bump, set, and spike, as well as developing agility, reaction, speed, and teamwork.

Sat, Feb. 17 to Mar. 9	4 sessions \$69
#2732Dw	9-9:30 am
Twin Oaks Middle Schoo	l Blue Gym C

Floor Hockey Tots (Ages 3-5) Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stick handling and speed. Specifically designed for beginner players, this program teaches athletes street/floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

 Tue, Feb. 20 to Mar. 12
 4 sessions \$69

 #2762E
 4:35-5:05 pm

 Twin Oaks Middle School Blue Gym C

Early Learners (Newborn-Age 6)

NEW! Rainbow Fish (Ages 18 mos. to 6 yrs w/Adult)

Instructor: Kidcreate Studio

The wonderful children's book Rainbow Fish by Marcus Pfister will be our inspiration as we create masterpieces inspired by the story – glittery scales and all! This is a great class for siblings to take together. Come and create right along with your child. Children must be accompanied by a caregiver.

 Wed, February 28
 9:30-10:30 am

 #2708B
 1 session
 \$29

 Edgewood School Room 227

NEW! Hot Wheels

(Ages 18 mos. to 6 yrs w/Adult)

Instructor: Kidcreate Studio

Zoooooom! This project will really move you. We will create a painting inspired by one of your child's favorite toys- Hot Wheels®! Come and create right along with your child. Children must be accompanied by a caregiver.

 Mon, March 18
 9:30-10:30 am

 #2708C
 1 session
 \$29

 Edgewood School Room 227

NEW! Try It Tykes

(Ages 2-5)

Instructor: Dash Sports

DASH Sports Try-It Tykes camps provide players an introductory experience into athletics and sports. This camp includes activities in Athleticism, Phy. Ed Games, and T-ball. Little athletes will learn how to run, jump, throw, catch, kick, and more! Also included are fun games such as dodgeball, kickball, capture the flag, and also t-ball. Participants should bring a baseball glove on the final 2 days of camp. Parent participation is required for the 2-3 year old age group.

Sat, April 13 to May 18	9-9:30 am	
#2652Cs_Ages 2-3	6 sessions	\$95

 Sat, April 13 to May 18
 9:40-10:25 am

 #2652Cs_Ages 4-5
 6 sessions \$105

 La ola del lago Field Behind School

NEW! Triple Sport Sampler (Ages 6-9)

Instructor: Dash Sports

This DASH Sports camp provides players with experience in three different areas: Athleticism, Phy. Ed Games, and Baseball. Athletes will spend 2 days on speed, agility, and quickness training, 2 days playing fun games such as dodgeball, kickball, capture the flag, and more, and the final 2 days will be baseball training. Participants should bring a baseball glove on the final 2 days of camp.

 Sat, April 13 to May 18
 10:35-11:35 am

 #2652D
 6 sessions
 \$109

 La ola del lago Field Behind School

NEW! Showers Bring Flowers

(Ages 18 mos. to 6 yrs w/Adult)

Instructor: Kidcreate Studio

April showers may or may not bring May flowers, but this art class will for sure! We will create a spring masterpiece complete with a garden full of flowers and a 3D butterfly. Come and create right along with your child. Children must be accompanied by a caregiver.

Mon, April 22	9:30-10:30	am
#2708D	1 session	\$29
Edgewood School Room 227		

NEW! Playdate with Mommy (Ages 18 mos. to 6 yrs w/Adult)

Instructor: Kidcreate Studio

In honor of Mother's Day, spend some creative time with your child. How many times have you said "Love you to the moon and back." to your child? In this class you and your young artist will create an adorable wall hanging inspired by this popular endearment. What a great keepsake! Children must be accompanied by a caregiver.

Wed, May 8	9:30-10:30	am
#2708E	1 session	\$29
Edgewood School Room 227		

Baseball Tots (Ages 3-6) Instructor: Skyhawks

Baseball Tots is a development program that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game.

Sat, April 27 to May 18	4 sessions \$69	
#2732Ks_Ages 3-4	9-9:30 am	
#2732Ls_Ages 4-6	9:40-10:10 am	
Twin Oaks Middle School Field		

Soccer Tots (Ages 3-5) Instructor: Skyhawks

Super Tots by Skyhawks uses ageappropriate games to engage kids in sports. The goal of this class is to develop kicking, running control, and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity.

 Thu, April 18 to May 16
 4 sessions \$69

 No class: April 25
 #2732Fs_Ages 3-4
 4:35-5:05 pm

 La ola del lago at Grainwood Field
 #2732Fs_Ages 3-4
 4:35-5:05 pm

Tue, April 23 to May 14	4 sessions \$69	
#2732Gs_Ages 3-4	9-9:30 am	
#2732Hs_Ages 4-5	9:40-10:10 am	
#2732Is_Ages 3-4	10:20-10:50 am	
#2732Js_Ages 4-5	11-11:30 am	
Redtail Ridge Field Near East Entrance		



Contact Us

ECFE/Circle of Friends Preschool

joeldahl@plsas.org

Early Learning Coordinator

Early Learning Assistant Coordinator

Early Learning Parent Educators and Children's Teachers

Early Childhood Special Education

Early Childhood Special Education Administrative Assistant

Mel Owen	
Fax	
mowen@plsas.org	







Early Childhood Family Education Prior Lake-Savage Area Schools

What is ECFE?

ECFE is a program that strengthens families with young children through play, education and support. It is unique to Minnesota.

Did you Know?

ECFE is not just for parents! All special grown-ups are invited to participate in ECFE! Grandparents, nannies, aunts and uncles all enjoy and participate in classes. All participants need to be registered to attend.

Parent/Caregiver Perks:

- Support and encouragement in your role as a parent or caregiver
 - Current research-based information on child development
- Peer connection: We are in this together!
- Community connections: Awareness of community resources and support services
- Dedicated time together with your special little one

Child Benefits:

•

- Forming friendships
- School readiness support
- Dedicated time together with your special grown-up

ECFE Fees:

ECFE uses a sliding-fee scale based upon your household's annual gross income. Scholarships are available for families who live in Prior Lake-Savage Area School District.

Childcare is available during most classes for siblings from 7 weeks to age 6. A child under 7 weeks old may stay with their parent. Register for sibling care at the same time you register for a class. This is a family per session fee, not an individual fee per child.

Early Childhood Screening

All children between the ages 3 and 5 years old need to participate in a screening before kindergarten. Sign up for a screening appointment online at www.priorlakesavagece.com or call 952-226-0975. We look forward to meeting your family.

All residents of the district are required to be listed on the census, including new babies, all preschoolers and new families in the district. Call the District Services Center at 952-226-0000. Having your name on the census will ensure that you receive information about Early Childhood Family Education and Screening, kindergarten registration and other pertinent district news as your child reaches school age.



Follow us on Facebook! @PLSASEarlyLearning Programs

ECFE Registration Information / FAQ

Location of Classes

Edgewood School LOWER LEVEL ENTRANCE, Door 6W 5304 Westwood Dr SE, Prior Lake Big round blue tiled building on the NW corner of the campus. NOT Westwood Elementary.

How do I register?

Online: www.priorlakesavagece.com Discounts cannot be redeemed online. In-Person: Visit Edgewood School's main office Mon-Fri between 8:00-4:00

Does an adult need to attend?

Yes. ECFE classes require participation from an adult caregiver.

What are the age requirements?

Children must meet the age requirements within the first week of class unless otherwise granted by office or education staff.

ECFE Weather Cancellations

ECFE will follow PLSAS weather related closings. If school is closed or in online learning, ECFE classes are canceled. If school is delayed 2 hours, there will be no morning ECFE classes. These cancellations will not be rescheduled or refunded.

What do I need on the first day of class?

Bring a copy of your child's birth certificate (New ECFE families only) and current immunization records. You may also fax them to Deb Tribby at 952-226-0949 or email them to dtribby@plsas.org. Most clinics will fax records to our office if requested. If your child is behind on immunizations, catch up at:

> Scott County Public Health Valley Green Work Force Center 792 Canterbury Rd S Shakopee, MN 952-496-8555 By appointment only.



Can I register after the class has started?

Registrations will be accepted until a class has filled. Fees will be prorated. Register early to avoid canceled classes due to low enrollment.

What if my class is canceled?

A class may need to be canceled due to low enrollment. If this is the case, families will be notified by email. Families affected will receive a full refund

Cancellation Policy

Cancellations one week prior to the first day of class will receive a full refund, minus a \$10 processing fee.

Cancellations once classes have started are subject to a \$35 processing fee and class fees will be pro-rated if we are able to fill the opening.

Photograph and Video Opt-out

Enrolling in ECFE classes or attending ECFE sponsored activities constitutes permission to take and use pictures and /or videos of yourself and your minor children in PLSAS publications, promotional materials and social media. If you would like to opt-out of this, please contact Kristi Mussman at: kmussman@plsas.org

Class Separation Explanation

Non-separating: Parent educators support interactions in the classroom.

Gradually separating: Grown-ups and parent educators begin the separation process slowly, being sensitive to the readiness of the children.

Flexible separating: Parents and educators decide separation timing together based upon the needs of the group.

Separating: Children spend time with their teacher while grown-ups gather with a parent educator for part of the class in a different room.



Semester 2: January to May 2024

2024 ECFE Sliding Fee Scale								
Gross Annual	Class Category							
Household Income	*Class	s fees wi	ll be pro	-rated fo	or those v	who join	at a late	r date
*District 719 residents are encouraged to apply regardless of their ability to pay	A	B	C	D	E	F	G	H
Over \$100,000	\$476.00	\$238.00	\$224.00	\$210.00	\$126.00	\$112.00	\$56.00	\$14.00
\$80,000-99,999	\$408.00	\$204.00	\$192.00	\$180.00	\$108.00	\$96.00	\$48.00	\$12.00
\$60,000-79,999	\$340.00	\$170.00	\$160.00	\$150.00	\$90.00	\$80.00	\$40.00	\$10.00
\$40,000-59,999	\$238.00	\$119.00	\$112.00	\$105.00	\$63.00	\$56.00	\$28.00	\$7.00
\$20,000-39,999	\$204.00	\$102.00	\$96.00	\$90.00	\$54.00	\$48.00	\$24.00	\$6.00
\$10,000- \$19,999	\$105.40	\$52.70	\$49.60	\$46.50	\$27.90	\$24.80	\$12.40	\$3.10
Under \$10,000	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0



Time with Baby (Ages 0-12 mos)

It is not always easy to get out of the house when you have an infant but this class will

make you glad that you did. Here you will be gifted with uninterrupted time to bond with baby and build a community of your parenting peers. All this happens within a comfortable, supportive environment where you can play, sing and relax with your babies. Parents will share stories about their baby's growth and development, discuss strategies for developing healthy eating and sleeping habits, and learn what new research tells us about your baby's important first experiences.

Thu, Feb. 1 to Mar. 28	4:30-5:45 pm
Thu, April 11 to May 30	4:30-5:45 pm
Tue, Jan. 30 to Mar. 26	8:45-10 am
Tue, April 9 to May 28	8:45-10 am
Wed Ian 31 to Mar 27	10:30 am to 12 n

Wed, Jan. 31 to Mar. 27 10:30 am to 12 pm Wed, April 10 to May 29 10:30 am to 12 pm Non-Separating Edgewood School



Little Movers (Ages 12-24 mos)

Everything is new and exciting as your little one begins to explore their world. All experiences offer opportunities to learn. Join this class for helpful strategies to support the transition from baby to toddler. Our licensed parent educator, children's teacher and a group of your peers are here for you all the way!

Mon, Jan. 29 to May 20 8:45-10 am No class: Feb. 19 & April 1 Non-Separating Edgewood School



Tiny Toddlers (Ages 10-20 mos)

Ready or not that brand new baby of yours is turning into a toddling tyke! Enjoy this

busy new phase of your child's growth by spending time together in a safe, supportive environment. Our early learning staff will set up the classroom with a variety of mind and muscle building activities. This special morning for the two of you will include socialization with other toddlers and their parents and time to chat about this fast-paced period of your little one's development.

Mon, Jan. 29 to May 20 10:30-11:45 am No class: Feb. 19 & April 1 Non-Separating Edgewood School



Winter Play Party (Ages 1-5 yrs)

Play is a child's work! Come play in our space with new and interesting toys and activities.

There will be a variety of activities set up and our early childhood teacher will be there to answer questions, give guidance and be a listening ear. We will even clean up the mess-well most of it!

Tue, Jan. 30 to Mar. 26 Non-Separating Edgewood School 8:45-10 am

District 719 Community Education Services

Early Childhood Family Education



Little Lakers

(Ages 2-3 yrs) Will your child turn 3 before January 1, 2024? Then this class is for them! Join us in a

preschool readiness class with bi-weekly parent meetings on Thursdays with a licensed parent educator. Parents will drop off their child using the preschool drop off format as you help prepare them for future preschool experiences. Sib-care for children not in the class is available on parenting dates.

Tue & Thu, Jan. 30 to May 30 10:30-11:45 am *No class: April 2 & 4* Separating Edgewood School



Nature Explorers (Ages 0-5 yrs)

Children are natural explorers and this class is designed to bring out the best of their

abilities. Weekly age-appropriate activities will allow them to discover new things in the natural world whether they are inside or outside.

Tue, Jan. 30 to May 28 9:30-10:45 am *No class: April 2* Non-Separating Edgewood School



Movers & Shakers (Ages 9-18 mos)

There will be lots of fun and learning as you and your toddler explore favorite

children's music and literature, exercise your bodies and brains, and enjoy creative activities. Join us for this non-separating class for helpful strategies to support your busy moving child.

Tue, Jan. 30 to May 28 10:45-11:45 am *No class: April 2* Non-Separating Edgewood School



ESTEM Learners (Ages 1-5 yrs) Weekly explorations will

allow children to discover new things in their world

and give you a chance to learn more about how environmental education, science, technology, engineering and math (E-STEM) can be easily incorporated into your child's day. There will be no formal parent discussion in this class, but our licensed parent educator will be available to support you in your parenting role.

Tue, Jan. 30 to May 28 10:45-11:45 am *No class: April 2* Non-Separating Edgewood School



Ones & Twos (Ages 12-36 mos)

These little ones eagerly experience the world around them using all of their senses,

while still desiring a strong connection with their grown ups to feel secure. Come make connections with other families while bonding with your child in our engaging environment. Enjoy the support of our licensed parent educator and children's teacher in this evening class.

Tue, Jan. 30 to May 28 No class: April 2 Non-Separating Edgewood School

B

Busy Bees (Ages 1-5 yrs)

Do you have a busy little one at home? Bring them to our Wednesday class for some

6-7:15 pm

fun and engaging activities with our early childhood teacher. Sensory play, building and art activities, and circle time will be just a part of the busy schedule.

Wed, Jan. 31 to May 29 10:45 am to 12 pm *No class: April 3* Gradual-Separating Edgewood School



Terrific Twos (Ages 24-36 mos) Come explore, engage and

Come explore, engage and learn about our great big world along with your child. In this

gradual separating class, your child will feel supported and secure while developing identity and sense of self. A licensed parent educator and children's teacher, along with your peers will support your navigation through the growing independence of your child.

Wed, Jan. 31 to May 29 *No class: April 3* Gradual-Separating Edgewood School



Growing Language Through Play (Ages 1-5 yrs)

8:45-10:15 am

Language development through play is one of the best

ways for young toddlers and preschoolers to learn literacy ideas. Come learn how to use everyday activities and routines to enrich your child's vocabulary development and early literacy skills...and be ready to play!

Thu, Feb. 1 to May 30 10:45 am to 12 pm *No class: April 4* Non-Separating Edgewood School

Art Party (Ages 2-5 yrs)

You are invited to a party – an Art Party that is! Come and create, concoct and connect with your child through weekly art explorations. Your child will love the handson experimentation; you'll appreciate the chance to enjoy your kids without having to clean up the mess!



Tue, Jan. 30 to Mar. 26 4:30-5:30 pm Non-Separating Edgewood School



Fri, Feb. 2 to May 31 10:45-11:45 am *No class: March 29 & April 5* Non-Separating Edgewood School **4.5**

Early Childhood Family Education



Preschool Discovery (Ages 3-5 yrs)

This unique preschool evening class will add a little "EXTRA"

to your child's preschool experience. Children will engage in interesting projects and enrichment activities designed to reinforce skills and knowledge they are learning in preschool. Parents will have time with our licensed parent educator to discuss how to support preschool learning at home as well as other topics of interest.

Thu, Feb. 1 to May 30 6-7:15 pm No class: April 4 Separating Edgewood School





All About Twos & Threes (Ages 24-36 mos)

Such fun ages! Families can

creating, singing, and learning during interaction time. Parent meeting times include topics just right for this age group such as: child development, guiding behavior, sleep and nutrition in addition to parent generated topics.

Thu, Feb. 1 to May 30 No class: April 4 Gradual-Separating Edgewood School

8:45-10:15 am

enjoy time together playing,



Fabulous Fridays (Ages 1-5 yrs) It's FRIYAY! Come join the

ECFE staff for a fun filled morning full of activities and

creative outlets. Join other families and our licensed children's teachers to support one another through these formative years and have fun too!

Fri, Feb. 2 to May 31 8:45-10 am No class: March 29 to April 5 Non-Separating Edgewood School



Drop in and Play (Ages 1-5 yrs) Make ECFE a Saturday

morning routine and stop by for a play time. Participate in

fun activities and meet other families. Sign up for one or all of our dates!

Sat, February 10 Sat, March 9 Sat, April 13 Sat, May 11 Non-Separating Edgewood School 10:30-11:45 am 10:30-11:45 am 10:30-11:45 am 10:30-11:45 am



Family Connections (Ages 0-5 yrs)

In this class families connect with one another to share the joys and concerns about raising

a child with special needs. This supportive program provides a safe, non-threatening atmosphere for sharing and understanding life's challenges and feelings related to raising a child with special needs. Siblings of all ages are welcome to attend with their family. School lunch will be provided to children and parents. If you would like school lunch please indicate that when you register.

Fridays, Feb. 9, 23, Mar. 8, 22, April 19, May 3 & 17 11:45 am to 1:30 pm Separating Edgewood School

FREE

Advisory Council Class (Ages 0-5 vrs)

Want to be a part of something that gives back to the Early Learning Community? Join

this free class and be a part of the Advisory Council. Once a month parent education meeting time will be used to conduct Advisory Council business. The purpose of the council is to offer feedback and input on program areas including current offerings, development and outreach, evaluation, and resource assessment. Fun and engaging activities will be planned for the children both during interaction time and during the parent meeting.

Thu, Feb. 1 to May 30 1-3 pm No class: April 4 Separating Edgewood School

Would you like to be a part of something that gives back to the Early Learning Community? Then our Advisory Council may be for you! This council meets on Thursdays from 2-3 pm at Edgewood School. The meeting dates are: 10/5, 11/9, 12/7, 2/8, 3/7 and 5/9. The Advisory Council advises the administration of the Community Education Department on the District's early childhood programs. It also offers feedback and input on program areas including current offerings, development and outreach, evaluation, and resource assessment.

This year we are also offering a free ECFE class that will incorporate the Early Learning Advisory Council. This is a separating class and meets on Thursdays from 1:00-3:00. Approximately once a month during the parent meeting, time will be devoted to Advisory Council work. It gives parents a chance to connect with others and give back to the community. You can find information about this class on page 46. We welcome all who are interested to join us!

You do not need to be part of the class to be part of the Advisory. You are welcome to join us just on the meeting dates. If you are interested please reach out to Erin Metoxen or Vicki Spieler and we will be happy to share more information.

Early Childhood Family Education



Nature Pop-Up at Cleary Lake Park (Ages 0-7 yrs)

Join one of our Nature Preschool Teachers for a fun

morning of outside learning at Cleary Park. Class themes will include: Looking for Signs of Spring, Nature Scavenger Hunt, A Listening Walk, etc. Outside time is so good for all of us!

Meet at the Visitors Center by the golf course. In the event of inclement weather, classes will be moved indoors to Room 224 at Edgewood School. Families will be notified prior to class this occurs.

Thu, February 8	9:30-10:45 am	
Thu, February 22	9:30-10:45 am	
Thu, March 7	9:30-10:45 am	
Thu, March 21	9:30-10:45 am	
Thu, April 11	9:30-10:45 am	
Thu, April 25	9:30-10:45 am	
Thu, May 9	9:30-10:45 am	
Thu, May 23	9:30-10:45 am	
Non-Separating		
Cleary Lake Park,		
18106 Texas Ave, Prior Lake		



Saturday Fun (Ages 1-5 vrs)

Join us for some Saturday morning fun! Come play in our classrooms, motor room and

outdoor spaces to fill your Saturday morning with activity and learning. Sign up for one or all of our dates!

8:45-10 am
8:45-10 am
8:45-10 am
8:45-10 am



Wacky Wednesdays (Ages 1-5 yrs)

Need a boredom buster? Come get Wacky with us on Wednesdays. A different topic

each time keeps the interest going. Sign up for one or all!

Wednesdays, 1-2:15 pm

February 14 - Crazy Colors February 28 - Vrooming Vehicles March 13 - Radiant Rainbows March 27 - Stretchy Slime April 17 - Wiggly Worms April 24 - Only Opposites May 8 - Diggin' Dinos May 22 - Wonderful Watermelon Non-Separating Edgewood School





Nature Pop-Up Family Event (Ages 0-7 yrs)

Let's get outside! Join us at Jeffers Pond for some Nature

Play. All classes will include a story and plenty of time to explore the great outdoors. Be sure to dress for the weather and if extra clothing is needed for your child (rain suit, winter gear, rain or snow boots) please let us know so we can bring those items for you. In the event of inclement weather, classes will be moved indoors to Room 126 at Edgewood School. Families will be notified prior to class if it has been moved indoors.

Tue, March 19 Tue, April 16 Tue, May 14 Non-Separating Jeffers Pond.

4:30-5:45 pm 4:30-5:45 pm 4:30-5:45 pm

14800 Jeffers Pass NW, Prior Lake



Cultural Music Event (Ages 1-5 vrs) It will be a night of singing,

moving and fun that will

incorporate song and dance from around the world. Carnival songs from Brazil, African safari songs, greetings in Arabic and instruments throughout will make it a fun and engaging night for the whole family.

Mon April 8 Mon, May 6 Non-Separating Edgewood School





Spring Play Party (Ages 1-5 vrs)

Play is a child's work! Come play in our space with new and interesting toys and activities.

There will be a variety of activities set up and our early childhood teacher will be there to answer questions, give guidance and be a listening ear. We will even clean up the mess-well most of it!

Tue, April 9 to May 28 Non-Separating Edgewood School

8:45-10 am



Spring Stroller Walk (Ages 0-2 vrs)

If strolling outside is something you like to do then this class is for you! Come explore

local parks with other families. Our early childhood educator will be there to offer support, ideas and knowledge as you walk. If there is inclement weather, the class will be notified and will move indoors.

Tue, April 9 to May 28 Non-Separating Edgewood School

4-5:15 pm



SCREENING

Minnesota requires all children to be screened before entering public school kindergarten. The screening is most valuable soon after your child's third birthday and gives you and your child an early connection to PLSAS.

Screening is FREE and includes growth, development, and immunization checks. Your child will be assessed in preschool concepts, communication skills, motor skills and social-emotional skills.

If your child has already been screened in HeadStart, in another school district, or your own medical resource, please provide the screening report. Children only need to be screened one time. Children do not need to be screened if they have an active Individualized Education Program (IEP).

Parents can choose to conscientiously object to screening for their child. If you object, please provide a signed statement indicating your conscientious objection to screening.

Screening is FREE

Get your questions answered

Discuss important information

Have you scheduled your Early Childhood Screening?

Register online at www.priorlakesavagece.com Questions? Call: 952-226-0975

<u>Circle of Friends Preschool (COF)</u>

Why Choose Circle of Friends Preschool?

Preschool is an exciting time in your child's life!

Learning is a social process where children grow through play and exploration. COF Early Learning preschool program focuses on creating a strong foundation for learning. All of our teachers are licensed and help children discover a love for learning!

What Makes COF preschool so great?

- Curriculum that is intentionally aligned with Kindergarten standards to ensure concepts and skills lay the groundwork for those taught in Kindergarten.
- Core learning areas that are embedded in the curriculum and include language and literacy, mathematics, dramatic play, the arts and learning with nature.
- Highly qualified, licensed teachers who inspire kids and work passionately to help them be Kindergarten ready.
- An on-site licensed school nurse.
- A building that is dedicated to Early Learning Programs
- Numerous opportunities for flow and movement along with two large playground areas.
- Raptor security system.
- Sensory room and break spaces.
- Partnership with Kids' Company, onsite, for before and after extended care.
- Emphasis on flexible parent involvement and family support including our Early Learning Advisory Council.

Enrollment

At this time, there are limited openings for the 2023-2024 school year. Information can be found on our webpage: <u>ew.plsas.org</u> For more information call 952-226-0952





E-STEM School and

4 Star Rated Program

Early childhood development milestones to age 5

Every child is unique. No two children develop, grow and learn at exactly the same pace. And yet children develop in predictable ways. Take notes as your little one learns. Babies and toddlers are growing, learning and changing all the time. It's fun to watch! We suggest you keep track of the new things they do and the milestones they reach. If you are concerned about your child's growth, development or learning, we encourage you to contact us at Help-MeGrowMN.org or 1-866-693-4769



Strong Schools = Strong Communities SUPERINTENDENT

Dr. Michael Thomas

At Prior Lake-Savage Area Schools, we know that strong partnerships benefit the entire community, and by partnering with our schools, you are helping to support critical investments in the overall health and future of our communities. PLSAS welcomes our community to take an active role to get involved. Whether you have students in our district, are a business owner, or simply a resident, you can join with us to make a positive impact on the lives of thousands of students each year. Whether you are sharing your knowledge and expertise by teaching a course, or if you are interested in furthering your learning journey in a specific area, you have a place in PLSAS to do so.

Everyday, I am proud to see the value of PLSAS and the wonderful opportunities we have for our students and the community. Come join me, and together, we will continue to make a huge impact throughout our communities!

Register

Adult and youth classes

Apply

Teach a class or tutor students in science, math and reading

Lead

Community Education Services Advisory Council

Join

Work with students before and after-school in our Kids' Company childcare program www.plsas.org/employment

Call 952-226-0310 for more information or visit us at www.priorlakesavagece.com





Community Education Advisory Council



Our Mission The mission of the Prior Lake-Savage Area Community Education Services Program is to enhance the quality of life for all citizens by helping to provide opportunities for individuals to reach their full potential and contribute to their communities. To accomplish this mission requires that parents, family, schools, faith communities, businesses, community organizations and all people living within our community work together. This can be done through a cooperative effort in meeting the recreational, educational, social and cultural needs and wants of the community.

Advisory Councils are active task-oriented groups who make recommendations about policies, procedures, program offerings, budgets, and more for ISD 719 Community Education Services programs. Together these groups determine what resources could be utilized to meet the needs and interests of community members without duplicating the efforts provided by others.

If you would be interested in working with a council to address the lifelong learning needs of our district, please call Joel Dahl, Director at 952-226-0312 or email joeldahl@plsas.org to request an application for membership.

Make a difference in your schools and community Join the Prior Lake-Savage Area Schools Community Education Advisory Council

We are looking for new members to join our Advisory Council.

Meetings are held at La ola del lago at Grainwood elementary school. All meetings are from 12-1:15 pm on the following dates:

Thursday, Sept 21, 2003 Thursday Thursday, Jan 11, 2024 Thursday Thursday, May 23, 2024

Thursday, Nov 16, 2003 Thursday, March 21, 2024 23, 2024

For more information and to sign up, scan the QR code or visit ce.plsas.org/resources/advisory-council:



Magnetying Abilities

Magnifying Abilities is a social/recreational program for persons with intellectual and physical disabilities. The program is designed to enhance community involvement and lifelong learning of adults with disabilities. A sample of activities include: parties, game night, crafts, yoga, dance, book club, bingo, bowling, sporting events, tours and many more! Magnifying Abilities also welcomes participants ages 16–17 to join our events when accompanied by a caregiver.

ce4all.org/programs/adults/magnifying-abilities



THURSDAY, MARCH 21 4-7 PM TWIN OAKS MIDDLE SCHOOL

Games, Prizes, Crafts, Music, Face Painting and More!

Community Education

FREE EVENT - OPEN TO ALL

COMMUNITY CONTACTS

Boy Scouts & Cub Scouts (Northern Star Council) www.northernstar.org

Camp Fire MN www.campfiremn.org

City of Prior Lake 952-447-9800 www.priorlakemn.gov

City of Prior Lake Recreation Dept. 952-447-9820 www.priorlakemn.gov/recreation

City of Savage 952-882-2660 www.cityofsavage.com

City of Savage Parks and Recreation Dept. 952-224-3420

Girl Scouts (River Valley Council) 800-845-0787 www.girlscoutsrv.org

PLAY www.playinfo.org (Prior Lake Athletics for Youth)

Prior Lake-Savage Hockey Association www.plsha.com

Prior Lake Soccer Club www.priorlakesoccer.org

Prior Lake Youth Wrestling www.priorlakewrestlingclub.org

Scott County Libraries	
Prior Lake	952-447-3375
Savage	952-707-1770

South Metro Storm Swim Club www.mnstorm.org

Three Rivers Park District 763-559-6700 www.threeriversparks.org

U of M Extension - Scott County - 4H 952-492-5410



OF SCOTT CARVER & DAKOTA COUNTIES

Early Head Start

Head Start is a CAP Agency Program serving Scott, Carver and Dakota Counties. They offer Preschool Programs for Ages 3 to 5. Children with Special Needs are welcome and there is no cost to income eligible families. There is limited availability. For an application **call 651-322-3500 or visit www.capagency.org** for more information.

Crisis Nursery

The Crisis Nursery welcomes calls from parents in any situation needing a sympathetic ear, parenting tips or information about community resources. In a crisis situation, the Crisis Nursery may be able to provide short term child care for children ages newborn to 12 years, if their families are residents of Scott or Carver Counties. **Call Crisis Nursery's help line at 612-839-5101.** Trained advocates are available to help during a crisis. If you are interested in displaying brochures, making donations or volunteering as a care provider, **contact the CAP Agency at 952-402-9851.** Make a difference in a child's life!

Parents Forever - Divorce Education

The goal of this workshop series is to achieve a respectful divorce with the least negative impact on children. These sessions are for any person in the process of divorce, considering divorce, in conflict regarding custody or visitations and/or anyone wanting information on divorce, mediation or custody. This series is cosponsored with several family-serving agencies of Carver and Scott Counties.

www.extension.umn.edu/family/parents-forever



Big Brother Big Sister

You can make a positive difference by volunteering your time to a child. Can you help a child THINK BIG? There is always a child in need of your FRIENDSHIP, so don't wait any longer. The FOCUS is not on spending money but spending time with a child, building a trusting friendship. You can share a walk in the park, play games, hobbies, recreational activities, run errands, bake cookies or sit and talk. **Please call 651-789-2400.** Your assistance in helping to recruit volunteers in your community is always most appreciated.

WIC (Women, Infants and Children)

WIC is a nutrition education program for women who are pregnant, nursing or postpartum and for families with infants and children under age five. The program provides nutrition information, counseling for pregnant and nursing mothers and supplemental foods such as milk, cheese, juice, cereals and infant formula to promote good health. WIC eligibility is based on household income guidelines. Appointments must be made in advance. If you live in Scott County please call 952-496-2125 or check the website at www.capagency.org for more information.

Supplemental Nutrition Assistance Program

SNAP Formerly know as Food Stamps, helps Minnesotans with low incomes get the food they need for nutritious and well-balanced meals. The program provides support to help stretch your household food budget. It is not intended to meet all of your household's food needs. It is a supplement. If you are approved for SNAP, you can use your benefits at many stores, farmers markets and senior dining sites. For more information call 1-800-657-3698 or fns.usda.gov.

Are you or is someone you know being abused?

For help or information in Scott and carver Counties, call 952-873-4214 Visit www.svamn.org

Guidelines and Procedures

Satisfaction Guarantee

Please call the Community Education Office at 952.226.0310 if you are not satisfied with any class or activity in which you participated. We appreciate being notified as soon as a concern is noticed, so that we may have the opportunity to improve the program for all participants.

Class Confirmations

Community Education does not mail class confirmations. If you provide an email address at the time of registration, a confirmation will be emailed to you. We will contact you by phone or mail if there is a change. Please list a daytime phone number so we can reach you if a class is cancelled. If there is a last minute change, signs are posted at each site with your class information including class title, room numbers and times of classes.

Discounts

UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. UCare for Seniors and EssentiaCare members may take one \$15 discount per class per calendar year. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID numbers when registering. Limits and restrictions may apply.

Special Requests

If special assistance/accommodations is needed to participate in a Community Education Program, please contact us at least 2 weeks prior to start of program to allow enough time for special accommodations. SPED services may be provided based on student qualification.

Student Absences

To be eligible to participate in CE programs, classes or events, students are expected to be in school all day. Students who are ill or miss for other reasons not considered excused absences will not be allowed to participate in Community Education programs that day.

Lost or Stolen Items

CE is not responsible for lost, stolen or damaged items. Please do not bring valuables with you to class.

Participant Waiver

Registration for any class waives all rights and claims for any and all injuries from whatever cause suffered by participation in activities.

Cancellation

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. If we have to cancel a class, every effort will be made to contact all the participants who preregistered. Please include on your registration form a phone number where vou can be contacted during the day. Community Education assumes no responsibility for reaching registrants who do not provide an accessible daytime phone number. When ever possible messages will be left on voicemail/answering machines. If an email is provided at time of registration, notifications will also be sent to the address provided.

Classes may be cancelled due to inclement weather or for other unavoidable reasons. These sessions are made up whenever possible. If school closes during the day due to bad weather, Community Education will cancel all activities. Call 952-226-0310 for evening or weekend cancellation information.

Refunds

Class cancellations requested no later than 4:00 pm, five business days prior to the first day of class may be eligible for a refund. Processing fees will be deducted from all refunds. To avoid these fees, please call us first if you plan to change your class or move to another session.

- Class Fee = (\$0-\$29) Processing fee of \$5 deducted from refund.
- Class Fee = (\$30-\$149) Processing fee of \$10 deducted from refund.
- Class Fee = (\$150+) Processing fee of \$20 deducted from refund.

Refunds are not issued after 4:00 pm five business days before a class starts, due to commitments made to instructors. Call or visit the CE office to cancel a registration.

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. Participants will receive a full refund for CE initiated cancellations. Full refunds are also issued for weather cancellations, if a course cannot be rescheduled or if the rescheduled date does not work for the participant.

Privacy

The information requested on the registration forms will be used to verify eligibility as well as determine staff, facility and equipment needs. Your registration information may be provided to school district staff, volunteers, instructors, the school district attorney, insurer and auditor. Your email information is for internal use only and will not be sold or solicited. Photographs or videos of classes in action may be taken and used for district publications and web pages. If you object to having your picture used, please notify the Community Education Office at 952-226-0310 each time you register.

Non-endorsement Policy

Prior Lake-Savage Community Education works with specialists in their fields who are interested in presenting classes in their areas of expertise to the community. We do not endorse the opinions or business affiliations of the instructors.

All financial seminars are carefully screened to ensure they are strictly informational in nature. Although most seminars are presented by professional financial planners, the design is nonbiased and non-sales oriented. You will not be pressured to make a purchase or meet with sales people. We prohibit the direct distribution of flyers, pamphlets or marketing materials that promote specific products, services or companies. We do, however, offer you the opportunity to receive an instructor's business card or you can ask for more information should you have additional, specific questions that go beyond the content or time frame of the seminar. We hope your participation in these programs will be enjoyable. For questions, call Jenny at 952-226-0315.

Tuition Assistance

Tuition assistance and payment plans are available to residents of PLSAS. Assistance of 50% of class fee up to \$100 is available for one program per PLSAS resident in each catalog season (Youth or Adult). Some programs are not eligible. Call 952.226.0310 for assistance.

Exchange of Information

Your registration is consent to an exchange of your child's information between CE staff and other PLSAS professional staff whenever it may deemed as beneficial to the child.

Main Adult Contact:	
Name:	Address:
City:	Zip
Home Phone #:	Cell Phone #:
Email for confirmation:	
Class Participant Information:	
1. Participant Name	Birth date:
Course Name:	Class ID:
Date of Course:	Cost:
2. Participant Name	Birth date:
Course Name:	
Date of Course:	Cost:
3. Participant Name	Birth date:
Course Name:	Class ID:
Date of Course:	Cost:
I have read and agree to the Participant Waiver listed on page 54 of thi	s catalog. CASH CHECK echeck DEBIT
UCare ID Number	
Payment Account #	Exp. Date:
Checking or Savings ACH Routing #	ACH Account #
Please Make Checks Payable to ISD 719 Mail to: ISD 719, Community Education 5061 Minnesota St SE Prior Lake, MN 55372	Phone-952-226-0310 Fax-952-226-0379 www.priorlakesavagece.com
Our Office Will Be Closed November 22, 23, 24, December 25, 26, 29, January 1, April 1, 2 & May 27. During this time, please register online or mail your registration.	If you are not completely satisfied we will issue a refund or transfer you to another program of equal or lesser value.



Nonprofit Org. U.S. POSTAGE PAID Prior Lake, MN Permit No. 30

ECRWSS POSTAL CUSTOMER

Dated Time Sensitive Materials. Please Deliver by November 20, 2023





FEATURED CLASSES



NEW! Metal Casting in Cuttlebone (Ages 18+)

See page 9 for more information In this all hands-on, creative and exciting class you will carve an original design (or choose from a selection of symbols and imagery) into a cuttlefish bone to create negative space. That space is filled with lead-free pewter to create your original metal casting. You pour the metal into your mold, do finishing work with hand files and colored inks are optional. Mount your sculpture on a metal/wood/stone base or affix jewelry hardware.

Wacky Wednesdays

(Ages 1-5 yrs) See page 47 for more information Need a boredom buster? Come get Wacky with us on Wednesdays. A different topic each time keeps the interest going. Sign up for one or all!

Wednesdays, 1-2:15 pm February 14 - Crazy Colors February 28 - Vrooming Vehicles March 13 - Radiant Rainbows March 27 - Stretchy Slime April 17 - Wiggly Worms April 24 - Only Opposites May 8 - Diggin' Dinos May 22 - Wonderful Watermelon Non-Separating Class Edgewood School

NEW! Kids in the Kitchen with Their Favorite Grown-up (Ages 6+ w/Adult)

See page 35 for more information Experience the kitchen with an adult in this hands-on class for the budding cook. Knife skills and stove/oven safety will be covered as well as basic healthy recipes to make for lunch or supper. Join me for a fun day baking cookies and making a kid friendly meal for lunch.



WWW.PRIORLAKESAVAGECE.COM

952-226-0310